CLINIC ESSENTIALS LIST



The FxMed product range is designed to support chiropractic practitioners in delivering integrated patient care. Our carefully curated list of clinic essentials features top-selling products from our extensive catalogue, making your selection process effortless. Each item is chosen to further support common conditions and promote overall well-being, seamlessly integrating into your practice and perfect for stocking in your clinic or offering for patient ordering. From nutritional supplements to targeted therapeutic options, these products are crafted to meet your patients' unique needs effectively. Designed to complement your patient care, this considered selection is tailored to support improved patient outcomes.

For more information, contact your Practitioner Consultant, or refer to our Practitioner Hub. Explore how FxMed can further enhance your practice and benefit your patients' health journeys.

Brand	Product	Description	Other Info		
Antioxidant/An	ti-ageing				
Quicksilver Scientific	NAD+ Gold®	Healthy-ageing tonic featuring liposomal nicotinamide mononucleotide, a potent activator of NAD+, critical for DNA repair, energy production and cellular survival, along with TMG to support methylation. Cold shipped, refrigerate upon receipt.	VEGAN		
	NAD+ Platinum®	Advanced longevity formula replenishes NAD+, activates sirtuins and supports methylation, incorporating resveratrol, quercetin and B vitamins for optimal cellular function. Cold shipped, refrigerate upon receipt.	VEGAN		
Thorne	ResveraCel	Nicotinamide riboside with trans-resveratrol, betaine and quercetin phytosome for healthy ageing, metabolic function and cellular energy.	*		
Detox & Liver S	upport				
Pure Encapsulations	Liver-G.I. Detox	Supports hepatic and gastrointestinal detoxification with nutrients and botanical extracts that enhance toxin elimination, digestion and gut integrity.	VEGAN		
Quicksilver Scientific	Glutathione + Cacao Mint or Lemon Mint	Advanced liposomal system protects glutathione and enhances cellular delivery, supporting healthy ageing, immunity and detoxification; available in 2 flavours.	VEGAN		
Researched Nutritionals	Tri-Fortify® Gel Orange or Watermelon	Liposomal glutathione enhances cellular absorption, supporting detoxification, immunity and antioxidant action, backed by clinical research; available in 2 flavours.	VEGAN		
RN Labs	Medi Restore French Vanilla	Delicious vegetarian protein formula with FODMAP-friendly ingredients supports digestion, detox, immunity, energy production and healthy weight management.	VEGE 5+		
Digestive Supp	ort				
Pure Encapsulations	Digestive Enzymes Ultra with Betaine HCl	High-strength digestive enzymes support protein, carb, fat, fibre and dairy digestion, promoting nutrient absorption with the addition of 500mg of betaine HCL.	VEGAN		
RN Labs	Lipotropex	Concentrated lipotropic complex featuring taurine, glycine, inositol, acetylcarnitine, choline, milk thistle, vitamin C and selenium for liver health and lipid metabolism.	VEGAN		
Thorne	Advanced Digestive Enzymes	Supports digestion and absorption of proteins, fats and carbs. Contains HCl, pepsin, pancreatic enzymes and ox bile. providing extra support for those without a gallbladder.	*		
Fish Oils (Ome	ga 3s)				
Microbiome Labs	MegaMarine™	Supports a healthy gut microbiome with a superior EPA, DHA and DPA ratio, plus proresolving mediators for immune response.	*		
Nordic Naturals	Algae Omega Unflavoured	100% vegetarian omega-3 source from microalgae supports vision, heart health, mood and immunity, providing 195mg EPA and 390mg DHA per serving.	VEGAN		
	Arctic Cod Liver Oil™ Lemon or Orange	Made from Arctic Cod (Skrei), this supplement offers high DHA, vitamin A, and D, supporting heart, brain and immune health.	*		
	DHA Junior® Strawberry	Strawberry-flavoured CLO chewable softgels for children aged 3+ support brain development and learning, providing vitamins A and D.	*		
	ProOmega® Lemon	Ultra-concentrated EPA+DHA in triglyceride form provides 650mg EPA and 450mg DHA per serving, supporting heart, brain and immune health.	*		
	ProOmega®-D Lemon	These softgels offer the same levels as ProOmega, plus 1,000 IU of vitamin D3 for	*		

Key to symbols



bone and immune health.







