



Formulations backed by  
*peer-reviewed, published  
clinical research*



## NEW PRODUCT

# RenewGut™ Thrive GI Optimizer



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# Meet Researched Nutritionals®

Facts matter—that's why research is at the heart of everything we do. We dedicate our resources to publishing peer-reviewed clinical studies on our industry-leading formulations, delivering science-backed solutions you can trust.

*We won't settle for anything less.  
Neither should you.*





Researched Nutritionals® was founded in 2006 by CEO Dennis Schoen with a mission to develop formulations backed by peer-reviewed published research to demonstrate product efficacy. Committed to supporting healthcare practitioners, we focus on addressing complex patient needs at the cellular level—starting with the mitochondria.

As a leader in the nutraceutical market, Researched Nutritionals® serves thousands of providers and their patients worldwide. Our highly trained clinical and customer support teams, along with our customer first approach, delivers an unparalleled experience for practitioners and patients alike.



**Vitality is rooted in the health of our cells and mitochondria—it's the driving force behind transformation. We believe everyone deserves to live an energized, vibrant, and healthy life, and we are passionate about helping others reclaim their resilience and unlock their fullest potential.**

## Your Partner in Health

-  An innovative, data-driven company founded on the belief that published clinical research is the most reliable proof of product efficacy.
-  A practitioner-focused brand dedicated to optimizing critical health areas, beginning with mitochondrial function and its profound, system-wide influence on whole-body wellness.
-  Comprehensive support and education provided by our in-house naturopathic doctor and regional functional medicine consultants.
-  A privately owned, US-based company with a substantial international presence.



## TWO FLAVORS

Original & Vanilla Caramel



Product No. RN141    Product No. RN164



# C-RLA™

## Liposomal Vitamin C & R-Lipoic Acid

C-RLA™ offers a safe, efficacious delivery system of High Dose Vitamin C and R-Lipoic Acid in one formulation. Each serving contains 1,500mg of Vitamin C and 70mg of R-Lipoic Acid in a natural (GMO-free) liposomal preparation. As most oral Vitamin C doses above 250mg are very poorly absorbed, the only efficacious high dose oral delivery system is via liposomes. Many doctors supplement in-office Vitamin C drips with C-RLA™ so the patients continue to receive the benefit of high-dose Vitamin C without stomach distress.

Lipoic acid helps protect against oxidative stress generated by high glucose levels. Alpha-lipoic acid consists of two different forms (isomers) that have vastly different properties. The "R" form is the biologically active component (native to the body) that is responsible for lipoic acid's phenomenal antioxidant effect. The "S" form is produced from chemical manufacturing and is much less effective. Typical alpha-lipoic acid supplements consist of the "R" and "S" form in a 50/50 ratio. Pure R-lipoic acid may be 10 times more effective than other forms of lipoic acid and has been called the "mitochondrial antioxidant" because it is a key component of mitochondrial dehydrogenase complexes. The pure R-Lipoic Acid in C-RLA™ supports a healthy inflammatory response and is a potent free-radical scavenger.\*

### C-RLA™ Original

#### Supplement Facts

Serving Size: 2 teaspoons (10 mL)  
Servings Per Bottle: 30

Amount Per Serving	%Daily Value**	
<b>Calories</b>	5	
<b>Carbohydrates</b>	6 g	2%
Total Sugars less than 1g		
<b>Vitamin C</b> (as Sodium Ascorbate)	1500 mg	1667%
<b>Sodium</b> (as Sodium Ascorbate)	197 mg	9%
<b>R-Lipoic Acid</b> (as Sodium R-Lipoic Acid)	70 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Allulose, deionized water, sunflower lecithin, licorice extract, peppermint oil, spearmint oil. Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

### C-RLA™ Vanilla Caramel

#### Supplement Facts

Serving Size: 2 teaspoons (10 mL)  
Servings Per Bottle: 30

Amount Per Serving	%Daily Value**	
<b>Calories</b>	5	
<b>Carbohydrates</b>	6 g	2%
Total Sugars less than 1g		
<b>Vitamin C</b> (as Sodium Ascorbate)	1500 mg	1667%
<b>Sodium</b> (as Sodium Ascorbate)	197 mg	9%
<b>R-Lipoic Acid</b> (as Sodium R-Lipoic Acid)	70 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Allulose, deionized water, sunflower lecithin, vanilla extract, grapefruit seed extract, stevia extract. Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

#### Each Serving Includes:

Features	Constituents/Actions	Benefits*
<b>Liposomal Delivery</b>	Natural, GMO-free phosphatidylcholine 100% sunflower-derived phospholipids	<ul style="list-style-type: none"> <li>Efficacious delivery system, often used for delivery of pharmaceuticals</li> <li>Allows for high dose vitamins for increased absorption</li> <li>Non-soy product for those with soy sensitivities</li> </ul>
<b>1,500 mg Vitamin C</b>	High-dose Vitamin C	<ul style="list-style-type: none"> <li>Offers absorption of high-dose Vitamin C which is not available in oral capsules and tablets</li> <li>Liposomal delivery means no stomach distress</li> </ul>
<b>70 mg R-Lipoic Acid</b>	Natural & preferred form of lipoic acid	<ul style="list-style-type: none"> <li>Biologically active form of alpha-lipoic acid</li> <li>Powerful antioxidant which promotes healthy mitochondrial function &amp; inflammatory response</li> </ul>

### Suggested Use

As a dietary supplement, mix 2 teaspoons in water and take away from food, or as directed by a healthcare professional. **Shake well before use. Refrigerate after opening.**

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

ANTIOXIDANTS



# Tri-Fortify®

## Clinically Researched Liposomal Glutathione



**Tri-Fortify® Orange**  
**48 Serving Tube** Product No. RN136  
**30 Serving Tube** Product No. RN178  
**20 Pack Box** Product No. RN138

**Tri-Fortify® Watermelon**  
**48 Serving Tube** Product No. RN152  
**30 Serving Tube** Product No. RN199  
**20 Pack Box** Product No. RN154



### Supplement Facts

Serving Size: 1 teaspoon (5 mL)  
 Servings per Container: Approx. 48

	Amount Per Serving	% Daily **
Calories	30	
Total Fat	1 g	1%
Vitamin C (Ascorbic Acid)	50 mg	56%
Reduced Glutathione	450 mg	†

\*\* Percent Daily Value based on a 2,000 calorie diet  
 † Daily Value not established.

**Other Ingredients:** Glycerin, medium chain triglycerides, phospholipids (soy), natural flavor.

**Contains:** Ingredients partially derived from soy and tree nuts (coconut).

Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, wheat and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Serving Includes:

Features	Constituents/Actions	Benefits*
<b>Bolsters Antioxidant Action</b>	<ul style="list-style-type: none"> <li>Glutathione is a tri-peptide composed of the three amino acids L-glutamic acid, L-cysteine and L-glycine</li> </ul>	<ul style="list-style-type: none"> <li>Known as the master antioxidant because it recycles other antioxidants, such as vitamins C and E</li> <li>As glutathione exists within the cells, it is in a prime position to neutralize free radicals, which can build up in cells and cause damage</li> <li>The strong antioxidant effect of glutathione helps keep cells running smoothly</li> </ul>
<b>Promotes Detoxification</b>	<ul style="list-style-type: none"> <li>Glutathione also helps the liver remove chemicals that are foreign (xenobiotics) to the body, such as drugs and pollutants</li> <li>Highest amounts of glutathione are found in the liver and kidneys, which are responsible for the removal of toxic components</li> <li>Glutathione is also present in high amounts in the lung lining</li> </ul>	<ul style="list-style-type: none"> <li>Unique ability to bind to toxins, heavy metals, solvents, and pesticides - and helps the body excrete these substances in either urine or bile</li> <li>Protects against airborne pollutants, and in the intestinal lining, where it bars the absorption of industrial chemicals</li> </ul>
<b>Fortifies Immune System</b>	<ul style="list-style-type: none"> <li>Glutathione is required to maintain the normal function of the immune system</li> </ul>	<ul style="list-style-type: none"> <li>Plays a critical role in the proper function of white blood cells, including T cell lymphocytes and the multiplication of lymphocytes (the cells that mediate specific immunity)</li> <li>Adequate function of white blood cells is essential in mounting an effective immune response</li> <li>Many chronically ill patients have depleted levels of glutathione</li> </ul>

- Clinically-proven intracellular absorption
- Full potency after two years
- No refrigeration required
- Delicious taste and easy to take

### Suggested Use

As a dietary supplement, gently squeeze the tube to fill 1 teaspoon (5 mL), or open a single serving packet. Hold under tongue for 30-60 seconds and then swallow, or use as directed by your healthcare professional. Additional doses may be taken.

**Shake tube well before use.**

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

Tri-Fortify®, is a registered trademark of Researched Nutritionals, LLC. All rights reserved.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

ANTIOXIDANTS



# Research *in focus:* Tri-Fortify®

## RESEARCH EXECUTIVE SUMMARY

An in vivo 2-week study using Tri-Fortify® as the sole nutritional intervention was conducted to assess changes in intracellular glutathione absorption, natural killer cell function and oxidative stress markers. This research was conducted at the Penn State University College of Medicine.<sup>1</sup>

The researchers concluded that "The results of this pilot study demonstrate for the first time increased body stores of GSH after oral administration of liposomal GSH in humans...and the effects were seen as early as 1 week. In addition, liposomal GSH had positive effects on several GSH-related parameters, including decreases in biomarkers of oxidative stress and enhancements in immune function."

### RESEARCH HIGHLIGHTS:

- **Intracellular absorption**

28% increase in red blood cell glutathione levels (erythrocytes)\*  
( $p < 0.05$ )<sup>1</sup>

- **Immune support**

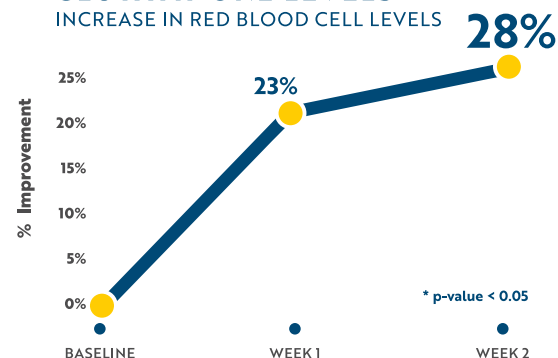
400% increase in natural killer cell function\* ( $p < 0.05$ )<sup>1</sup>

- **Oxidative stress**

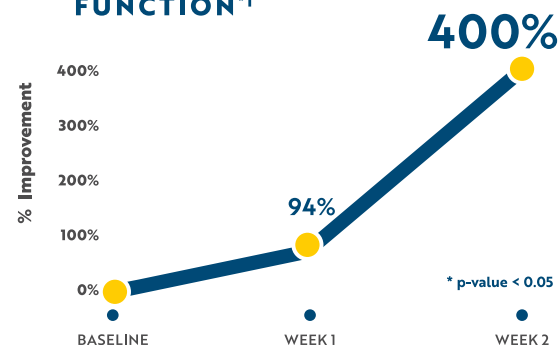
25% reduction in lipid peroxidation\*  
( $p < 0.05$ )<sup>1</sup>



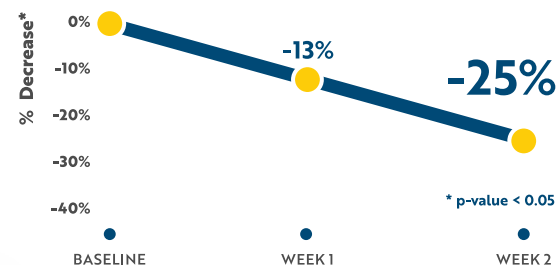
### GLUTATHIONE LEVELS\*<sup>1</sup> INCREASE IN RED BLOOD CELL LEVELS



### NATURAL KILLER CELL FUNCTION\*<sup>1</sup>



### OXIDATIVE STRESS MARKERS\*<sup>1</sup> LIPID PEROXIDATION (Reduced cellular membrane oxidation)



1. European Journal of Clinical Nutrition (R Sinha, JP Richie Jr., Et al.. Oral supplementation with liposomal glutathione elevates body stores of glutathione and markers of immune function. Eur J Clin Nutr. 2018 Jan; 72(1): 105-111.).





Product No. RN144



# CoQ10 Power™ (400 Mg per softgel)

## High Absorption Softgel

CoQ10 Power™ is a GMO-free and soy-free, 400mg therapeutic-strength dose of CoQ10 in an absorbable softgel delivery system. CoQ10 Power™ is an ultra-clean formula, containing no titanium dioxide (a common additive in many CoQ10 supplements).

CoQ10 is well known for its ability to support cardiovascular function and heart health, while providing support to energy production and acting as a powerful antioxidant.

### Suggested Use

As a dietary supplement, take 1 to 3 softgels per day with or without food or as directed by your healthcare professional.

### Cautions

Should not be used while patient is taking prescription drug atovaquone (Mepron®). If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

**Serving Size: 1 Softgel**  
**Servings Per Container: 60**

Amount Per Serving	%Daily Value**	
<b>Calories</b>	<b>9</b>	
<b>Total Fat</b>	<b>0.8 g</b>	<b>1%</b>
<b>Coenzyme Q-10</b>	<b>400 mg</b>	<b>†</b>

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Non-GMO sunflower oil, gelatin, glycerin, purified water, non-GMO sunflower lecithin, annatto liquid, yellow beeswax.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.



Product No. RN156



# Ubiquinol Super 200™

## CoQ10 for Enhanced Absorption

Ubiquinol Super 200™ offers the patient 200 mg of the reduced form of CoQ10 for its primary antioxidant role. As people age, CoQ10 becomes more difficult to absorb. This reduced form of CoQ10 improves absorption, while offering an affordable option for those seeking the benefits of CoQ10 in the ubiquinol form.

### Suggested Use

As a dietary supplement, adults take 1 softgel daily, preferably with a meal, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

**Serving Size: 1 Softgel** **Servings Per Container: 30**

Amount Per Serving	% Daily Value**	
<b>Ubiquinol (Kaneka Ubiquinol™)</b>	<b>200 mg</b>	<b>†</b>
(Enhanced Bioactivity CoQ10)		

\*\* Percent Daily Values are based on a 2,000 calorie diet.

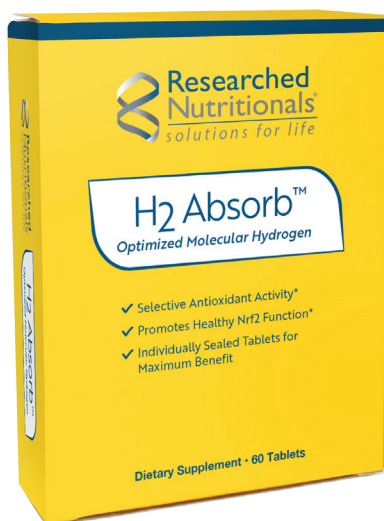
† Daily Value not established.

