PRECISION POINT
DIAGNOSTICS

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P88-Dietary Antigen Test

A Targeted Approach to Wellness

P88 Guide

PATIENT INFO	
NAME:	**Sample Patient**
REQUISITION ID:	2305120030
DOB:	2/6/2006
SAMPLE DATE:	5/8/2023
RECEIVE DATE:	5/12/2023
DRAFT DATE:	8/1/2023

CLINIC INFO	
Research And Development	
ADDRESS:	135 Sample Lane
	Sample City, SS 11111
PHONE:	(000)-000-0000
FAX:	(000)-000-0000

Patient Report: Summary

DIETARY ANTIGEN	ALLERGY			SENSITIVITY	
	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Almond	LOW	LOW	YES		LOW
Apple					MODERATE
Asparagus	LOW	LOW	YES	LOW	MODERATE
Aspergillus Mix	MODERATE			LOW	LOW
Avocado					LOW
Banana		LOW	YES		MODERATE
Barley	LOW				MODERATE
Beef	MODERATE	LOW			LOW
Black Pepper	MODERATE	LOW			LOW
Blueberry	LOW	LOW		LOW	LOW
Brewer's Yeast		LOW	YES		LOW
Broccoli	LOW				LOW
Cabbage		LOW			LOW
Cacao	LOW				LOW
Candida	LOW			LOW	LOW
Cantaloupe	MODERATE	LOW			LOW
Carrot	MODERATE				MODERATE
Casein	LOW			LOW	
Cashew					MODERATE
Cauliflower	LOW				LOW
Celery	LOW	LOW			LOW
Cherry			YES		LOW
Chicken	LOW				LOW
Cinnamon		LOW			LOW
Clam	HIGH	MODERATE		MODERATE	HIGH
Coconut					LOW
Codfish	LOW	LOW			MODERATE
Coffee	LOW			LOW	MODERATE
Corn	HIGH	LOW			LOW
Cottonseed	LOW	LOW	YES		LOW
Cow's Milk	LOW	LOW	YES	LOW	
Crab	LOW	HIGH	YES		LOW
Cucumber		LOW			
Egg Albumin	LOW	LOW	YES	LOW	MODERATE
Egg Yolk	LOW	LOW	YES		LOW
English Walnut	LOW			MODERATE	LOW
Flax Seed					LOW
Flounder	LOW	LOW			LOW

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Patient Report: Summary

DIETARY ANTIGEN	ALLERGY			SENSITIVITY	
	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Garlic	LOW	HIGH	YES		MODERATE
Ginger	LOW	LOW	YES		MODERATE
Gluten	MODERATE	HIGH	YES	LOW	LOW
Goat's Milk	LOW	LOW			
Grapefruit	MODERATE	HIGH	YES	MODERATE	MODERATE
Grapes					
Green Olive					LOW
Green Pea		LOW	YES		LOW
Green Pepper	LOW				LOW
Halibut	MODERATE	LOW			LOW
Honeydew	LOW	LOW	YES	MODERATE	LOW
Hops	HIGH	LOW			LOW
Kidney Bean	LOW	LOW	YES		LOW
Lemon					
Lettuce					LOW
Lima Bean	MODERATE	LOW			LOW
Lobster	MODERATE	LOW			MODERATE
Mushroom	LOW	LOW	YES	LOW	LOW
Mustard	LOW	LOW	YES		LOW
Navy Bean	MODERATE	LOW			LOW
Oat	MODERATE	LOW			LOW
Onion					LOW
Orange					LOW
Peach					LOW
Peanut			YES		HIGH
Pear	LOW				LOW
Pecan					LOW
Pineapple					
Plum					
Pork		LOW			MODERATE
Rice	LOW	LOW			HIGH
Rye	LOW	LOW			LOW
Salmon	LOW				LOW
Scallops	LOW				LOW
Sesame	LOW	LOW			LOW
Shrimp	HIGH				LOW
Soybean					
Spinach		LOW	YES		
Strawberry		LOW			HIGH
String Bean	LOW	LOW	YES		LOW
Sweet Potato	MODERATE				MODERATE
Tea	MODERATE	LOW		LOW	LOW
Tomato	MODERATE				
Tuna	LOW				LOW
Turkey		LOW			MODERATE
Vanilla	LOW			LOW	LOW
Watermelon		LOW			LOW
White Potato	MODERATE				MODERATE
Whole Wheat	LOW				LOW
Yellow Squash	MODERATE	MODERATE		LOW	LOW