Brand	Product	Description	Othe	r Info	
Gastrointestin	al Support				
Bioline Products	Enterosgel®	Innovative mineral-based intestinal adsorbent binds toxins, heavy metals, pathogens and allergens, supporting elimination within 7-24 hours and aiding GI issues.	*	VEGAN	
Microbiome Labs	MegaMucosa™ Powder <i>Berry Acai</i>	Complete mucosa support with key amino acids and dairy-free bovine immunoglobulins for a healthy mucosal barrier, microbial diversity and immune response. Available in capsules or powder; may be taken on its own or as part of the Total Gut Restoration Protocol.	*		
	Zenbiome™ Dual	Dual-action probiotic combines psychobiotics Bifidobacterium longum 1714™ and 35624™ to support the gut-brain axis, digestive/GI health and overall well-being.	*	VEGAN	
MTHFR Support	Organic Natural Fibre	Sunfiber® is a flavourless, colourless powder of partially hydrolysed guar gum, providing organic soluble fibre and prebiotic glucomannan to boost daily intake.		VEGAN	
RN labs	Medi Metabolic Smooth Chocolate	This comprehensive formula includes rice and pea protein (20g/serve), prebiotic Kfibre®, vitamins and botanicals to optimise metabolic health.	*	VEGE	
Inflammation a	and Pain				
Enzyme Science	MyoMend™	Promoting a healthy inflammatory response, this formula includes bromelain, papain, rutin, nattokinase and serrapeptase for faster recovery and tissue repair.	*	VEGAN	
RN Labs	Curcutex	This formula features highly absorbable curcumin using soy-free Meriva® phytosome, shown to reduce oxidation, inflammation and pain.	*	VEGAN	5+1 FREE
	InflamaSoothe Trio	Contains Palmidrol (PEA), Casperome® Boswellia Phytosome® and Meriva® Curcumin Phytosome® to support various painful and inflammatory conditions.	*	VEGAN	
	Micronised PEA	Features highly bioavailable palmitoylethanolamide (PEA) in a clinically proven micronised form supporting pain relief and overall inflammatory response effectively.	*	VEGAN	
Minorala					
Minerals Mineral complex	700				
Metabolic Maintenance	Cal/Mag Plus with Vitamin D and Vitamin K2 MK-7	Combining Ca/Mg with vitamin D-3 and K-2 (MK-7), this formula supports bone health, nerve and muscle function and cardiovascular health.	*	VEGE	
Pure Encapsulations	Electrolyte/Energy Formula Lemon-lime	Tasty lemon-lime flavoured powder contains electrolytes, carbohydrates, Krebs cycle intermediates, I-tyrosine and vitamin C to support hydration and stamina.		VEGAN	
RN Labs	TraceMins Complex	Broad-spectrum trace mineral formula provides highly bioavailable trace elements for nutritional support, hormonal balance, energy production and immune health.		VEGAN	
Calcium					
Pure Encapsulations	Calcium (citrate)	Contains calcium citrate, a highly absorbable form of calcium providing 300mg per serving (2 capsules), supporting bone health and density.	*	VEGAN	
RN Labs	Cal:Mag 1:1	Balanced formula featuring highly bioavailable calcium (75mg) and magnesium (75mg) per serve in citrate form to minimise calcium imbalances.		VEGAN	
Iron					
RN Labs	Fe-Restore	This highly absorbable iron bisglycinate provides 24mg elemental iron, gentle on the digestive system without common side effects.	*	VEGAN	5+1
Thorne	Ferrasorb®	Contains 24mg iron bisglycinate, plus 400mcg folate and 50mcg vitamin B12, essential for healthy blood-building and well tolerated.	*		
N.4	·				
Pure Encapsulations	Magnesium Glycinate Liquid (exp. 6–9 mth)	Magnesium glycinate in a great tasting, convenient liquid form; each serving (2tsp) contains 165mg of magnesium.		VEGE	
	Magnesium Gummy Berry Vanilla	Delicious berry vanilla flavoured gummies offer a convenient way to boost daily magnesium intake, providing 150mg magnesium citrate with low sugar.		VEGAN	
RN Labs	Magnesium Citrate	Highly absorbable magnesium citrate chelate (150mg elemental) supports over 300 enzymatic processes, including energy production, in all body cells.	*	VEGAN	5+1 FREE
	Magnesium Glycinate	A highly absorbed magnesium glycinate chelate (750mg, equiv. elemental Mg 150mg) supports over 300 enzymatic processes, including brain and nervous system health.	*	VEGAN	5+1 FREE
	Mixed Mag Forte	Highly absorbable magnesium in citrate, glycinate and orotate forms, with taurine and glycine; sugar-free lemon formula with 300mg magnesium per scoop.		VEGAN	5+1 FREE
Zinc					
Pure Encapsulations	Zinc (citrate)	Zinc supports the body's natural defense, digestion and metabolism of essential nutrients, providing 30mg of zinc citrate per capsule.	*	VEGAN	
	Zinc chewables Natural Orange	Delicious chewable zinc tablets in natural orange flavour for ages 4+, each containing 10mg of zinc citrate for immune support.	*	VEGAN	
RN Labs	Zinc Glycinate	Highly bioavailable and gentle vegan-friendly zinc (25mg elemental zinc per capsule).	*	VEGAN	
Thorne	Zinc Picolinate 15mg & 25mg	Highly absorbable zinc bound to picolinic acid supports testosterone metabolism, prostate health and immune function; available in 15mg or 25mg capsules.	*		

