



PRECISION POINT DIAGNOSTICS

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P88-DIY Dietary Antigen Test

A Targeted Approach to Wellness



P88 Guide

PATIENT INFO

NAME: **Sample Patient**
 REQUISITION ID: 2307270051
 DOB: 2/6/2006
 SAMPLE DATE: 5/8/2023
 RECEIVE DATE: 5/12/2023
 DRAFT DATE: 8/15/2023

CLINIC INFO

Research And Development
 ADDRESS: 135 Sample Lane
 Sample City, SS 11111
 PHONE: (000)-000-0000
 FAX: (000)-000-0000

Patient Report: Summary

DIETARY ANTIGEN	ALLERGY			SENSITIVITY	
	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Almond		LOW			LOW
Apple				LOW	LOW
Asparagus		MODERATE		MODERATE	MODERATE
Aspergillus Mix				LOW	LOW
Avocado	LOW			LOW	
Banana					LOW
Barley	MODERATE			MODERATE	MODERATE
Beef		MODERATE		HIGH	LOW
Black Pepper				LOW	MODERATE
Blueberry	MODERATE	MODERATE		HIGH	LOW
Brewer's Yeast					LOW
Broccoli	LOW			LOW	LOW
Cabbage					
Cacao	LOW			LOW	LOW
Candida	LOW			LOW	LOW
Cantaloupe		LOW		MODERATE	MODERATE
Carrot				HIGH	MODERATE
Casein		LOW		LOW	
Cashew				HIGH	LOW
Cauliflower	LOW				LOW
Celery		LOW		MODERATE	MODERATE
Cherry				MODERATE	LOW
Chicken	LOW			LOW	
Cinnamon					LOW
Clam	MODERATE	LOW		HIGH	HIGH
Coconut	LOW				LOW
Codfish		LOW		MODERATE	MODERATE
Coffee		HIGH		MODERATE	HIGH
Corn		LOW		HIGH	MODERATE
Cottonseed				MODERATE	LOW
Cow's Milk	LOW	LOW	YES	LOW	
Crab	LOW			HIGH	
Cucumber					LOW
Egg Albumin	LOW	MODERATE	YES	HIGH	HIGH
Egg Yolk		MODERATE		MODERATE	LOW
English Walnut	MODERATE	HIGH	YES	HIGH	LOW
Flax Seed	LOW			MODERATE	
Flounder		LOW		MODERATE	LOW

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PATIENT NAME:

Sample Patient

REQUISITION ID:

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8/15/2023

Patient Report: Summary

DIETARY ANTIGEN	ALLERGY			SENSITIVITY	
	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Garlic		MODERATE		MODERATE	LOW
Ginger		MODERATE		LOW	LOW
Gluten	MODERATE	HIGH	YES	MODERATE	LOW
Goat's Milk		LOW			
Grapefruit				LOW	LOW
Grapes				HIGH	
Green Olive	LOW				LOW
Green Pea	LOW	MODERATE	YES	MODERATE	MODERATE
Green Pepper		LOW	YES		LOW
Halibut		LOW			MODERATE
Honeydew	LOW	LOW			MODERATE
Hops	LOW	LOW	YES	LOW	LOW
Kidney Bean				MODERATE	MODERATE
Lemon				MODERATE	
Lettuce					LOW
Lima Bean	LOW	LOW	YES	MODERATE	MODERATE
Lobster		LOW		LOW	LOW
Mushroom	MODERATE	HIGH	YES	HIGH	LOW
Mustard		LOW		HIGH	MODERATE
Navy Bean	MODERATE			MODERATE	LOW
Oat					LOW
Onion		LOW			MODERATE
Orange	LOW				
Peach		LOW		MODERATE	LOW
Peanut	LOW	HIGH	YES	HIGH	MODERATE
Pear					LOW
Pecan	LOW			HIGH	LOW
Pineapple					LOW
Plum	LOW				
Pork	LOW	LOW	YES	HIGH	MODERATE
Rice	MODERATE	LOW		MODERATE	LOW
Rye		MODERATE		MODERATE	MODERATE
Salmon				MODERATE	LOW
Scallops	LOW			HIGH	
Sesame				LOW	LOW
Shrimp				HIGH	LOW
Soybean		LOW		LOW	
Spinach	LOW	MODERATE	YES	HIGH	MODERATE
Strawberry	LOW	LOW	YES		LOW
String Bean		LOW		LOW	LOW
Sweet Potato	MODERATE	LOW		HIGH	MODERATE
Tea				MODERATE	LOW
Tomato				HIGH	LOW
Tuna	LOW	LOW			MODERATE
Turkey	LOW	LOW	YES	HIGH	LOW
Vanilla	MODERATE	LOW		LOW	LOW
Watermelon	MODERATE	LOW		HIGH	MODERATE
White Potato	LOW	LOW	YES	MODERATE	LOW
Whole Wheat	MODERATE	MODERATE		HIGH	
Yellow Squash	LOW	LOW		LOW	LOW

