# 2025 PRODUCT CATALOG



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## Unlocking the full power of the microbiome

Did you know that the gut microbiome secretes more than 30 hormones, neurotransmitters, and vitamins that play a role in human health?

The state of your gut microbiome impacts more than just digestion—it also influences immune, heart, and brain health, along with other major bodily functions.

As pioneers of spore-based probiotics, Microbiome Labs is dedicated to combining the power of biology with the rigor of science to develop research-backed solutions formulated with clinically studied ingredients that enable holistic health and well-being.

With more than 10 years of experience, we have the expertise to:



Navigate the human biological system

Engineer health at the microscopic level

Bridge therapeutic gaps to achieve total wellness

# Big picture health starts small

Think of the gut microbiome as a tiny ecosystem—inhabited by trillions of microscopic organisms—located inside the intestines. These microorganisms include more than 1,000 species of bacteria that interact and assist with body functions.

### **BRAIN**

Connects through the nervous system influencing mood, cognition, and mental health

#### **IMMUNITY**

Good bacteria help train and develop an adaptive immune system, supporting a healthy immune response to external challenges

## **METABOLIC**

The gut microbiome contributes to body weight, insulin function, glucose metabolism, and cardio-metabolic factors

## **SKIN**

Imbalance impacts immunity and inflammation which can trigger skin conditions

## **HEART**

Bacteria in the gut can can influence cholesterol metabolism and other factors associated with cardiovascular health

## **DIGESTION**

Helps break down complex carbohydrates, proteins, and fats to create microbial metabolites that can act locally and systemically

## A balance of biological innovation and scientific validation

Years ago, Microbiome Labs set out to challenge the status quo of traditional health and unlock the full potential of the microbiome. Since our founding, thousands of practitioners have relied on our groundbreaking products for their patients, changing more than 1,176,552 lives—and counting.

30-40 trillion microbes
live inside the gut microbiome

30+ published studies on our formulas & biotic technology ingredients

3,200,947
MegaSporeBiotic™
Bottles Sold since 2017

## We're not just backed by science—we're driven by it.

Unlike other probiotic companies, we're committed to and investing in results-driven science and research—because proving is better than assuming.



Total control of the innovation and formulation process, from discovery to final product.



Access to 147,000 microbes (including 3,600 spores), 13 million enzymes, and proprietary vitamin K2.



Our clinical research includes studies on complete formulations-not just single ingredients.

We're the originators of spore-based probiotics and the first to clinically test and scientifically validate an all-spore probiotic formula

Small marvels that transform lives



Contains 5 strains of Bacillus spores derived directly from a healthy human gut



Designed to survive the gastric environment and support colonization



Efficacy of complete formula are backed by 13+ peer-reviewed studies

#### **Biome Bit**

Our spores have a bi-phasic life cycle: they remain dormant in harsh digestive environments and become active and germinate in more favorable conditions of the intestine.





# Designed to work with nature, not outsmart it

Since introducing our first product to market, Microbiome Labs continues to develop and produce evidence-based formulas across more health categories, connecting science with holistic solutions.



## **WOMEN'S HEALTH**

Whole health doesn't end with the gut—women have unique health needs that are specific to their biology throughout their lifetime. The vaginal microbiome playing a key role in pregnancy, menopause, and anything related to their hormonal cycles.



## GASTROINTESTINAL HEALTH

These products are the foundational MVPs of Microbiome Labs. They form the basic protocols for supporting and maintaining a healthy and well-functioning gut.



## METABOLIC SUPPORT

Formulated with naturally sourced vitamin K2 for healthy bone, heart, nerve, mitochondrial and metabolic function.



## **DIGESTIVE SUPPORT**

Our probiotics and digestive enzymes reduce occasional gas and bloating, promote normal digestion, bowel regularity, and gastric balance—helping the gut continue to function as it should.



## SKIN SUPPORT

Probiotics help modify the intestinal microbes which can regulate immune responses and inflammation factors, which influence skin cells—improving the skin's natural microbial balance and total body health.



## **COGNITIVE SUPPORT**

Our cognitive products support gut-brain communication network with Bifidobacterium longum 1714™ to address occasional stress, mild mood changes, low energy, fatigue, and sleeplessness.



## **IMMUNE SUPPORT**

Our immune formulas promote a balanced immune and inflammatory response, maintain gut barrier function, and healthy digestion.



## TOTAL GUT RESTORATION PROTOCOL

This uniquely designed system targets all three key aspects of gut health.





Whole health does not end with the gut—women have unique health needs that are specific to their biology throughout their lifetime. The vaginal microbiome playing a key role in pregnancy, menopause, and anything related to their hormonal cycles.



