



PRECISION POINT
DIAGNOSTICS

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P88-DIY (IgG/C3d)

A Targeted Approach to Wellness



PATIENT INFO

NAME: **Patient Sample**
REQUISITION ID: DIY2310100004
DOB: 1/1/1971
SAMPLE DATE: 3/1/2021
RECEIVE DATE: 3/5/2021
DRAFT DATE: 10/17/2023

CLINIC INFO

Sample Clinic
ADDRESS: 121 Sample Lane
Sample City, SS 10101

PHONE: (000)123-4567
FAX: (000)-123-4567

Summary

DIETARY ANTIGEN	IgG	C3d
Almond	LOW	LOW
Apple		
Asparagus		LOW
Aspergillus Mix	MODERATE	
Avocado	LOW	LOW
Banana	LOW	
Barley	LOW	MODERATE
Beef	HIGH	LOW
Black Pepper		
Blueberry	MODERATE	LOW
Brewer's Yeast		
Broccoli	HIGH	
Cabbage		
Cacao	LOW	
Candida	LOW	
Cantaloupe		
Carrot	LOW	
Casein		
Cashew		
Cauliflower		
Celery		LOW
Cherry		
Chicken	MODERATE	
Cinnamon	LOW	
Clam	HIGH	MODERATE
Coconut		LOW
Codfish	LOW	
Coffee		
Corn		LOW
Cottonseed		
Cow's Milk		
Crab	MODERATE	
Cucumber		
Egg Albumin	HIGH	HIGH
Egg Yolk		
English Walnut		LOW
Flax Seed	MODERATE	
Flounder		
Garlic		
Ginger	LOW	LOW
Gluten	LOW	
Goat's Milk		
Grapefruit	LOW	
Grapes		

DIETARY ANTIGEN	IgG	C3d
Green Olive		
Green Pea	LOW	LOW
Green Pepper	LOW	
Halibut		MODERATE
Honeydew		
Hops		
Kidney Bean	LOW	
Lemon		
Lettuce		
Lima Bean	LOW	LOW
Lobster	LOW	LOW
Mushroom	LOW	LOW
Mustard	LOW	
Navy Bean	LOW	
Oat	LOW	
Onion		
Orange	LOW	
Peach	HIGH	
Peanut	LOW	LOW
Pear		
Pecan	MODERATE	
Pineapple		
Plum		
Pork	LOW	
Rice	LOW	
Rye		
Salmon		
Scallops	HIGH	
Sesame	LOW	
Shrimp		
Soybean	HIGH	
Spinach		LOW
Strawberry	MODERATE	
String Bean		
Sweet Potato	LOW	LOW
Tea	MODERATE	
Tomato		
Tuna	LOW	MODERATE
Turkey	MODERATE	LOW
Vanilla	LOW	
Watermelon	LOW	LOW
White Potato		MODERATE
Whole Wheat	HIGH	
Yellow Squash		

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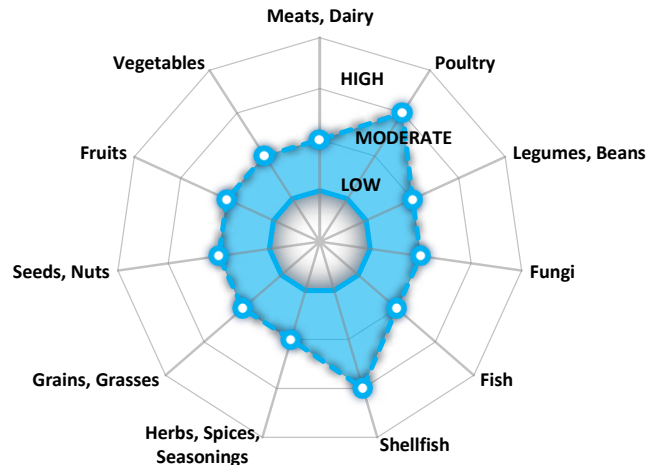
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Physician Report: IgG/C3d Food Sensitivities

Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	LOW
Poultry	MODERATE
Legumes, Beans	LOW
Fungi	LOW
Fish	LOW
Shellfish	MODERATE
Herbs, Spices, Seasonings	LOW
Grains, Grasses	LOW
Seeds, Nuts	LOW
Fruits	LOW
Vegetables	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

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Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
MEATS, DAIRY			
Beef	41.67	HIGH	98%
Casein	0.39		2%
Cow's Milk	0.00		0%
Goat's Milk	0.68		9%
Pork	11.14	LOW	64%
POULTRY			
Chicken	7.07	MODERATE	91%
Egg Albumin	102.13	HIGH	91%
Egg Yolk	0.39		2%
Turkey	3.30	MODERATE	76%
LEGUMES, BEANS			
Green Pea	2.71	LOW	47%
Kidney Bean	3.30	LOW	44%
Lima Bean	5.04	LOW	69%
Navy Bean	8.53	LOW	63%
Peanut	1.26	LOW	12%
Soybean	55.33	HIGH	>99%
String Bean	0.68		7%
FUNGI			
Aspergillus Mix	96.61	MODERATE	76%
Brewer's Yeast	0.00		0%
Candida	17.54	LOW	19%
Mushroom	19.57	LOW	12%
FISH			
Codfish	1.26	LOW	48%
Flounder	0.00		0%
Halibut	0.00		0%
Salmon	0.00		0%
Tuna	0.39	LOW	14%
SHELLFISH			
Clam	32.07	HIGH	95%
Crab	5.91	MODERATE	82%
Lobster	1.26	LOW	44%
Scallops	5.33	HIGH	93%
Shrimp	0.00		0%
HERBS, SPICES, SEASONINGS			
Black Pepper	3.6		9%
Cinnamon	1.6	LOW	30%
Garlic	0.0		0%
Ginger	3.9	LOW	19%
Hops	0.0		0%
Mustard	3.0	LOW	54%
Vanilla	3.6	LOW	32%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
MEATS, DAIRY			
Beef	Not found	LOW	40%
Casein	Not found		0%
Cow's Milk	Not found		0%
Goat's Milk	Not found		0%
Pork	Not found		2%
POULTRY			
Chicken	Not found		0%
Egg Albumin	Not found	HIGH	95%
Egg Yolk	Not found		6%
Turkey	Not found	LOW	16%
LEGUMES, BEANS			
Green Pea	Not found	LOW	46%
Kidney Bean	Not found		0%
Lima Bean	Not found	LOW	28%
Navy Bean	Not found		3%
Peanut	Not found	LOW	54%
Soybean	Not found		3%
String Bean	Not found		0%
FUNGI			
Aspergillus Mix	Not found		0%
Brewer's Yeast	Not found		0%
Candida	Not found		0%
Mushroom	Not found	LOW	57%
FISH			
Codfish	Not found		5%
Flounder	Not found		0%
Halibut	Not found	MODERATE	77%
Salmon	Not found		0%
Tuna	Not found	MODERATE	88%
SHELLFISH			
Clam	Not found	MODERATE	83%
Crab	Not found		0%
Lobster	Not found	LOW	71%
Scallops	Not found		0%
Shrimp	Not found		0%
HERBS, SPICES, SEASONINGS			
Black Pepper	Not found		0%
Cinnamon	Not found		0%
Garlic	Not found		0%
Ginger	Not found	LOW	46%
Hops	Not found		5%
Mustard	Not found		0%
Vanilla	Not found		6%

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DRAFT DATE:

10/17/2023

Physician Report: IgG/C3d Food Sensitivities

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
GRAINS, GRASSES			
Barley	2.42	LOW	25%
Corn	0.00		0%
Gluten	240.21	LOW	12%
Oat	0.97	LOW	52%
Rice	1.84	LOW	71%
Rye	0.00		0%
Whole Wheat	5.62	HIGH	94%
SEEDS, NUTS			
Almond	3.00	LOW	50%
Cacao	1.55	LOW	15%
Cashew	0.39		9%
Coffee	1.26		6%
Cottonseed	0.00		0%
English Walnut	5.33		5%
Flax Seed	7.95	MODERATE	84%
Pecan	5.62	MODERATE	92%
Sesame	0.39	LOW	11%
FRUITS			
Apple	0.00		0%
Avocado	21.90	LOW	66%
Banana	0.68	LOW	32%
Blueberry	8.24	MODERATE	82%
Cantaloupe	0.00		0%
Cherry	0.00		0%
Coconut	0.00		0%
Cucumber	0.10		3%
Grapefruit	0.39	LOW	29%
Grapes	0.00		0%
Green Olive	0.00		0%
Green Pepper	0.68	LOW	33%
Honeydew	0.00		0%
Lemon	0.00		0%
Orange	1.84	LOW	55%
Peach	8.53	HIGH	95%
Pear	0.00		0%
Pineapple	0.00		0%
Plum	0.00		0%
Strawberry	4.46	MODERATE	89%
Tomato	0.00		0%
Watermelon	0.39	LOW	24%
Yellow Squash	3.00		5%
VEGETABLES			
Asparagus	0.00		0%
Broccoli	7.95	HIGH	94%
Cabbage	1.26		6%
Carrot	0.97	LOW	35%
Cauliflower	0.00		0%
Celery	0.10		3%
Lettuce	0.39		8%
Onion	0.00		0%
Spinach	0.00		0%
Sweet Potato	11.43	LOW	48%
Tea	7.07	MODERATE	87%
White Potato	8.82		6%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
GRAINS, GRASSES			
Barley	Not found	MODERATE	76%
Corn	Not found	LOW	33%
Gluten	Not found		0%
Oat	Not found		0%
Rice	Not found		0%
Rye	Not found		0%
Whole Wheat	Not found		0%
SEEDS, NUTS			
Almond	Not found	LOW	58%
Cacao	Not found		0%
Cashew	Not found		0%
Coffee	Not found		0%
Cottonseed	Not found		0%
English Walnut	Not found	LOW	43%
Flax Seed	Not found		0%
Pecan	Not found		0%
Sesame	Not found		0%
FRUITS			
Apple	Not found		0%
Avocado	Not found	LOW	59%
Banana	Not found		0%
Blueberry	Not found	LOW	42%
Cantaloupe	Not found		0%
Cherry	Not found		0%
Coconut	Not found	LOW	16%
Cucumber	Not found		0%
Grapefruit	Not found		0%
Grapes	Not found		0%
Green Olive	Not found		3%
Green Pepper	Not found		0%
Honeydew	Not found		0%
Lemon	Not found		0%
Orange	Not found		6%
Peach	Not found		0%
Pear	Not found		0%
Pineapple	Not found		0%
Plum	Not found		0%
Strawberry	Not found		0%
Tomato	Not found		0%
Watermelon	Not found	LOW	44%
Yellow Squash	Not found		0%
VEGETABLES			
Asparagus	Not found	LOW	45%
Broccoli	Not found		5%
Cabbage	Not found		0%
Carrot	Not found		0%
Cauliflower	Not found		0%
Celery	Not found	LOW	18%
Lettuce	Not found		11%
Onion	Not found		0%
Spinach	Not found	LOW	41%
Sweet Potato	Not found	LOW	69%
Tea	Not found		0%
White Potato	Not found	MODERATE	84%

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Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG

Rotate: Moderate IgG with low, medium or high complement

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE
<p>These foods produce no immune reaction within your system at this time.</p>	<p>These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.</p>	<p>Remove these foods entirely from your diet.</p>
<ul style="list-style-type: none"> Almond Apple Asparagus Aspergillus Mix Avocado Banana Barley Black Pepper Brewer's Yeast Cabbage Cacao Candida Cantaloupe Carrot Casein Cashew Cauliflower Celery Cherry Chicken Cinnamon Coconut Codfish Coffee Corn Cottonseed Cow's Milk Crab Cucumber Egg Yolk English Walnut Flax Seed Flounder Garlic Ginger Gluten Goat's Milk Grapefruit Grapes Green Olive Green Pea Green Pepper Halibut Honeydew Hops Kidney Bean Lemon Lettuce Lima Bean Lobster Mushroom Mustard Navy Bean Oat Onion Orange Peanut Pear Pecan Pineapple Plum Pork Rice Rye Salmon Sesame Shrimp Spinach Strawberry String Bean Sweet Potato Tea Tomato Tuna Vanilla Watermelon White Potato Yellow Squash 	<ul style="list-style-type: none"> Blueberry Turkey 	<ul style="list-style-type: none"> Beef Broccoli Clam Egg Albumin Peach Scallops Soybean Whole Wheat

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Patient Report: More Restrictive Diet

Criteria for More Restrictive Diet

Eliminate: High and Moderate IgG

Rotate: Low IgG with low, moderate or high complement (C3d)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgG reactivity.