Reference Range	High	Medium	Low	Normal
Increased Prevalence	> 10%	> = 50-90%	> 10-50%	< 10%
Average Prevalence	>Top 5%	> =75-95%	> 10-75%	< 10%

Reference Range is based on how reactive a person is compared to population distribution.
 Increased Prevalence: Foods that more people have a reaction to including dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs.
 Average Prevalence: All other foods.

* Immune Tolerance is based upon the absolute (Abs) value of IgG4 compared to the absolute value of IgE.

This is different from percent reactivity which is given in the summary page to easily see which foods are the most reactive. Find absolute values for each food in the references range on the test results between pages 6-12.

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2307270051

DRAFT DATE:

8/15/2023

Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG and/or High IgE foods

Rotate: Moderate IgG with High, Moderate, or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
<p>These foods produce no immune reaction within your system at this time.</p>	<p>These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.</p>	<p>Remove these foods entirely from your diet.</p>	<p>Remove at Provider's Discretion</p>
<p>Almond Apple Aspergillus Mix Avocado Banana Black Pepper Brewer's Yeast Broccoli Cabbage Cacao Candida Casein Cauliflower Chicken Cinnamon Coconut Cow's Milk Cucumber Flax Seed Ginger Goat's Milk Grapefruit Green Olive Green Pepper Halibut Honeydew Hops Lemon Lettuce Lobster Oat Onion Orange Pear Pineapple Plum Sesame Soybean Strawberry String Bean Tuna Vanilla Yellow Squash</p>	<p>Asparagus Cantaloupe Celery Cherry Codfish Cottonseed Egg Yolk Flounder Garlic Green Pea Kidney Bean Lima Bean Navy Bean Peach Rice Salmon Tea White Potato</p>	<p>Beef Blueberry Carrot Cashew Clam Coffee Corn Crab Egg Albumin English Walnut Grapes Mushroom Mustard Peanut Pecan Pork Scallops Shrimp Spinach Sweet Potato Tomato Turkey Watermelon</p>	<p>Gluten Barley Rye Whole Wheat</p>

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PATIENT NAME:

Sample Patient

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DRAFT DATE:

8/15/2023

Patient Report: More Restrictive Diet

Criteria for Logic of More Restrictive Diet

Eliminate: High and Moderate IgE and/or IgG

Rotate: Low IgG with High, Moderate or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Almond Avocado Banana Brewer's Yeast Cabbage Casein Cauliflower Chicken Cinnamon Coconut Cow's Milk Cucumber Goat's Milk Green Olive Green Pepper Halibut Honeydew Lettuce Oat Onion Orange Pear Pineapple Plum Soybean Strawberry Tuna	Apple Aspergillus Mix Black Pepper Broccoli Cacao Candida Grapefruit Hops Lobster Sesame String Bean Yellow Squash	Asparagus Barley Beef Blueberry Cantaloupe Carrot Cashew Celery Cherry Clam Codfish Coffee Corn Cottonseed Crab Egg Albumin Egg Yolk English Walnut Flax Seed Flounder Garlic Gluten Grapes Green Pea Kidney Bean Lemon Lima Bean Mushroom Mustard Navy Bean Peach Peanut Pecan Pork Rice Rye Salmon Scallops Shrimp Spinach Sweet Potato Tea Tomato Turkey	Vanilla Watermelon White Potato Whole Wheat Ginger

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Patient Report: Immune Index

The Immune Index is a calculation in which IgE, IgG, C3d are added together to show cumulative reactivity. If IgG4 is greater than IgE it blocks the reaction and IgE is not added into cumulative inflammatory formula. This is used to highlight foods that are creating multiple immune reactions.