Pregnancy Support is an innovative, probiotic-powered blend with clinically studied ingredients, designed to support a healthy mother and baby from conception through pregnancy and beyond. It reduces vaginal discomfort caused by bacterial and yeast imbalances. It also benefits the developing infant, including supporting healthy skin development and sharing essential beneficial bacteria through breast milk.\*\*

Vaginal Balance is an innovative, probiotic-powered blend with clinically studied ingredients, designed to optimize women's vaginal, urinary tract, immune, and digestive health. Vaginal Balance is formulated with Lactobacillus probiotics, the most common bacterial species found in a healthy vagina, and Cranberry Powder. It effectively maintains healthy gut and vaginal microbiomes while providing unique 4-In-One Support.\*\*

#### SUPPLEMENT FACTS Servings Per Container 30 % Daily Value **Amount Per Serving** 5 mg Sodium Total Carbohydrate Cranberry Powder Vaccinium macrocarpon) (Fruit) Proprietary Probiotic Blend 126 mg (5.5 Billion CFU) Total Probiotic Cultures (5.5 Billio ASTARTE™ Lactobacillus crispatus, (LBV 88\* Lactobacillus rhamnosus, (LBV 96") Lactobacillus gasseri, (LBV 150N") Lactobacillus jensenii, (LBV 116") LA-5° Lactobacillus acidophilus \* Percent daily values are based on a 2000 calories die †Daily values not established.

**OTHER INGREDIENTS:** Rice Maltodextrin, Vegetable capsule (Hypromellose, Water) Silica, Magnesium Stearate.

#### SUGGESTED USE: Ages 18+

2 capsules per day, or as directed by your healthcare practitioner.

ASTARTE™, LA-5® and LBV-formative trademarks are trademarks of Chr. Hansen A/S

#### Women's Health

#### **Vaginal Balance**

Powered by clinically studied probiotics, this innovative blend supports women's vaginal, urinary tract, immune, and digestive health. This proprietary probiotic formula promotes healthy yeast populations, optimizes vaginal pH, and balances vaginal bacteria and yeast-related vaginal discomfort.\*\*



## SUPPLEMENT FACTS Serving Size 1 Capsule

Servings Per Container 30		
Amount Per Serving	% Daily	Value 3
Sodium	10 mg	< 1%
Proprietary Probiotic Blend Total Probiotic Cultures	207 mg	Ť.
Total Probiotic Cultures	(25.1 Billio	n CFU)
LGG <sup>®</sup> Lactobacillus rhamn	osus, (LGG	®)
ASTARTE™		
Lactobacillus crispatus		
Lactobacillus rhamnos	us (LBV 96:	ຶ)
Lactobacillus gasseri,	(LBV 150N <sup>™</sup>	)
Lactobacillus jensenii,	(LBV 116 <sup>™</sup> )	
ISTILOS <sup>®</sup> Bifidobacterium	infantis, (Bl	
* Percent daily values are based on T Daily values not established.	a 2000 calorie	s diet.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Vegetable capsule (Hypromellose, Water) Silica, Magnesium Stearate.

#### SUGGESTED USE: Ages 18+

1 capsule per day, or as directed by your healthcare practitioner.

LGG®, ASTARTE™, ISTILOS™, BIFINO2™ and LBV-formative trademarks are trademarks of Chr. Hansen A/S

#### Women's Health

## **Pregnancy Support**

This proprietary blend contains clinically studied ingredients that support a healthy mother and baby from preconception through pregnancy and beyond. It balances vaginal bacteria, reduces yeast-related vaginal discomfort and benefits a developing infant, supporting healthy skin development and sharing beneficial bacteria through breast milk. It includes ISTILOS™ B. Infantis by Chr. Hansen, isolated from a healthy infant's intestine.\*\*



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#### **Gastrointestinal Health**

#### MegaSporeBiotic™

This clinically tested and scientifically validated all-spore probiotic promotes gut microbiome balance and optimization. A broad-spectrum blend of spore-based *Bacillus* probiotics, it supports gut microbial diversity, healthy commensal bacterial species, the gut barrier, and immune function.\*\*

Available in 30 or 90 day supply

For best results, take with food or a meal. Start slowly to avoid gastrointestinal discomfort. Children under 5 years of age, please consult with your healthcare practitioner.

SUPPLEMENT Serving Size 2 Capsules Servings Per Container 30	FACTS	S
Amount Per Serving	% Daily Valu	ue
Proprietary Probiotic Blend 4 Bi	295 mg illion CFU	†
Bacillus indicus, HU36™		†
Bacillus licheniformis (SL-30	7)	†
Bacillus clausii (SC-109)		†
Bacillus subtilis, HU58 <sup>™</sup>		Ť
Bacillus coagulans (SC-208)		†
† Daily values not established.		