Reference Range	High	Medium	Low	Normal
Increased Prevalence	> 10%	> = 50-90%	> 10-50%	< 10%
Average Prevalence	>Top 5%	> =75-95%	> 10-75%	< 10%

Reference Range is based on how reactive a person is compared to population distribution.

Increased Prevalence: Foods that more people have a reaction to including dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs.

Average Prevalence: All other foods.

* Immune Tolerance is based upon the absolute (Abs) value of IgG4 compared to the absolute value of IgE.

This is different from percent reactivity which is given in the summary page to easily see which foods are the most reactive. Find absolute values for each food in the references range on the test results between pages 8-14.

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Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG and/or High IgE foods
Rotate: Moderate IgG with High, Moderate, or Low Complement
Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

NO LIMITATION		ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.		These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Almond	Lima Bean	English Walnut	Clam	Crab
Apple	Lobster	Honeydew	Corn	Garlic
Asparagus	Mushroom		Hops	Gluten
Aspergillus Mix	Mustard		Shrimp	Grapefruit
Avocado	Navy Bean			
Banana	Oat			
Barley	Onion			
Beef	Orange			
Black Pepper	Peach			
Blueberry	Peanut			
Brewer's Yeast	Pear			
Broccoli	Pecan			
Cabbage	Pineapple			
Cacao	Plum			
Candida	Pork			
Cantaloupe	Rice			
Carrot	Rye			
Casein	Salmon			
Cashew	Scallops			
Cauliflower	Sesame			
Celery	Soybean			
Cherry	Spinach			
Chicken	Strawberry			
Cinnamon	String Bean			
Coconut	Sweet Potato			
Codfish	Tea			
Coffee	Tomato			
Cottonseed	Tuna			
Cow's Milk	Turkey			
Cucumber	Vanilla			
Egg Albumin	Watermelon			
Egg Yolk	White Potato			
Flax Seed	Whole Wheat			
Flounder	Yellow Squash			
Ginger				
Goat's Milk				
Grapes				
Green Olive				
Green Pea				
Green Pepper				
Halibut				
Kidney Bean				
Lemon				
Lettuce				

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Patient Report: More Restrictive Diet

Criteria for Logic of More Restrictive Diet

Eliminate: High and Moderate IgE and/or IgG

Rotate: Low IgG with High, Moderate or Low Complement

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion

NO LIMITATION		ROTATE	ELIMINATE	ELIMINATE (IgG4)
Almond	Scallops	Asparagus	Aspergillus Mix	Crab
Apple	Sesame	Blueberry	Barley	Garlic
Avocado	Soybean	Candida	Beef	
Banana	Spinach	Coffee	Black Pepper	
Brewer's Yeast	Strawberry	Egg Albumin	Cantaloupe	
Broccoli	String Bean	Mushroom	Carrot	
Cabbage	Tuna	Vanilla	Clam	
Cacao	Turkey		Corn	
Casein	Watermelon		English Walnut	
Cashew			Gluten	
Cauliflower			Grapefruit	
Celery			Halibut	
Cherry			Honeydew	
Chicken			Hops	
Cinnamon			Lima Bean	
Coconut			Lobster	
Codfish			Navy Bean	
Cottonseed			Oat	
Cow's Milk			Rye	
Cucumber			Shrimp	
Egg Yolk			Sweet Potato	
Flax Seed			Tea	
Flounder			Tomato	
Ginger			White Potato	
Goat's Milk			Whole Wheat	
Grapes			Yellow Squash	
Green Olive				
Green Pea				
Green Pepper				
Kidney Bean				
Lemon				
Lettuce				
Mustard				
Onion				
Orange				
Peach				
Peanut				
Pear				
Pecan				
Pineapple				
Plum				
Pork				
Rice				
Salmon				