NO LIMITATION	NO LIMITATION	ELIMINATE
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.
<ul style="list-style-type: none"> Apple Asparagus Banana Black Pepper Brewer's Yeast Cabbage Cacao Candida Cantaloupe Carrot Casein Cashew Cauliflower Celery Cherry Cinnamon Coconut Codfish Coffee Corn Cottonseed Cow's Milk Cucumber Egg Yolk English Walnut Flounder Garlic Gluten Goat's Milk Grapefruit Grapes Green Olive Green Pepper Halibut Honeydew Hops Kidney Bean Lemon Lettuce Mustard Navy Bean Oat Onion Orange 	<ul style="list-style-type: none"> Almond Avocado Barley Ginger Green Pea Lima Bean Lobster Mushroom Peanut Sweet Potato Tuna Watermelon 	<ul style="list-style-type: none"> Aspergillus Mix Beef Blueberry Broccoli Chicken Clam Crab Egg Albumin Flax Seed Peach Pecan Scallops Soybean Strawberry Tea Turkey Whole Wheat

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Patient Report: Immune Index

The Immune Index is a calculation in which IgG, C3d are added together to show cumulative reactivity. This is used to highlight foods that are creating multiple immune reactions.

Rank	DIETARY ANTIGEN	Immune Index
1	Egg Albumin	HIGH
2	Clam	HIGH
3	Beef	MODERATE
4	Barley	MODERATE
5	Blueberry	MODERATE
6	Tuna	MODERATE
7	Turkey	MODERATE
8	Almond	LOW
9	Avocado	LOW
10	Broccoli	LOW
11	Green Pea	LOW
12	Ginger	LOW
13	Lobster	LOW
14	Mushroom	LOW
15	Peach	LOW
16	Peanut	LOW
17	Lima Bean	LOW
18	Scallops	LOW
19	Soybean	LOW
20	Sweet Potato	LOW
21	Watermelon	LOW
22	Whole Wheat	LOW
23	Aspergillus Mix	LOW
24	Chicken	LOW
25	Crab	LOW
26	Halibut	LOW
27	Flax Seed	LOW
28	Pecan	LOW
29	Strawberry	LOW
30	Tea	LOW
31	White Potato	LOW
32	Asparagus	
33	Banana	
34	Cacao	
35	Candida	
36	Carrot	
37	Celery	
38	Cinnamon	
39	Coconut	
40	Codfish	
41	Corn	
42	English Walnut	
43	Gluten	
44	Grapefruit	

Rank	DIETARY ANTIGEN	Immune Index
45	Green Pepper	
46	Kidney Bean	
47	Mustard	
48	Navy Bean	
49	Oat	
50	Orange	
51	Pork	
52	Rice	
53	Sesame	
54	Spinach	
55	Vanilla	
56	Apple	
57	Cashew	
58	Black Pepper	
59	Brewer's Yeast	
60	Cabbage	
61	Cantaloupe	
62	Cherry	
63	Coffee	
64	Cottonseed	
65	Cucumber	
66	Cauliflower	
67	Egg Yolk	
68	Flounder	
69	Garlic	
70	Grapes	
71	Green Olive	
72	Honeydew	
73	Lemon	
74	Lettuce	
75	Onion	
76	Hops	
77	Pear	
78	Pineapple	
79	Plum	
80	Rye	
81	Salmon	
82	Shrimp	
83	Yellow Squash	
84	String Bean	
85	Tomato	
86	Casein	
87	Cow's Milk	
88	Goat's Milk	

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