

PATIENT INFO	
NAME: SAMPLE PATIENT	
REQUISITION ID: 1901010001	
SAMPLE ID: 411369	
DOB: 1/1/2000	
SAMPLE DATE: 1/1/2019	
RECEIVE DATE: 1/1/2019	
REPORT DATE: 6/21/2019	

CLINIC INFO	
SAMPLE CLINIC	
ADDRESS: 123 STREET	
DUNWOODY, GA 30338	
PHONE: 123-123-1234	
FAX: 123-123-1234	

SUMMARY | 1/2

DIETARY ANTIGEN	ALLERGY			SENSITIVITY						IgA		
	IgE	IgE (µg/mL)	Immune Tolerance To IgE	IgG4	IgG4 (µg/mL)	IgG	IgG (µg/mL)	C3D	C3D (µg/mL)	IgA	IgA (µg/mL)	Immune Index
Almond	LOW	0.40	YES	MODERATE	0.91	LOW	2.94	LOW	0.57		0.14	LOW
Apple		0.04			0.00	LOW	0.90		0.00		0.00	
Asparagus	LOW	0.36		LOW	0.07	MODERATE	9.50		0.00		0.00	LOW
Aspergillus Mix	LOW	0.28	YES	MODERATE	0.50	LOW	17.53		0.00		0.02	LOW
Avocado	LOW	0.53			0.01	LOW	2.71		0.76	LOW	6.14	LOW
Banana	LOW	0.32	YES	LOW	0.88	LOW	1.81	LOW	0.43	LOW	0.50	LOW
Barley	LOW	0.77		LOW	0.23	LOW	3.51		1.21	LOW	1.99	LOW
Beef		0.00			0.00	HIGH	56.33	HIGH	38.86		0.00	MODERATE
Black Pepper	LOW	0.12			0.00		2.94		0.00		0.20	
Blueberry		0.00			0.00		0.00		0.00		0.00	
Brewer's Yeast	LOW	0.04			0.00		0.00		0.00		0.00	
Broccoli	LOW	0.40		LOW	0.10		0.00		0.00		0.00	
Cabbage	LOW	0.16			0.00		0.00		0.00		0.00	
Cacao	LOW	0.24		LOW	0.10		1.02		0.32	LOW	1.54	
Candida	LOW	0.73			0.07		5.09	LOW	1.99	LOW	3.60	LOW
Cantaloupe		0.00			0.00	HIGH	17.87		0.00		0.00	LOW
Carrot	MODERATE	0.69	YES	HIGH	1.17	LOW	1.02		0.00	LOW	1.04	LOW
Casein	LOW	0.20	YES	MODERATE	6.56	MODERATE	9.95	HIGH	4.79		0.00	MODERATE
Cashew		0.00			0.02		0.00		0.00		0.00	
Cauliflower	MODERATE	0.40			0.00		0.00		0.00		0.00	LOW
Celery		0.00			0.00		0.00		0.00		0.00	
Cherry	LOW	0.04	YES	MODERATE	0.65		0.00		0.00	LOW	0.35	
Chicken	LOW	0.12		LOW	0.14		0.00		0.00		0.00	
Cinnamon	LOW	0.24			0.00	LOW	10.97	LOW	0.51	LOW	2.47	LOW
Clam	HIGH	21.30		HIGH	3.36	HIGH	32.01	MODERATE	0.93		0.23	HIGH
Coconut	LOW	0.36			0.00		0.00		0.00		0.00	
Codfish		0.00			0.00		0.00		0.00		0.00	
Coffee		0.00			0.00	LOW	0.68		0.00	LOW	1.07	
Corn	LOW	0.20		LOW	0.07		0.11		0.00		0.00	
Co onseed	LOW	0.08	YES	LOW	0.10		0.00		0.00		0.00	
Cow's Milk	LOW	0.16	YES	MODERATE	8.30	MODERATE	66.86	HIGH	24.17	LOW	0.35	MODERATE
Crab	MODERATE	0.32			0.01		0.00		0.00		0.00	LOW
Cucumber	LOW	0.28			0.00		0.00		0.00		0.00	
Egg Albumin	HIGH	25.87		MODERATE	15.20	LOW	33.03		0.00		0.00	LOW
Egg Yolk		0.00		LOW	1.30	MODERATE	10.52		0.54		0.00	LOW
English Walnut	LOW	0.16		LOW	0.04	LOW	4.19		2.05	MODERATE	6.77	LOW
Flax Seed	LOW	0.77		LOW	0.55	LOW	4.30		0.00		0.00	LOW
Flounder		0.00		MODERATE	0.37	LOW	0.57		0.00		0.00	

