

CogniMag

Featuring Magtein™ Magnesium-L-Threonate

INDICATIONS

- Ages 18 and up
- Cognitive support†

BENEFITS

- Promotes cognitive function, learning ability and working memory†
- Supports optimal brain magnesium levels†

FEATURES

- Magnesium-l-threonate and polyphenol blend
- Proprietary blend provides an antioxidant and phytochemical complex from blueberry, strawberry and spinach
- Made with high-quality vegetarian ingredients backed by verifiable science

VERIFIABLE SCIENCE

Supports optimal brain magnesium levels to promote cognitive function, learning ability and working memory. Animal research suggests that magnesium-l-threonate may promote synaptic plasticity and density in the regions of the hippocampus correlated with learning and memory.¹ In a clinical trial of 44 participants aged 50-70, magnesium l-threonate (Magtein™) provided significant support for cognitive processing speed, executive function and overall cognitive ability after only 6 weeks.² An in vitro study demonstrated that PhytoMemory, a blend of blueberry, strawberry and spinach extracts, maintained healthy activity of prolyl endopeptidase (PEP), a protein involved in learning and memory.³ Consumption of blueberries, strawberries and spinach has been associated with brain health in clinical studies.⁴

SUGGESTED USE

As a dietary supplement, take 2 capsules, twice daily, with a meal and at bedtime.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Magnesium-l-threonate is sourced from elemental ore magnesium and synthetic threonate
- Wild blueberry extract is derived from *Vaccinium angustifolium* fruit
- Orléans strawberry extract is derived from *Fragaria vesca* var. Orléans fruit
- Spinach extract is derived from *Spinacia oleracea* leaves
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

NOTES

Size 0 caps

Bottle count 120

Order code CGM21

Bottle size 190 cc

REFERENCES

1. Slutsky I, et al. *Neuron*. 2010 Jan 28;65(2):165-77.
2. Liu G, et al. *J of Alzheimer's Disease*, vol. 49, no. 4 (October 2015): 971-990
3. Heim KC, et al. *J Med Food*. 2012 Sep;15(9):851-4.
4. Travica N, et al. *Brain Behav Immun*. 2020 Mar;85:96-105.

SUPPLEMENT FACTS

2 capsules, twice daily, with a meal and at bedtime.

Two (size 0) vegetarian capsules contain:

Magnesium (from 1,000 mg Magtein™ magnesium-l-threonate)	72 mg
PhytoMemory proprietary blend	50 mg

Providing:

Wild blueberry (*Vaccinium angustifolium*) extract (fruit),
Orléans strawberry (*Fragaria x ananassa*) extract (fruit),
and spinach (*Spinacia oleracea*) juice concentrate (leaf)

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Magtein™ is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents.



CogniMag	Quantity	Order Code
	120	CGM21

Visit PureEncapsulationsPro.com for more information about our GMO policy.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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