Brand	Product	Description	Othe	r Info	
Mitochondria/I	Energy				
Researched Nutritionals	ATP 360®	Complete mitochondrial support formula featuring RLA, PQQ, NADH and CoQ10 in a phospholipid matrix, backed by clinical research.	*	VEGE	
	Ubiquinol Super 200™	Reduced form of CoQ10 for enhanced absorption, each softgel contains 200mg of Kaneka Ubiquinol™, supporting energy production and antioxidant protection.	*		
Mood/Stress/S	Neen				
Microbiome Labs	Zenbiome™ Cope	Novel formula combines psychobiotic <i>Bifidobacterium longum</i> 1714™ with B6, B12, and saffron extract for targeted support against daily stressors and mood changes.	*	VEGAN	
	Zenbiome™ Sleep	This formula combines psychobiotic <i>Bifidobαcterium longum</i> 1714™ with L-theanine and lemon balm extract to support relaxation and occasional sleeplessness.	*	VEGAN	
Pure Encapsulations	5-HTP 100mg	5-hydroxytryptophan (5-HTP) aids serotonin production, regulates sleep, mood and appetite; each capsule contains 100mg of 5-HTP.		VEGAN	
	Ashwagandha	Powerful adaptogenic herb counteracts occasional physical and mental stress while supporting cognition and memory; each capsule contains 500mg of ashwagandha.	*	VEGAN	
	Cortisol Calm	Nervous system supporting blend of herbal extracts and vitamin D helps maintain healthy cortisol levels, promoting relaxation, restful sleep and a positive mood.	*	VEGE	5+ FRE
Researched Nutritionals	AnxiaEase™	Multifaceted stress and mood support formula features ashwagandha, holy basil, lemon balm, lavender, passionflower and psychobiotics for gut-brain axis support.		VEGE	
Thorne	Rhodiola	Adaptogenic herb that supports neurotransmitters that enhance mood, sleep and mental focus; each capsule contains 100mg of rhodiola.	*		
Multivitamins/	minerals				
Metabolic Maintenance	Little One™ Children's Multivitamin	This multivitamin for children aged 6–12 is available in a child-friendly capsule that can be opened and dissolved in water.		VEGE	
	The Big One without Iron	Convenient one-a-day multi-vitamin/mineral without iron, providing key nutrients in bioavailable forms with beneficial trace minerals.	*	VEGE	
Pure Encapsulations	Men's Nutrients	Multivitamin/mineral complex for men over 40 to support prostate health, overall energy, endurance and stamina.	*	VEGE	
	Women's Nutrients	Multivitamin and herbal complex for women over 40 supports breast health, eye integrity, urinary tract health and emotional wellness.	*	VEGE	
Thorne	Basic Prenatal	A well-researched multivitamin for pregnancy, supporting both mother and baby's development from pre-conception through breastfeeding.		VEGE	
Musculoskelet	al Support				
Metabolic Maintenance	Glucosamine Chondroitin with Hyaluronic Acid	High potency glucosamine, chondroitin and hyaluronic acid formula provides a more complete supplement for supporting joint health.	*		
Pure Encapsulations	Collagen JS	BioCell Collagen® complex supports joint health and skin elasticity, firmness and moisture retention for overall skin and joint wellness.			
	Disc-Flex	Comprehensive nutrient blend with vitamins D3 and K2 to support spinal disc strength and flexibility, plus hydrolysed collagen and herbal extracts.			
	Glucosamine + Chondroitin with MSM	The combination of glucosamine, chondroitin and MSM provides support for healthy cartilage formation, connective tissue strength and joint movement ease.	*		
	Muscle Cramp/ Tension Formula	Electrolyte and herb formula eases muscle tension, reduces occasional leg cramps and promotes overall relaxation during nighttime or exercise.		VEGAN	
RN Labs	Core Nutrients with Collagen French Vanilla	Comprehensive blend of essential vitamins, minerals and trace elements with 10g hydrolysed bovine collagen and herbs like milk thistle and ginger.	*		
Thorne	Joint Support Nutrients	Targeted formula alleviates occasional soreness and stiffness, containing glucosamine, MSM, Meriva curcumin, boswellia, bromelain and potassium.	*		
Drahiatica/Dra	niation				
Probiotics/Preb Microbiome Labs	MegaPre™	Precision Prebiotic™ enhances microbial diversity by nourishing beneficial strains like Akkermansia and Bifidobacteria, while avoiding dysbiotic flora. Available in capsules, powder and dairy-free option. May be taken on its own or as part of the Total Gut Restoration Protocol.	*	VEGE	
	MegaSporeBiotic™	100% spore-based, broad-spectrum probiotic features five Bacillus strains that support healthy gut barrier function, microbial diversity and beneficial gut bacteria. Can be used alone or as part of the Total Gut Restoration Protocol.	*	VEGAN	
	MegaSporeBiotic™ Gummies for Kids Berry Blast	Delicious berry-flavoured chewable probiotic gummies contain four spore-forming Bacillus strains from MegaSporeBiotic™, suitable for ages 4 and up.	*	VEGAN	