**Other Ingredients:** D-limonene Oil, Gelatin, Glycerin, Caprylic Acid, Purified Water, Capric Acid, Alpha Lipoic Acid, Natural Caramel Coloring

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

Q+®, Kaneka Ubiquinol™ and the quality seal are registered or pending trademarks of Kaneka Corp.

ANTIOXIDANTS



Product No. RN149



# H<sub>2</sub> Absorb™

## Effervescent Antioxidant

Molecular Hydrogen (two atoms of hydrogen combined into one molecule) is a powerful antioxidant that selectively targets the most toxic of free radicals, the hydroxyl group. The ability to selectively target free radicals is important as it means that it will not interfere with adjunctive therapies doctors may be pursuing.

The healthy body creates free radicals as a result of normal activity & metabolism. These free radicals, known as ROS (reactive oxygen species) or RNS (reactive nitrogen species) are kept in check by the healthy body, maintaining normal mitochondrial function. Health challenges, including chemical exposure or physical stress, provide additional obstacles to maintaining this balance.

### Supplement Facts

Serving Size: 1 Tablet | Servings Per Container: 60

Amount Per Serving	% Daily Value **	
<b>Magnesium</b>	80 mg	19%
<b>RN Ionic Hydrogen Matrix</b> (Dextrose, Malic acid, Tartaric acid)	520 mg	†

\*\* Percent Daily Value based on a 2,000 calorie diet  
† Daily Value not established.

**Other Ingredients:** Adipic acid, sodium stearyl fumarate

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Tablet Includes:

Features	Constituents/ Actions	Benefits*
<b>Molecular Hydrogen</b>	Hydrogen molecule in gas form	<ul style="list-style-type: none"> <li>Selectively targets toxic free radicals such as the hydroxyl free radicals – the strongest oxidizing (toxic) radical</li> <li>Neutralizes hydroxyl free radicals by turning it into water (as a result of giving up an electron)</li> <li>This selectivity makes this therapy an adjunctive approach to certain immune protocols targeting toxic oxidants</li> <li>Hydrogen gas is a very stable molecule which cannot be broken apart by good free radicals</li> </ul>
	Mitochondrial Advantage	<ul style="list-style-type: none"> <li>Most free radicals are formed in the mitochondria, as it produces energy (ATP)</li> <li>Hydrogen is the lowest weight (smallest) element and, as a neutral molecule, is easily absorbed into the cell and mitochondria</li> <li>As a gas, hydrogen can penetrate cellular membranes &amp; enter intracellular compartments</li> <li>Promotes healthy level of oxidative stress</li> </ul>
	Hydrogen molecule is balanced (two electrons & two protons)	<ul style="list-style-type: none"> <li>This means that it is neutrally charged and will not make water acidic</li> <li>It is tasteless, colorless and odorless</li> </ul>
	Promotes healthy glutathione levels	<ul style="list-style-type: none"> <li>Hydrogen gas positively impacts gene transcription, promoting glutathione production</li> </ul>

In contrast to many antioxidants, hydrogen gas is able to penetrate the blood brain barrier.

### Suggested Use

As a dietary supplement, place 1 tablet in approximately 8 oz. of non-carbonated water, wait for tablet to dissolve and drink immediately. Repeat twice daily or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

ANTIOXIDANTS





Product No. RN140



# TocoPure™ D&G

## Cardiovascular, Immune & NF-kB Support\*

TocoPure™ D&G is pure tocotrienol derived from the beans of the annatto plant. The benefit of annatto derived tocotrienols is that they contain 100% delta and gamma tocotrienols and no tocopherols (which may reduce the absorption of the potent tocotrienol compounds). The power of pure tocotrienols, especially high levels of the delta and gamma tocotrienols includes promoting healthy cellular apoptosis, supporting normal LDL cholesterol levels and cytokine activity (supporting NF-kB management). As an extremely powerful antioxidant, pure tocotrienols play a key role in maintaining cellular membrane health.

### Supplement Facts

**Serving Size: 2 Softgels**  
**Servings Per Container: 30**

Amount Per Serving	% Daily Value**
<b>Tocotrienols</b>	<b>250 mg *</b>
(As DeltaGold® 90% d-delta tocotrienol and 10% d-gamma tocotrienol)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Gelatin, glycerin, purified water  
Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Suggested Use

As a dietary supplement, take 2 softgels daily with a meal (preferably dinner) or as directed by your health care professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Each Softgel Includes:

Features	Constituents/Actions	Benefits*
<b>Pure Tocotrienols</b>	90% Delta tocotrienol 10% Gamma tocotrienol	<ul style="list-style-type: none"> <li>Promote healthy cellular apoptosis</li> <li>Support normal LDL cholesterol levels</li> <li>Potent compounds promoting healthy cytokine/NF-kB activity</li> <li>Acts as an antioxidant in the body</li> </ul>
<b>Annatto-plant derived</b>	Delta & Gamma isomers (compounds within tocotrienols) No tocopherols	<ul style="list-style-type: none"> <li>Optimal absorption &amp; health benefits when consumed away from tocopherols (more standard form of Vitamin E)</li> </ul>

## WHY GO TOCOPHEROL-FREE?

Because tocopherol...

- Blocks absorption of tocotrienols
- Compromises tocotrienol's ability to reduce cholesterol\*
- Induces breakdown of tocotrienols
- Increases cholesterol in high doses\*

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.





Product No. RN128



# CogniCare®

## Mental Acuity & Focus\*

CogniCare® provides a comprehensive cognitive support formula with proprietary blends of the most researched nutrients for mental clarity and processing activities.

### Suggested Use

As a dietary supplement, take 2 capsules twice daily with meals or as directed by your healthcare professional.

### Cautions

If you have low blood pressure, have a history of heart problems, strokes or are using blood-thinning medications, AChE inhibitors, glaucoma or bipolar medications, consult your doctor before using this product. Not for use by women who are pregnant, may become pregnant, or are nursing.

### Supplement Facts

Serving Size: 2 capsules  
Servings per Container: 60

Amount Per Serving	%Daily Value**	
Vitamin B-6 (from ProAcuity & Mood Complex)	10 mg	588%
Vitamin B-12 (from ProAcuity & Mood Complex)	2500 mcg	104,167%
<b>NeuroTransmitter™ Complex</b> L-Glutamine (free form), L-Tyrosine, Phosphatidyl Serine, Huperzine A	650 mg	†
<b>ProAcuity &amp; Mood Complex™</b> Vitamin B-6 (Pyridoxine HCl), Vitamin B-12 (as methylcobalamin)	12.5 mg	†
<b>Ultimate Focus™ Complex</b> Acetyl-L-Carnitine, Vinpocetine	780 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Vegetable cellulose (capsule shell), dicalcium phosphate, rice hull extract, silica.

**Contains:** Ingredient derived from soy.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>NeuroTransmitter™ Complex</b>	Proprietary blend of Huperzine A, L-glutamine, L-tyrosine, Phosphatidyl Serine	<ul style="list-style-type: none"> <li>Supports healthy cognitive performance</li> <li>Promotes healthy acetylcholine levels</li> <li>Modulator of inhibitory and excitatory neurotransmitters</li> <li>Allows brain cells to metabolize glucose</li> <li>Modulates the fluidity of cell membranes -- essential for sending and receiving messages</li> <li>Promotes a healthy number of membrane receptor sites for receiving messages</li> <li>Restores brain's supply of and output of acetylcholine</li> <li>Plays important role in production of neurotransmitters, which regulate emotions</li> </ul>
<b>Ultimate Focus™ Complex</b>	Proprietary blend of Acetyl L-Carnitine and Vinpocetine	<ul style="list-style-type: none"> <li>Promotes healthy blood circulation within the brain</li> <li>Nurtures healthy neural levels of acetylcholine, a major neurotransmitter which assists memory and proper brain function</li> <li>Advances the body's ability to fight oxidative stress</li> </ul>
<b>ProAcuity &amp; Mood Complex™</b>	B-6 (Pyridoxine HCl), B-12 (as methylcobalamin)	<ul style="list-style-type: none"> <li>Promotes healthy mental mood function</li> <li>Supports normal memory and verbal function</li> <li>Promotes healthy mental acuity</li> </ul>

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Product No. RN162



# BDNF Essentials®

## Neuroplasticity Support Formula\*

### Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60

Amount Per Serving	%Daily Value**
<b>Choline</b> (as Cytidine Diphosphate Choline Sodium Salt)***	<b>25 mg 5%</b>
<b>Sodium</b> (as Cytidine Diphosphate Choline Sodium Salt)***	<b>5 mg &lt;1%</b>
<b>NeuroCyto Protect™ Blend</b>	<b>1175 mg †</b>
Organic Lion's Mane Mushroom ( <i>Hericium erinaceus</i> ) Mycelium and Fruiting Body Powder, Skullcap ( <i>Scutellaria lateriflora</i> ) Herb Powder, Black Rice ( <i>Oryza sativa</i> ) Seed Extract (25% Anthocyanins), Bacopa ( <i>Bacopa monnieri</i> ) Herb Extract, Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) Root and Leaf Extract	
<b>Cognition Blend</b>	<b>175 mg †</b>
CDP Choline Sodium Salt, Sharp-PS® Green Phosphatidylserine	

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Hypromellose (capsule), leucine.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, sesame, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

BDNF Essentials® is a clinically researched comprehensive supplement that supports neurological health and cognitive function. This multi-ingredient formula has been shown in research to boost healthy cognition, nurture functional memory and support healthy cytokine activity and cortisol in the brain.\*

### Mechanisms of Action\*

Promotes healthy:

- Cortisol
- Cognitive function
- Neuro cytokine activity
- Nrf2 (brain antioxidant) function
- Oxidative stress
- Cellular membranes & function
- Neuroplasticity function
- Neuronal repair
- BDNF function
- Neurogenesis (formation of new neurons)

### Suggested Use

As a dietary supplement, take 2 capsules twice daily, with or without meals, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>NeuroCyto Protect™ Blend</b>	<ul style="list-style-type: none"> <li>• Skullcap</li> <li>• Ashwagandha</li> <li>• Bacopa</li> <li>• Lion's Mane</li> <li>• Black Rice Seed Extract</li> </ul>	<ul style="list-style-type: none"> <li>• Supports normal cytokine levels</li> <li>• Nurtures a healthy mood</li> <li>• Promotes healthy BDNF formation</li> </ul>
<b>Cognition Blend</b>	<ul style="list-style-type: none"> <li>• Phosphatidylserine</li> <li>• Citicoline</li> </ul>	<ul style="list-style-type: none"> <li>• Promotes healthy cortisol</li> <li>• Support healthy cognitive function</li> <li>• Promote healthy cellular membrane function</li> </ul>

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COGNITION

# Research *in focus:* BDNF Essentials®



## Objectives

The objective of this study was to investigate the efficacy of BDNF Essentials® on cognition in healthy adults with self-reported memory complaints.

## Researchers Conclusions

"BDNF Essentials® improved reaction time in measures of working memory, episodic memory, and attention, reduced biomarkers of stress, and [cytokine activity], and improved mood, and sleep."

Supplementation with BDNF Essentials® also reduced salivary cortisol and IL-6.\*

These data suggest the use of BDNF Essentials® to promote healthy cognitive function and memory.\*

## CLINICAL RESULTS:

### STRESS + ANXIETY SUPPORT\*

Cortisol

**10% Reduction<sup>1</sup>**  
(P<0.05)

### IMPROVED MEMORY\*

Immediate Word Recall

**41% Improvement<sup>1</sup>**  
(P<0.05)

Visual Memory

**13% Improvement<sup>1</sup>**  
(P<0.05)

### MOOD IMPROVEMENT\*

Confusion-Bewilderment

**18% Improvement<sup>1</sup>**  
(P<0.05)

Depression-Dejection

**12% Improvement<sup>1</sup>**  
(P<0.05)

### ADDITIONAL AREAS OF IMPROVEMENT<sup>1\*</sup>

• Working Memory

• Number Matching

• IL-6 Reduction

• Complex Processing

<sup>1</sup>Lewis D. Erin, Crowley C. David, Hamilton Debby, Guthrie Najla and Evans Malkanthi\*, *An Open-label Exploratory Study Investigating BDNF Essentials® on Cognition in Healthy Adults with Self-reported Memory Complaints*, Current Nutraceuticals 2023; 4 : e171123223619 . <https://dx.doi.org/10.2174/0126659786256669230930114915>





Product No. RN145



# CytoQuel®

## Healthy Cytokine Support\*

Current research has focused on the impact of cytokine function on the inflammation process. During an infection, the body naturally produces pro-inflammatory cytokines as part of its defense mechanism. The healthy body balances pro-inflammatory cytokines with anti-inflammatory cytokines. However, if these pro-inflammatory cytokines (i.e. IL-1, IL-6, IL-8, IL-17, IL-23), Tumor Necrosis Factor-alpha (TNF- $\alpha$ ), Nuclear Factor kappa B (NF- $\kappa$ B) continue in the "on position" and inflammation levels remain high, adverse health may be the result.

CytoQuel® has been developed to promote a healthy cytokine balance. Based on the latest published research, CytoQuel® offers you and your patients an effective tool in the quest for healthy cytokine function.

### Suggested Use

Take 3 capsules once per day with a meal, or use as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

**Serving Size: 3 Capsules**

**Servings Per Container: 30**

Amount Per Serving	%Daily Value**
<b>Cytokine Support Blend</b>	<b>1,850 mg †</b>
Black Tea Extract (50% EGCG), N-Acetyl Cysteine, CurcuWIN™ Turmeric Extract, DeltaGold® Tocotrienols, Resveratrol (Natural Trans-Resveratrol)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Vegetable Capsule, L-Leucine, Silicon Dioxide.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>CQ™ Blend</b>	N-acetyl cysteine (NAC)	<ul style="list-style-type: none"> <li>Promotes healthy NF-<math>\kappa</math>B, IL-6, IL-8 levels</li> </ul>
	Black Tea Extract	<ul style="list-style-type: none"> <li>High level of the polyphenol, EGCG</li> <li>Promotes healthy levels of IL-23, which controls IL-17 levels</li> <li>Supports healthy levels of NF-<math>\kappa</math>B, TNF- <math>\alpha</math>, IL-1 beta, IL-6, IL-8 (Herxheimer reactions increase TNF- <math>\alpha</math>, IL-6 &amp; IL-8)</li> </ul>
	CurcuWIN™ turmeric extract	<ul style="list-style-type: none"> <li>Promotes healthy levels of IL-6, IL-17, IL-21</li> <li>Published research demonstrating it as the highest bioavailable form of turmeric</li> <li>CurcuWIN™ combines curcumin with a hydrophilic (allowing it to disperse in water) carrier, using the UltraSOL™ molecular dispersion technology. UltraSOL™ converts lipophilic (fat-loving or fat-absorbing) nutrients into water-dispersible ingredients.</li> </ul>
	DeltaGold® Tocotrienols	<ul style="list-style-type: none"> <li>100% delta and gamma tocotrienols and no tocopherols (which may reduce the absorption of the potent tocotrienol compounds).</li> <li>Promotes healthy inhibition levels of NF-<math>\kappa</math>B &amp; nitric oxide</li> </ul>
	Resveratrol (Natural Trans-Resveratrol)	<ul style="list-style-type: none"> <li>Promotes healthy inhibition levels of TNF-<math>\alpha</math>, IL-1 beta, IL-6 &amp; NF-<math>\kappa</math>B</li> </ul>

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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Research *in focus:* CytoQuel®

## RESEARCH EXECUTIVE SUMMARY

Participants with documented [physical discomfort] for at least six months duration were given CytoQuel® for eight weeks as part of a clinical study that was published in the *Journal of Pain Research*<sup>1</sup>. Measurements of vascular and cytokine markers were done along with a research-validated questionnaire at baseline, two weeks, and eight weeks.

