MegaPreBioticTM Precision Prebiotic







Natural Mango

Flavour

MegaPreBiotic[™] is the first Precision Prebiotic[™] supplement made up of clinically tested, non-digestible oligosaccharides that can increase microbial diversity and selectively feed beneficial bacteria like Akkermansia muciniphila, Faecalibacterium prausnitzii and Bifidobacteria.

Cutting-edge Precision Prebiotic™

- MegaPreBiotic[™] reinforces the beneficial microbial changes created by MegaSporeBiotic[™] to promote a strong and diverse microbiome.
- Prebiotics are non-digestible fibers that feed the bacteria living in your gut. However, most prebiotics on the market can feed both harmful and beneficial gut bacteria, which can exacerbate digestive issues.
- Keystone bacteria like bacterium prausnitzii, and Bifidobacteria are very important for human health, but their populations can be easily diminished by antibiotics, stress, diet, glyphosate, and other environmental toxins.
- Increasing populations of these protective bacteria is an integral part of reinforcing a healthy gut microbiome.
- Studies have shown that a more diverse gut microbiome is associated with a stronger immune system and a decreased risk for chronic illness.
- Contains non-digestible oligosaccharides, derived from non-GMO green and gold kiwi fruit, non-GMO corn cob, and rBST-free cow's milk.

A. Muciniphila

A. muciniphila plays an important role in metabolism and has been shown to promote fat loss. Low levels of A. muciniphila have been associated with obesity, diabetes, liver disease, cardiometabolic diseases, and low-grade inflammation.** F. Prausnitzii

F. prausnitzii can increase the production of butyrate, a short-chain fatty acid that can elieve intestinal inflammation. Low levels of *F. prausnitzii* have been associated with irritable bowel syndrome, inflammatory bowel diseases (IBD) like Crohn's disease nd ulcerative colitis, celiac disease, and chropic constinction **

Bifidobacteria

Bifidobacteria can also increase butyrate production and promote lean body mass. Low levels of Bifidobacteria have been associated with obesity, diabetes, celiac disease, allergic asthma, dermatitis, IBD, chronic fatigue syndrome, and psoriasis.**

Suggested use:

Start slowly with ½ scoop daily for one week, then increase to 1 scoop daily. Take with or without food. Mix into a large glass of cold water or liquid of your choice.

Starting with 1/2 scoop daily helps to eliminate digestive discomfort. Refer to page 7 Total Gut Restoration Protocol on how to use inconjunction with MegaSporeBiotic and MegaMucosa.

Recommended for ages 2+ and we suggest everyone titrates up slowly to the full dose. Anyone under 2 years of age can take 1/4-1/2 the full dose.

SUPPLEMENT FACTS

Serving Size: 5 grams (1 scoop) Servings Per Container: 30

Amount Per Serving	% Daily Value	
Calories		10
Total Carbohydrate	4 g	1%*
Dietary Fiber	5 g	20%*
Total Sugars	1g	
Proprietary Functional Fiber Blend	3,775 mg	†
Galacto-oligosaccharides (Bimuno®)		
Fructo-oligosaccharides (Livaux™ and ACTAZIN™)		
Xylo-oligosaccharides (PreticX™)		
† Daily values not established.		

* Percent Daily Value is based on a 2,000 calorie diet.