**OTHER INGREDIENTS:** Cellulose, vegetable capsule (cellulose and water).

#### SUGGESTED USE: Ages 5+

Week 1: 1 capsule every other day.

Week 2: 1 capsule per day.

Week 3+: 2 capsules (taken together) per day.



#### **Gastrointestinal Health**

## MegaSporeBiotic™ Gummies For Kids

A convenient and delicious way to deliver daily digestive, gut health, and immune support—formulated specifically for kids. These gummies contain four strains of the health-promoting *Bacillus* probiotic bacteria found in our flagship spore-based probiotic formula, MegaSporeBiotic™.\*\*

SUPPLEMENT FACTS
Serving Size 1 Gummy
Servings Per Container 30

Amount Per Serving	% Daily \	Value*
Calories 8		
Sodium	1 mg	<1%
<b>Total Carbohydrates</b>	2 g	<1%
Total Sugar		
Includes 1 g added Suga	ars 1g	2%
	37.5 mg on CFU	†
Bacillus indicus HU36™		†
Bacillus clausii (SC109)		†
Bacillus subtilis HU58™		1
Bacillus coagulans (SC208)		†
* The % Daily Value (DV) tells you hov	v much a	

\* The % Daily Vallue (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily values not established.

OTHER INGREDIENTS: Tapioca syrup, sugar, purified water, dextrose, pectin, natural flavors (blueberry, strawberry, blackberry), natural colors (fruit and vegetable concentrates), citric acid, MCT oil (from palm oil), sodium citrate, carnauba wax.

#### SUGGESTED USE: Ages 4+:

1 gummy per day or as directed by a healthcare practitioner. Chew thoroughly before swallowing.

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#### SUPPLEMENT FACTS Serving Size 2 Gummie Servings Per Container 30 Amount Per Serving % Daily Value Calories 16 Sodium 2 mg <1% **Total Carbohydrates** 4 g 1% Total Sugar Includes 2 g Added Sugars 4% d 175 mg 4 Billion CFU Proprietary Probiotic Blend Bacillus indicus HU36™ Bacillus clausii (SC109) Bacillus subtilis HU58 Bacillus coaquians (SC208) \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. † Daily values not established.

OTHER INGREDIENTS: Tapioca syrup, sugar, purified water, dextrose, pectin, natural flavors (blueberry, strawberry, blackberry), natural colors (fruit and vegetable concentrates), citric acid, MCT oil (from palm oil), sodium citrate, carnauba wax.

#### SUGGESTED USE: Ages 18+

2 gummies per day, or as directed by your healthcare practitioner. Individuals under 18 years of age, please consult with your healthcare practitioner.

#### **Gastrointestinal Health**

## MegaSporeBiotic<sup>™</sup> **Gummies for Adults**

A proprietary 100% spore-based proprietary probiotic blend in a tasty and convenient gummy. With four strains of Bacillus probiotic bacteria found in our flagship spore-based probiotic, MegaSporeBiotic™, these gummies support healthy gut microbiome, gut barrier, and immune function.\*\*



## SUPPLEMENT FACTS Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value
Proprietary Probiotic Blend	d 97.5 mg †
*At time of manufacturing 10 E	Billion CFU*
Bifidobacterium longum 17	714™ †
Bifidobacterium longum 3	5624° †
† Daily values not established.	

**OTHER INGREDIENTS:** HPMC capsule, cellulose, magnesium stearate.

#### SUGGESTED USE:

2 capsules per day with food, or as directed by your healthcare practitioner.

#### **Gastrointestinal Health**

#### Zenbiome™ DUAL

This unique psychobiotic/probiotic formula engages the gut-brain axis to support optimal digestive comfort and mood stability. Powered by two proprietary bacterial strains, it addresses occasional abdominal discomfort, gas, bloating, diarrhea, and/or constipation and associated mood imbalances.\*\*



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#### **Gastrointestinal Health**

## **MegaPre™ Capsules**

A Precision Prebiotic™ formulated to REINFORCE a strong, diverse microbiome. With clinically validated non-digestible oligosaccharides and kiwifruit powder, it selectively feeds beneficial bacteria and promotes microbial diversity, gut barrier health, and balanced immune function.\*\*

#### Dairy-free option available



MegaPre DF contains slightly less fiber per serve as it does not contain the fiber galactooligosaccharides (Bimuno®).