### RESEARCH HIGHLIGHTS:

- Physical Discomfort**

65% decrease in pain in 8 weeks\*  
( $p < 0.0006$ )

- Sleep**

44% improvement in sleep quality in 8 weeks\*  
( $p < 0.02$ )

- MMP-9**

9.6% reduction in 8 weeks\* ( $p < 0.1$ )

- Blood Pressure**

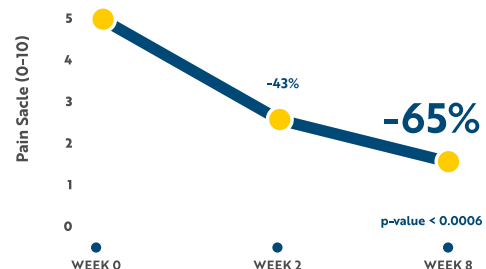
Ankle brachial index values decreased to normal values of 1.0\* ( $p < 0.01$ )

- Vascular and Cytokine Markers**

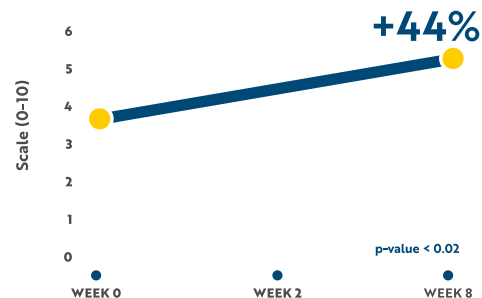
Reductions in vWF (VonWillebrand Factor), fibrinogen, TNF-alpha, IL-1ra\*



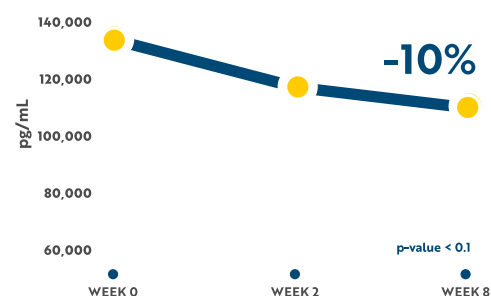
### PHYSICAL DISCOMFORT\*



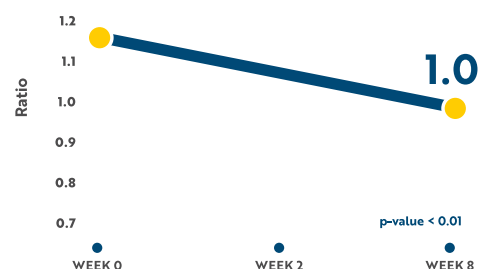
### SLEEP IMPROVEMENT\*



### MMP-9\*



### ANKLE BRACHIAL INDEX\*



1. Journal of Pain Research (D Hamilton, G Jensen). Pain reduction and improved vascular health associated with daily consumption of an anti-inflammatory dietary supplement blend. J Pain Res. 2019; 12: 1497-1508.



Product No. RN155



# Curcumin Pure™

## Ultra Absorbable Turmeric Extract

### Supplement Facts

Serving Size: 2 Capsules  
Servings per Container: 30

Amount Per Serving	%Daily Value**
CurcuWIN™ Turmeric Extract	500 Mg †

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Cellulose (capsule shell), rice flour.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

Curcumin Pure™ offers physicians a standalone curcumin product featuring CurcuWIN™ brand turmeric extract. Published research shows CurcuWIN™ providing absorption at a rate of 46 times standard curcumin and over 6 to 30 times greater than other enhanced curcumin products. CurcuWIN™ combines curcumin with UltraSOL™, a molecular dispersion technology. UltraSOL™ converts lipophilic (fat loving or fat absorbing) nutrients into water-dispersible ingredients. Curcumin is notoriously hydrophobic (not absorbed in water), reducing the body's ability to

efficiently utilize the nutrient. CurcuWIN™ utilizes the UltraSOL™ technology platform creating molecular dispersion. The micro particles are then coated with food-grade excipients and antioxidants to protect and stabilize the curcumin. The excipients facilitate better dispersion in aqueous solution while the antioxidants protect and facilitate more efficient utilization within the body.

### Suggested Use

As a dietary supplement, take 1 to 2 capsules once daily with or without food, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>CurcuWIN™ turmeric extract</b>	Pure curcumin with UltraSOL™ molecular dispersion technology	<ul style="list-style-type: none"> <li>• 46 times more absorbable than traditional turmeric extract</li> <li>• Contains a minimum of 20% curcuminoids</li> </ul>

CYTOKINE SUPPORT







Product No. RN115



# InlaQuell™

*Enzymatic support for healthy cytokine, respiratory, and vascular/fibrinolytic function\**

InlaQuell™ is a vegetarian proteolytic enzyme system formulated to promote healthy inflammation, respiratory, and vascular functioning.\* Proteolytic (protease) enzymes break down proteins in the body, including some involved in cytokine activation.

As a combination of highly researched vegetarian enzymes in the proper dosing relationship, along with Rutin's antioxidant support, InlaQuell™ provides the practitioner with a comprehensive targeted approach. Unlike broad-based standard digestive enzymes combinations, InlaQuell™ targets protein systemically (throughout the body) to optimize patient health. Proteolytic enzymes appear to have an affinity to accumulate at sites of higher cytokine activity, possibly accounting for their role in promoting a healthy inflammation response.

## Optimal Absorption

Studies have shown that protease enzymes are absorbed intact and transported across the gut wall. These vegetarian protease enzymes work in a wide pH range (2.75 – 7.8), providing optimal absorption versus animal-sourced enzymes, which work well only in a more alkaline medium (7.2 – 11.0).

## Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 60

Amount per Serving	% Daily Value**	
<b>Carbohydrates</b>	<b>&lt;1g</b>	<b>&lt;1%</b>
<b>InlaQuell™ 100 Blend</b> (Protease 6.0, Bromelain, Papain Serrazimes® (endo/exo protease))	<b>930 mg</b>	<b>†</b>
<b>Pro Capillary &amp; Buffering Blend</b> (Rutin, Ginger Rhizome)	<b>450 mg</b>	<b>†</b>

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Hypromellose (vegetable capsule), rice bran, and water.

**Contains:** Sulfites.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts and peanuts. Produced in a facility that may process other ingredients containing these allergens.

CYTOKINE SUPPORT



## Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>InlaQuell™ 100 Blend</b>	Protease 6.0, Bromelain, Papain Serrazimes® (endo/exo protease)	<ul style="list-style-type: none"> <li>Plant-based pancreatic alternative</li> <li>Protease consisting of amylase and lipase</li> <li>Pineapple sourced (bromelain) enzyme promoting healthy white blood cell count</li> <li>Serrazimes® provides a blend of proteases shown to break down protein substrates in a manner similar to serratiopeptidase.</li> <li>Papaya sourced enzyme (papain) promotes a healthy inflammation response</li> </ul>
<b>Pro Capillary &amp; Buffering Blend™</b>	Rutin, Ginger Rhizome	<ul style="list-style-type: none"> <li>Rutin is a bioflavonoid that nurtures antioxidant and anti-inflammatory activities</li> <li>Ginger gently buffers the capsules for sensitive patients</li> </ul>

## Mechanisms of Action

- InlaQuell™ 100 blend of vegetarian sourced proteolytic enzymes breaks down certain proteins helping support a healthy inflammatory response, respiratory functioning, and vascular health.
- Rutin, a bioflavonoid, provides antioxidant support that has been shown to support healthy cardiovascular and inflammatory processes.
- Ginger Rhizome provides buffering to promote gastrointestinal comfort for sensitive patients.

## Suggested Use

As a dietary supplement, take 3 capsules twice daily at least 2 hours after eating or 1 hour before eating, or as directed by your healthcare professional.

## Cautions

This product may increase the absorption and distribution of certain pharmaceuticals. If taking prescription medication or if pregnant or nursing, consult your prescribing physician before taking this product. Systemically used proteases have anti-thrombic actions. Persons with bleeding disorders, or those who are taking anti-thrombic medications, may experience increased clotting times. This product may irritate gastric ulcers.



Product No. RN170



# MycoPul®

## Advanced Binder Complex\*

MycoPul® employs multiple targeted binders to remove mycotoxins (toxins produced by mold), heavy metals, and other environmental toxins from the GI tract. Because each mycotoxin is unique and responds differently, MycoPul's proprietary MycoPlex™ blend is formulated with multiple ingredients intended to bind and remove the most prevalent mycotoxins.\*

Included in MycoPlex™ is a patented, purified, and natural form of zeolite: G-PUR® Zeolite Clinoptilolite. G-PUR® uses a proprietary purification process to remove any contaminants it may have previously bound to from soil, enabling it to bind to more toxins within the GI tract. Other forms of zeolite have high aluminum to silica ratios reducing their binding ability. Our clinoptilolite form is more stable, does not break down in the body and has high affinity for binding ammonia. Our MycoPlex™ blend also contains PureBind™ humic acid, sourced from a particular peat bog in Europe known to produce the purest and most potent humic acid available.\*

### Supplement Facts

**Serving Size: 1 Capsule**  
**Servings Per Container: 30**

Amount Per Serving	%Daily Value**
<b>MycoPlex™</b>	<b>600 mg †</b>
Activated Charcoal, PureBind™ Humic Acid, Fulvic Acid, G-PUR® Purified Zeolite Clinoptilolite, Microchitosan, Silica (from Bamboo Extract)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Hypromellose (vegetable capsule)

**Contains:** Shellfish (snow crab)

Manufactured without milk, eggs, fish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

MycoPul® is a complete targeted binder with a high dose of safe ingredients for more vigorous removal of mycotoxins.\*

### Mechanisms of Action\*

- Binds to mycotoxins within the gastrointestinal tract to facilitate removal\*
- Decreases reabsorption of mycotoxins through enterohepatic circulation\*
- Multiple binders target specific mycotoxins from various mold species\*
- Binds with environmental toxins to facilitate removal\*

### Suggested Use

As a dietary supplement, take 1 capsule once daily on an empty stomach (at least 2 hours after eating or 1 hour before eating) or as directed by your healthcare professional. It is recommended to take a multi-mineral such as Core Minerals™ at the opposite time of day while using MycoPul®.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Each Serving Includes:

Features	Constituents/ Actions	Benefits*
<b>MycoPlex™ Binder Complex</b>	PureBind™ Humic Acid and Fulvic powder blend with trace minerals	<ul style="list-style-type: none"> <li>• Unique humic powder containing 70% humic acids, compared to 30% humic acids found in most generic humic powders.</li> <li>• Derived from unique peat bog in Europe known for its low amount of environmental contamination and high potency.</li> <li>• Humic and fulvic are general binders for mycotoxins and used specifically for Aflatoxins from Aspergillus in food</li> </ul>
	Activated Charcoal	<ul style="list-style-type: none"> <li>• Supports removal of Ochratoxins, Aflatoxins, Trichothecenes, and Zearalenone</li> </ul>
	G-PUR® purified Zeolite (Clinoptilolite)	<ul style="list-style-type: none"> <li>• G-PUR® Zeolite is a unique form of zeolite that is quality controlled and put through a patented purification process to remove heavy metals and contaminants</li> <li>• G-PUR® Zeolite is of the clinoptilolite form, which has a high ion exchange capacity allowing it to bind more mycotoxins and heavy metals than other zeolite forms</li> <li>• High affinity for binding ammonia which promotes healthy glial, liver and kidney function</li> </ul>
	Microchitosan	<ul style="list-style-type: none"> <li>• Microchitosan can support healthy removal of fungus from the body</li> <li>• Supports removal of Ochratoxin and heavy metals</li> </ul>
	Silica	<ul style="list-style-type: none"> <li>• Aids aluminum removal from the body, essential for brain health</li> </ul>

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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.





Product No. RN168



# ToxinPul™

*Specifically Targeting Glyphosate, Heavy Metals and Aluminum\**

ToxinPul™ is a multi-function binder and detox support formula developed to provide your patients with the most comprehensive support available. Utilizing multiple mechanisms of action, ToxinPul™ binds toxins and metals throughout the body while supporting the healthy function of the critical detoxification pathways and organs such as the liver and the kidneys.\*

## Suggested Use

As a dietary supplement, take 3 capsules once daily on an empty stomach (at least 2 hours after eating or 1 hour before eating) or as directed by your healthcare professional. It is recommended to take a multi-mineral such as Core Minerals™ at the opposite time of day while using ToxinPul™.

## Cautions

If pregnant or nursing, consult your healthcare professional before use.

## Supplement Facts

**Serving Size 3 Capsules Servings Per Container 30**

Amount Per Serving	% Daily Value**
<b>Vitamin C</b> (from LivCleanse™ Complex)	100 mg 111%
<b>ToxPul™ Complex</b>	660 mg †
Fulvic Acid, PureBind™ Humic Acid, Organic Cilantro Leaf ( <i>Coriandrum sativum</i> ), Silica, Chlorella (Broken Cell) Powder ( <i>Chlorella vulgaris</i> )	
<b>LivCleanse™ Complex</b>	1200 mg †
Taurine, Dandelion (root) ( <i>Taraxacum officinale</i> ), Quercefit® (Stabilized Quercetin), Vitamin C (as ascorbic acid)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Silicon dioxide, hypromellose (vegetable capsule).

