



Product No. RN174

AnxiaEase™

Multifaceted stress and mood support*

Mechanisms of Action*

- Promotes a healthy stress response**
 - Adaptogenic herbs and phosphatidylserine work to modulate cortisol levels and mediate the physiological response to stress.*
- Supports cognitive relaxation**
 - Targeted herbs and nutrients to promote a positive mood and a relaxed state of mind.*
- Nurtures a healthy mental state via the gut-brain axis**
 - Unique blend of probiotic strains (psychobiotics) with research demonstrating support for improved mood as well as cortisol and serotonin modulation.*

Features & Benefits*

Many biological factors can contribute to anxiety and mood challenges. AnxiaEase™ features a unique blend of researched ingredients shown to support a healthy physiological response to stress and to promote the body and mind's natural ability to cope with stress and anxiety.

AnxiaEase™ employs a multifaceted approach, featuring adaptogenic herbs such as ashwagandha and holy basil, essential nutrients such as Vitamin B-6 and magnesium, calming herbs such as lemon balm, lavender, and passionflower, as well as a researched "psychobiotic" blend of probiotic strains.

The latest research on anxiety and stress-related issues has focused on the gut-brain axis and the ability of certain probiotic strains to promote healthy neural cytokine activity and healthy levels of serotonin, a crucial hormone that modulates emotional response. An increasing wealth of probiotic research indicates a breadth of support for the gut-brain axis, a critical component of overall mental and emotional wellness.

With its unique combination of researched-backed nutrients, herbs, and probiotics, AnxiaEase™ offers practitioners an exceptional tool to promote their patients' healthy response to mood and stress-related challenges.

Suggested Use

As a dietary supplement, take 2 capsules twice daily, with or without food, or as directed by your healthcare professional.

Caution

Do not use while pregnant or nursing.

Supplement Facts		
Serving Size: 2 capsules		
Servings per Container: 60		
Amount Per Serving	%Daily Value**	
Vitamin B-6 (as pyridoxal 5-phosphate)	25 mg	1471%
Magnesium (as magnesium taurate)	25 mg	6%
Healthy Stress Response	460 mg	†
<small>Holy Basil Extract (<i>Ocimum sanctum</i>) (leaf), Ashwagandha Extract (<i>Withania somnifera</i>) (whole plant), Sharp-PS® Green Phosphatidylserine (from sunflower)</small>		
Calming Complex	610 mg	†
<small>Lemon Balm Extract (<i>Melissa officinalis</i>) (aerial), English lavender Extract (<i>Lavandula officinalis</i>) (aerial), Passionflower Extract (<i>Passiflora incarnata</i>) (aerial)</small>		
Gut-Brain Soother	1.5 Billion CFU 60 mg	†
<small><i>Lactobacillus helveticus</i> Rosell®-52, <i>Bifidobacterium longum</i> Rosell®-175</small>		

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Hypromellose (veggie capsule), leucine.

Contains: Trace amounts of soy and milk used in the fermentation of the probiotic strains

Manufactured without eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.