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SUMMARY | 2/2

DIETARY ANTIGEN	ALLERGY			SENSITIVITY						IgA		
	IgE	IgE (µg/mL)	Immue Tolerance To IgE	IgG4	IgG4 (µg/mL)	IgG	IgG (µg/mL)	C3D	C3D (µg/mL)	IgA	IgA (µg/mL)	Immune Index
Garlic	LOW	0.08		LOW	0.04		0.00		0.00		0.00	
Ginger		0.04	YES	MODERATE	3.33	LOW	1.58		0.32		0.00	
Gluten	LOW	7.77		MODERATE	7.50	LOW	63.46	LOW	0.90	LOW	0.53	LOW
Goat's Milk		0.00		LOW	1.59	MODERATE	45.48	HIGH	28.22	LOW	1.72	MODERATE
Grapefruit		0.00		LOW	0.10		0.00		0.00		0.00	
Grapes		0.00			0.00		0.00		0.00		0.00	
Green Olive	LOW	0.16	YES	LOW	0.45		0.00		0.00	LOW	0.17	
Green Pea	LOW	0.24		LOW	0.17		0.00		0.00		0.00	
Green Pepper	LOW	0.04	YES	MODERATE	0.34	LOW	0.23		0.00		0.00	LOW
Halibut	LOW	0.08	YES	LOW	0.29		0.00		0.00		0.00	
Honeydew	LOW	0.16	YES	LOW	0.27		0.00		0.00		0.00	
Hops		0.00		LOW	0.21		0.00	LOW	0.57		0.26	
Kidney Bean	LOW	3.08		LOW	0.99		0.11		0.34	LOW	6.56	
Lemon		0.00			0.01		0.00		0.00		0.02	
Lettuce		0.00		MODERATE	0.29	LOW	0.57		0.00		0.00	
Lima Bean	LOW	1.30	YES	MODERATE	1.70	MODERATE	4.75	LOW	1.21		0.02	MODERATE
Lobster		0.04			0.00		0.00		0.00		0.00	
Mushroom	HIGH	1.26		LOW	0.20	LOW	14.71	LOW	2.19	LOW	13.13	MODERATE
Mustard	LOW	0.77	YES	LOW	1.54		0.00		0.00		0.00	
Navy Bean	LOW	2.59		LOW	1.64	LOW	4.52	LOW	0.71	LOW	2.38	LOW
Oat	LOW	0.08		LOW	0.08		0.00		0.00		0.00	
Onion	LOW	0.04	YES	MODERATE	0.21		0.00		0.00	LOW	0.08	
Orange	LOW	0.04	YES	LOW	0.16		0.00		0.00		0.00	
Peach	LOW	0.08		LOW	0.04		0.00		0.00		0.00	
Peanut	MODERATE	0.65		LOW	0.14	LOW	0.68		0.00		0.00	LOW
Pear	LOW	0.16	YES	LOW	0.18		0.00		0.00		0.00	
Pecan	MODERATE	0.32		LOW	0.03		0.00		0.20	MODERATE	0.83	LOW
Pineapple	MODERATE	0.45	YES	MODERATE	3.69	LOW	0.68	LOW	0.32	MODERATE	0.98	MODERATE
Plum		0.00		MODERATE	0.18	LOW	0.45	LOW	0.26	LOW	0.65	LOW
Pork		0.00			0.00	LOW	1.58	LOW	1.46		0.00	LOW
Rice	LOW	0.08		LOW	0.03		0.23		0.00		0.00	
Rye	LOW	0.32		LOW	0.20	LOW	1.47		0.00		0.00	LOW
Salmon		0.00		LOW	0.18		0.00		0.00		0.00	
Scallops		0.00			0.00		0.00		0.00		0.00	
Sesame	LOW	0.20			0.00	LOW	5.54		0.00	LOW	1.27	LOW
Shrimp	LOW	0.04	YES	MODERATE	0.13		0.00		0.00		0.00	
Soybean	MODERATE	0.40		LOW	0.09	LOW	1.13	LOW	0.20		0.00	MODERATE
Spinach	LOW	0.12			0.00	LOW	1.47	MODERATE	1.21	LOW	0.17	MODERATE
Strawberry		0.00			0.00		0.00		0.00		0.00	
String Bean		0.00		LOW	0.95		0.23		0.00		0.00	
Sweet Potato		0.00			0.00		0.00		0.40	LOW	2.05	
Tea	LOW	0.08			0.00		0.00		0.00	LOW	0.29	
Tomato	LOW	0.08			0.00		0.00		0.00	LOW	0.17	
Tuna		0.00		LOW	0.37		0.00		0.00		0.00	
Turkey		0.00			0.00	LOW	1.24	MODERATE	0.68		0.00	LOW
Vanilla	LOW	0.32			0.00		0.00		0.00		0.00	
Watermelon		0.00		LOW	0.03		0.00		0.00		0.00	
White Potato		0.00			0.00		0.00		0.54	LOW	4.17	
Whole Wheat		0.00		LOW	0.08		0.00		0.00		0.00	
Yellow Squash	LOW	0.24	YES	MODERATE	0.78	LOW	0.45		0.00		0.00	LOW

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LESS RESTRICTIVE DIET

The Less Restrictive Diet **removes** foods with high levels of reactivity for IgE, IgG and IgA. Additionally, moderate IgG reactivity with high levels of complement (C3d) are **removed** because C3d has potential to amplify an IgG reaction 1000-10,000-fold.

The Less Restrictive Diet **rotates** foods with moderate IgG reactivity where moderate levels of C3d are also present due to increased inflammatory potential.

Foods with high IgG4 reactivity are listed separately, as IgG4 is not generally inflammatory, and its role is largely favorable apart from a handful of conditions. This allows the provider to determine whether to remove these foods based on the individual patient. Conditions affected by elevated IgG4 include eosinophilic esophagitis and disorders of the thyroid, ovaries, and prostate.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Almond Apple Asparagus Aspergillus Mix Avocado Banana Barley Black Pepper Blueberry Brewer's Yeast Broccoli Cabbage Cacao Candida Cashew Cauliflower Celery Cherry Chicken Cinnamon Coconut Codfish Coffee Corn Cottonseed Crab Cucumber Egg Yolk English Walnut Flax Seed Flounder Garlic Ginger Gluten Grapefruit Grapes Green Olive Green Pea Green Pepper Halibut Honeydew Hops Kidney Bean Lemon	Lettuce Lobster Mustard Navy Bean Oat Onion Orange Peach Peanut Pear Pecan Pineapple Plum Pork Rice Rye Salmon Scallops Sesame Shrimp Soybean Spinach Strawberry String Bean Sweet Potato Tea Tomato Tuna Turkey Vanilla Watermelon White Potato Whole Wheat Yellow Squash	Beef Cantaloupe Casein Clam Cow's Milk Egg Albumin Goat's Milk Mushroom	Carrot

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MORE RESTRICTIVE DIET

The More Restrictive Diet **removes** foods with high and moderate levels of IgE, IgG, IgA and complement (C3d). Additionally, low IgG reactivity with any positive complement response are **rotated** because C3d has the potential to amplify an IgG reaction 1000-10,000-fold.