Rank	DIETARY ANTIGEN	Immune Index
1	Clam	HIGH
2	Egg Albumin	HIGH
3	English Walnut	HIGH
4	Mushroom	HIGH
5	Peanut	HIGH
6	Sweet Potato	HIGH
7	Watermelon	HIGH
8	Barley	MODERATE
9	Blueberry	MODERATE
10	Gluten	MODERATE
11	Pork	MODERATE
12	Spinach	MODERATE
13	Coffee	MODERATE
14	Green Pea	MODERATE
15	Navy Bean	MODERATE
16	Pecan	MODERATE
17	Lima Bean	MODERATE
18	Rice	MODERATE
19	Turkey	MODERATE
20	Carrot	MODERATE
21	Corn	MODERATE
22	Mustard	MODERATE
23	Vanilla	MODERATE
24	White Potato	MODERATE
25	Whole Wheat	MODERATE
26	Asparagus	LOW
27	Cashew	LOW
28	Beef	LOW
29	Broccoli	LOW
30	Cacao	LOW
31	Candida	LOW
32	Cantaloupe	LOW
33	Celery	LOW
34	Codfish	LOW
35	Crab	LOW
36	Kidney Bean	LOW
37	Hops	LOW
38	Rye	LOW
39	Scallops	LOW
40	Shrimp	LOW
41	Yellow Squash	LOW
42	Tomato	LOW
43	Black Pepper	LOW
44	Cherry	LOW

Rank	DIETARY ANTIGEN	Immune Index
45	Cottonseed	LOW
46	Egg Yolk	LOW
47	Flounder	LOW
48	Garlic	LOW
49	Honeydew	LOW
50	Flax Seed	LOW
51	Peach	LOW
52	Salmon	LOW
53	Tea	LOW
54	Tuna	LOW
55	Apple	LOW
56	Aspergillus Mix	LOW
57	Avocado	LOW
58	Chicken	LOW
59	Coconut	LOW
60	Cauliflower	LOW
61	Grapefruit	LOW
62	Grapes	LOW
63	Green Olive	LOW
64	Ginger	LOW
65	Lobster	LOW
66	Sesame	LOW
67	Strawberry	LOW
68	String Bean	LOW
69	Cow's Milk	LOW
70	Halibut	LOW
71	Lemon	LOW
72	Onion	LOW
73	Almond	
74	Banana	
75	Brewer's Yeast	
76	Cinnamon	
77	Cucumber	
78	Green Pepper	
79	Lettuce	
80	Oat	
81	Orange	
82	Pear	
83	Pineapple	
84	Plum	
85	Soybean	
86	Casein	
87	Cabbage	
88	Goat's Milk	

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P88-DIY (IgE/IgG4)

A Targeted Approach to Wellness

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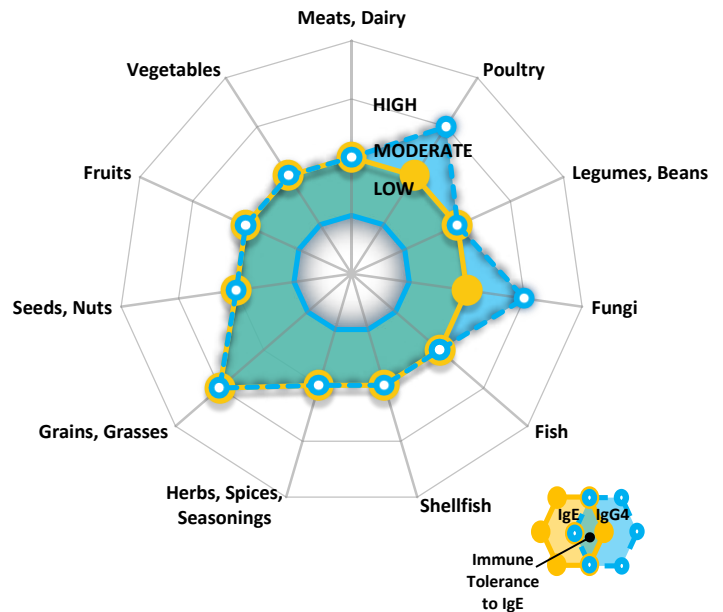
CLINIC INFO