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Patient Report: Immune Index

The Immune Index is a calculation in which IgE, IgG, C3d are added together to show cumulative reactivity. If IgG4 is greater than IgE it blocks the reaction and IgE is not added into cumulative inflammatory formula. This is used to highlight foods that are creating multiple immune reactions.

Rank	DIETARY ANTIGEN	Immune Index
1	Clam	HIGH
2	Grapefruit	HIGH
3	Gluten	MODERATE
4	Asparagus	MODERATE
5	Aspergillus Mix	MODERATE
6	Coffee	MODERATE
7	Egg Albumin	MODERATE
8	English Walnut	MODERATE
9	Honeydew	MODERATE
10	Yellow Squash	MODERATE
11	Tea	MODERATE
12	Blueberry	LOW
13	Candida	LOW
14	Carrot	LOW
15	Corn	LOW
16	Garlic	LOW
17	Lobster	LOW
18	Mushroom	LOW
19	Hops	LOW
20	Rice	LOW
21	Shrimp	LOW
22	Sweet Potato	LOW
23	Vanilla	LOW
24	White Potato	LOW
25	Barley	LOW
26	Beef	LOW
27	Black Pepper	LOW
28	Cantaloupe	LOW
29	Codfish	LOW
30	Crab	LOW
31	Halibut	LOW
32	Ginger	LOW
33	Navy Bean	LOW
34	Oat	LOW
35	Lima Bean	LOW
36	Almond	LOW
37	Broccoli	LOW
38	Cacao	LOW
39	Celery	LOW
40	Chicken	LOW
41	Cottonseed	LOW
42	Cauliflower	LOW
43	Egg Yolk	LOW
44	Flounder	LOW

Rank	DIETARY ANTIGEN	Immune Index
45	Green Pepper	LOW
46	Kidney Bean	LOW
47	Mustard	LOW
48	Peanut	LOW
49	Pear	LOW
50	Rye	LOW
51	Salmon	LOW
52	Scallops	LOW
53	Sesame	LOW
54	Strawberry	LOW
55	String Bean	LOW
56	Tuna	LOW
57	Whole Wheat	LOW
58	Casein	LOW
59	Cow's Milk	LOW
60	Apple	LOW
61	Banana	LOW
62	Cashew	LOW
63	Pork	LOW
64	Tomato	LOW
65	Turkey	LOW
66	Avocado	
67	Brewer's Yeast	
68	Cabbage	
69	Cherry	
70	Cinnamon	
71	Coconut	
72	Green Olive	
73	Green Pea	
74	Flax Seed	
75	Lettuce	
76	Onion	
77	Orange	
78	Peach	
79	Pecan	
80	Watermelon	
81	Goat's Milk	
82	Cucumber	
83	Grapes	
84	Lemon	
85	Pineapple	
86	Plum	
87	Soybean	
88	Spinach	

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P88-DAT (IgE/IgG4)
A Targeted Approach to Wellness

| PATIENT INFO	CLINIC INFO
NAME: **Sample Patient** REQUISITION ID: 2305120030 DOB: 2/6/2006 SAMPLE DATE: 5/8/2023 RECEIVE DATE: 5/12/2023 DRAFT DATE: 8/1/2023	**Research And Development** ADDRESS: 135 Sample Lane Sample City, SS 11111 PHONE: (000)-000-0000 FAX: (000)-000-0000