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

## Mechanisms of Action

### Binds heavy metals and toxins such as glyphosate\*

- Multiple binders provide full-spectrum support for a wide range of toxins and metals\*
- Includes both systemic and GI tract binders

### Supports essential detoxification organs and pathways\*

- Herbal blend supports liver and kidney function\*
- Supports bile flow for healthy toxin removal\*
- Vitamin C for antioxidant support\*

ToxinPul™ consists of clinically researched ingredients, each with a specific role in promoting the body's healthy detoxification of herbicides and metals. Particular forms and sources of ingredients were chosen for their exceptional purity and efficacy, such as Quercefit®, a unique form of quercetin that is 20x more absorbable than standard quercetin, as well as PureBind™ humic acid, a superior, premium humic acid known for its purity and concentration. (Contains 70% humic acid vs. the 30% found in most standard humic substances).

ToxinPul™ may be used as a stand-alone product or in conjunction with other formulas to develop a more robust detoxification protocol, such as our Glyphosate and Heavy Metal Detox bundle.

## Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>ToxPul™ Complex</b>	PureBind™ Humic Acid, Fulvic Acid, Silica, Chlorella, Cilantro	<ul style="list-style-type: none"> <li>• Targeted binders for multiple chemicals including pesticides, herbicides, and heavy metals*</li> <li>• Binding of toxins in both the GI tract and systemically*</li> <li>• Silica to aid in binding aluminum and prevent accumulation of aluminum in the body*</li> <li>• Cilantro to support mobilization of toxins in the body to increase removal*</li> </ul>
<b>LivCleanse™ Complex</b>	Taurine, Dandelion, Quercefit™ (Stabilized Quercetin), Vitamin C	<ul style="list-style-type: none"> <li>• Taurine to support bile flow for better toxin removal and a source of sulfur needed for detoxification pathways*</li> <li>• Quercefit™ (20X more absorbable form of Quercetin) to support healthy liver and kidney function*</li> <li>• Dandelion for healthy liver support and protection from herbicides*</li> <li>• Vitamin C for antioxidant protection*</li> </ul>





Product No. RN159



# ATP 360®

## Next Generation Mitochondrial Complex

Supplement Facts		
Serving Size 3 Capsules Servings Per Container 30		
Amount Per Serving		% Daily Value**
<b>Vitamin C</b> (from Membrane Restore™ Blend)	100 mg	111%
<b>Thiamin</b> (from Krebs Plus Foundation™ Blend)	50 mg	4167%
<b>Riboflavin</b> (as Riboflavin-5-phosphate) (from Membrane Potential™ Blend)	65 mg	5000%
<b>Choline</b> (from RN Lipid Concentrate™ Blend)	27 mg	5%
<b>Magnesium</b> (from Krebs Plus Foundation™ Blend)	50 mg	12%
<b>Membrane Potential™</b> CoQ10, Riboflavin-5-Phosphate, NADH	215 mg	†
<b>Membrane Restore™</b> Ascorbic Acid, DeltaGold® Tocotrienols	186 mg	†
<b>RN Lipid Concentrate™</b> (Phospholipids incl. Phosphatidylcholine, Phosphatidylethanolamine, Phosphatidylinositol)	400 mg	†
<b>Krebs Plus Foundation™</b> R-Lipoic Acid, Alpha Ketoglutaric Acid, Magnesium (as Magnesium Malate), Thiamine HCl	225 mg	†
<b>Mitogenesis RN™</b> Acetyl L-Carnitine, PQQ (Pyrroloquinoline Quinone)	210 mg	†

**Other Ingredients:** Hypromellose (vegetable capsule), microcrystalline cellulose, rice hull extract, calcium carbonate, vegetable magnesium stearate, and mineral silica.

**Contains:** Ingredients derived from soy.

Mitochondrial health can be influenced by a multitude of health-related & environmental factors. To improve mitochondrial function, both the number of mitochondria and the function of mitochondria need to be supported. ATP 360® was designed to offer complete mitochondrial support, including promoting normal mitochondrial growth and mitosis, supporting a healthy mitochondrial membrane, and supplying the necessary cofactors for optimal cellular energy production.\*

This complete mitochondrial complex supports the following key areas of mitochondrial health:

- **Healthy Membrane\***
  - Energy is created within the membrane\*
  - A healthy membrane is essential for vigorous energy production\*
- **Healthy Antioxidant Levels\***
  - Antioxidants are important in neutralizing free radicals which cause oxidative stress\*
  - Oxidative stress damages the membrane\*
- **Healthy Cytokine Activity\***
  - To protect the membrane\*
- **Krebs Cycle & Electron Transport Chain Support\***
  - Maximize membrane potential and ATP production\*
- **Healthy Mitosis and Biogenesis\***
  - Healthy cell division necessary for producing new mitochondria\*
  - Increased mitochondrial mass improves cell performance\*

All the necessary mitochondrial support in one convenient formula.\*

## Suggested Use

As a dietary supplement, take 3 capsules once daily with or without food or as directed by your healthcare professional.

## Cautions

If pregnant or nursing, consult your healthcare professional before use.

## Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>Membrane Potential™</b>	CoQ10, Riboflavin-5-Phosphate, Panmol™ (NADH)	• Supports the electron transport chain, forms ATP cellular energy & provides High dose CoQ10
<b>Membrane Restore™</b>	Ascorbic Acid, DeltaGold™ Tocotrienols	• Restores mitochondrial membranes & reduces oxidative stress
<b>RN Lipid Concentrate™</b>	Phosphatidylcholine, Phosphatidylethanolamine, Phytoglycolipids, Phosphatidylinositol	• Maintain cellular membrane integrity
<b>Krebs Plus Foundation™</b>	R-Lipoic Acid, Alpha Ketoglutaric Acid, Magnesium, Thiamine	• Key nutrients to support the Krebs cycle
<b>Mitogenesis RN™</b>	Acetyl-Carnitine, PQQ (Pyrroloquinoline Quinone)	• Supports new mitochondria formation & helps increase mitochondrial mass supporting healthy function

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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



# Research *in focus:* ATP 360®

## RESEARCH EXECUTIVE SUMMARY

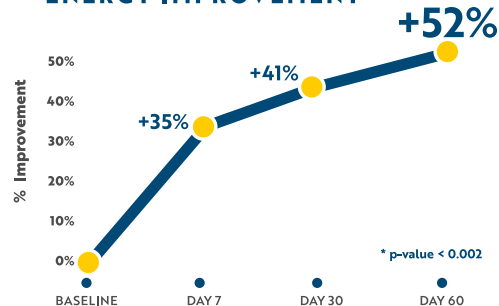
An in-vivo, 8-week study, using ATP 360® as the sole nutritional intervention was conducted to assess changes in mitochondrial function and was peer-reviewed and published in *Alternative Therapies in Health and Medicine*. The study was conducted on participants who complained of long-term, unexplained fatigue. The participants were otherwise healthy with no medical diagnoses.

### RESEARCH HIGHLIGHTS:

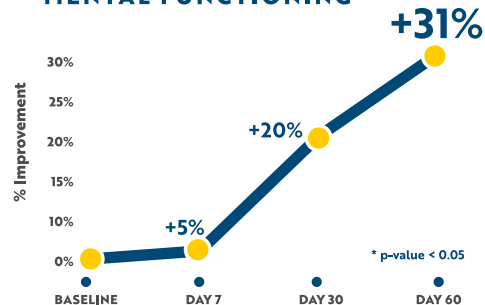
- **Energy Levels\***  
52% energy improvement (p<0.002)
- **Mental Functioning\***  
31% improvement in mental functioning (p<0.05)
- **Sleep\***  
68% improvement in quality of sleep (p<0.015)
- **TNF-α\***  
19% reduction in TNF-α (p<0.01).  
Research studies have correlated high cytokine activity with adverse change in oxidative stress level, mitochondrial function and cardiovascular health.
- **Blood Pressure\***  
12% reduction in diastolic blood pressure at 8 weeks (p<0.01).



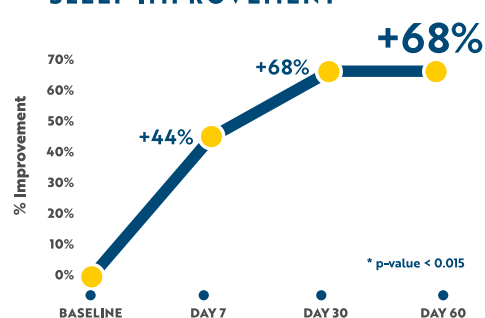
### ENERGY IMPROVEMENT\*



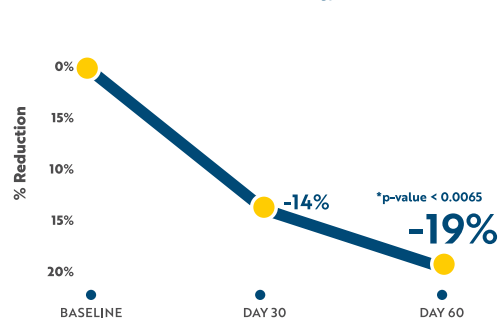
### MENTAL FUNCTIONING\*



### SLEEP IMPROVEMENT\*



### REDUCTION IN TNF-α\*



Hamilton D, Jensen GS. Nutraceutical Support of Mitochondrial Function Associated With Reduction of Long-term Fatigue and Inflammation. *Altern Ther Health Med*. 2021 May;27(3):8-18. PMID: 33882028.



Product No. RN130



# ATP Fuel®

## Complete Mitochondrial Support\*

ATP Fuel® was formulated to promote healthy mitochondrial membrane function and maximize the Krebs cycle of cellular energy production. The NT Factor® Energy portion of this product is our unique phospholipid (i.e. choline, serine and other lipids) delivery system which nurtures the body's mitochondrial membrane repair process, promoting healthy mitochondrial function and healthier oxidative stress levels. The Krebs Energy Foundation™ features stabilized NADH and CoQ10 to maximize cellular energy levels.

### Suggested Use

As a dietary supplement, take 5 capsules 30 minutes before breakfast and 5 capsules before lunch or dinner (10 capsules per day) for the first 2 months, and 5 capsules before breakfast in month 3 and beyond or as directed by your healthcare professional.

### Supplement Facts

Serving Size 5 Capsules Servings Per Container 30

Amount Per Serving	% Daily Value**
<b>Vitamin E</b> (as d-alpha tocopheryl acid succinate)	12 mg 80%
<b>Calcium</b> (from Mitochondrial Pro Regulator™ Blend)	137 mg 11%
<b>Phosphorus</b> (from Mitochondrial Pro Regulator™ Blend)	37 mg 3%
<b>Magnesium</b> (from Mitochondrial Pro Regulator™ Blend)	41 mg 10%
<b>NT Factor® Proprietary Blend:</b> NT Factor Lipids® (Pat.No. 8,877,239), Fructo-oligosaccharides, Rice Bran Extract, Opti MSM®, Bromelain, Sulfur, Panthethine, Inositol, L-Arginine, L-Glycine, Taurine, Alpha Lipic Acid, Garlic, Spirulina, Beet Root Fiber, Bifidobacterium bifidum, Leeks Stem powder, Lactobacillus acidophilus, Blackstrap Molasses, Boron.	
	2,000 mg †
<b>Mitochondrial Pro Regulator™</b>	432 mg †
Opti MSM®, Calcium (as dicalcium phosphate, calcium citrate and calcium pyruvate), Phosphorus (as dicalcium phosphate), Magnesium (as magnesium malate)	
<b>Krebs Cycle Glucose Absorb™</b>	180mg †
Alpha ketoglutaric acid, L-Tyrosine	
<b>RN Fatty Acid Metabolizer™</b>	141mg †
L-Carnitine-L-Tartrate, Panthethine (a Coenzyme A Precursor)	
<b>Krebs Energy Foundation™</b>	35mg †
Coenzyme Q10 and stabilized NADH	

Other Ingredients: Gelatin, rice flour, calcium palmitate.

Contains: Ingredients derived from soy.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat and gluten. Produced in a facility that may process other ingredients containing these allergens.

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>ATP Fuel® Mitochondrial Support</b>	Combination of the following complexes: NT Factor Lipids® – stabilized phospholipid delivery system, combined with pre and probiotics Mitochondrial Pro Regulator™ Krebs Cycle Glucose Absorb™ RN Fatty Acid Metabolism™	<ul style="list-style-type: none"> <li>Supports healthy mitochondrial membranes</li> <li>Supports the electron transport chain in producing higher levels of ATP</li> <li>Allows more nutrients into the mitochondria to produce more ATP</li> <li>Provides antioxidants</li> <li>Promotes healthy mitochondrial function</li> <li>Propels the burning of glucose, creating energy &amp; removal of excess ammonia which can cause fatigue</li> <li>Maximizes ATP production by regulating fatty acid buildup</li> </ul>
<b>NADH</b>	NADH is the reduced (electron- energy-rich) coenzyme form of vitamin B3 or B-Nicotinamide Adenine Dinucleotide	<ul style="list-style-type: none"> <li>One unit of NADH creates three units of ATP (the body's energy fuel)</li> <li>Fundamental in the chemical process of converting the food we eat into cellular energy</li> <li>Promotes healthy emotional balance</li> <li>We use stabilize NADH and microencapsulate it to resist gastric acids</li> </ul>
<b>CoQ10</b>	Mitochondrial energizer	<ul style="list-style-type: none"> <li>Recharges the energy system in the heart and other body cells</li> <li>Involved in preventing low-density lipoproteins, or LDL ("bad" cholesterol), from becoming oxidized.</li> <li>Promotes healthy cardiovascular function &amp; gum health</li> <li>Potent antioxidant</li> </ul>

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Product No. RN105



# Energy Multi-Plex™

## Comprehensive Adrenal Support\*

### Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

Amount Per Serving	% Daily Value**
<b>Vitamin B12</b> (as methylcobalamin)	500 mcg 20,833%
<b>Pantothenic Acid</b> (as d-calcium pantothenate)	25 mg 500%
<b>Magnesium</b> (as magnesium aspartate)	24 mg 6%
<b>Potassium</b> (as potassium aspartate)	80 mg 2%
<b>Energymax™ Complex</b>	250 mg †
D-Ribose, Panax Ginseng (root)	
<b>MuscularEnergy™ Complex</b>	350 mg †
Malic Acid, Rhodiola Rosea (root)	
<b>Mitochondria Energizer™ Complex</b>	700 mg †
Acetyl L-Carnitine HCl, Alpha Lipoic Acid	
<b>Metabolism Plus™ Complex</b>	110 mg †
Pyruvic Acid, 7-Keto® DHEA (3-Acetyl-7-oxo-dehydroepiandrosterone)	
<b>Heartstrong™ Complex</b>	580 mg †
Co-Enzyme Q-10, L-Taurine	

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Hypromellose (capsule shell), microcrystalline cellulose, silicon dioxide.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

7-Keto® is a Lonza trademark

Energy Multi-Plex™ provides comprehensive adrenal support with a proprietary blend of 14 researched nutrients. This non-glandular, vegan formula supports energy production and adrenal function without the negatives that can come with glandular-based adrenal supplements such as over-stimulation.\*

### Suggested Use

As a dietary supplement, take 3 capsules per day (at one time or throughout the day) with or without meals or as directed by your healthcare professional.