Research And Development
ADDRESS: 135 Sample Lane
Sample City, SS 11111
PHONE: (000)-000-0000
FAX: (000)-000-0000

Physician Report: IgE/IgG4 Food Allergies

Dietary Antigen Exposure by Food Group

	IgE	IgG4
Meats, Dairy	LOW	LOW
Poultry	LOW	MODERATE
Legumes, Beans	LOW	LOW
Fungi	LOW	MODERATE
Fish	LOW	LOW
Shellfish	LOW	LOW
Herbs, Spices,	LOW	LOW
Grains, Grasses	MODERATE	MODERATE
Seeds, Nuts	LOW	LOW
Fruits	LOW	LOW
Vegetables	LOW	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provides support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulating anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

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Sample Patient

REQUISITION ID:

2307270051

DRAFT DATE:

8/15/2023

Physician Report: IgE/IgG4 Food Allergies

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

Immune Tolerance denotes that IgG4 is greater than IgE and will block the IgE reaction. That is to say, the patient has gained tolerance to the food.

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE
MEATS, DAIRY				
Beef	0.00		0%	
Casein	0.00		0%	
Cow's Milk	0.76	LOW	52%	YES
Goat's Milk	0.00		0%	
Pork	0.48	LOW	43%	YES
POULTRY				
Chicken	0.91	LOW	47%	
Egg Albumin	18.53	LOW	73%	YES
Egg Yolk	0.00		0%	
Turkey	0.62	LOW	36%	YES
LEGUMES, BEANS				
Green Pea	0.19	LOW	11%	YES
Kidney Bean	0.00		0%	
Lima Bean	0.19	LOW	14%	YES
Navy Bean	3.34	MODERATE	86%	
Peanut	1.19	LOW	44%	YES
Soybean	8.93		10%	
String Bean	0.76		10%	
FUNGI				
Aspergillus Mix	0.00		0%	
Brewer's Yeast	0.00		0%	
Candida	0.76	LOW	44%	
Mushroom	3.92	MODERATE	94%	YES
FISH				
Codfish	0.00		0%	
Flounder	0.00		0%	
Halibut	0.00		0%	
Salmon	0.00		0%	
Tuna	1.05	LOW	75%	
SHELLFISH				
Garlic	0.00		0%	
Ginger	0.00		0%	
Hops	0.33	LOW	24%	YES
Mustard	0.00		0%	
Vanilla	2.20	MODERATE	95%	
HERBS, SPICES, SEASONINGS				
Black Pepper	0.00		0%	
Cinnamon	0.00		0%	
Garlic	0.00		0%	
Ginger	0.00		0%	
Hops	0.33	LOW	24%	YES
Mustard	0.00		0%	
Vanilla	2.20	MODERATE	95%	

ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
MEATS, DAIRY			
Beef	2.92	MODERATE	91%
Casein	1.31	LOW	50%
Cow's Milk	3.09	LOW	70%
Goat's Milk	0.20	LOW	14%
Pork	1.09	LOW	62%
POULTRY			
Chicken	0.00		0%
Egg Albumin	29.28	MODERATE	81%
Egg Yolk	6.86	MODERATE	81%
Turkey	0.81	LOW	55%
LEGUMES, BEANS			
Green Pea	1.76	MODERATE	85%
Kidney Bean	0.00		0%
Lima Bean	0.20	LOW	19%
Navy Bean	0.00		0%
Peanut	4.48	HIGH	98%
Soybean	5.14	LOW	14%
String Bean	0.15	LOW	12%
FUNGI			
Aspergillus Mix	0.00		0%
Brewer's Yeast	0.00		0%
Candida	0.00		0%
Mushroom	4.87	HIGH	>99%
FISH			
Codfish	0.98	LOW	62%
Flounder	0.48	LOW	37%
Halibut	0.37	LOW	38%
Salmon	0.00		0%
Tuna	0.59	LOW	52%
SHELLFISH			
Garlic	1.757	MODERATE	85%
Ginger	1.48	MODERATE	74%
Hops	1.15	LOW	71%
Mustard	18.35	LOW	72%
Vanilla	0.54	LOW	49%
HERBS, SPICES, SEASONINGS			
Black Pepper	0.00		0%
Cinnamon	0.00		0%
Garlic	1.76	MODERATE	85%
Ginger	1.48	MODERATE	74%
Hops	1.15	LOW	71%
Mustard	18.35	LOW	72%
Vanilla	0.54	LOW	49%