Physician Report: IgE/IgG4 Food Allergies

Dietary Antigen Exposure by Food Group

	IgE	IgG4
Meats, Dairy	LOW	LOW
Poultry	LOW	LOW
Legumes, Beans	LOW	LOW
Fungi	LOW	LOW
Fish	LOW	LOW
Shellfish	MODERATE	MODERATE
Herbs, Spices, Seasonings	LOW	LOW
Grains, Grasses	MODERATE	LOW
Seeds, Nuts	LOW	LOW
Fruits	LOW	LOW
Vegetables	LOW	LOW
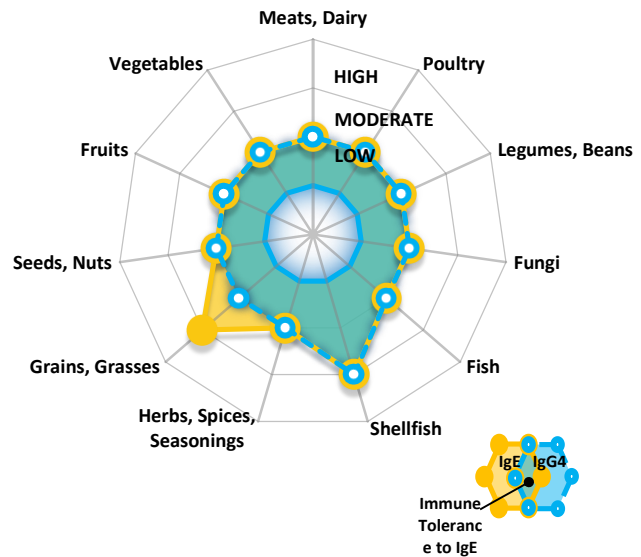
Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summatio n of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) fr om the diet has been shown to reduce the severity of symptoms associated with food allergies.

Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provid es support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulatin g anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

Physician Report: IgE/IgG4 Food Allergies

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

Immune Tolerance denotes that IgG4 is greater than IgE and will block the IgE reaction. That is to say, the patient has gained tolerance to the food.

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE TO IgE
MEATS, DAIRY				
Beef	10.60	MODERATE	89%	
Casein	0.60	LOW	36%	
Cow's Milk	1.08	LOW	44%	YES
Goat's Milk	1.45	LOW	69%	
Pork	0.00		0%	
POULTRY				
Chicken	1.21	LOW	39%	
Egg Albumin	14.94	LOW	54%	YES
Egg Yolk	0.96	LOW	50%	YES
Turkey	0.00		0%	
LEGUMES, BEANS				
Green Pea	0.12		0%	YES
Kidney Bean	0.72	LOW	71%	YES
Lima Bean	1.69	MODERATE	84%	
Navy Bean	4.58	MODERATE	93%	
Peanut	0.60		4%	YES
Soybean	0.96		3%	
String Bean	0.48	LOW	31%	YES
FUNGI				
Aspergillus Mix	1.81	MODERATE	78%	
Brewer's Yeast	0.12		2%	YES
Candida	0.72	LOW	14%	
Mushroom	0.48	LOW	31%	YES
FISH				
Codfish	0.84	LOW	36%	
Flounder	0.84	LOW	44%	
Halibut	2.65	MODERATE	69%	
Salmon	0.60	LOW	0%	
Tuna	0.72	LOW	>99%	
SHELLFISH				
Clam	20.12	HIGH	>99%	
Crab	1.57	LOW	67%	YES
Lobster	1.45	MODERATE	79%	
Scallops	1.21	LOW	58%	
Shrimp	1.33	HIGH	90%	
HERBS, SPICES, SEASONINGS				
Black Pepper	1.81	MODERATE	87%	
Cinnamon	0.00		0%	
Garlic	1.08	LOW	61%	YES
Ginger	0.72	LOW	39%	YES
Hops	3.86	HIGH	96%	
Mustard	1.21	LOW	66%	YES
Vanilla	0.96	LOW	60%	

ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
MEATS, DAIRY			
Beef	1.18	LOW	0%
Casein	0.42		0%
Cow's Milk	1.09	LOW	0%
Goat's Milk	0.67	LOW	0%
Pork	0.92	LOW	0%
POULTRY			
Chicken	0.00		0%
Egg Albumin	15.21	LOW	0%
Egg Yolk	1.01	LOW	0%
Turkey	0.92	LOW	0%
LEGUMES, BEANS			
Green Pea	1.09	LOW	0%
Kidney Bean	0.76	LOW	0%
Lima Bean	0.84	LOW	57%
Navy Bean	1.09	LOW	0%
Peanut	1.43		0%
Soybean	0.50		0%
String Bean	0.67	LOW	0%
FUNGI			
Aspergillus Mix	0.42		0%
Brewer's Yeast	0.84	LOW	0%
Candida	0.00		0%
Mushroom	0.59	LOW	0%
FISH			
Codfish	0.67	LOW	0%
Flounder	0.59	LOW	0%
Halibut	0.67	LOW	0%
Salmon	0.17		0%
Tuna	0.00		0%
SHELLFISH			
Clam	6.81	MODERATE	88%
Crab	36.56	HIGH	>99%
Lobster	0.42	LOW	0%
Scallops	0.00		0%
Shrimp	0.00		0%
HERBS, SPICES, SEASONINGS			
Black Pepper	0.34	LOW	0%
Cinnamon	0.67	LOW	0%
Garlic	38.24	HIGH	>99%
Ginger	0.92	LOW	0%
Hops	0.67	LOW	0%
Mustard	7.40	LOW	55%
Vanilla	0.25		0%

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Physician Report: IgE/IgG4 Food Allergies

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE TO IgE	ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
GRAINS, GRASSES					**GRAINS, GRASSES**			
Barley	0.48	LOW	51%		Barley	0.08		0%
Corn	4.22	HIGH	98%		Corn	1.26	LOW	0%
Gluten	5.78	MODERATE	68%	YES	Gluten	55.88	HIGH	93%
Oat	0.96	MODERATE	85%		Oat	0.84	LOW	0%
Rice	0.96	LOW	75%		Rice	0.92	LOW	66%
Rye	1.33	LOW	58%		Rye	0.84	LOW	0%
Whole Wheat	0.60	LOW	32%		Whole Wheat	0.00		0%
SEEDS, NUTS					**SEEDS, NUTS**			
Almond	0.60	LOW	30%	YES	Almond	1.35	LOW	26%
Cacao	0.36	LOW	22%		Cacao	0.00		0%
Cashew	0.24		5%		Cashew	0.00		0%
Coffee	0.60	LOW	35%		Coffee	0.17		0%
Cottonseed	0.48	LOW	26%	YES	Cottonseed	0.76	LOW	0%
English Walnut	0.72	LOW	51%		English Walnut	0.17		0%
Flax Seed	0.00		0%		Flax Seed	0.00		0%
Pecan	0.24		4%		Pecan	0.00		0%
Sesame	0.48	LOW	59%		Sesame	0.25	LOW	0%
FRUITS					**FRUITS**			
Apple	0.12		2%		Apple	0.08		0%
Avocado	0.24		4%		Avocado	0.00		0%
Banana	0.12		1%	YES	Banana	0.59	LOW	0%
Blueberry	0.96	LOW	40%		Blueberry	0.76	LOW	0%
Cantaloupe	6.75	MODERATE	93%		Cantaloupe	1.35	LOW	0%
Cherry	0.24		6%	YES	Cherry	0.25		0%
Coconut	0.24		5%		Coconut	0.00		0%
Cucumber	0.00		0%		Cucumber	0.25	LOW	0%
Grapefruit	1.08	MODERATE	82%	YES	Grapefruit	29.58	HIGH	97%
Grapes	0.00		0%		Grapes	0.00		0%
Green Olive	0.00		0%		Green Olive	0.00		0%
Green Pepper	0.60	LOW	45%		Green Pepper	0.17		0%
Honeydew	1.08	LOW	60%	YES	Honeydew	1.18	LOW	94%
Lemon	0.00		0%		Lemon	0.00		0%
Orange	0.00		0%		Orange	0.00		0%
Peach	0.00		0%		Peach	0.17		0%
Pear	0.48	LOW	31%		Pear	0.17		0%
Pineapple	0.00		0%		Pineapple	0.00		0%
Plum	0.00		0%		Plum	0.00		0%
Strawberry	0.00		0%		Strawberry	0.67	LOW	0%
Tomato	1.08	MODERATE	79%		Tomato	0.00		0%
Watermelon	0.00		0%		Watermelon	0.84	LOW	0%
Yellow Squash	9.16	MODERATE	89%		Yellow Squash	4.20	MODERATE	85%
VEGETABLES					**VEGETABLES**			
Asparagus	0.96	LOW	52%	YES	Asparagus	1.01	LOW	0%
Broccoli	0.36	LOW	11%		Broccoli	0.17		0%
Cabbage	0.00		0%		Cabbage	0.50	LOW	0%
Carrot	1.69	MODERATE	86%		Carrot	0.17		0%
Cauliflower	0.60	LOW	52%		Cauliflower	0.00		>99%
Celery	0.96	LOW	47%		Celery	0.59	LOW	0%
Lettuce	0.00		0%		Lettuce	0.00		0%
Onion	0.00		0%		Onion	0.00		0%
Spinach	0.12		3%	YES	Spinach	0.92	LOW	0%
Sweet Potato	1.57	MODERATE	76%		Sweet Potato	0.00		0%
Tea	1.08	MODERATE	80%		Tea	0.34	LOW	0%
White Potato	1.69	MODERATE	84%		White Potato	0.25		0%