High and moderate IgG4 foods are listed separately, as IgG4 is not generally inflammatory, and its role is largely favorable apart from a handful of conditions. This allows the provider to determine whether to remove these foods based on the individual patient. Conditions affected by elevated IgG4 include eosinophilic esophagitis and disorders of the thyroid, ovaries, and prostate.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
<p>These foods produce no immune reaction within your system at this time.</p>	<p>These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.</p>	<p>Remove these foods entirely from your diet.</p>	<p>Remove at Provider's Discretion</p>
<ul style="list-style-type: none"> Apple Avocado Barley Black Pepper Blueberry Brewer's Yeast Broccoli Cabbage Cacao Candida Cashew Celery Chicken Coconut Codfish Coffee Corn Cottonseed Cucumber Flax Seed Garlic Grapefruit Grapes Green Olive Green Pea Halibut Honeydew Hops Kidney Bean Lemon Lobster Mustard Oat Orange Peach Pear Rice Rye Salmon Scallops Sesame Strawberry String Bean Sweet Potato 	<ul style="list-style-type: none"> Banana Cinnamon Navy Bean Pork 	<ul style="list-style-type: none"> Asparagus Beef Cantaloupe Carrot Casein Cauliflower Clam Cow's Milk Crab Egg Albumin Egg Yolk English Walnut Goat's Milk Lima Bean Mushroom Peanut Pecan Pineapple Soybean Spinach Turkey 	<ul style="list-style-type: none"> Almond Aspergillus Mix Cherry Flounder Ginger Gluten Green Pepper Lettuce Onion Plum Shrimp Whole Wheat Yellow Squash

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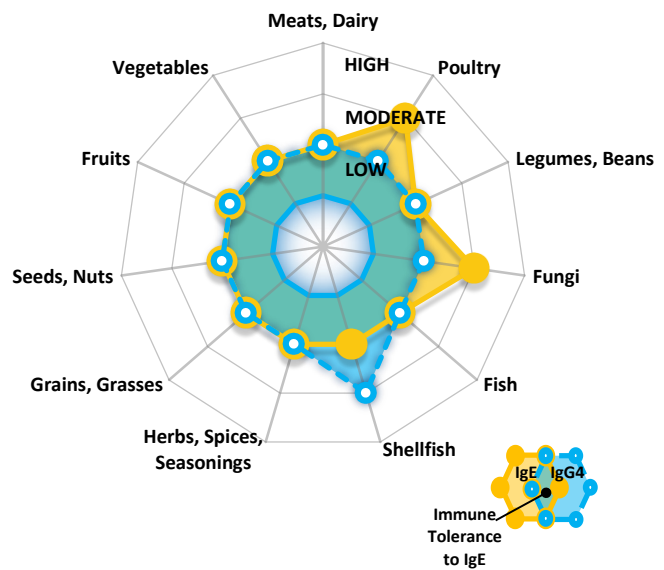
PATIENT INFO
NAME: SAMPLE PATIENT
REQUISITION ID: 1901010001
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SAMPLE CLINIC
ADDRESS: 123 STREET DUNWOODY, GA 30338
PHONE: 123-123-1234 FAX: 123-123-1234

588E - Dietary Antigen Testing | 1/4

Dietary Antigen Exposure by Food Group

	IgE	IgG4
Meats, Dairy	LOW	LOW
Poultry	MODERATE	LOW
Legumes, Beans	LOW	LOW
Fungi	MODERATE	LOW
Fish	LOW	LOW
Shellfish	LOW	MODERATE
Herbs, Spices, Seasonings	LOW	LOW
Grains, Grasses	LOW	LOW
Seeds, Nuts	LOW	LOW
Fruits	LOW	LOW
Vegetables	LOW	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provides support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulating anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

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588E - Dietary Antigen Testing | 2/4

Understanding the Key

It is important to understand how reactive your patient is to a given food. Based on peer-reviewed literature and the methodology used in our test, the lower 10% of reactivity is likely asymptomatic and represents the reference range of a normal/negative result in the general population. The HIGH range represents the top 5% of reactivity, and MODERATE the next 20%. Thus, the HIGH and MODERATE ranges combined represent the top 25% of reactivity. A LOW result represents the range of reactivity between 10% and 75% of the population.

Some foods have a greater prevalence of reactivity in the general population, most notably, dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs. The increased prevalence of allergies and sensitivities to these foods is reflected in our test as an adjustment of the HIGH range to the top 10% of the sample population, the MODERATE range the next 40%, and a LOW result represents the range between 10% and 50% of the population.

IgE

The IgE antibody response is the most commonly known food allergy response. This response usually occurs immediately and can create severe symptoms such as swelling, hives, itching, and - in some cases - anaphylaxis. Even though IgE reactions are immediate, the allergic potential of food-based allergens can remain in your system 1-2 days after ingestion, extending the presence of symptoms during this duration. IgE reactions can be permanent or they may improve with the elimination diet and gut treatment. IgE reactions stimulate the release of histamine in the body.

IgG4

IgG4, which is a subclass of IgG, is a distinct antibody in the immune system. IgG4 total antibody is important in relation to IgE because this antibody acts as a blocking agent for an IgE reaction. When the IgG4 reaction is greater than the IgE reaction for a particular antigen, IgG4 blocks the IgE antibodies from binding to the receptor sites and releasing histamine, thereby reducing severity of the symptoms associated with the IgE reaction. This is referred to as the blocking potential. IgG4 carries its own clinical relevance in high levels and may mediate several conditions and diseases.

Patient Results

ANTIGEN	RESULT	IgE (µg/mL)	REF. RANGE	IMMUNE TOLERANCE TO IgE
MEATS, DAIRY				
Beef		0.00	<0.15 µg/ml	
Casein	LOW	0.20	<0.05 µg/ml	YES
Cow's Milk	LOW	0.16	<0.09 µg/ml	YES
Goat's Milk		0.00	<0.11 µg/ml	
Pork		0.00	<0.05 µg/ml	
POULTRY				
Chicken	LOW	0.12	<0.04 µg/ml	YES
Egg Albumin	HIGH	25.87	<8.25 µg/ml	
Egg Yolk		0.00	<0.09 µg/ml	
Turkey		0.00	<0.04 µg/ml	
LEGUMES, BEANS				
Green Pea	LOW	0.24	<0.1 µg/ml	
Kidney Bean	LOW	3.08	<1.66 µg/ml	
Lima Bean	LOW	1.30	<0.26 µg/ml	YES
Navy Bean	LOW	2.59	<0.87 µg/ml	
Peanut	MODERATE	0.65	<0.05 µg/ml	
Soybean	MODERATE	0.40	<0.04 µg/ml	
String Bean		0.00	<0.03 µg/ml	
FUNGI				
Aspergillus Mix	LOW	0.28	<0.1 µg/ml	YES
Brewer's Yeast	LOW	0.04	<0.04 µg/ml	
Candida	LOW	0.73	<0.18 µg/ml	
Mushroom	HIGH	1.26	<0.02 µg/ml	
FISH				
Codfish		0.00	<0.05 µg/ml	
Flounder		0.00	<0.02 µg/ml	
Halibut	LOW	0.08	<0.03 µg/ml	YES
Salmon		0.00	<0.03 µg/ml	
Tuna		0.00	<0.07 µg/ml	