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Sample Patient

REQUISITION ID:

2307270051

DRAFT DATE:

8/15/2023

Physician Report: IgE/IgG4 Food Allergies

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE
GRAINS, GRASSES				
Barley	0.91	MODERATE	78%	
Corn	0.00		0%	
Gluten	7.21	MODERATE	79%	YES
Oat	0.00		0%	
Rice	0.76	MODERATE	76%	
Rye	0.00		0%	
Whole Wheat	1.62	MODERATE	84%	
SEEDS, NUTS				
Almond	0.00		0%	
Cacao	0.19	LOW	35%	
Cashew	0.00		0%	
Coffee	0.00		0%	
Cottonseed	0.00		0%	
English Walnut	2.48	MODERATE	94%	YES
Flax Seed	0.76	LOW	44%	
Pecan	0.91	LOW	64%	
Sesame	0.00		0%	
FRUITS				
Apple	0.00		0%	
Avocado	0.62	LOW	21%	
Banana	0.00		0%	
Blueberry	2.05	MODERATE	84%	
Cantaloupe	0.00		0%	
Cherry	0.00		0%	
Coconut	0.19	LOW	17%	
Cucumber	0.00		0%	
Grapefruit	0.00		0%	
Grapes	0.00		0%	
Green Olive	0.91	LOW	60%	
Green Pepper	0.05		6%	YES
Honeydew	0.76	LOW	58%	
Lemon	0.00		0%	
Orange	0.33	LOW	42%	
Peach	0.00		0%	
Pear	0.00		0%	
Pineapple	0.00		0%	
Plum	0.62	LOW	70%	
Strawberry	0.33	LOW	26%	YES
Tomato	0.00		0%	
Watermelon	2.91	MODERATE	92%	
Yellow Squash	8.21	LOW	73%	
VEGETABLES				
Asparagus	0.00		0%	
Broccoli	0.76	LOW	40%	
Cabbage	0.00		0%	
Carrot	0.00		0%	
Cauliflower	0.05	LOW	13%	
Celery	0.00		0%	
Lettuce	0.05		3%	
Onion	0.00		0%	
Spinach	0.19	LOW	18%	YES
Sweet Potato	1.91	MODERATE	85%	
Tea	0.00		0%	
White Potato	0.62	LOW	34%	YES

ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
GRAINS, GRASSES			
Barley	0.09		8%
Corn	0.59	LOW	49%
Gluten	34.44	HIGH	98%
Oat	0.00		0%
Rice	0.76	LOW	68%
Rye	1.20	MODERATE	75%
Whole Wheat	0.98	MODERATE	74%
SEEDS, NUTS			
Almond	0.93	LOW	48%
Cacao	0.00		0%
Cashew	0.04		4%
Coffee	1.98	HIGH	95%
Cottonseed	0.00		0%
English Walnut	2.92	HIGH	97%
Flax Seed	0.00		0%
Pecan	0.00		0%
Sesame	0.00		0%
FRUITS			
Apple	0.00		0%
Avocado	0.00		0%
Banana	0.00		0%
Blueberry	1.92	MODERATE	86%
Cantaloupe	0.59	LOW	39%
Cherry	0.00		0%
Coconut	0.00		0%
Cucumber	0.00		0%
Grapefruit	0.00		0%
Grapes	0.00		0%
Green Olive	0.00		0%
Green Pepper	0.20	LOW	36%
Honeydew	0.26	LOW	27%
Lemon	0.00		0%
Orange	0.00		0%
Peach	0.43	LOW	45%
Pear	0.00		0%
Pineapple	0.00		0%
Plum	0.00		0%
Strawberry	0.65	LOW	55%
Tomato	0.00		0%
Watermelon	0.76	LOW	55%
Yellow Squash	2.42	LOW	24%
VEGETABLES			
Asparagus	1.65	MODERATE	82%
Broccoli	0.00		0%
Cabbage	0.00		0%
Carrot	0.04		5%
Cauliflower	0.00		0%
Celery	0.37	LOW	34%
Lettuce	0.00		0%
Onion	0.43	LOW	66%
Spinach	1.15	MODERATE	77%
Sweet Potato	0.65	LOW	56%
Tea	0.00		0%
White Potato	1.04	LOW	66%