### Cautions

Do not use if you are pregnant or nursing. Consult a healthcare professional for pediatric use.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>Energymax™ Complex</b>	D-ribose Panax ginseng	<ul style="list-style-type: none"> <li>Promotes healthy energy levels by raising the level of the body's energy fuel, ATP</li> <li>Supports healthy cognitive performance</li> </ul>
<b>MuscularEnergy™ Complex</b>	Malic acid Rhodiola rosea	<ul style="list-style-type: none"> <li>Key role in energy producing Krebs' Cycle and muscle recovery</li> <li>Adaptogenic affect to support physical activity</li> </ul>
<b>Mitochondria Energizer™ Complex</b>	Acetyl-L-carnitine Alpha lipoic acid	<ul style="list-style-type: none"> <li>Improves mitochondrial function while promoting healthy cognitive function</li> <li>Catalyst for ATP production in mitochondria</li> </ul>
<b>Metabolism Plus™ Complex</b>	Pyruvic acid 7-Keto DHEA	<ul style="list-style-type: none"> <li>Naturally increases without artificial stimulation of resting metabolism</li> <li>Multiple studies show increased fat utilization (fat loss) as an energy source</li> </ul>
<b>HeartStrong™ Complex</b>	CoQ10 L-taurine	<ul style="list-style-type: none"> <li>Used by the body to transform food into adenosine triphosphate (ATP), the energy on which the body runs</li> <li>Promotes healthy heart and gum tissue</li> <li>Modulates immune system</li> <li>Promotes healthy heart beat and cell wall stability</li> </ul>
<b>Integrated blend of key energy nutrients</b>	Pantothenic acid Vitamin B-12 Magnesium Potassium	<ul style="list-style-type: none"> <li>Key nutrients involved in producing, transporting and releasing energy from fat</li> <li>Promotes healthy neuromuscular function and muscle contractions</li> </ul>





Product No. RN126



# RibosCardio™ *with CardioPerform™*

## Support for Energy Production and Cardiovascular Health\*

RibosCardio™ has been formulated, based on Steven Sinatra MD's work<sup>1</sup>, with CardioPerform™, a potent blend of L-carnitine (transports fuel into the heart to be burned as energy) and Acetyl L-carnitine (improves heart & brain health, protecting against oxidative damage), plus the patented form of D-ribose, malic acid and magnesium gluconate to optimize energy production and synthesis. Published research shows our patented form of D-ribose may be an effective adjunct in promoting cardiovascular, skeletal muscle, and neurological health. With heart patients, D-ribose has been found effective in restoring energy, improving ventilatory efficiency, oxygen uptake, stroke volume, diastolic function, physical performance, and quality of life. In neuromuscular disease, D-ribose helps to reduce pain, overcome fatigue, increase exercise tolerance, and help patients live more normal, active lives.

### Supplement Facts

Serving Size: 7.4 g (1 scoop or 2½ teaspoons)  
Servings Per Container: 56

Amount Per Serving	%Daily Value**
<b>Calories</b>	20
<b>Total Carbohydrates</b>	5 g 2%
Dietary Fiber	0 g 0%
Total Sugars	5 g
Added Sugars	5 g 10%
<b>Magnesium (as Magnesium Gluconate)</b>	40 mg 10%
<b>D-Ribose</b>	5 g †
<b>CardioPerform™</b>	1 g †
Proprietary blend of L-carnitine (from fumarate) and Acetyl L-carnitine hydrochloride	
<b>Malic Acid</b>	240 mg †

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Silicon dioxide.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Scoop (2.5 teaspoons) Includes:

Features	Constituents/ Actions	Benefits*
<b>D-Ribose</b>	Patented form used in research	<ul style="list-style-type: none"> <li>Clinically-proven ingredient that accelerates the natural way our bodies produce energy</li> <li>As a building block of ATP (adenosine triphosphate), it rapidly restores depleted energy</li> <li>Research has shown that ribose promotes cardiovascular health, reduces cardiac stress associated with strenuous activity and helps athletes extend their exercise tolerance and accelerates recovery</li> <li>Ribose helps hearts and muscles maximize energy recovery</li> </ul>
<b>CardioPerform™</b>	L-carnitine Acetyl L-carnitine	<ul style="list-style-type: none"> <li>Transports fuel into the heart to be burned as energy</li> <li>Improves heart &amp; brain health, protecting against oxidative damage</li> </ul>
<b>Magnesium</b>	Gluconate form	<ul style="list-style-type: none"> <li>Cells use magnesium in over 300 enzyme reactions, and it distributes energy evenly throughout the cell so it is available when and where it is needed</li> <li>Helps maintain normal muscle and nerve function, keeps heart rhythm steady, supports a healthy immune system, and keeps bones strong, assists in regulating blood sugar levels &amp; promotes normal blood pressure</li> <li>Gluconate form may be taken on an empty stomach, while other forms may cause stomach upset in some people</li> <li>Gluconate form is absorbed more quickly than other forms</li> </ul>
<b>Malic Acid</b>	Derived from apples	<ul style="list-style-type: none"> <li>Helps mitochondria recycle energy, maximizing cellular energy output</li> <li>Essential in muscle recovery</li> </ul>

### Suggested Use

As a dietary supplement, add 1 level scoop (2 1/2 teaspoons) to water or juice and drink twice daily or use as directed by your healthcare professional. For a stronger effect, up to 4 doses may be taken daily for the first 2 weeks before reducing dosage to twice per day thereafter. For best results, doses should be taken in morning and at lunch.

### Cautions

Insulin-dependent diabetics, pregnant women or patients with elevated uric acid levels should consult their physician before use.

<sup>1</sup> Dr. Sinatra has no financial relationship with Researched Nutritionals®.





Product No. RN158



# CoreBiotic®

## Advanced Spore Based Probiotic

CoreBiotic® combines three spore forming probiotics to help promote the development of a healthy digestive microbiome. Spore based probiotics are derived from the soil. Traditionally when people consumed organic produce they ingested soil-based probiotic organisms (SBO). These SBO's helped maintain a normal microbiome in the intestines. Today with processed foods containing pesticide and hormone residues, people do not consume these beneficial SBO bacteria leading to dysbiosis or microbial imbalance.

Because they are derived from soil and not from dairy, SBO's are heat stable, dairy-free, pesticide-free, and hormone-free. Safety for humans has been established by double-blind, randomized, placebo-controlled trials.

Spore forming probiotic bacteria can withstand stomach and bile acid. This allows them to pass into the intestines safely without degradation. Once in the intestines they leave the spore form and produce lactic acid which has natural antibacterial properties to prevent growth of pathogenic bacteria. This competitive inhibition helps the beneficial probiotic bacteria proliferate.

Each probiotic in CoreBiotic® is identified by genomic sequencing for a specific strain. Only strain-specific probiotics have undergone rigorous genomic studies, guaranteeing accurate strain specificity, potency and safety. Each of the strains in CoreBiotic® has research on its safety and efficacy.

### Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 30**

Amount Per Serving	% Daily Value
<b>Total Carbohydrates</b>	<b>1 g &lt;1%**</b>
<b>Organic VitaFiber®</b>	<b>660 mg †</b>
(Isomalto-oligosaccharide Mixture) (Prebiotic)	
<b>CB Complex</b>	<b>96 mg   11 Billion CFU †</b>
<i>Bacillus coagulans</i> (BCP92), <i>Lactospore® Bacillus coagulans</i> (MTCC 5856), <i>Bacillus subtilis</i> (DE111®)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Capsule shell (hypromellose, water), rice maltodextrin, medium chain triglycerides.  
Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, sesame, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>Probiotic complex</b>	<i>Bacillus subtilis</i> (DE111 strain)	<ul style="list-style-type: none"> <li>Research showing increase in beneficial <i>Bifidobacterium</i></li> <li>Supports the normal immune reaction of intestinal cells</li> <li>Communicates with intestinal cells to maintain healthy gut barrier function</li> <li>Works via competitive exclusion (to the detriment of harmful bacteria)</li> <li>Isolated and described in 1915. It is considered to be a normal inhabitant of the gut in animals and humans</li> </ul>
	<i>Bacillus coagulans</i> (BCP92)	<ul style="list-style-type: none"> <li>Survives gastric acid barrier and produces L+ Lactic acid which is beneficial to the gut.</li> <li>Safely used as a probiotic for more than 45 years</li> </ul>
	<i>Bacillus coagulans</i> (Lactospore strain MTCC 5856)	<ul style="list-style-type: none"> <li>Works via competitive exclusion (to the detriment of harmful bacteria)</li> <li>Helps regulate gastrointestinal motility</li> </ul>
<b>Prebiotic</b>	VitaFiber® (from cassava root)	<ul style="list-style-type: none"> <li>Organic prebiotic fiber to promote colonization of probiotic bacteria</li> <li>Efficacy with smaller dose</li> </ul>

### Suggested Use

As a dietary supplement, take 2 capsules once daily or use as directed by your healthcare professional.

### Caution

If pregnant or nursing, consult your healthcare professional before use.

CoreBiotic® is a registered trademark of Researched Nutritionals, LLC. All rights reserved.





# CoreBiotic® Sensitive

## Prebiotic-free for Sensitive Patients

CoreBiotic® Sensitive was specifically developed for patients who are sensitive to prebiotics and/or are following a low FODMAP diet. CoreBiotic® Sensitive includes the same 11 billion CFU's per dose and the same researched-based strains as CoreBiotic®, but without the VitaFiber®. See CoreBiotic® for additional features and benefits.

### Suggested Use

As a dietary supplement, take 2 capsules once daily or use as directed by your healthcare professional.

### Caution

If pregnant or nursing, consult your healthcare professional before use.

CoreBiotic® is a registered trademark of Researched Nutritionals, LLC. All rights reserved.

### Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value**
<b>CB Complex</b> 96 mg   11 Billion CFU †	
<i>Bacillus Coagulans</i> (BCP92), <i>Lactospore</i> ®, <i>Bacillus coagulans</i> (MTCC 5856), <i>Bacillus Subtilis</i> (DE111®)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

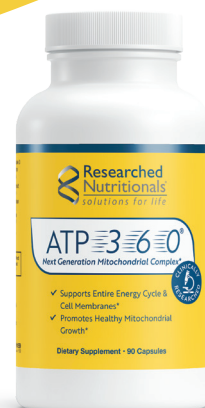
**Other Ingredients:** Capsule shell (hypromellose, water), low moisture rice dextrin, medium chain triglycerides. Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, wheat and soy. Produced in a facility that may process other ingredients containing these allergens. DE111® is a registered trademark of Deerland Probiotics & Enzymes, Inc.

Product No. RN163



# Anyone can **claim** efficacy. Not everyone can **prove it**.

Healthcare professionals choose Researched Nutritionals® for formulations backed by peer-reviewed, published clinical research.





Product No. RN169



# Multi-Biome™

## Multi-source Probiotic

Multi-Biome™ is a combination spore and non-spore (traditional live strain) probiotic, with each strain supported by specific research. Multi-Biome™ is formulated to specifically promote healthy intestinal histamine, immune, cytokine and digestive functions. Efficacy and safety are guaranteed, as each strain is genomically sequenced.

Multi-Biome™ incorporates the latest capsule and bottle technology, ensuring maximum efficacy of the traditional live strains:

### Supplement Facts

**Serving Size: 1 Capsule**

**Servings Per Container: 30**

Amount Per Serving	% Daily Value
<b>MB Complex</b>	<b>200mg / 27 Billion CFU †</b>
<i>Lactobacillus rhamnosus</i> (GG), <i>Bacillus Subtilis</i> (DE111®), <i>Bacillus coagulans</i> (BCP92), <i>Bifidobacterium lactis</i> , <i>Lactobacillus salivarius</i> , <i>Bacillus coagulans</i> (MTCC 5856)	

† Daily Value not established.

**Other Ingredients:** Rice maltodextrin, delayed release capsule (hypromellose, pectin, water), medium chain triglycerides.

Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, sesame, tree nuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Serving Includes:

Features	Constituents/ Actions	Benefits*
<b>MB Complex</b>	<i>Bacillus subtilis</i> DE111®	<ul style="list-style-type: none"> <li>Supports healthy immune function</li> <li>Communicates with intestinal cells to maintain healthy gut barrier function</li> <li>Works via competitive exclusion to crowd out harmful bacteria while increasing beneficial Bifidobacterium</li> <li>Spore-based probiotic</li> </ul>
	<i>Lactobacillus rhamnosus</i> GG	<ul style="list-style-type: none"> <li>Decreases histamine levels</li> <li>Strong adhesion to intestinal epithelial cells</li> <li>Increases secretion of protective mucins</li> <li>Supports digestion &amp; intestinal motility</li> <li>Helps regulate immune function</li> <li>High survival rate through gastric juices</li> </ul>
	<i>Bifidobacterium lactis</i>	<ul style="list-style-type: none"> <li>Supports regulation of digestion</li> <li>Strongest immune focused probiotic</li> <li>Important for large intestine health</li> <li>Helps stabilize gut microbiota during antibiotic treatment</li> <li>Decreases histamine levels</li> </ul>
	<i>Bacillus coagulans</i> BCP92	<ul style="list-style-type: none"> <li>Produces lactic acid which is beneficial for the digestive system</li> <li>Spore-based probiotic</li> </ul>
	<i>Bacillus coagulans</i> MTCC 5856	<ul style="list-style-type: none"> <li>Works via competitive exclusion and helps regulate gastrointestinal motility</li> <li>Spore-based probiotic</li> </ul>
	<i>Lactobacillus salivarius</i>	<ul style="list-style-type: none"> <li>Supports immune regulation and tolerance</li> <li>Helps support healthy regulatory immune cytokines</li> <li>Promotes healthy digestive function</li> <li>Decreases histamine levels</li> </ul>

- Delayed-release capsule ensures the probiotics are not released until the capsule passes beyond the stomach
- Desiccant-lined bottle to protect the non-spore (live) strains from moisture

### Mechanisms of Action

- Promotes healthy microbial balance\*
- Decreases histamine levels in the intestine\*
- Promotes healthy cytokine activity\*
- Supports regulation of digestion\*
- Supports healthy immune function and immune balance\*
- Works via competitive exclusion of harmful bacteria\*

### Suggested Use

As a dietary supplement, take 1 capsule once daily or use as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.





Product No. RN177



# RenewGut™

## GI Support Complex\*

RenewGut™ is formulated to renew and optimize GI function.