ANTIGEN	RESULT	IgG4 (µg/mL)	REF. RANGE
MEATS, DAIRY			
Beef		0.00	<0.1 µg/ml
Casein	MODERATE	6.56	<0.09 µg/ml
Cow's Milk	MODERATE	8.30	<0.17 µg/ml
Goat's Milk	LOW	1.59	<0.12 µg/ml
Pork		0.00	<0.03 µg/ml
POULTRY			
Chicken	LOW	0.14	<0.03 µg/ml
Egg Albumin	MODERATE	15.20	<6.61 µg/ml
Egg Yolk	LOW	1.30	<0.19 µg/ml
Turkey		0.00	<0.03 µg/ml
LEGUMES, BEANS			
Green Pea	LOW	0.17	<0.05 µg/ml
Kidney Bean	LOW	0.99	<0.13 µg/ml
Lima Bean	MODERATE	1.70	<0.42 µg/ml
Navy Bean	LOW	1.64	<0.17 µg/ml
Peanut	LOW	0.14	<0.05 µg/ml
Soybean	LOW	0.09	<0.04 µg/ml
String Bean	LOW		<0.09 µg/ml
FUNGI			
Aspergillus Mix	MODERATE	0.50	<0.04 µg/ml
Brewer's Yeast		0.00	<0.02 µg/ml
Candida		0.07	<0.07 µg/ml
Mushroom	LOW	0.20	<0.02 µg/ml
FISH			
Codfish		0.00	<0.03 µg/ml
Flounder	MODERATE	0.37	<0.02 µg/ml
Halibut	LOW	0.29	<0.02 µg/ml
Salmon	LOW	0.18	<0.02 µg/ml
Tuna	LOW	0.37	<0.04 µg/ml

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588E - Dietary Antigen Testing | 3/4

Patient Results

ANTIGEN	RESULT	IgE (µg/mL)	REF. RANGE	IMMUNE TOLERANCE TO IgE
SHELLFISH				
Clam	HIGH	21.30	<1.29 µg/ml	
Crab	MODERATE	0.32	<0.03 µg/ml	
Lobster		0.04	<0.05 µg/ml	
Scallops		0.00	<0.03 µg/ml	
Shrimp	LOW	0.04	<0.03 µg/ml	YES
HERBS, SPICES, SEASONINGS				
Black Pepper	LOW	0.12	<0.06 µg/ml	
Cinnamon	LOW	0.24	<0.04 µg/ml	
Garlic	LOW	0.08	<0.03 µg/ml	
Ginger		0.04	<0.05 µg/ml	YES
Hops		0.00	<0.04 µg/ml	
Mustard	LOW	0.77	<0.1 µg/ml	YES
Vanilla	LOW	0.32	<0.04 µg/ml	
GRAINS, GRASSES				
Barley	LOW	0.77	<0.28 µg/ml	
Corn	LOW	0.20	<0.04 µg/ml	
Gluten	LOW	7.77	<5.19 µg/ml	
Oat	LOW	0.08	<0.04 µg/ml	
Rice	LOW	0.08	<0.05 µg/ml	
Rye	LOW	0.32	<0.04 µg/ml	
Whole Wheat		0.00	<0.03 µg/ml	
SEEDS, NUTS				
Almond	LOW	0.40	<0.31 µg/ml	YES
Cacao	LOW	0.24	<0.05 µg/ml	
Cashew		0.00	<0.08 µg/ml	
Coffee		0.00	<0.04 µg/ml	
Cottonseed	LOW	0.08	<0.03 µg/ml	YES
English Walnut	LOW	0.16	<0.04 µg/ml	
Flax Seed	LOW	0.77	<0.06 µg/ml	
Pecan	MODERATE	0.32	<0.03 µg/ml	
Sesame	LOW	0.20	<0.04 µg/ml	
FRUITS				
Apple		0.04	<0.09 µg/ml	
Avocado	LOW	0.53	<0.06 µg/ml	
Banana	LOW	0.32	<0.08 µg/ml	YES
Blueberry		0.00	<0.05 µg/ml	
Cantaloupe		0.00	<0.08 µg/ml	
Cherry	LOW	0.04	<0.02 µg/ml	YES
Coconut	LOW	0.36	<0.05 µg/ml	
Cucumber	LOW	0.28	<0.03 µg/ml	
Grapefruit		0.00	<0.02 µg/ml	
Grapes		0.00	<0.04 µg/ml	
Green Olive	LOW	0.16	<0.05 µg/ml	YES
Green Pepper	LOW	0.04	<0.04 µg/ml	YES
Honeydew	LOW	0.16	<0.03 µg/ml	YES
Lemon		0.00	<0.03 µg/ml	
Orange	LOW	0.04	<0.03 µg/ml	YES
Peach	LOW	0.08	<0.03 µg/ml	
Pear	LOW	0.16	<0.02 µg/ml	YES
Pineapple	MODERATE	0.45	<0.04 µg/ml	YES
Plum		0.00	<0.03 µg/ml	
Strawberry		0.00	<0.02 µg/ml	
Tomato	LOW	0.08	<0.04 µg/ml	
Watermelon		0.00	<0.04 µg/ml	
Yellow Squash	LOW	0.24	<0.05 µg/ml	YES