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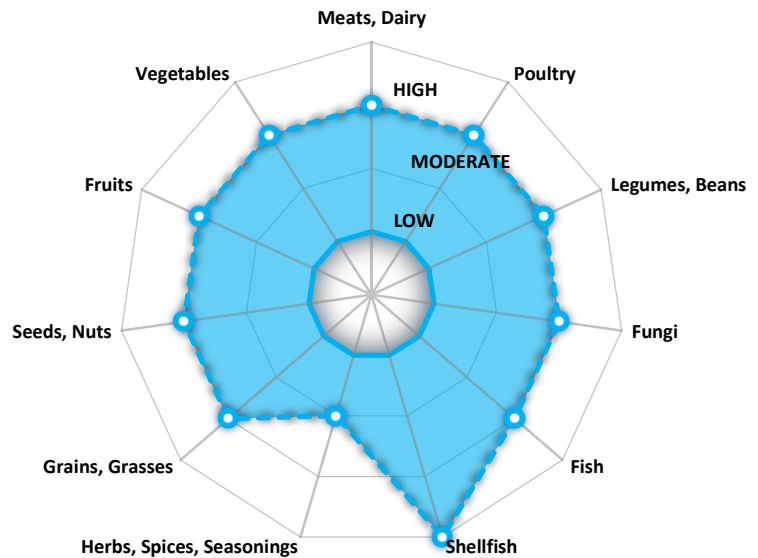
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 ADDRESS: 135 Sample Lane
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 PHONE: (000)-000-0000
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Physician Report: IgG/C3d Food Sensitivities

Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	MODERATE
Poultry	MODERATE
Legumes, Beans	MODERATE
Fungi	MODERATE
Fish	MODERATE
Shellfish	HIGH
Herbs, Spices,	LOW
Grains, Grasses	MODERATE
Seeds, Nuts	MODERATE
Fruits	MODERATE
Vegetables	MODERATE