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P88-DAT (IgG/C3d)

A Targeted Approach to Wellness

Physician Report: IgG/C3d Food Sensitivities

Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	LOW
Poultry	LOW
Legumes, Beans	LOW
Fungi	LOW
Fish	LOW
Shellfish	LOW
Herbs, Spices, Seasonings	LOW
Grains, Grasses	LOW
Seeds, Nuts	LOW
Fruits	LOW
Vegetables	LOW
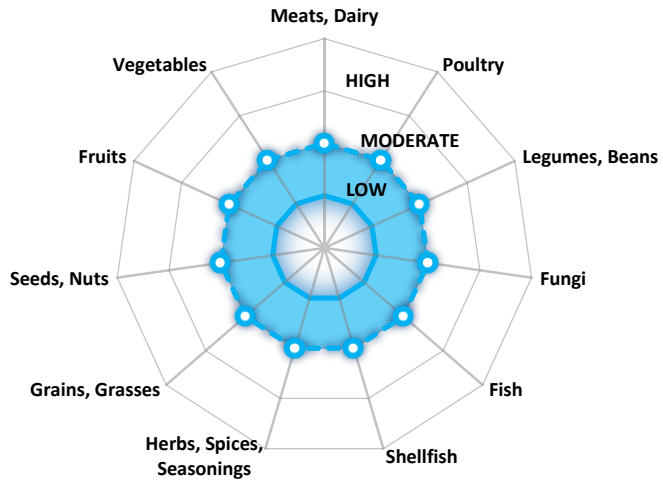
Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summati on of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from th e diet has been shown to reduce the severity of symptoms associated with food allergies.

Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d alone will not provoke significant reactions.