Other Info Brand Product Description Vitamin B **RN Labs** BioActive B-Complex Broad-spectrum B vitamin formula supports energy, neurological health and stress response with bioactive forms, avoiding excess over-stimulation. Great-tasting B12 lozenges support methylation, healthy homocysteine levels, Sublingual Hydroxy-B12 cardiovascular function and cognitive health, with 1000mcg hydroxocobalamin. Thorne Basic B Complex Features eight easily absorbed B vitamins and Choline for energy production, neurological function; essential for those unable to convert non-active forms. Vitamin C Quicksilver Vitamin C Liposomal buffered vitamin C provides high-dose immune and antioxidant support and is gentle on the stomach; with 1000mg per 5ml. Scientific C-RLA™ Original Researched Liposomal vitamin C 1500mg with r-lipoic acid supports vascular, immune and Nutritionals or Vanilla Caramel mitochondrial health; sunflower-derived, GMO-free, vegan. Available in 2 flavours. Thorne Buffered C Powder Buffered vitamin C reduces gastric irritation for sensitive individuals, providing 2.35g of vitamin C with calcium, magnesium and potassium ascorbates as buffers. Vitamin C with Vitamin C (500mg) with orange bioflavonoids (75mg) provides immune support and Flavonoids antioxidant benefits, mimicking natural sources. Vitamin D Vitamin D3 25mcg Supports calcium absorption and bone health, provides support for breast, prostate, Encapsulations (1,000 I.U.) cardiovascular, colon and immune health; each capsule contains 1,000 IU. VEGE Vitamin D3 Liquid Convenient liquid vitamin D3 for easy dispensing, provides 1,000 IU per drop, an ideal daily amount. Vitamin E Thorne Ultimate-E® This mixture of tocopherols uses molecular distillation to eliminate allergenic soy residues, providing 335mg of vitamin E as a vital antioxidant for cardiovascular health. Vitamin K Soy-free vitamin K2 (MK-7) formulation supports bone, nerve and heart health, Microbiome MegaQuinone™



Vitamin D + K2 Liquid



Each serve (2 drops) contains 25mcg (1,000 IU) of vitamin D3 and 200mcg of vitamin

providing 160mcg K2 with magnesium and zinc.

K2 in a liquid form for ease of dosing and titration.



FxMed Catalogue

Top Products List

Children's Products by Category List

Download from the Resources section of the FxMed Practitioner Hub or request a copy from your Practitioner Consultant.

For more information, or contraindications for any of the products mentioned in the Clinic Essentials List, please log in to the FxMed Practitioner Hub at hub.fxmed.co.nz to view the product datasheets.











Ongoing '5+1 free' deal

Labs

Thorne