### Mechanisms of Action

- Fortifies gut lining & tight junctions to promote healthy intestinal mucosal barrier\*
- Promotes healthy cytokine function\*
- Provides healthy histamine support in the gut\* (both histamine absorption & degranulation)
- Improves microbiome balance in the digestive tract\*

A healthy barrier between the digestive tract and bloodstream is essential for optimal nutrient absorption and to prevent toxins from entering the bloodstream. RenewGut™ is designed to work in conjunction with a probiotic (such as Multi-Biome™ or CoreBiotic®) by promoting a well-functioning digestive system while also nourishing the gastrointestinal tract.

RenewGut™ is free from aloe vera (not recommended for long-term use) and glutamine (may lead to elevated glutamate and is linked to health challenges) and may be prescribed for long-term use. Instead, collagen peptides (Types I and III), high in glycine, proline, hydroxyproline, are the source of essential amino acids to promote gut healing.

### Supplement Facts

Serving Size: 4 Capsules | Servings Per Container: 30

Amount Per Serving	%Daily Value**	
<b>Zinc</b> (from RenewGut™ blend)	15 mg	136%
<b>RenewGut™ Blend</b>	1900 mg	†
Hydrolyzed collagen peptides (type I & III), N-Acetyl D-glucosamine, GutGard® deglycyrrhized licorice, Black Cumin ( <i>Nigella sativa</i> ) (seed), Zinc Carnosine, Luteolin		

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Gelatin (capsule).

Manufactured without milk, eggs, fish, tree nuts, peanuts, sesame, shellfish, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

GutGard® is a trademark of Natural Remedies Pvt. Ltd. and is distributed exclusively by AIDP, Inc.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>RenewGut Blend™</b>	Hydrolyzed Collagen Peptides (Type 1 & 111)	<ul style="list-style-type: none"> <li>• Source of essential amino acids</li> <li>• Supports probiotic bacteria to strengthen the microbiome</li> <li>• Aids in restoring the digestive tract lining</li> <li>• Alleviates gastrointestinal discomfort</li> </ul>
	N-Acetyl-D-glucosamine	<ul style="list-style-type: none"> <li>• Enhances gut lining integrity by supporting the mucin layer of the GI tract</li> <li>• Modulates cytokine levels</li> <li>• Eases digestive distress</li> </ul>
	GutGard® DGL (deglycyrrhized licorice)	<ul style="list-style-type: none"> <li>• Supports gut lining and mucin layer health</li> <li>• Acts as a demulcent to calm the digestive tract</li> <li>• GutGard® is a patented version of DGL, with high levels of active flavonoids, requiring a smaller effective dose</li> <li>• GutGard® has lower levels of glycyrrhizin, minimizing potential side effects</li> </ul>
	Black Cumin ( <i>Nigella Sativa</i> )	<ul style="list-style-type: none"> <li>• Antihistamine support targeting histamine within the digestive tract</li> </ul>
	Zinc Carnosine	<ul style="list-style-type: none"> <li>• Fortifies tight junctions in the digestive lining</li> </ul>
	Luteolin	<ul style="list-style-type: none"> <li>• Reduces mast cell release of histamine</li> <li>• Soothes gastric distress</li> <li>• Modulates cytokine activity</li> </ul>

### Suggested Use

As a dietary supplement, take 4 capsules once daily or as directed by your health care professional.

### Caution

Not for use by women who are pregnant or may become pregnant.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.







Product No. RN180



# RenewGut™ Thrive

## GI Optimizer\*

RenewGut Thrive™ builds off of the existing RenewGut™ formula, adding additional powerful ingredients such as *Akkermansia* and Tributyrin for even stronger, more robust results.

### Mechanisms of Action

- Fortifies gut lining to promote a healthy mucosal barrier\*
- Promotes healthy cytokine activity\*
- Provides healthy histamine support in the gut\* (both histamine absorption & degranulation)
- Improves microbiome balance in the digestive tract\*
- Supports short-chain fatty acid (SCFA) levels, promoting microbial diversity and immune health\*
- Supports metabolic health, including insulin function, thermogenesis, and lipid metabolism\*

A well-functioning gut barrier is essential for overall health. A healthy gut barrier allows for critical nutrient absorption while blocking absorption of unwanted

### Supplement Facts

Serving Size: 5 Capsules | Servings Per Container: 30

Amount Per Serving	%Daily Value**
<b>Zinc</b> (from Tight Junction Enhancer)	15 mg 136%
<b>Tight Junction Enhancer</b>	1725 mg †
Hydrolyzed collagen peptides (type I & III), N-Acetyl D-glucosamine, GutGard® deglycyrrhized licorice, Zinc Carnosine	
<b>Mast Cell Manager</b>	175 mg †
Black Cumin ( <i>Nigella sativa</i> ) (seed), Luteolin	
<b>ImmunoMetabolic Booster</b>	350 mg †
Tributyrin (as CoreBiome®), <i>Akkermansia</i> (as pasteurized <i>Akkermansia muciniphila</i> )	

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Gelatin (capsule), magnesium stearate.

Manufactured without milk, eggs, fish, tree nuts, peanuts, shellfish, sesame, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>Tight Junction Enhancer</b>	Hydrolyzed collagen peptides (type I & III), N-Acetyl D-glucosamine, GutGard® deglycyrrhized licorice, Zinc Carnosine	<ul style="list-style-type: none"> <li>• Supports gut lining integrity, including tight junctions and mucin layer health</li> <li>• Supports beneficial probiotic bacteria for a resilient microbiome</li> <li>• Helps maintain GI comfort</li> <li>• Promotes healthy cytokine activity</li> <li>• GutGard® is a patented DGL extract with high flavonoid content, requiring a smaller effective dose</li> <li>• GutGard® has lower levels of glycyrrhizin to minimize potential side effects</li> </ul>
<b>Mast Cell Manager</b>	Black Cumin ( <i>Nigella sativa</i> ) (seed), Luteolin	<ul style="list-style-type: none"> <li>• Supports histamine balance within the digestive tract</li> <li>• Helps maintain GI comfort</li> <li>• Promotes healthy cytokine activity</li> </ul>
<b>Immuno Metabolic Booster</b>	Tributyrin (as CoreBiome®), <i>Akkermansia</i> (as pasteurized <i>Akkermansia muciniphila</i> )	<ul style="list-style-type: none"> <li>• Promotes a healthy immune response</li> <li>• Supports metabolic health</li> <li>• Fuels colon cells with short-chain fatty acids (SCFAs)</li> <li>• Supports gut barrier function and microbial diversity</li> </ul>

substances. Free from aloe vera and glutamine (which can cause undesired side effects), this formula instead provides collagen peptides (Types I & III) rich in glycine, proline, and hydroxyproline, along with other key nutrients to support gut lining integrity. Building off of the RenewGut™ formula, RenewGut Thrive™ is additionally enriched with postbiotics, including Tributyrin and pasteurized *Akkermansia*, for comprehensive support of immune function, metabolic health, and a resilient gut barrier. Combine RenewGut Thrive™ with your favorite probiotic such as Multi-Biome™ or CoreBiotic®, to even further nourish the gastrointestinal tract.

### Suggested Use

As a dietary supplement, take 5 capsules first thing in the morning with food or as directed by your health care professional.

### Caution

Not for use by women who are pregnant or may become pregnant.





Product No. RN103



# Transfer Factor Multi-Immune™

## Natural Killer Cell Formula

Transfer Factor Multi-Immune™ provides an advanced comprehensive immune support formula, promoting healthy natural killer cells, macrophage, T-cells, and cell division. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

### Suggested Use

As a dietary supplement, take 3 capsules once daily, with or without food, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

**Serving Size: 3 Capsules    Servings Per Container: 30**

Amount Per Serving	% Daily Value**	
<b>Zinc</b> (as zinc citrate)	<b>15 mg</b>	<b>136%</b>
<b>Selenium</b> (as L-selenomethionine)	<b>70 mcg</b>	<b>127%</b>
<b>NK Maximizer Bioplex™</b>	<b>1083 mg</b>	†
Transfer Factor NK+™ (a proprietary super blend of purified colostrum, transfer factors and PRP), Larch Arabinogalactan, IP-6 (inositol hexaphosphate), Shiitake 4:1 Extract, Maitake 4:1 Extract		
<b>Macrophage and T-Cell Pro Blend™</b>	<b>270 mg</b>	†
Beta Glucan, Astragalus 40% Extract		
<b>Healthy Cell GTP™</b>	<b>400 mg</b>	†
Green Tea Extract (standardized to 98% polyphenols, 75% catechins, and 40% EGCG), Pomegranate Extract (standardized to 40% ellagic acid)		

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Gelatin (capsule shell), silica, vegetable stearate.

**Contains:** Ingredients derived from milk.

Manufactured without eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>NK Maximizer Bioplex™</b>	Proprietary super blend of transfer factor, larch arabinogalactan, IP-6, shiitake and maitake mushrooms	<ul style="list-style-type: none"> <li>Promotes healthy NK cell levels &amp; immune modulation</li> <li>Engulfs foreign particles in blood stream and tissues</li> <li>Promotes metal chelation to prevent buildup of minerals which may weaken immune system</li> </ul>
<b>Macrophage &amp; T-Cell Pro Blend™</b>	Proprietary blend of beta glucan and astragalus	<ul style="list-style-type: none"> <li>Activates white blood cells known as macrophages and neutrophils</li> <li>Provides one of the immune system's first line of defense against foreign invaders</li> <li>Removes cellular debris &amp; speeds up recovery of damaged tissue</li> <li>Promotes healthy T-cell function and cellular replication</li> </ul>
<b>Healthy Cell GTP™</b>	Proprietary blend of potent green tea and pomegranate extracts	<ul style="list-style-type: none"> <li>Promotes healthy cell division</li> <li>Supports body's malignant cell apoptosis response</li> <li>Effective antioxidant properties</li> </ul>
<b>Zinc, Selenium</b>	Integrated blend of key immune nutrients	<ul style="list-style-type: none"> <li>Strengthens immune function</li> <li>Promotes normal cell growth</li> <li>Boosts antioxidant levels</li> </ul>

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Research *in focus:* Transfer Factor Multi-Immune™

## IN VIVO & IN VITRO RESEARCH SUMMARY

Multiple clinical research studies have now been conducted on Transfer Factor Multi-Immune™.

### Study No. 1

#### TRANSFER FACTOR DEMONSTRATES DOSE DEPENDENCY

The effects of Transfer Factor Multi-Immune™ on NK cell activity were assessed in two groups of participants. Both groups had no more than 110% of the bottom reference range for NK cell activity.

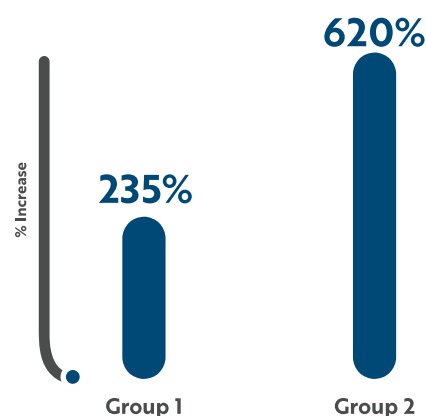
**GROUP 1:** Ten patients were given 1 serving daily

**GROUP 2:** Ten patients were given 2 servings daily

#### Results:

After 30 days both groups showed significant increases in NK cell activity. Group 1 showed an increase of 235% and Group 2 an increase of 620%.

#### NK CELL ACTIVATION

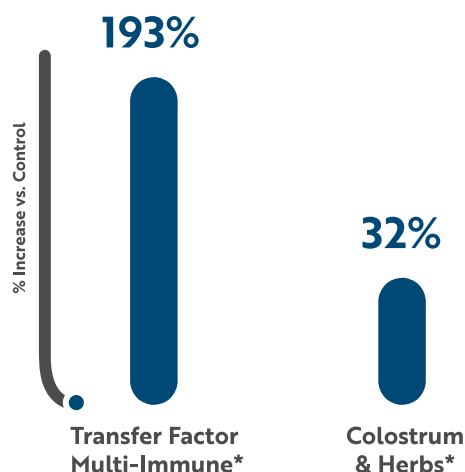


### Study No. 2

#### TRANSFER FACTOR VS. COLOSTRUM

The second study, designed to build upon the first, was an in vitro study, assessing the effects of Transfer Factor Multi-Immune™, using blood samples from healthy individuals. In addition to NK cell activation, the study also looked at immune modulation. Transfer Factor proved much more powerful than colostrum in increasing NK Cell Function

#### NK CELL FUNCTION



#### Results:

Transfer Factor Multi-Immune™ demonstrated a significant increase in NK cell function and immune modulation.

It also exhibited higher NK Cell activation than colostrum and herbs demonstrated.

<sup>1</sup> Jensen, G.S.; Cruickshank, D.; Hamilton, D.E. Effects of a  $\beta$ -Glucan-Rich Blend of Medicinal Mushrooms and Botanicals on Innate Immune Cell Activation and Function Are Enhanced by a Very Low Dose of Bovine Colostrum Peptides. *Molecules* 2024, 29, 2787.



Product No. RN111



# Transfer Factor Multi-Immune™

## Natural Killer Cell Formula

(Mushroom-free)

Transfer Factor Multi-Immune™ provides an advanced comprehensive immune support formula, promoting healthy natural killer cells, macrophage, T-cells, and cell division. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

### Suggested Use

As a dietary supplement, take 3 capsules once daily, with or without food, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

**Serving Size: 3 Capsules** **Servings Per Container: 30**

Amount Per Serving	% Daily Value**	
<b>Zinc</b> (as zinc citrate)	<b>15 mg</b>	<b>136%</b>
<b>Selenium</b> (as L-selenomethionine)	<b>70 mcg</b>	<b>127%</b>
<b>NK Maximizer Bioplex™</b>	<b>1033 mg</b>	†
Transfer Factor NK+™ (a proprietary super blend of purified colostrum, transfer factors and PRP), Larch Arabinogalactan, IP-6 (inositol hexaphosphate)		
<b>Macrophage and T-Cell Pro Blend™</b>	<b>270 mg</b>	†
Beta Glucan, Astragalus 40% Extract		
<b>Healthy Cell GTP™</b>	<b>400 mg</b>	†
Green Tea Extract (standardized to 98% polyphenols, 75% catechins, and 40% EGCG), Pomegranate Extract (standardized to 40% ellagic acid)		

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Gelatin (capsule shell), silica, vegetable stearate.

**Contains:** Ingredients derived from milk.

Manufactured without eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

# Transfer Factor Sensitive™

## Natural Killer Cell Formula

Transfer Factor Sensitive™ provides an advanced comprehensive immune support formula, promoting healthy natural killer cell function. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

### Suggested Use

As a dietary supplement, take 2 capsules once daily, with or without food, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

**Serving Size: 2 Capsules**  
**Servings per Container: 30**

Amount Per Serving	% Daily Value**
<b>Transfer Factor PurePlex™</b>	<b>700 mg</b> †
Proprietary super blend of purified transfer factors and colostrum.	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Gelatin (capsule shell), silica.