#### SUPPLEMENT FACTS

Serving Size 6 capsules Servings Per Container 30

Servings Per Container 30			
Amount Per Serving	% Dai	ly V	/alue*
Calories 20			
Total Carbohydrate	4	g	1%
Dietary Fiber	1	g	4%
Total Sugars	1	g	<1%
Proprietary Functional Fiber Blend		g	†
Galactooligosaccharides (Bimur	no®)		
Organic Xylooligosaccharides (F			
Organic gold and green kiwifruit (Livaux® and ACTAZIN®)	t pow	de	r

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Daily values not established.

**OTHER INGREDIENTS:** Vegetable capsule (cellulose and water), cellulose, magnesium stearate, silicon dioxide.

#### **CONTAINS MILK:**

Lactose sourced from bovine milk

#### SUGGESTED USE: Ages 4+

Week 1: 3 capsules per day.

Week 2+: 6 capsules per day, as tolerated.

Start with 3 capsules per day, then increase to 6 capsules per day, as tolerated. Children under 4 years of age, please consult with your healthcare practitioner.



#### **Gastrointestinal Health**

## **MegaPre**<sup>™</sup> **Powder**

A Precision Prebiotic™ formulated to REINFORCE a strong, diverse microbiome. With clinically validated non-digestible oligosaccharides and kiwifruit powder, it selectively feeds beneficial bacteria and promotes microbial diversity, gut barrier health, and balanced immune function.\*\* Pineapple Orange Guava Flavored

#### Stick-pack option available - COMING SOON!



## SUPPLEMENT FACTS Servings Size: 4.8 grams (1 scoop) Servings Per Container: 30

Amount Per Serving % Daily Value\*

Calories 25

Total Carbohydrate 5 g 2%
Dietary Fiber 1 g 4%
Total Sugars 1 g <1%

Proprietary Functional Fiber Blend 3.8 g †
Galactooligosaccharides (Bimuno®)

Organic Xylooligosaccharides (PreticX®)
Organic gold and green kiwifruit powder
(Livaux® and ACTAZIN®)

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition active.

† Daily value not established.

**OTHER INGREDIENTS:** Natural pineapple orange guava flavors, citric acid, stevia, silicon dioxide, rebaudioside M.

#### SUGGESTED USE: Ages 4+

Week 1: 1/2 scoop per day.

Week 2+: 1 scoop per day, as tolerated.

Mix into 16 oz cold water or liquid of choice. Start with ½ scoop per day, then increase to 1 scoop per day, as tolerated. Children under 4 years of age, please consult with your healthcare practitioner.

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#### SUPPLEMENT FACTS Serving Size: 6 capsules Servings Per Container: 30 **Amount Per Serving** % Daily Value<sup>3</sup> Calories 15 **Protein** 1 g 2% Serum-derived immunoglobulin concentrate (ImmunoLin®) 1 g Immunoglobulin G (IgG) 450 mg L-Proline 1 g 700 mg L-Serine L-Threonine 600 mg Citrus bioflavonoids (MicrobiomeX°) 500 mg Citrus șinensis, Citrus paradisi whole fruit extract L-Cysteine 80mg The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Daily values not established.

OTHER INGREDIENTS: Vegetable capsule (cellulose and water), cellulose, magnesium stearate.

SUGGESTED USE: Ages 4+

Week 1: 3 capsules per day.

Week 2+: 6 capsules per day, as tolerated.

Start with 3 capsules per day, then increase to 6 capsules per day, as tolerated. Children under 4 years of age, please consult with your healthcare practitioner.

#### **Gastrointestinal Health**

#### MegaMucosa™ Capsules

A comprehensive mucosal support supplement formulated to REBUILD a healthy mucosal barrier and support healthy immune responses. With scientifically tested ingredients, it supports digestive health, immune function, gut microbial diversity, and healthy gut barrier function.\*\*



#### SUPPLEMENT FACTS Calories 15 Sodium Total Carbohydrate <1% Protein Serum-derived immunoglobulin concentrate (ImmunoLin® 450 mg Immunoglobulin G (IgG) L-Proline 700 mg 600 mg \_-Threonine Citrus bioflavonoids (MicrobiomeX e) 500 mg Citrus sinensis, Citrus paradisi whole fruit extract 80 mg The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Daily value not established.

OTHER INGREDIENTS: Natural berry acai flavor, citric acid, stevia, malic acid, natural flavor, rebaudioside M.

#### SUGGESTED USE: Ages 4+

Week 1: 1/2 scoop per day.