ANTIGEN	RESULT	IgG4 (µg/mL)	REF. RANGE
SHELLFISH			
Clam	HIGH	3.36	<0.22 µg/ml
Crab		0.01	<0.02 µg/ml
Lobster		0.00	<0.03 µg/ml
Scallops		0.00	<0.02 µg/ml
Shrimp	MODERATE	0.13	<0.01 µg/ml
HERBS, SPICES, SEASONINGS			
Black Pepper		0.00	<0.03 µg/ml
Cinnamon		0.00	<0.02 µg/ml
Garlic	LOW	0.04	<0.04 µg/ml
Ginger	MODERATE	3.33	<0.05 µg/ml
Hops	LOW	0.21	<0.03 µg/ml
Mustard	LOW	1.54	<0.43 µg/ml
Vanilla		0.00	<0.02 µg/ml
GRAINS, GRASSES			
Barley	LOW	0.23	<0.2 µg/ml
Corn	LOW	0.07	<0.02 µg/ml
Gluten	MODERATE	7.50	<5.07 µg/ml
Oat	LOW	0.08	<0.02 µg/ml
Rice	LOW	0.03	<0.03 µg/ml
Rye	LOW	0.20	<0.03 µg/ml
Whole Wheat	LOW	0.08	<0.03 µg/ml
SEEDS, NUTS			
Almond	MODERATE	0.91	<0.32 µg/ml
Cacao	LOW	0.10	<0.02 µg/ml
Cashew		0.02	<0.06 µg/ml
Coffee		0.00	<0.02 µg/ml
Cottonseed	LOW	0.10	<0.02 µg/ml
English Walnut	LOW	0.04	<0.02 µg/ml
Flax Seed	LOW	0.55	<0.06 µg/ml
Pecan	LOW	0.03	<0.03 µg/ml
Sesame		0.00	<0.02 µg/ml
FRUITS			
Apple		0.00	<0.05 µg/ml
Avocado		0.01	<0.03 µg/ml
Banana	LOW	0.88	<0.17 µg/ml
Blueberry		0.00	<0.03 µg/ml
Cantaloupe		0.00	<0.04 µg/ml
Cherry	MODERATE	0.65	<0.02 µg/ml
Coconut		0.00	<0.04 µg/ml
Cucumber		0.00	<0.02 µg/ml
Grapefruit	LOW	0.10	<0.02 µg/ml
Grapes		0.00	<0.02 µg/ml
Green Olive	LOW	0.45	<0.03 µg/ml
Green Pepper	MODERATE	0.34	<0.03 µg/ml
Honeydew	LOW	0.27	<0.02 µg/ml
Lemon		0.01	<0.01 µg/ml
Orange	LOW	0.16	<0.03 µg/ml
Peach	LOW	0.04	<0.01 µg/ml
Pear	LOW	0.18	<0.02 µg/ml
Pineapple	MODERATE	3.69	<0.03 µg/ml
Plum	MODERATE	0.18	<0.02 µg/ml
Strawberry		0.00	<0.02 µg/ml
Tomato		0.00	<0.02 µg/ml
Watermelon	LOW	0.03	<0.02 µg/ml
Yellow Squash	MODERATE	0.78	<0.04 µg/ml

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588E - Dietary Antigen Testing | 4/4

Patient Results

ANTIGEN	RESULT	IgE (µg/mL)	REF. RANGE	IMMUNE TOLERANCE TO IgE
VEGETABLES				
Asparagus	LOW	0.36	<0.1 µg/ml	
Broccoli	LOW	0.40	<0.07 µg/ml	
Cabbage	LOW	0.16	<0.03 µg/ml	
Carrot	MODERATE	0.69	<0.06 µg/ml	YES
Cauliflower	MODERATE	0.40	<0.03 µg/ml	
Celery		0.00	<0.05 µg/ml	
Lettuce		0.00	<0.04 µg/ml	
Onion	LOW	0.04	<0.03 µg/ml	YES
Spinach	LOW	0.12	<0.07 µg/ml	
Sweet Potato		0.00	<0.02 µg/ml	
Tea	LOW	0.08	<0.02 µg/ml	
White Potato		0.00	<0.03 µg/ml	

ANTIGEN	RESULT	IgG4 (µg/mL)	REF. RANGE
VEGETABLES			
Asparagus	LOW	0.07	<0.05 µg/ml
Broccoli	LOW	0.10	<0.04 µg/ml
Cabbage		0.00	<0.02 µg/ml
Carrot	HIGH	1.17	<0.03 µg/ml
Cauliflower		0.00	<0.02 µg/ml
Celery		0.00	<0.02 µg/ml
Lettuce	MODERATE	0.29	<0.02 µg/ml
Onion	MODERATE	0.21	<0.02 µg/ml
Spinach		0.00	<0.04 µg/ml
Sweet Potato		0.00	<0.01 µg/ml
Tea		0.00	<0.02 µg/ml
White Potato		0.00	<0.02 µg/ml

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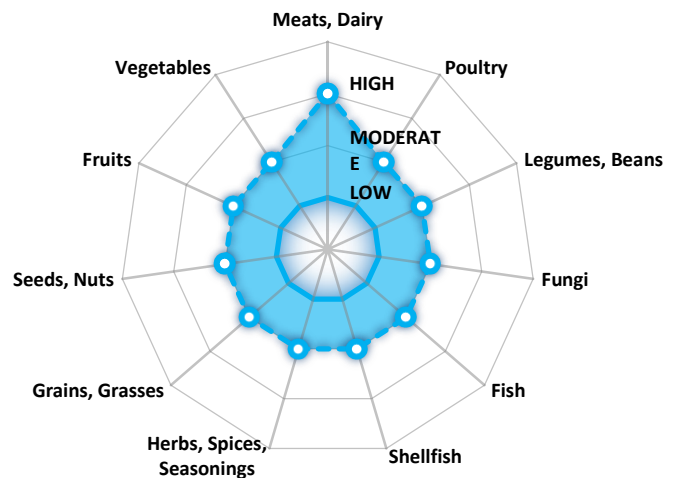
PATIENT INFO
NAME: SAMPLE PATIENT
REQUISITION ID: 1901010001
SAMPLE ID: 411369
DOB: 1/1/2000
SAMPLE DATE: 1/1/2019
RECEIVE DATE: 1/1/2019
REPORT DATE: 6/21/2019

CLINIC INFO
SAMPLE CLINIC
ADDRESS: 123 STREET DUNWOODY, GA 30338
PHONE: 123-123-1234 FAX: 123-123-1234

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Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	MODERATE
Poultry	LOW
Legumes, Beans	LOW
Fungi	LOW
Fish	LOW
Shellfish	LOW
Herbs, Spices, Seasonings	LOW
Grains, Grasses	LOW
Seeds, Nuts	LOW
Fruits	LOW
Vegetables	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

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Understanding the Key

It is important to understand how reactive your patient is to a given food. Based on peer-reviewed literature and the methodology used in our test, the lower 10% of reactivity is likely asymptomatic and represents the reference range of a normal/negative result in the general population. The HIGH range represents the top 5% of reactivity, and MODERATE the next 20%. Thus, the HIGH and MODERATE ranges combined represent the top 25% of reactivity. A LOW result represents the range of reactivity between 10% and 75% of the population.