**Contains:** Ingredients derived from milk.

Manufactured without eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.



Product No. RN123







Product No. RN134



# Omega-3 Plus™

## Pure High Potency Fish Oil

Omega-3 Plus™ contains 360 mg EPA and 240 mg DHA in each absorbable softgel. Omega-3 Plus™ is processed utilizing high vacuum molecular distillation. This more expensive processing guarantees the highest purity EPA/DHA available. Each batch is subjected to stringent testing to assure every soft gel is free of heavy metals and other contaminants.

### Suggested Use

As a dietary supplement, take 2 softgels daily with food.

The fish oil concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants such as PCBs, dioxins, mercury and other heavy metals.

### Caution

If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

Serving Size 2 Softgels Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	20	
Total Fat	2 g	3%**
Polyunsaturated Fat	1 g	†
Protein	< 1 g	1%**
Fish Oil Concentrate	2 g (2000 mg)	†
<b>Omega-3 Fatty Acids:</b>		
Eicosapentaenoic Acid (EPA)	720 mg	†
Docosahexaenoic Acid (DHA)	480 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Softgel capsule (bovine gelatin, glycerin, water) and d-alpha tocopherol.

**Contains:** Fish (anchovies and sardines) and d-alpha Tocopherol from non-GMO soy.

Fish oil is product of Peru, Morocco.

Manufactured without milk, eggs, crustacean shellfish, peanuts, wheat and corn. Produced in a facility that may process other ingredients containing these allergens.

### Each Softgel Includes:

Features	Constituents/Actions	Benefits*
<b>Molecularly distilled</b>	Maximum Purity	<ul style="list-style-type: none"> <li>Guarantees highest quality and freshest Omega-3</li> </ul>
<b>Guaranteed Purity</b>	Tested to be free of potentially harmful levels of heavy metals & other contaminants	<ul style="list-style-type: none"> <li>Ensures your patients of the highest quality, potency and purity</li> </ul>

JOINT & SOFT TISSUE





Product No. RN167



# HistaQuel®

## Comprehensive Mast Cell Support\*

HistaQuel® is a comprehensive formula providing a multi-faceted, systemic approach to supporting healthy mast cell function and histamine response.

Mast cells are part of the immune system and are primarily responsible for generating and releasing histamine in the body. Under typical conditions, this is a natural function of a healthy body working to rid itself of an allergen. However, mast cells can become overactive, releasing a cascade of histamine throughout the body, which results in heightened or continuous allergy symptoms.

HistaQuel® utilizes a comprehensive approach to support healthy mast cell function and histamine response systemically. Six clinically researched flavonoids and herbs have been combined to promote healthy levels of histamine production and healthy levels

### Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 60**

Amount Per Serving	%Daily Value**
<b>Mast Cell Secure™</b>	<b>375 mg †</b>
Quercetin®, Perilla frutescens Extract (seed), Luteolin, Fisetin	
<b>HistaCheck™</b>	<b>200 mg †</b>
Black Cumin Extract (Nigella sativa) (seed), Stinging Nettle Extract (leaf)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Organic rice hulls, hypromellose (vegetable capsule), leucine.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

of histamine absorption. This holistic approach resulted in a comprehensive formula featuring dual mechanisms of action.

### Mechanisms of Action

- Promotes healthy amount of histamine release by supporting healthy mast cell function\*
- Supports healthy level of histamine absorption by blocking histamine receptors (via competitive inhibition)\*

### Suggested Use

As a dietary supplement, take 2 capsules twice daily with or without meals, or as directed by your health care professional.

### Cautions

If pregnant or nursing, consult your health care professional before use.

### Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>Mast Cell Secure™</b>	Fisetin, Luteolin, Perilla frutescens, Quercetin® Quercetin Phytosome®	<ul style="list-style-type: none"> <li>• Targeted flavonoid blend supports a healthy mast cell release of histamine</li> <li>• Moderates interactions between mast cells and activated T cells</li> <li>• Supports a healthy Th2 release of allergy promoting cytokines IL-4 and IL-5</li> <li>• Supports a healthy IgE mediated release of histamine</li> <li>• Highly bioavailable form of Quercetin with 20 times increased absorption compared to standard Quercetin in published research</li> </ul>
<b>HistaCheck™</b>	Stinging Nettle Leaf, Black Cumin (seed) extract	<ul style="list-style-type: none"> <li>• Promotes a healthy level of histamine to bind to its receptors by competitive inhibition</li> <li>• Supports management of a healthy immune system response to allergens</li> </ul>

HistaQuel® is a registered trademark of Researched Nutritionals, LLC. All rights reserved.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Product No. RN139



# Artemisinin Solo™

## Pure Artemisinin

Artemisinin Solo™ contains pure artemisinin for targeted immune support, and to promote healthy NF-kB levels. Our artemisinin is the active constituent derived from the herb, *Artemisia annua* (sweet wormwood), which has been used for centuries for its health-promoting properties. To provide a 100% vegan formulation, this product is encased in a vegetarian capsule.

## Suggested Use

As a dietary supplement, take 1 or 2 capsules 1 or 2 times daily, away from food and iron or as directed by a healthcare practitioner.

## Cautions

Do not use if pregnant or nursing. Long term administration (greater than 1 month) should be monitored by healthcare practitioner and include liver enzymes and hemoglobin testing. Detoxification reactions may be experienced by some individuals.

## Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 45**

Amount Per Serving	%Daily Value**
<b>Artemisinin</b>	<b>250 mg</b> †
<i>Artemisia annua</i> L. (Aerial)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Cellulose (capsule shell), silica.  
Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.



Product No. RN135



# Artemisinin SOD™

## Multi-Functional Formula

Artemisinin SOD™ combines pure artemisinin for immune support, green tea extract to promote healthy levels of SOD (superoxide dismutase), curcumin and quercetin for their healthy impact on inflammation and resulting inhibitory affect on NF kappa B, and black walnut hull to arm the body's anti-parasitic arsenal. CurcuWIN™ combines curcumin with a hydrophilic (allowing it to disperse in water) carrier, using the UltraSOL™ molecular dispersion technology. UltraSOL converts lipophilic (fat loving or fat absorbing) nutrients into water-dispersible ingredients, the key to the published clinical research showing superior bioavailability versus any other form of curcumin.

## Suggested Use

As a dietary supplement, adults take 1 or 2 capsules 1 or 2 times daily, away from food and iron or as directed by a healthcare professional.

## Cautions

Do not use if pregnant or nursing. Long term administration (greater than 1 month) should be monitored by healthcare professional and include liver enzymes and hemoglobin testing. Detoxification reactions may be experienced by some individuals.

## Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 60**

Amount Per Serving	%Daily Value**
<b>Artemisinin</b>	<b>250 mg</b> †
<i>Artemisia annua</i> L. (Aerial)	

<b>Pro SOD Complex™</b>	<b>550 mg</b> †
CurcuWIN™ turmeric extract, Quercetin, Decaffeinated Green Tea 95% extract, Black Walnut Hull	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Cellulose (capsule shell), microcrystalline cellulose, dicalcium phosphate, rice flour, silica.

**Contains:** Tree nuts (Walnut hulls)

Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.





Product No. RN161



# BioDisrupt®

## Comprehensive Microbial Support\*

BioDisrupt® supports the healthy immune system's ability to target the sophisticated self-defense mechanisms of unwanted extracellular organisms. These organisms have developed a series of advanced mechanisms which allow them to evade immune detection. As part of this system, these organisms assemble into clusters, surround themselves with a protective physical matrix, and communicate among themselves. As a result, many pharmaceutical and nutraceutical immune protocols are less effective.

Researched proprietary blends, EnzymeDisrupt™ & HerbDisrupt™, provide a comprehensive matrix support formulation.

### Mechanisms of Action

- Disrupts biofilm matrices\*
- Interrupts quorum-sensing (biofilm intra/intercommunication)\*
- Supports the body's anti-adhesion properties\*

### Suggested Use

As a dietary supplement, take 2 capsules twice per day between meals, at least 2 hours after eating or 1 hour before eating or as directed by your healthcare professional.

### Cautions

Do not use if pregnant or nursing.

### Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 60**

Amount Per Serving	%Daily Value**
<b>Total Carbohydrate</b>	1 g <1%
<b>EnzymeDisrupt™ Blend</b>	79 mg †
Lysozyme (from egg white), Serratopeptidase, Beta-glucanase, Lipase Protease 4.5, Cellulase, Hemicellulase	
<b>HerbDisrupt™ Blend</b>	605 mg †
Cranberry (fruit) extract, Berberine, Rosemary (leaf) extract, Peppermint oil powder	
<b>N-acetyl cysteine</b>	300 mg †

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, vegetable capsule (hypromellose, water).

**Contains:** Ingredients derived from eggs. Enzymes found in this product use wheat and soy during fermentation

Manufactured without milk, fish, crustacean shellfish, tree nuts, and peanuts. Produced in a facility that may process other ingredients containing these allergens.

### Each Serving Includes:

Features	Constituents/Actions	Benefits*
<b>EnzymeDisrupt™ Blend</b>	Lysozyme, Serratopeptidase, Beta-glucanase, Lipase, Protease 4.5, Cellulase, Hemicellulase	<ul style="list-style-type: none"> <li>• Enzymes promoting the body's normal ability to disrupt extracellular matrices</li> </ul>
<b>HerbDisrupt™ Blend</b>	Cranberry (fruit) extract, Berberine, Rosemary (aerial) extract, Peppermint oil powder	<ul style="list-style-type: none"> <li>• Clinically researched herbs to support the body's normal anti-adhesion properties and promote digestive comfort</li> <li>• Microbial support nutrients to promote the body's healthy response to invading organisms</li> <li>• Nutrients to promote healthy level of extracellular mucus</li> <li>• Herbs to promote healthy microbe colony communication</li> </ul>

BioDisrupt® is a registered trademark of Researched Nutritionals, LLC. All rights reserved.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



# Research *in focus:* BioDisrupt®

## Biofilms – living communities that protect microbes

As biofilms develop around bacteria, viruses, and parasites, they offer a protective role from the microbe to evade the body's immune recognition. Biofilms have the ability to adapt to the changing immune environment and are often successful at limiting the reach of antibiotic and herbal therapies.\*

## Objectives

The objective of this study was to evaluate the impact of BioDisrupt® on the mass of specific biofilms and the metabolic activity within these biofilms.



## CLINICAL RESULTS:

### *Candida albicans*

Biofilm Mass	65% Reduction
Biofilm Metabolic Activity	77% Reduction

### *Staphylococcus aureus*

Biofilm Mass	72% Reduction
Biofilm Metabolic Activity	44% Reduction

### *Staphylococcus simulans*

Biofilm Mass	43% Reduction
Biofilm Metabolic Activity	36% Reduction

## Researchers' Conclusions

"Treatment of established biofilm with BioDisrupt® resulted in biofilm-disruption, involving significant reductions in biofilm mass and metabolic activity for *Candida albicans*, *Staphylococcus aureus*, and *Staphylococcus simulans*."

"We conclude that a targeted blend of botanical extracts and enzymes directed at biofilm matrix components is efficacious of disrupting established biofilm *in vitro*."

<sup>1</sup>Jensen GS, Cruickshank D, Hamilton DE. Disruption of Established Bacterial and Fungal Biofilms by a Blend of Enzymes and Botanical Extracts. *J. Microbiol. Biotechnol.* 2023;33:715-723. <https://doi.org/10.4014/jmb.2212.12010>



Product No. RN142



## BLt™

### Vector and Viral Support\*

#### Supplement Facts

Serving Size: 40 Drops  
Servings Per Container: Approx. 60

Amount Per Serving	%Daily Value**
<b>Proprietary Herbal Blend:</b> 205 mg †	
<i>Ceanothus americanus</i> (Red Root), <i>Smilax medica</i> (Sarsaparilla), <i>Lomatium dissectum</i> , <i>Eupatorium perfoliatum</i> (Boneset), <i>Dipsacus fullonum</i> (Teasel), <i>Stillingia sylvatica</i> , <i>Juglans nigra</i> (Black Walnut Hulls)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Distilled water, organic cane alcohol (20%), non-GMO sunflower phospholipids.

**Contains:** Tree nuts (Walnut hulls)

Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.



Product No. RN143



## Crypto-Plus™

### Vector and Parasite Support\*

#### Supplement Facts

Serving Size: 40 Drops  
Servings Per Container: Approx. 60

Amount Per Serving	%Daily Value**
<b>Proprietary Herbal Blend:</b> 200 mg †	
<i>Cryptolepis sanguinolenta</i> , <i>Lomatium dissectum</i> , <i>Ceanothus americanus</i> (Red Root), <i>Juglans nigra</i> (Black Walnut Hulls), <i>Stillingia sylvatica</i>	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Distilled water, organic cane alcohol (20%), non-GMO sunflower phospholipids.

**Contains:** Tree nuts (Walnut hulls)

Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.



Product No. RN172



## Elim-A-Cand™

### Candida Support\*

#### Supplement Facts

Serving Size: 40 Drops  
Servings Per Container: Approx. 60

Amount Per Serving	%Daily Value**
<b>Proprietary Herbal Blend:</b> 350 mg †	
<i>Cinnamon verum</i> (Cinnamon bark), <i>Syzygium aromaticum</i> (Clove bud), <i>Althaea officinalis</i> (Marshmallow root), <i>Tabebuia impetiginosa</i> (Pau D'Arco bark), <i>Ulmus rubra</i> (Slippery Elm bark), <i>Berberine</i> , <i>Stillingia sylvatica</i>	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Distilled water, organic cane alcohol (20%), non-GMO sunflower phospholipids.

Manufactured without milk, eggs, fish, crustacean shellfish, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.



Product No. RN160



## Myc-P™

### Broad-based Microbial Support\*

#### Supplement Facts

Serving Size: 40 Drops  
Servings Per Container: Approx 60

Amount Per Serving	%Daily Value**
<b>Proprietary Herbal Blend:</b> 280 mg †	
<i>Isatis indigotica</i> (Isatis root), <i>Cordyceps sinensis</i> (Cordyceps), <i>Houttuynia cordata</i> (Houttuynia), <i>Scutellaria baicalensis</i> (Chinese Skullcap root), <i>Uncaria tomentosa</i> (Cat's Claw bark), <i>Sida acuta</i> (Sida Acuta leaf), <i>Arctostaphylos uva-ursi</i> (Bearberry), <i>Stillingia sylvatica</i> (Stillingia root)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Distilled water, organic cane alcohol (20%), non-GMO sunflower phospholipids.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

# HERBAL TINCTURES

## WITH ADVANCED PHOSPHOLIPID ABSORPTION

Researched Nutritionals® line of tinctures have been physician formulated to be used as standalone or adjunctive support. Combining science and technical botanical learnings with a powerful phospholipid delivery system, Researched Nutritionals® tinctures provide the practitioner balanced support with optimal absorption and patient response. May be combined with many pharmacological and nutraceutical preparations. Use the chart below to determine the best tincture for your patient's needs.