Week 2+ 1 scoop per day. Mix into 16 oz water/liquid or food. Powder dissolves best at room temperature. Children under 4 years of age, please consult with your healthcare practitioner

#### **Gastrointestinal Health**

## MegaMucosa<sup>™</sup> Powder

A comprehensive mucosal support supplement formulated to REBUILD a healthy mucosal barrier and support healthy immune responses. With scientifically tested ingredients, it supports digestive health, immune function, gut microbial diversity, and healthy gut barrier function.\*\*

Stick-pack option available - COMING SOON!





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#### **Gastrointestinal Health**

### **MegaMycoBalance**<sup>™</sup>

An innovative formula designed to support healthy yeast and fungal balance in the body. Its active ingredients, undecylenic acid and bee propolis, provide targeted support for healthy yeast balance and maintenance.\*\*

SUPPLEMEN Serving Size 6 Softgels Servings Per Container 30	T FAC	TS
Amount Per Serving	% Daily	Value*
Calories 25		
Total Fat	2.5 g	3%
Protein	<1 g	
Undecylenic acid	300 mg	Ť

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily values not established.

300 ma

**OTHER INGREDIENTS:** Olive oil, bovine gelatin, glycerin, purified water, beeswax, sunflower lecithin.

## BEE PROPOLIS IS A PLANT RESIN THAT BEES USE TO LINE THEIR HIVES.

#### SUGGESTED USE: Ages 8+

Bee propolis 70% extract

1 softgel per day for 5 days. Increase by 1 softgel per day every few days until reaching the full dose of 6 softgels per day. Children under 8 years of age, please consult with your healthcare practitioner.



#### **Gastrointestinal Health**

#### **HU58™**

A single-strain spore-based probiotic with a concentrated dose of *Bacillus subtilis* HU58™, formulated to support healthy gut microbial balance, microbial diversity, immune function, and gut barrier function. HU58™ produces more than two dozen health-promoting metabolites.\*\*

## SUPPLEMENT FACTS Serving Size 2 Capsules Servings Per Container 30

Amount Per Serving % Daily Value
Bacillus subtilis, HU58\* 100 mg †
10 Billion CFU
† Daily values not established.

**OTHER INGREDIENTS:** Cellulose, vegetable capsule (cellulose and water).

#### SUGGESTED USE: Ages 5+

**Week 1:** 1 capsule per day with food. **Week 2+:** 2 capsules per day with food.

HU58<sup>™</sup> can be taken with MegaSporeBiotic<sup>™</sup>. Children under 5 years of age, please consult with your healthcare practitioner.

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# SUPPLEMENT FACTS Serving Size 1 Capsule Servings Per Container 50 Amount Per Serving % Daily Value Probiotic Blend 360 mg (7 billion CFU) † Saccharomyces cerevisiae 250 mg † var boulardii (CNCM-I-1079) Bacillus clausii (SC-109) 100 mg † Bacillus subtilis, HU58™ 10 mg † † Daily values not established.

**OTHER INGREDIENTS:** Cellulose, vegetable capsule (cellulose and water).

#### SUGGESTED USE: Ages 5+

1 capsule per day with food or as directed by your healthcare practitioner. Children under 5 years of age, please consult your healthcare practitioner.

#### **Gastrointestinal Health**

#### RestorFlora™

A gut recovery probiotic that helps maintain a healthy gut microbiome during and after using gut-disrupting medications that may decimate healthy gut populations, leading to digestive issues. It supports digestion, transit time, gut motility, and balanced immune function.\*\*



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#### **Gastrointestinal Health**

#### MegaMarine™

This full-spectrum, gut-specific fish oil is scientifically formulated to promote a healthy gut microbiome. A blend of omega-3 fatty acids (EPA, DHA, DPA) and quantifiable pre-resolving mediators, it optimizes gut health and supports healthy immune and inflammatory responses.\*\*

SUPPLEMENT I Serving Size 2 softgels Servings Per Container 30	FACT	S
Amount Per Serving	% Daily Va	lue*
Calories 25		
Total Fat	2.5 g	3%
Cholesterol	10 mg	3%
Protein	<1 g	
Total Omega-3 Fatty Acids	1500 mg	Ť
EPA (Eicosapentaenoic Acid)	850 mg	Ť
DHA (Docosahexaenoic Acid)	450 mg	Ť
DPA (Docosapentaenoic Acid)	100 mg	+
Total PRMs (including 18-HEPE, 17-HDHA, 14-HDHA	) 200 mcg	†
* Percent Daily Values are based on a 2,00	O diet	

**OTHER INGREDIENTS:** Highly refined and concentrated omega-3 marine oil (one or more of anchovy, squid, sardine, herring, and mackerel), natural lemon flavor, natural mixed tocopherols, capsule shell (bovine gelatin, glycerin, purified water).