Some foods have a greater prevalence of reactivity in the general population, most notably, dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs. The increased prevalence of allergies and sensitivities to these foods is reflected in our test as an adjustment of the HIGH range to the top 10% of the sample population, the MODERATE range the next 40%, and a LOW result represents the range between 10% and 50% of the population.

IgG

The IgG antibody response creates sensitivity to a particular food. Symptoms may be less severe than with IgE allergic reaction and can manifest anywhere from 3-72 hours after exposure. IgG reactions create inflammation that makes many pathologies worse. The delayed response makes sensitivities difficult to identify without a diagnostic test. Sensitivities can improve with treatment and improved gut health.

C3d

C3d is a complement antigen and an activator of our complement cascade system. Reaction to the specified food will worsen if C3d activation is present along with an IgG antibody response. The C3 protein attaches to the antigen and amplifies the IgG response, increasing the inflammatory potential of IgG titer. Complement is not dependent on exposure or antibody presence, and represents innate immune function.

Patient Results

ANTIGEN	RESULT	IgG (µg/mL)	REF. RANGE
MEATS, DAIRY			
Beef	HIGH	56.33	<2.26 µg/ml
Casein	MODERATE	9.95	<0.81 µg/ml
Cow's Milk	MODERATE	66.86	<24.37 µg/ml
Goat's Milk	MODERATE	45.48	<15.47 µg/ml
Pork	LOW	1.58	<1.08 µg/ml
POULTRY			
Chicken		0.00	<0.11 µg/ml
Egg Albumin	LOW	33.03	<20.83 µg/ml
Egg Yolk	MODERATE	10.52	<0.8 µg/ml
Turkey	LOW	1.24	<0.18 µg/ml
LEGUMES, BEANS			
Green Pea		0.00	<0.33 µg/ml
Kidney Bean		0.11	<1.05 µg/ml
Lima Bean	MODERATE	4.75	<0.42 µg/ml
Navy Bean	LOW	4.52	<1.11 µg/ml
Peanut	LOW	0.68	<0.21 µg/ml
Soybean	LOW	1.13	<0.28 µg/ml
String Bean		0.23	<0.27 µg/ml
FUNGI			
Aspergillus Mix	LOW	17.53	<9.76 µg/ml
Brewer's Yeast		0.00	<0.68 µg/ml
Candida		5.09	<8.49 µg/ml
Mushroom	LOW	14.71	<4.16 µg/ml
FISH			
Codfish		0.00	<0.19 µg/ml
Flounder	LOW	0.57	<0.09 µg/ml
Halibut		0.00	<0.11 µg/ml
Salmon		0.00	<0.12 µg/ml
Tuna		0.00	<0.24 µg/ml

ANTIGEN	RESULT	C3D (µg/mL)	REF. RANGE
MEATS, DAIRY			
Beef	HIGH	38.86	<0.21 µg/ml
Casein	HIGH	4.79	<0.12 µg/ml
Cow's Milk	HIGH	24.17	<0.31 µg/ml
Goat's Milk	HIGH	28.22	<0.22 µg/ml
Pork	LOW	1.46	<0.37 µg/ml
POULTRY			
Chicken		0.00	<0.05 µg/ml
Egg Albumin		0.00	<1.5 µg/ml
Egg Yolk		0.54	<0.72 µg/ml
Turkey	MODERATE	0.68	<0.05 µg/ml
LEGUMES, BEANS			
Green Pea		0.00	<0.1 µg/ml
Kidney Bean		0.34	<0.5 µg/ml
Lima Bean	LOW	1.21	<0.37 µg/ml
Navy Bean	LOW	0.71	<0.22 µg/ml
Peanut		0.00	<0.08 µg/ml
Soybean	LOW	0.20	<0.07 µg/ml
String Bean		0.00	<0.08 µg/ml
FUNGI			
Aspergillus Mix		0.00	<0.2 µg/ml
Brewer's Yeast		0.00	<0.09 µg/ml
Candida	LOW	1.99	<0.5 µg/ml
Mushroom	LOW	2.19	<1.92 µg/ml
FISH			
Codfish		0.00	<0.03 µg/ml
Flounder		0.00	<0.02 µg/ml
Halibut		0.00	<0.02 µg/ml
Salmon		0.00	<0.03 µg/ml
Tuna		0.00	<0.06 µg/ml

