



Adrenal Hormone Report; saliva



Order: SAMPLE 

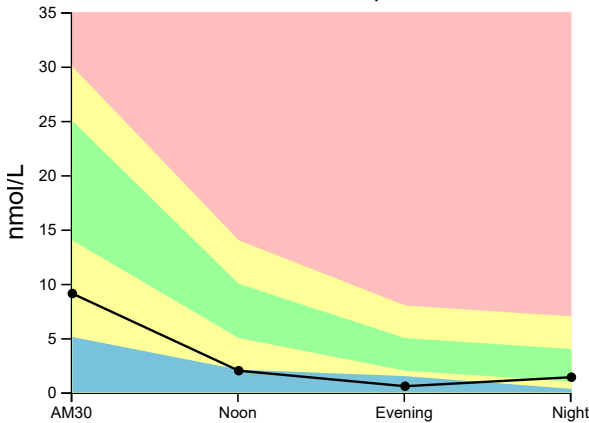
Client #: 12345
Doctor: Sample Doctor, MD
Doctors Data Inc.
3755 Illinois Ave.
St. Charles, IL 60174

Patient: Sample Report
Age: 37
Sex: Male
Body Mass Index (BMI): N/A

Sample Collection Date/Time
Date Collected 10/01/2018
AM30 10/01/2018 0800
Noon 10/01/2018 2100
Evening 10/01/2018 1200
Night 10/01/2018 1700
Date Received 10/03/2018
Date Reported 10/05/2018

Analyte	Result	Unit	L	WRI	H	Optimal Range	Reference Interval
Cortisol AM30	9.1	nmol/L		◆		14.0 - 25.0	5.1 - 30.0
Cortisol Noon	2.0	nmol/L	↓			5.0 - 10.0	2.1 - 14.0
Cortisol Evening	0.57	nmol/L	↓			2.0 - 5.0	1.5 - 8.0
Cortisol Night	1.4	nmol/L		◆		1.0 - 4.0	0.33 - 7.0
DHEA*	110	pg/mL	↓				137 - 336

Cortisol Graph



Hormone Comments:

- Diurnal cortisol pattern and reported symptoms are consistent with evolving (Phase 2) HPA axis (adrenal gland) dysfunction, although concomitant thyroid and/or iodine insufficiency cannot be ruled out.
- DHEA level is consistent with the expected decline with age (adrenopause). The low DHEA level may warrant supplementation for optimal well-being. Note: Supplementation with DHEA may increase testosterone and/or estradiol levels.

Adrenal Phase: 2



Notes:

RI= Reference Interval, L (blue)= Low (below RI), WRI (green)= Within RI (optimal), WRI (yellow)= Within RI (not optimal), H (red)= High (above RI)
The current samples are routinely held three weeks from receipt for additional testing.

*This test was developed and its performance characteristics determined by Doctor's Data, Inc. The FDA has not approved or cleared this test; however, FDA clearance or approval is not currently required for clinical use. The results are not intended to be used as the sole means for clinical diagnosis or patient management decisions.

Methodology: Enzyme Immunoassay