**CONTAINS FISH:** Anchovy, sardine, herring, and mackerel.

**SUGGESTED USE:** Ages 8+ 2 softgels per day with food or as directed by your healthcare practitioner.

#### METABOLIC HEALTH



#### **Metabolic Health**

## MegaQuinone™

A 100% soy-free, naturally sourced vitamin K2 (MK-7) formula that supports optimal bone, nerve, brain, and cardiovascular health. Produced from chickpea fermentation, it contains only natural, highly bioavailable, ultra-absorption vitamin K2 in its menaquinone-7 form (MenaquinGold®).\*\*

SUP	PLI	EΜ	ΕN	ΤF	AC	TS
Serving :						
Servings	Per C	Contai	ner 60	)		

Amount Per Serving% Daily ValueVitamin K1(as Phytonadione) 100 mcg83%Magnesium36 mg9%(as magnesium glycinate)15 mg 136%

Vitamin K2
(as menaquinone-7 [MK-7, MegaquinGold™]
\*The % Daily Value (DV) tells you how much a nutrient

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily values not established.

**OTHER INGREDIENTS:** Cellulose, vegetable capsule (cellulose and water).

#### SUGGESTED USE:

1 capsule per day with food or as directed by your healthcare practitioner.

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#### 

OTHER INGREDIENTS: Vegetable capsule (cellulose and water), cellulose

#### SUGGESTED USE: Ages 8+

† Daily values not established

Take 2 capsules with meals or as directed by your healthcare practitioner. Long-term continuous use could result in decreased microbial diversity. Limit use to 3 month intervals. **Digestive Support** 

#### **FODMATE™**

An enzyme blend that supports digesting FODMAP foods, addressing the occasional abdominal discomfort, bloating, gas, constipation, and diarrhea that may arise from consuming them. Efficient FODMAP breakdown encourages the ongoing consumption of nutrient-dense, antioxidant-rich, plant-based foods.



#### **DIGESTIVE SUPPORT**

#### SUPPLEMENT FACTS

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving % Daily Value
Artichoke leaf extract (Cynara scolymus L)
Deglycyrrhizinated licorice root 75mg †
extract (Glycyrrhiza glabra)(GutGard\*)
Ginger root extract (Zingiber 30mg †
officinale) (standardized to 20% gingerols)

**OTHER INGREDIENTS:** Cellulose, silicon dioxide, vegetable capsule (hypromellose and water)

#### SUGGESTED USE: Ages 8+

† Daily values not established.

1 capsule 2 times per day before meals. Or as directed by your healthcare practitioner. Children under 8 years of age, please consult with your healthcare practitioner **Digestive Support** 

#### MegaGuard™

This innovative digestive aid contains three clinically studied botanicals to address occasional digestive discomforts, including gas, bloating, stomach upset, and disrupted transit time. This unique formula supports normal digestion and regulates stomach acid to promote optimal digestive comfort.\*\*



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#### **Skin Support**

#### SereneSkin™

An ingestible probiotic-powered skincare supplement that impacts the gut-skin axis to support healthy skin. It promotes clearer skin by reducing occasional non-cystic acne and acne lesion counts. It provides a low-maintenance approach to enhancing skin health, clarity, and firmness.\*\*

#### SUPPLEMENT FACTS

Serving Size 1 Capsule Servings Per Container 30

Amount Per Serving % Daily Value
Proprietary Probiotic Blend 290.3 mg †

Bacillus indicus, HU36™, Bacillus subtilis, HU58™, Bacillus coagulans SC208, Bacillus clausii (SC109),Vitamin K2 (as menaquinone-7 [MK-7, MenaquinGold®])

† Daily values not established.

**OTHER INGREDIENTS:** Cellulose, vegetarian capsule (cellulose and water).

#### SUGGESTED USE: Ages 18+

1 capsule per day with a meal or consult with your healthcare practitioner.

#### **COGNITIVE SUPPORT**



#### **Cognitive Support**

## **Zenbiome Cope**<sup>™</sup>

A psychobiotic-powered blend scientifically shown to influence the gut-brain axis and provide support to cope with periodic stressors and mild mood changes. It supports brain and nerve function, balances mood, enhances memory, promotes energy, and helps overcome occasional stress.\*\*

## SUPPLEMENT FACTS

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving	% D	aily Value*
Vitamin B6 (as pyridoxine hydrochloride)	0.85 mg	50%
Vitamin B12 (as hydroxoco- balamin acetate)	1.2 mcg	50%
Bifidobacterium longum 1714™‡	50 mg	5B CFU†
Saffron stigma extract (Crocus sativus L.)	14 mg	†

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily values not established.