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Patient Results

ANTIGEN	RESULT	IgG (µg/mL)	REF. RANGE
SHELLFISH			
Clam	HIGH	32.01	<4.09 µg/ml
Crab		0.00	<0.16 µg/ml
Lobster		0.00	<0.14 µg/ml
Scallops		0.00	<0.11 µg/ml
Shrimp		0.00	<0.12 µg/ml
HERBS, SPICES, SEASONINGS			
Black Pepper		2.94	<3.65 µg/ml
Cinnamon	LOW	10.97	<1.52 µg/ml
Garlic		0.00	<0.17 µg/ml
Ginger	LOW	1.58	<1.58 µg/ml
Hops		0.00	<0.32 µg/ml
Mustard		0.00	<0.35 µg/ml
Vanilla		0.00	<1.7 µg/ml
GRAINS, GRASSES			
Barley	LOW	3.51	<1.73 µg/ml
Corn		0.11	<0.22 µg/ml
Gluten	LOW	63.46	<58.12 µg/ml
Oat		0.00	<0.15 µg/ml
Rice		0.23	<0.44 µg/ml
Rye	LOW	1.47	<0.56 µg/ml
Whole Wheat		0.00	<0.14 µg/ml
SEEDS, NUTS			
Almond	LOW	2.94	<1.63 µg/ml
Cacao		1.02	<2.81 µg/ml
Cashew		0.00	<0.37 µg/ml
Coffee	LOW	0.68	<0.56 µg/ml
Cottonseed		0.00	<0.11 µg/ml
English Walnut	LOW	4.19	<2.06 µg/ml
Flax Seed	LOW	4.30	<0.45 µg/ml
Pecan		0.00	<0.23 µg/ml
Sesame	LOW	5.54	<0.6 µg/ml
FRUITS			
Apple	LOW	0.90	<0.26 µg/ml
Avocado	LOW	2.71	<1.46 µg/ml
Banana	LOW	1.81	<0.36 µg/ml
Blueberry		0.00	<0.2 µg/ml
Cantaloupe	HIGH	17.87	<0.22 µg/ml
Cherry		0.00	<0.21 µg/ml
Coconut		0.00	<0.36 µg/ml
Cucumber		0.00	<0.09 µg/ml
Grapefruit		0.00	<0.09 µg/ml
Grapes		0.00	<0.1 µg/ml
Green Olive		0.00	<0.68 µg/ml
Green Pepper	LOW	0.23	<0.09 µg/ml
Honeydew		0.00	<0.2 µg/ml
Lemon		0.00	<0.1 µg/ml
Orange		0.00	<0.12 µg/ml
Peach		0.00	<0.12 µg/ml
Pear		0.00	<0.13 µg/ml
Pineapple	LOW	0.68	<0.53 µg/ml
Plum	LOW	0.45	<0.26 µg/ml
Strawberry		0.00	<0.09 µg/ml
Tomato		0.00	<0.09 µg/ml
Watermelon		0.00	<0.16 µg/ml
Yellow Squash	LOW	0.45	<0.16 µg/ml

ANTIGEN	RESULT	C3D (µg/mL)	REF. RANGE
SHELLFISH			
Clam	MODERATE	0.93	<0.31 µg/ml
Crab		0.00	<0.05 µg/ml
Lobster		0.00	<0.03 µg/ml
Scallops		0.00	<0.04 µg/ml
Shrimp		0.00	<0.06 µg/ml
HERBS, SPICES, SEASONINGS			
Black Pepper		0.00	<0.12 µg/ml
Cinnamon	LOW	0.51	<0.42 µg/ml
Garlic		0.00	<0.05 µg/ml
Ginger		0.32	<0.34 µg/ml
Hops	LOW	0.57	<0.37 µg/ml
Mustard		0.00	<0.06 µg/ml
Vanilla		0.00	<0.04 µg/ml
GRAINS, GRASSES			
Barley		1.21	<1.25 µg/ml
Corn		0.00	<0.06 µg/ml
Gluten	LOW	0.90	<0.27 µg/ml
Oat		0.00	<0.03 µg/ml
Rice		0.00	<0.03 µg/ml
Rye		0.00	<0.04 µg/ml
Whole Wheat		0.00	<0.03 µg/ml
SEEDS, NUTS			
Almond	LOW	0.57	<0.35 µg/ml
Cacao		0.32	<0.37 µg/ml
Cashew		0.00	<0.09 µg/ml
Coffee		0.00	<0.47 µg/ml
Cottonseed		0.00	<0.03 µg/ml
English Walnut		2.05	<3.28 µg/ml
Flax Seed		0.00	<0.07 µg/ml
Pecan		0.20	<0.24 µg/ml
Sesame		0.00	<0.05 µg/ml
FRUITS			
Apple		0.00	<0.1 µg/ml
Avocado		0.76	<0.8 µg/ml
Banana	LOW	0.43	<0.25 µg/ml
Blueberry		0.00	<0.05 µg/ml
Cantaloupe		0.00	<0.06 µg/ml
Cherry		0.00	<0.13 µg/ml
Coconut		0.00	<0.06 µg/ml
Cucumber		0.00	<0.05 µg/ml
Grapefruit		0.00	<0.02 µg/ml
Grapes		0.00	<0.04 µg/ml
Green Olive		0.00	<0.08 µg/ml
Green Pepper		0.00	<0.06 µg/ml
Honeydew		0.00	<0.03 µg/ml
Lemon		0.00	<0.03 µg/ml
Orange		0.00	<0.03 µg/ml
Peach		0.00	<0.06 µg/ml
Pear		0.00	<0.03 µg/ml
Pineapple	LOW	0.32	<0.06 µg/ml
Plum	LOW	0.26	<0.22 µg/ml
Strawberry		0.00	<0.03 µg/ml
Tomato		0.00	<0.03 µg/ml
Watermelon		0.00	<0.03 µg/ml
Yellow Squash		0.00	<0.04 µg/ml

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Patient Results

ANTIGEN	RESULT	IgG (µg/mL)	REF. RANGE
VEGETABLES			
Asparagus	MODERATE	9.50	<0.88 µg/ml
Broccoli		0.00	<0.21 µg/ml
Cabbage		0.00	<0.12 µg/ml
Carrot	LOW	1.02	<0.52 µg/ml
Cauliflower		0.00	<0.15 µg/ml
Celery		0.00	<0.18 µg/ml
Lettuce	LOW	0.57	<0.13 µg/ml
Onion		0.00	<0.59 µg/ml
Spinach	LOW	1.47	<0.82 µg/ml
Sweet Potato		0.00	<0.15 µg/ml
Tea		0.00	<0.74 µg/ml
White Potato		0.00	<0.43 µg/ml

ANTIGEN	RESULT	C3D (µg/mL)	REF. RANGE
VEGETABLES			
Asparagus		0.00	<0.18 µg/ml
Broccoli		0.00	<0.09 µg/ml
Cabbage		0.00	<0.03 µg/ml
Carrot		0.00	<0.42 µg/ml
Cauliflower		0.00	<0.03 µg/ml
Celery		0.00	<0.04 µg/ml
Lettuce		0.00	<0.07 µg/ml
Onion		0.00	<0.03 µg/ml
Spinach	MODERATE	1.21	<0.28 µg/ml
Sweet Potato		0.40	<0.79 µg/ml
Tea		0.00	<0.04 µg/ml
White Potato		0.54	<0.78 µg/ml