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

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Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
MEATS, DAIRY			
Beef	36.49	HIGH	98%
Casein	8.29	LOW	58%
Cow's Milk	97.71	LOW	65%
Goat's Milk	0.00		0%
Pork	38.34	HIGH	98%
POULTRY			
Chicken	3.46	LOW	63%
Egg Albumin	117.75	HIGH	96%
Egg Yolk	20.90	MODERATE	82%
Turkey	14.22	HIGH	97%
LEGUMES, BEANS			
Green Pea	12.00	MODERATE	92%
Kidney Bean	8.29	MODERATE	75%
Lima Bean	14.22	MODERATE	91%
Navy Bean	15.34	MODERATE	83%
Peanut	12.37	HIGH	89%
Soybean	24.61	LOW	57%
String Bean	2.72	LOW	21%
FUNGI			
Aspergillus Mix	19.42	LOW	28%
Brewer's Yeast	0.00		0%
Candida	88.44	LOW	58%
Mushroom	87.69	HIGH	96%
FISH			
Codfish	4.95	MODERATE	81%
Flounder	14.22	MODERATE	89%
Halibut	0.00		0%
Salmon	6.06	MODERATE	80%
Tuna	0.00		0%
SHELLFISH			
Clam	33.89	HIGH	97%
Crab	9.77	HIGH	94%
Lobster	2.72	LOW	65%
Scallops	9.03	HIGH	98%
Shrimp	6.43	HIGH	94%
HERBS, SPICES, SEASONINGS			
Black Pepper	12.74	LOW	52%
Cinnamon	0.00		0%
Garlic	4.21	MODERATE	86%
Ginger	9.40	LOW	50%
Hops	4.58	LOW	70%
Mustard	44.65	HIGH	97%
Vanilla	16.82	LOW	65%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
MEATS, DAIRY			
Beef	0.60	LOW	46%
Casein	0.00		0%
Cow's Milk	0.00		0%
Goat's Milk	0.00		0%
Pork	1.09	MODERATE	81%
POULTRY			
Chicken	0.02		3%
Egg Albumin	4.08	HIGH	96%
Egg Yolk	0.49	LOW	53%
Turkey	0.47	LOW	62%
LEGUMES, BEANS			
Green Pea	0.82	MODERATE	84%
Kidney Bean	0.31	MODERATE	78%
Lima Bean	0.67	MODERATE	82%
Navy Bean	0.36	LOW	54%
Peanut	1.13	MODERATE	84%
Soybean	2.33		0%
String Bean	0.38	LOW	70%
FUNGI			
Aspergillus Mix	0.11	LOW	29%
Brewer's Yeast	0.07	LOW	25%
Candida	0.07	LOW	14%
Mushroom	8.04	LOW	69%
FISH			
Codfish	0.38	MODERATE	75%
Flounder	0.33	LOW	64%
Halibut	0.82	MODERATE	88%
Salmon	0.09	LOW	23%
Tuna	0.53	MODERATE	83%
SHELLFISH			
Clam	2.42	HIGH	96%
Crab	0.02		5%
Lobster	0.29	LOW	61%
Scallops	0.02		6%
Shrimp	0.07	LOW	20%
HERBS, SPICES, SEASONINGS			
Black Pepper	0.51	MODERATE	75%
Cinnamon	0.13	LOW	51%
Garlic	0.16	LOW	38%
Ginger	0.62	LOW	68%
Hops	0.47	LOW	65%
Mustard	0.47	MODERATE	77%
Vanilla	0.24	LOW	57%

This test has been developed and its performance characteristics determined by Precision Point Diagnostics. It has not been cleared by the U.S. Food and Drug Administration.

PATIENT NAME:

Sample Patient

REQUISITION ID:

2307270051

DRAFT DATE:

8/15/2023

Physician Report: IgG/C3d Food Sensitivities

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
GRAINS, GRASSES			
Barley	11.26	MODERATE	74%
Corn	39.46	HIGH	99%
Gluten	393.82	MODERATE	76%
Oat	0.00		0%
Rice	4.21	MODERATE	87%
Rye	10.14	MODERATE	94%
Whole Wheat	14.22	HIGH	98%
SEEDS, NUTS			
Almond	0.12		0%
Cacao	1.98	LOW	17%
Cashew	42.42	HIGH	97%
Coffee	28.70	MODERATE	82%
Cottonseed	8.66	MODERATE	78%
English Walnut	66.91	HIGH	99%
Flax Seed	12.00	MODERATE	91%
Pecan	6.43	HIGH	97%
Sesame	1.61	LOW	45%
FRUITS			
Apple	0.50	LOW	14%
Avocado	17.56	LOW	57%
Banana	0.00		0%
Blueberry	54.30	HIGH	99%
Cantaloupe	4.95	MODERATE	85%
Cherry	3.83	MODERATE	86%
Coconut	0.00		0%
Cucumber	0.00		0%
Grapefruit	1.98	LOW	60%
Grapes	6.80	HIGH	96%
Green Olive	0.00		0%
Green Pepper	0.00		0%
Honeydew	0.00		0%
Lemon	1.98	MODERATE	79%
Orange	0.00		0%
Peach	3.83	MODERATE	83%
Pear	0.00		0%
Pineapple	0.12		8%
Plum	0.00		0%
Strawberry	0.12		10%
Tomato	26.10	HIGH	95%
Watermelon	14.60	HIGH	96%
Yellow Squash	25.36	LOW	62%
VEGETABLES			
Asparagus	12.00	MODERATE	79%
Broccoli	2.35	LOW	46%
Cabbage	0.00		0%
Carrot	8.66	HIGH	95%
Cauliflower	0.00		0%
Celery	5.69	MODERATE	86%
Lettuce	0.00		0%
Onion	0.00		0%
Spinach	8.66	HIGH	95%
Sweet Potato	45.02	HIGH	98%
Tea	3.09	MODERATE	74%
White Potato	45.76	MODERATE	94%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
GRAINS, GRASSES			
Barley	0.80	MODERATE	89%
Corn	0.56	MODERATE	86%
Gluten	0.24	LOW	29%
Oat	0.11	LOW	42%
Rice	0.31	LOW	70%
Rye	0.36	MODERATE	75%
Whole Wheat	0.04		6%
SEEDS, NUTS			
Almond	0.69	LOW	68%
Cacao	0.11	LOW	42%
Cashew	0.20	LOW	26%
Coffee	2.22	HIGH	95%
Cottonseed	0.11	LOW	35%
English Walnut	12.21	LOW	71%
Flax Seed	0.00		0%
Pecan	0.09	LOW	23%
Sesame	0.13	LOW	56%
FRUITS			
Apple	0.20	LOW	46%
Avocado	0.29		1%
Banana	0.09	LOW	33%
Blueberry	2.82	LOW	55%
Cantaloupe	0.49	MODERATE	76%
Cherry	0.16	LOW	44%
Coconut	0.16	LOW	29%
Cucumber	0.02	LOW	22%
Grapefruit	0.18	LOW	68%
Grapes	0.00		0%
Green Olive	0.13	LOW	27%
Green Pepper	0.29	LOW	70%
Honeydew	0.36	MODERATE	77%
Lemon	0.00		0%
Orange	0.04		6%
Peach	0.24	LOW	59%
Pear	0.11	LOW	31%
Pineapple	0.09	LOW	40%
Plum	0.04		9%
Strawberry	0.31	LOW	63%
Tomato	0.16	LOW	45%
Watermelon	0.58	MODERATE	81%
Yellow Squash	4.57	LOW	45%
VEGETABLES			
Asparagus	1.04	MODERATE	90%
Broccoli	0.24	LOW	37%
Cabbage	0.27		0%
Carrot	0.40	MODERATE	81%
Cauliflower	0.29	LOW	69%
Celery	0.42	MODERATE	75%
Lettuce	0.13	LOW	25%
Onion	0.40	MODERATE	81%
Spinach	0.49	MODERATE	77%
Sweet Potato	4.20	MODERATE	78%
Tea	0.09	LOW	48%
White Potato	3.86	LOW	60%

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2307270051

DRAFT DATE:

8/15/2023

Physician Report: Biogenic Compounds List

This table shows grouping of reactions based on IgE, IgG and C3d in categories that are generally considered nonimmunogenic. If many reactions show up in a column, this may provide evidence to consider diets that remove foods that are high in these biogenic compounds, even those not included on this test, because the immune system has a pattern of reacting to foods in this category.

DIETARY ANTIGEN	Oxalates	Amines	Glutamate	Histamine	Lectins	Nitrite	FOD-MAP	Phenol	Salicylates
Almond									
Apple									
Asparagus							M		
Avocado									
Banana									
Barley							M		
Blueberry	H								
Broccoli									
Cabbage									
Casein									
Cashew							H		
Cauliflower									
Celery						M			
Coconut									
Coffee	H								
Corn			H						
Grapefruit									
Kidney Bean	M			M	M		M		
Lettuce									
Mushroom			H				H		
Navy Bean	M			M	M		M		
Onion							M	M	
Orange									
Peach							M		
Peanut					H			H	
Pear									
Pineapple									
Plum									
Shrimp				H					
Soybean									
Spinach	H					H			
Strawberry									
Tea	M								
Tomato		H	H	H	H			H	H
Turkey								H	
Watermelon							H		
White Potato					M				
Whole Wheat	H						H		



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