

Foods Tested – General Food Panel

For a list of Vegetarian and Asian foods, please contact FxMed.

Dairy	IgG	IgA	IgE	Fruits	IgG	IgA	IgE	Grains/Legumes/Nuts	IgG	IgA	IgE
Casein	●	●		Apple	●	●		Almond	●	●	●
Cheese, Cheddar	●	●		Apricot	●	●		Amaranth	●	●	
Cheese, Cottage	●	●		Banana	●	●		Barley	●	●	
Cheese, Mozzarella	●	●		Blueberry	●	●		Bean, Kidney	●	●	
Milk, Cow	●	●	●	Cranberry	●	●		Bean, Lima	●	●	
Milk, Goat	●	●		Grape	●	●		Bean, Pinto	●	●	
Whey	●	●		Grapefruit	●	●		Bean, Soy	●	●	
Yogurt	●	●		Lemon	●	●		Bean, String	●	●	
Meat/Fowl				Orange	●	●		Brazil Nut			●
Beef	●	●		Papaya	●	●		Buckwheat	●	●	●
Chicken	●	●		Peach	●	●		Corn	●	●	●
Egg White, Chicken	●	●	●	Pear	●	●		Coconut	●	●	●
Egg Whole, Duck	●	●		Pineapple	●	●		Gliadin, Wheat	●	●	
Egg Yolk, Chicken	●	●		Plum	●	●		Gluten, Wheat	●	●	
Lamb	●	●		Raspberry	●	●		Hazelnut	●	●	●
Pork	●	●		Strawberry	●	●		Lentil	●	●	
Turkey	●	●		Fish/Crustacea/Mollusk				Oat	●	●	●
Vegetables				Blue Mussel			●	Pea, Green	●	●	
Avocado	●	●		Clam	●	●		Peanut	●	●	●
Beet	●	●		Cod	●	●	●	Pecan	●	●	
Broccoli	●	●		Crab	●	●		Rice, White	●	●	●
Cabbage	●	●		Halibut	●	●		Rye	●	●	
Carrot	●	●		Lobster	●	●		Sesame Seed	●	●	●
Cauliflower	●	●		Red Snapper	●	●		Spelt	●	●	
Celery	●	●		Salmon	●	●	●	Sunflower Seed	●	●	
Cucumber	●	●		Scallop	●	●		Walnut, English	●	●	
Garlic	●	●		Shrimp	●	●	●	Wheat, Whole	●	●	●
Lettuce	●	●		Sole	●	●					
Mushroom	●	●		Tuna	●	●	●				
Olive	●	●		Miscellaneous							
Onion	●	●		Cocoa Bean	●	●					
Pepper, Green Bell	●	●		Coffee Bean	●	●					
Potato, Sweet	●	●		Honey, Bee	●	●					
Potato, White	●	●		Yeast, Baker's	●	●					
Pumpkin	●	●		Yeast, Brewer's	●	●					
Radish	●	●		Sugar Cane	●	●					
Spinach	●	●		Soy			●				
Squash, Zucchini	●	●									
Tomato	●	●									