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity	ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
MEATS, DAIRY				**MEATS, DAIRY**			
Beef	0.00		0%	Beef	1.37	LOW	39%
Casein	32.83	LOW	53%	Casein	0.00		0%
Cow's Milk	112.55	LOW	35%	Cow's Milk	0.19		3%
Goat's Milk	0.00		0%	Goat's Milk	0.00		0%
Pork	0.00		0%	Pork	1.69	MODERATE	78%
POULTRY				**POULTRY**			
Chicken	0.00		0%	Chicken	1.08	LOW	68%
Egg Albumin	25.88	LOW	16%	Egg Albumin	2.21	MODERATE	82%
Egg Yolk	0.00		0%	Egg Yolk	3.39	LOW	32%
Turkey	0.00		0%	Turkey	1.98	MODERATE	92%
LEGUMES, BEANS				**LEGUMES, BEANS**			
Green Pea	0.00		0%	Green Pea	0.61	LOW	44%
Kidney Bean	0.00		0%	Kidney Bean	0.85	LOW	64%
Lima Bean	0.00		0%	Lima Bean	0.99	LOW	58%
Navy Bean	0.00		0%	Navy Bean	0.75	LOW	63%
Peanut	0.00		0%	Peanut	2.12	HIGH	95%
Soybean	0.00		0%	Soybean	0.66		0%
String Bean	0.00		0%	String Bean	0.80	LOW	67%
FUNGI				**FUNGI**			
Aspergillus Mix	150.33	LOW	41%	Aspergillus Mix	1.88	LOW	42%
Brewer's Yeast	0.00		0%	Brewer's Yeast	1.04	LOW	48%
Candida	31.67	LOW	18%	Candida	0.71	LOW	28%
Mushroom	24.26	LOW	16%	Mushroom	12.66	LOW	62%
FISH				**FISH**			
Codfish	0.00		0%	Codfish	2.82	MODERATE	95%
Flounder	0.00		0%	Flounder	0.75	LOW	57%
Halibut	0.00		0%	Halibut	0.47	LOW	43%
Salmon	0.00		0%	Salmon	0.71	LOW	70%
Tuna	0.00		0%	Tuna	0.61	LOW	72%
SHELLFISH				**SHELLFISH**			
Clam	29.59	MODERATE	81%	Clam	3.25	HIGH	95%
Crab	0.00		0%	Crab	0.71	LOW	68%
Lobster	0.00		0%	Lobster	1.13	MODERATE	76%
Scallops	0.00		0%	Scallops	0.71	LOW	64%
Shrimp	0.00		0%	Shrimp	0.66	LOW	60%
HERBS, SPICES, SEASONINGS				**HERBS, SPICES, SEASONINGS**			
Black Pepper	6.4		8%	Black Pepper	1.3	LOW	70%
Cinnamon	0.0		0%	Cinnamon	0.2	LOW	51%
Garlic	0.0		0%	Garlic	1.0	MODERATE	77%
Ginger	4.3		4%	Ginger	2.4	MODERATE	77%
Hops	0.0		0%	Hops	0.8	LOW	46%
Mustard	0.0		0%	Mustard	0.8	LOW	66%
Vanilla	54.4	LOW	60%	Vanilla	0.2	LOW	29%

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Physician Report: IgG/C3d Food Sensitivities