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PATIENT INFO	
NAME: SAMPLE PATIENT	
REQUISITION ID: 1901010001	
SAMPLE ID: 411369	
DOB: 1/1/2000	
SAMPLE DATE: 1/1/2019	
RECEIVE DATE: 1/1/2019	
REPORT DATE: 6/21/2019	

CLINIC INFO	
SAMPLE CLINIC	
ADDRESS: 123 STREET	
DUNWOODY, GA 30338	
PHONE: 123-123-1234	
FAX: 123-123-1234	

Secretory IgA: PROFILE 588A | 1/2

ALLERGY	IgA(µg/mL)	RESULT	REF. RANGE
MEATS, DAIRY			
Beef	0.00		<0.09 µg/ml
Casein	0.00		<0.08 µg/ml
Cow's Milk	0.35	LOW	<0.2 µg/ml
Goat's Milk	1.72	LOW	<0.82 µg/ml
Pork	0.00		<0.1 µg/ml
POULTRY			
Chicken	0.00		<0.04 µg/ml
Egg Albumin	0.00		<0.22 µg/ml
Egg Yolk	0.00		<0.11 µg/ml
Turkey	0.00		<0.11 µg/ml
LEGUMES, BEANS			
Green Pea	0.00		<0.07 µg/ml
Kidney Bean	6.56	LOW	<2.79 µg/ml
Lima Bean	0.02		<0.1 µg/ml
Navy Bean	2.38	LOW	<1.72 µg/ml
Peanut	0.00		<0.04 µg/ml
Soybean	0.00		<0.08 µg/ml
String Bean	0.00		<0.08 µg/ml
FUNGI			
Aspergillus Mix	0.02		<0.14 µg/ml
Brewer's Yeast	0.00		<0.06 µg/ml
Candida	3.60	LOW	<0.94 µg/ml
Mushroom	13.13	LOW	<3.56 µg/ml
FISH			
Codfish	0.00		<0.05 µg/ml
Flounder	0.00		<0.08 µg/ml
Halibut	0.00		<0.04 µg/ml
Salmon	0.00		<0.03 µg/ml
Tuna	0.00		<0.14 µg/ml
SHELLFISH			
Clam	0.23		<0.3 µg/ml
Crab	0.00		<0.06 µg/ml
Lobster	0.00		<0.05 µg/ml
Scallops	0.00		<0.05 µg/ml
Shrimp	0.00		<0.08 µg/ml
HERBS, SPICES, SEASONINGS			
Black Pepper	0.20		<0.28 µg/ml
Cinnamon	2.47	LOW	<0.58 µg/ml
Garlic	0.00		<0.06 µg/ml
Ginger	0.00		<0.19 µg/ml
Hops	0.26		<0.26 µg/ml
Mustard	0.00		<0.07 µg/ml
Vanilla	0.00		<0.06 µg/ml
GRAINS, GRASSES			
Barley	1.99	LOW	<0.63 µg/ml
Corn	0.00		<0.08 µg/ml
Gluten	0.53	LOW	<0.21 µg/ml
Oat	0.00		<0.04 µg/ml

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PATIENT INFO

NAME: **SAMPLE PATIENT**
 REQUISITION ID: 1901010001
 SAMPLE ID: 411369
 DOB: 1/1/2000
 SAMPLE DATE: 1/1/2019
 RECEIVE DATE: 1/1/2019
 REPORT DATE: 6/21/2019

CLINIC INFO
SAMPLE CLINIC

ADDRESS: 123 STREET
 DUNWOODY, GA 30338

 PHONE: 123-123-1234
 FAX: 123-123-1234

Secretary IgA: PROFILE 588A | 2/2

ALLERGY	IgA(µg/mL)	RESULT	REF. RANGE
Rice	0.00		<0.06 µg/ml
Rye	0.00		<0.08 µg/ml
Whole Wheat	0.00		<0.04 µg/ml
SEEDS, NUTS			
Almond	0.14		<0.21 µg/ml
Cacao	1.54	LOW	<0.84 µg/ml
Cashew	0.00		<0.12 µg/ml
Coffee	1.07	LOW	<0.4 µg/ml
Cottonseed	0.00		<0.04 µg/ml
English Walnut	6.77	MODERATE	<1.23 µg/ml
Flax Seed	0.00		<0.06 µg/ml
Pecan	0.83	MODERATE	<0.21 µg/ml
Sesame	1.27	LOW	<0.1 µg/ml
FRUITS			
Apple	0.00		<0.16 µg/ml
Avocado	6.14	LOW	<1.4 µg/ml
Banana	0.50	LOW	<0.23 µg/ml
Blueberry	0.00		<0.08 µg/ml
Cantaloupe	0.00		<0.05 µg/ml
Cherry	0.35	LOW	<0.32 µg/ml
Coconut	0.00		<0.1 µg/ml
Cucumber	0.00		<0.04 µg/ml
Grapefruit	0.00		<0.03 µg/ml
Grapes	0.00		<0.03 µg/ml
Green Olive	0.17	LOW	<0.1 µg/ml
Green Pepper	0.00		<0.04 µg/ml
Honeydew	0.00		<0.05 µg/ml
Lemon	0.02		<0.03 µg/ml
Orange	0.00		<0.04 µg/ml
Peach	0.00		<0.11 µg/ml
Pear	0.00		<0.06 µg/ml
Pineapple	0.98	MODERATE	<0.08 µg/ml
Plum	0.65	LOW	<0.19 µg/ml
Strawberry	0.00		<0.02 µg/ml
Tomato	0.17	LOW	<0.02 µg/ml
Watermelon	0.00		<0.04 µg/ml
Yellow Squash	0.00		<0.04 µg/ml
VEGETABLES			
Asparagus	0.00		<0.08 µg/ml
Broccoli	0.00		<0.04 µg/ml
Cabbage	0.00		<0.07 µg/ml
Carrot	1.04	LOW	<0.59 µg/ml
Cauliflower	0.00		<0.07 µg/ml
Celery	0.00		<0.06 µg/ml
Lettuce	0.00		<0.09 µg/ml
Onion	0.08	LOW	<0.02 µg/ml
Spinach	0.17	LOW	<0.12 µg/ml
Sweet Potato	2.05	LOW	<0.23 µg/ml
Tea	0.29	LOW	<0.16 µg/ml
White Potato	4.17	LOW	<1.28 µg/ml

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