**OTHER INGREDIENTS:** Cellulose, vegetable capsule (cellulose and water), magnesium stearate, silicon dioxide.

#### SUGGESTED USE: Ages 8+

1 capsule, 2 times per day with or without a meal, or as directed by your healthcare practitioner.

\*\*These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.

**ATTENTION:** Please be advised that some products featured in this catalog have undergone label revisions. While we strive to update all product information, temporary discrepancies between the catalog and received product label may occur. We appreciate your understanding as we diligently finalize all product label revisions.

## SUPPLEMENT FACTS

Serving Size 1 Capsule Servings Per Container 30

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Amount Per Serving	% Daily Value			
Lemon balm leaf extract (Melissa officinalis L.)	t 200 mg †			
L-Theanine	200 mg †			
Bifidobacterium longum 1714 <sup>™‡</sup>	50 mg 5B CFU †			
† Daily values not established.				

OTHER INGREDIENTS: Vegetable capsule (cellulose and water), cellulose, magnesium stearate, silicon dioxide.

1714" is a trademark of PrecisionBiotics Group Ltd.

#### SUGGESTED USE: Ages 8+

1 capsule in the evening, or as directed by your healthcare practitioner.

#### **Cognitive Support**

#### **Zenbiome SLEEP™**

Designed to help with occasional sleeplessness, this psychobiotic-powered formula is scientifically shown to impact the gut-brain axis and promote relaxation, tension reduction, a calm mind, and better sleep. It helps maintain energy and vitality by resetting a natural sleep cycle.\*\*



#### **IMMUNE SUPPORT**

#### SUPPLEMENT FACTS

Serving Size 1 Capsule Servings Per Container 30

Servings Fer Container 30	
Amount Per Serving	% Daily Value
Limosilactobacillus reuteri DSM 17648	200 mg † 20 Billion Cells
† Daily values not established	

**OTHER INGREDIENTS:** Cellulose, Dextrin, Vegetable Capsule (cellulose water), Silicon Dioxide, Magnesium Stearate.

#### SUGGESTED USE: Ages 9+

1 capsule per day, or as directed by a healthcare practitioner. Children under the age of 9, please consult with your healthcare practitioner.

#### **Immune Support**

#### **PyloGuard**<sup>™</sup>

This proprietary bacterial strain attracts nonbeneficial *H. pylori* bacteria in the digestive tract and promotes its removal. Clinical studies show PyloGuard™ supports managing *H. pylori* levels and reducing the severity of digestive discomforts when used with antibiotics and triple therapy.\*\*



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#### **Immune Support**

## MegalgG2000™

Clinically studied dairy-free immunoglobulin concentrate support for healthy immune, digestive, gut mucosal, and gut barrier function. It promotes healthy detoxification in the GI tract, binding toxins, nonbeneficial metabolites, and bacterial endotoxins, such as lipopolysaccharide (LPS) molecules.\*\*

Learn more about MegalgG2000™

#### 

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Daily values not established.

**OTHER INGREDIENTS:** Microcrystalline cellulose, vegetable capsule (cellulose and water).

#### **SUGGESTED USE:** Ages 8+

4 capsules per day between meals, or as directed by your healthcare practitioner. Drink plenty of fluids. Children under 8 years of age, please consult with your healthcare practitioner.

#### **IMMUNE SUPPORT**



#### **Immune Support**

## MegalgG2000™ Powder

Clinically studied dairy-free immunoglobulin concentrate support for healthy immune, digestive, gut mucosal, and gut barrier function. It promotes healthy detoxification in the GI tract, binding toxins, nonbeneficial metabolites, and bacterial endotoxins, such as lipopolysaccharide (LPS) molecules.\*\*

#### 

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily values not established

#### SUGGESTED USE: Ages 2+

Take 1 scoop daily with or without food, or as directed by your healthcare practitioner. Mix powder into 16 oz of cold water or liquid of your choice. Stir for 20 seconds. Children under the age of 2, please consult your healthcare practitioner. Drink plenty of fluids

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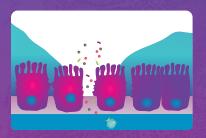


## **Total Gut Restoration**

## RECONDITION | REINFORCE | REBUILD

#### **LEAKY GUT**

Leaky gut occurs when cracks or holes develop in the lining of the intestinal tract. These holes allow toxins and unwanted particles to enter into your blood stream and weaken your immune system. If you have leaky gut, it is important to follow an approach that addresses the key layers of a healthy gut. The Total Gut Restoration system can help fix your gut in 3 simple steps.