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity	ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
GRAINS, GRASSES				**GRAINS, GRASSES**			
Barley	0.00		0%	Barley	2.35	MODERATE	80%
Corn	0.00		0%	Corn	1.18	LOW	71%
Gluten	206.88	LOW	34%	Gluten	0.66	LOW	38%
Oat	0.00		0%	Oat	0.24	LOW	65%
Rice	0.00		0%	Rice	2.49	HIGH	>99%
Rye	0.00		0%	Rye	0.38	LOW	30%
Whole Wheat	0.00		0%	Whole Wheat	0.33	LOW	35%
SEEDS, NUTS				**SEEDS, NUTS**			
Almond	0.00		0%	Almond	1.08	LOW	56%
Cacao	0.00		0%	Cacao	0.71	LOW	68%
Cashew	0.00		0%	Cashew	1.93	MODERATE	87%
Coffee	8.96	LOW	14%	Coffee	4.80	MODERATE	88%
Cottonseed	0.00		0%	Cottonseed	0.75	LOW	69%
English Walnut	14.06	MODERATE	76%	English Walnut	19.01	LOW	63%
Flax Seed	0.00		0%	Flax Seed	0.19	LOW	23%
Pecan	1.08		10%	Pecan	0.38	LOW	62%
Sesame	0.00		0%	Sesame	0.05	LOW	12%
FRUITS				**FRUITS**			
Apple	0.00		0%	Apple	1.08	MODERATE	79%
Avocado	0.00		0%	Avocado	1.55	LOW	17%
Banana	0.00		0%	Banana	1.37	MODERATE	88%
Blueberry	3.17	LOW	14%	Blueberry	5.69	LOW	61%
Cantaloupe	0.00		0%	Cantaloupe	0.66	LOW	45%
Cherry	0.00		0%	Cherry	0.71	LOW	50%
Coconut	0.00		0%	Coconut	0.57	LOW	67%
Cucumber	0.00		0%	Cucumber	0.00		0%
Grapefruit	30.51	MODERATE	83%	Grapefruit	0.38	MODERATE	84%
Grapes	0.00		0%	Grapes	0.00		0%
Green Olive	0.00		0%	Green Olive	0.19	LOW	34%
Green Pepper	0.00		0%	Green Pepper	0.38	LOW	52%
Honeydew	5.95	MODERATE	86%	Honeydew	0.19	LOW	13%
Lemon	0.00		0%	Lemon	0.00		0%
Orange	0.00		0%	Orange	0.05	LOW	18%
Peach	0.00		0%	Peach	0.71	LOW	67%
Pear	0.00		0%	Pear	0.33	LOW	48%
Pineapple	0.00		0%	Pineapple	0.00		0%
Plum	0.00		0%	Plum	0.05		7%
Strawberry	0.00		0%	Strawberry	1.98	HIGH	97%
Tomato	0.00		0%	Tomato	0.00		0%
Watermelon	0.00		0%	Watermelon	0.24	LOW	30%
Yellow Squash	3.17	LOW	22%	Yellow Squash	3.01	LOW	39%
VEGETABLES				**VEGETABLES**			
Asparagus	18.93	LOW	28%	Asparagus	1.79	MODERATE	79%
Broccoli	0.00		0%	Broccoli	1.04	LOW	65%
Cabbage	0.00		0%	Cabbage	0.89		12%
Carrot	0.00		0%	Carrot	1.22	MODERATE	85%
Cauliflower	0.00		0%	Cauliflower	0.19	LOW	41%
Celery	0.00		0%	Celery	0.89	LOW	58%
Lettuce	0.00		0%	Lettuce	0.47	LOW	50%
Onion	0.00		0%	Onion	0.24	LOW	58%
Spinach	0.00		0%	Spinach	0.14		6%
Sweet Potato	0.00		0%	Sweet Potato	8.85	MODERATE	92%
Tea	11.97	LOW	56%	Tea	0.09	LOW	28%
White Potato	0.00		0%	White Potato	10.54	MODERATE	78%

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Physican Report: Biogenic Compounds List

This table shows grouping of reactions based on IgE, IgG and C3d in categories that are generally considered nonimmunogenic. If many reactions show up in a column, this may provide evidence to consider diets that remove foods that are high in these biogenic compounds, even those not included on this test, because the immune system has a pattern of reacting to foods in this category.

DIETARY ANTIGEN	Oxalates	Amines	Glutamate	Histamine	Lectins	Nitrite	FOD-MAP	Phenol	Salicylates
Almond									
Apple							M	M	
Asparagus							M		
Avocado									
Banana							M		
Barley							M		
Blueberry									
Broccoli									
Cabbage									
Casein									
Cashew							M		
Cauliflower									
Celery									
Coconut									
Coffee	M								
Corn			H						
Grapefruit							H		
Kidney Bean									
Lettuce									
Mushroom									
Navy Bean	M			M	M		M		
Onion									
Orange									
Peach									
Peanut					H			H	
Pear									
Pineapple									
Plum									
Shrimp				H					
Soybean									
Spinach									
Strawberry									H
Tea	M								
Tomato		M	M	M	M			M	M
Turkey								M	
Watermelon									
White Potato					M				
Whole Wheat									

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