#### STEP ONE: RECONDITION

Reconditioning the gut changes the environment so that it favors your beneficial gut bacteria. MegaSporeBiotic $^{\text{TM}}$  can change this environment by changing the acidity in the intestines, limiting the presence of harmful bacteria, and producing metabolites that feed beneficial bacteria.



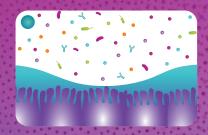
#### STEP TWO: REINFORCE

The gut microbiome is a very dynamic environment so it's important to reinforce the beneficial changes from MegaSporeBiotic™ by feeding friendly keystone bacteria. MegaPre™ contains short-chain carbohydrates, known as oligosaccharides, that have been shown to selectively feed beneficial bacteria and enhance gut restoration.



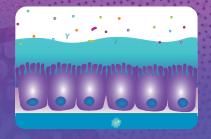
### STEP THREE: REBUILD

In a leaky gut, the protective mucosal layer breaks down and allows toxins to tear through the intestinal lining and into the blood stream. MegaMucosa™ contains key amino acids to help your body naturally rebuild your protective mucus layer and immune cells to help fend off any unwanted toxins during the rebuilding process.



#### **TOTAL GUT RESTORATION**

A healthy gut microbiome is multi-faceted and relies heavily upon 3 fundamental aspects of gut health including the microbial population, physical structures, and immune function. For this reason, therapies that only address one layer are often ineffective. This system was uniquely designed to target all three of these areas to help you achieve Total Gut Restoration.



#### STANDARD PROTOCOL

## Total Gut Restoration

## RECONDITION | REINFORCE | REBUILD

This is a four month plus program. Once this program has been completed, we recommend you follow the maintenance program below.



## 1

#### **MONTH 1**

#### MegaSporeBiotic™

This is a pharmaceutical grade probiotic. It is important to slowly increase the dose over the next four weeks to reach the suggested daily dose.

Week One: Take 1 capsule every other day.

Week Two: Take 1 capsule daily.
Week Three+: Take 2 capsules daily.

To ensure the best results, take two capsules of MegaSporeBiotic once a day with a meal at any time of day.

2

#### MONTH 2

#### MegaSporeBiotic™

Continue taking 2 caps together, with meals.

#### MegaPre™ Powder

Increase microbial diversity / Reinforces microbial changes.

We are going to titrate up to the standard dose.

Week One:  $\frac{1}{2}$  scoop daily, mixed with at least 250ml water.

Week Two+: 1 full scoop daily, mixed with at least 250ml water.

OR

#### MegaPre™ Capsules

Week One: Take 3 capsules daily, with or without a meal.

Week Two+: Take 6 capsules daily, with or without a meal.

3

#### MONTH 3

#### MegaSporeBiotic™

Continue taking 2 caps together, with meals.

#### MegaPre™ Powder

Continue taking one scoop daily, mixed with at least 250ml water. **OR** 

#### MegaPre™ Capsules

Take 6 capsules daily, with or without a meal.

#### MegaMucosa™ Powder

Rebuild a healthy mucosal barrier/alleviate barrier dysfunction.

Week One+: One scoop daily, mixed with at least 250ml water.

OR

#### MegaMucosa™ Capsules

**Week One:** Take 3 capsules daily, with or without a meal. **Week Two+:** Take 6 capsules daily, with or without a meal.

4

#### **MONTH 4 (& THEREAFTER)**

#### MegaSporeBiotic™

Continue taking 2 caps together, with meals.

#### MegaPre™ Powder

Continue taking one full scoop daily, mixed in at least

#### MegaPre™ Capsules

Take 6 capsules daily, with or without a meal.

#### MegaMucosa™ Powder

Continue taking one scoop daily, mixed with at least 250ml water

OR

#### MegaMucosa™ Capsules

Take 6 capsules daily, with or without a meal.

5

#### **MAINTENANCE PROGRAM**

One to two months after all symptoms have corrected begin your initial maintenance program.

Continue taking all three products in #4 above, but reduce **MegaSporeBiotic™** to 2-3 times a week and **MegaMucosa™** and **MegaPre™** to once a week.

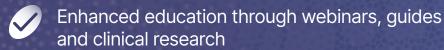
FEBRUARY 2023

# Whole-istic health begins in the microbiome

Backed by Novonesis, a biotech world leader, we control every step of the innovation and formulation process, from strain discovery to final product.

## Our commitment to enhancing traditional healthcare and unlocking the full potential of the microbiome is evident

We support clinicians in differentiating their practice by furthering their knowledge of the microbiome and providing resources that expand to patient care, with:



Holistic health and wellness based on science you can trust

Protocols to support your practice