- ✓ **Balanced Organ Support** – developed to promote healing and multi-organ support\*
- ✓ **Peak Absorption** – phospholipid delivery complex for maximum nutrient absorption
- ✓ **Superior Herbal Extraction Process** – organic cane alcohol is the preferred extraction process for alkaloid containing roots and barks

PRODUCT	X - EFFECTIVE		XX - MORE EFFECTIVE		XXX - MOST EFFECTIVE	
	VIRAL SUPPORT*	BACTERIAL / INTRACELLULAR MICROBIAL SUPPORT*	PARASITIC SUPPORT*	FUNGUS / CANDIDA SUPPORT*	CYTOKINE & FREE RADICAL MODULATION SUPPORT*	LYMPHATIC / ORGAN SUPPORT*
BLt™	xxx	xx	x	x	xx	xxx
Crypto-Plus™	x	xx	xxx	x	xx	xxx
Myc-P™	xx	xxx	x	x	xx	xx
Elim-A-Cand™	xx	xx	x	xxx	xx	xx



### Suggested Use *(all products)*

#### STARTING DOSE FOR ADULTS

##### Days 1-3

3-5 drops in 1-3 ounces of water in the morning and again in the evening

##### Days 4 & beyond

Increase 3-5 drops every other day, in both morning and evening doses

#### FULL DOSE FOR ADULTS

This would take 10-14 days to get to full dose of 40 drops in both the morning and the evening.

Another dosing strategy used by many doctors is to have patients work up to a double dose (80 - 90 drops twice per day).

### For Best Results *(all products)*

As with any new nutritional supplement, patients should start slowly. Take away from meals and add to 1-3 ounces of water. If patient experiences nausea, have the patient dose the product 15-30 minutes after a light carbohydrate snack. Shake well before use.

### What to Expect *(all products)*

Patient reaction to these advanced microbial balancers is similar to what one experiences when starting immune support protocols: some patients experience a "Herxheimer" reaction while others do not. However, a patient who reacts to antibiotics and/or other nutritional protocols should start slowly.

### Caution

Do not use while pregnant or nursing.



Product No. RN146



# Microbinate®

## Internal/External Microbial Support\*

Scientific studies and articles in trade publications have focused attention on how bacterial strains are mutating at a faster rate than our current new antibiotic product development, rendering many bacterial strains resistant to the current antibiotic arsenal. All bacteria treated with conventional antibiotics will develop antibiotic resistance over time. The medical community is increasing physician education about the over prescribing of antibiotics and patients not following through on complete cycles of antibiotics as key contributors to this problem.

Microbinate® combines nature's most potent and well-researched nutrients into one formulation.

Our formulators selected specific ingredient forms (i.e. we use a well-researched stabilized allicin versus inexpensive garlic powder or oil based products with little or no allicin content) to provide the most efficacious combination product. Microbinate® is designed to promote the body's healthy response to microbial challenges, internally and externally.

### Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 60**

Amount Per Serving	%Daily Value**
<b>Proprietary MB® Blend</b>	<b>1160 mg †</b>
Oregano Extract Powder (30% Carvacrol)	
Monolaurin (Glycerol Monolaurate)	
Olive Leaf Extract (18% Oleuropein)	
Stabilized Allicin	
CurcuWIN™ Turmeric Extract	

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Vegetarian cellulose, silicon dioxide.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Suggested Use

#### Each Capsule Includes:

Features	Constituents/ Actions	Benefits*
<b>MB™ Blend</b>	Oregano Extract Powder 30% Carvacrol	<ul style="list-style-type: none"> <li>Most potent &amp; expensive raw material with highest carvacrol content</li> <li>Support body's internal fight against pathogens</li> <li>Promotes healthy skin response to external challenges</li> </ul>
	Monolaurin	<ul style="list-style-type: none"> <li>Coconut acid derivative which promotes healthy skin and internal immune response</li> <li>Lauric acid is converted to the mono-glyceride, via an enzyme, creating the bioavailable Monolaurin.</li> <li>We deliver this nutrient in the preferred Monolaurin form</li> </ul>
	Olive Leaf Extract	<ul style="list-style-type: none"> <li>Contains d-lenolate, one of nature's powerful natural antibiotics</li> <li>Supports the body's internal defenses</li> </ul>
	Stabilized Allicin	<ul style="list-style-type: none"> <li>Stabilized to ensure active allicin content versus garlic powder</li> <li>Sourced in southern Europe, the bulbs must meet minimum allicin content, measured by HPLC before production</li> <li>Kept under constant pressure, water filtered (solvent-free) &amp; low-temperature dried</li> </ul>
	CurcuWIN™ turmeric extract	<ul style="list-style-type: none"> <li>Promotes healthy inflammation levels &amp; healthy skin response to external challenges</li> <li>Published research demonstrating highest bioavailable form of turmeric</li> <li>CurcuWIN combines curcumin with a hydrophilic (allowing it to disperse in water) carrier, using the UltraSOL™ molecular dispersion technology. UltraSOL converts lipophilic (fat loving or fat absorbing) nutrients into water-dispersible ingredients.</li> </ul>

As a dietary supplement, take 1 capsule twice per day for the first week, and 2 capsules twice per day in weeks 2 and beyond, or use as directed by your healthcare professional. For optimal results, take away from meals.

### Cautions

Do not use while pregnant or nursing.

Microbinate® is a registered trademark of Researched Nutritionals, LLC. All rights reserved.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.





Product No. RN147



# Core Minerals™

## Balanced Mineral Complex – Iron free

Core Minerals™ provides twelve minerals plus vitamin D3 in a balanced multi-mineral complex, with each mineral in an easily assimilated form. This iron-free formulation includes vitamin D3 to aid in the absorption of calcium.

### Suggested Use

As a dietary supplement, take 4 capsules daily with food, divided by AM and PM, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare practitioner before taking this product.

### Supplement Facts

Serving Size: 4 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value**	
Vitamin D3 (as Cholecalciferol)	5 mcg	25%
Calcium (as Ca Citrate & Ca Malate)	300 mg	23%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Mg Glycinate)	300 mg	71%
Zinc (as Zn Picolinate)	15 mg	136%
Selenium (as Se Citrate)	100 mcg	182%
Copper (as Cu Glycinate)	2 mg	222%
Manganese (as Mn Glycinate)	2 mg	87%
Chromium (as Cr Polynicotinate)	200 mcg	571%
Molybdenum (as Na Molybdate)	100 mcg	222%
Potassium (as K Citrate)	99 mg	2%
Boron (as B Picolinate)	2 mg	†
Vanadium (as Vanadyl Sulfate)	100 mcg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Manufactured without milk, eggs, fish, crustacean shellfish and gluten. Produced in a facility that may process other ingredients containing these allergens.



Product No. RN179



# Magnesium Glycinate

## 250 Mg Per Serving - High Bioavailability

Magnesium glycinate is a form of magnesium bound to the amino acid glycine. It is highly bioavailable, so it is well absorbed and fast acting. The glycinate form is also less likely to cause loose stools, which is frequently experienced with other forms of magnesium.

As a calming mineral, magnesium supports stress, sleep and tight muscles including leg cramps and headaches.

Magnesium is a required mineral for over 300 enzymatic reactions, including many that are involved with energy production, such as ATP generating enzymes. Unfortunately, magnesium deficiency is common, therefore many people would benefit from this bioavailable, easily absorbed supplement.

### Suggested Use

As a dietary supplement, take 2 capsules twice daily with meals or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare practitioner before taking this product.

### Supplement Facts

Serving Size: 2 capsules  
Servings per Container: 60

Amount Per Serving	% Daily Value**	
Magnesium (as Magnesium Glycinate)	250 mg	60%

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Vegetable cellulose (capsule shell), magnesium stearate

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, sesame, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.





Product No. RN150



# Physician's Daily™

## Complete Multivitamin with D3 – Iron free

Physician's Daily™ is an advanced multivitamin, including:

- High dose Vitamin D3
- Methylated B12 as methylcobalamin
- Methylated Folate as 6(s) 5-methyltetrahydrofolic acid
- Pyridoxal-5-phosphate
- Iron-free

### Suggested Use

As a dietary supplement, take 1 capsule daily with food, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

Serving Size: 1 Capsule		Servings Per Container: 60
Amount Per Serving		%Daily Value**
Vitamin A (as 50% Retinyl Acetate, 50% Mixed Carotenoids)	1,050 mcg (3500 IU)	117%
Vitamin C (as Ascorbic Acid)	150 mg	167%
Vitamin D3 (as Cholecalciferol)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg (30 IU)	134%
Vitamin K2 (as Menaquinone-7)	50 mcg	42%
Thiamine (as Thiamine HCl)	5 mg	417%
Riboflavin (as Riboflavin 5-Phosphate)	3.5 mg	269%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxal 5-Phosphate)	5 mg	294%
Folate (as [6S]-5-Methyltetrahydrofolic Acid)	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,833%
Biotin	300 mcg	1,000%
Pantothenic Acid (as Ca Pantothenate)	10 mg	200%
Choline (as Choline Bitartrate)	25 mg	5%
Iodine (as K Iodide)	150 mcg	100%
Zinc (as Zn Citrate)	25 mg	227%
Selenium (as Selenomethionine)	50 mcg	91%
Manganese (as Mn Citrate)	2 mg	87%
Chromium (as Cr Polynicotinate)	200 mcg	571%
Molybdenum (as Molybdenum Glycinate Chelate)	75 mcg	167%
Coenzyme Q10	50 mg	†
Alpha Lipoic Acid	50 mg	†
Inositol	25 mg	†
Lutein	3 mg	†
Boron (as B Amino Acid Chelate)	1 mg	†
Lycopene	500 mcg	†
Zeaxanthin	500 mcg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Vegetarian cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Manufactured without milk, eggs, fish, crustacean shellfish and gluten. Produced in a facility that may process other ingredients containing these allergens.

MULTIVITAMINS & MINERALS

### Highlighted Ingredients:

Features	Benefits*
<b>Vitamin D3 (2,000 IU per capsule)</b>	<ul style="list-style-type: none"> <li>• High dose may mean that patients may not need a separate Vitamin D-3 supplement</li> <li>• Clinically studied to promote healthy neurological function</li> <li>• Promotes healthy cognitive function</li> <li>• Promotes healthy bone strength/density</li> </ul>
<b>B-12 (as Methylcobalamin)</b>	<ul style="list-style-type: none"> <li>• Active form of B12 that is absorbed &amp; available to the body</li> <li>• Many patients have methylation issues, limiting the conversion of standard B12 (cobalamin) into active B12 (methylcobalamin)</li> </ul>
<b>Folate (as Methylated Folate - 6(S) 5-methyltetrahydrofolic acid – Quartrefolic®)</b>	<ul style="list-style-type: none"> <li>• Essential nutrient to promote healthy homocysteine and cardiovascular health</li> <li>• Formula includes the high absorption form, appropriate for the methylation challenged</li> </ul>
<b>B6 (as Pyridoxal-5-phosphate)</b>	<ul style="list-style-type: none"> <li>• Essential nutrient to promote healthy homocysteine and cardiovascular health</li> <li>• Preferred Pyridoxal-5-phosphate is the active form, promoting healthy aging</li> <li>• Promotes healthy cognitive, kidney, vision functions</li> </ul>

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Product No. RN171



# OraMax™

## Complete Oral Health Complex\*

### Supplement Facts

**Serving Size: 1 Tablet**

**Servings Per Container: 60**

Amount Per Serving	% Daily Value
<b>OralBiome OM™</b> 43 mg   1 Billion CFU †	
<i>Lactobacillus reuteri</i> (LRE-15), <i>Lactobacillus salivarius</i> (LS-33), <i>Bifidobacterium lactis</i> (HN019)	
<b>Oral CarePlex™</b> 186 mg †	
Xylitol, Green tea leaf extract, Cinnamon bark powder, cinnamon bark 20:1 extract, Lysozyme	
† Daily Value not established.	

**Other Ingredients:** Compressible mannitol (mannitol and starch), croscarmellose sodium, natural vanilla flavors, vegetable stearic acid, stevia leaf extract, calcium silicate, silica, peppermint leaf oil powder

**Contains:** Egg

Manufactured without fish, crustacean shellfish, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

OraMax™ is a comprehensive oral health solution that promotes a healthy oral microbiome, disrupts harmful plaque-causing biofilms, and provides antioxidant protection to support oral tissue and periodontal health. Include OraMax™ as part of standard dental care to optimize patient oral health.

### Mechanisms of Action

- Restores a healthy oral microbiome
- Disrupts dental biofilms / plaque\*
- Promotes normal gum tissue via a healthy regulatory cytokine response\*
- Crowds out bad breath-causing bacteria\*

Targeted Action	Constituent
<b>Gum Health</b>	<i>L. reuteri</i> LRE-15 <i>B. lactis</i> HN019 <i>L. salivarius</i> LS-33
<b>Cavities</b>	<i>L. reuteri</i> LRE-15 <i>B. lactis</i> HN019 <i>L. salivarius</i> LS-33 Xylitol Green Tea
<b>Cytokine Management</b>	<i>L. reuteri</i> LRE-15 <i>B. lactis</i> HN019 <i>L. salivarius</i> LS-33 Green tea Cinnamon
<b>Microbial Balance</b>	<i>L. reuteri</i> LRE-15 <i>B. lactis</i> HN019 <i>L. salivarius</i> LS-33 Xylitol Cinnamon
<b>Biofilms</b>	<i>B. lactis</i> HN019 <i>L. salivarius</i> LS-33 Xylitol Lysozyme Cinnamon
<b>Antioxidant</b>	Green Tea Cinnamon
<b>Fresh Breath</b>	<i>L. reuteri</i> LRE-15 <i>L. salivarius</i> LS-33 Green tea Cinnamon

### We cannot overlook the importance of oral health as a critical aspect of whole-body health.

The oral microbiome is one of the body's first defenses against immune assaults. An unbalanced oral microbiome has been associated with increased pro-inflammatory cytokines such as IL-6 and reduced regulatory cytokine, IL-12. Adverse gum health compounds these same cytokine responses, and if this cytokine balance is left untreated, it may lead to long-term bone, gum, and tooth health issues. Gum health is also closely linked to heart health and overall aging status. Studies that involved probiotics as an adjunct to clinical periodontal treatment report a marked improvement in patient clinical status compared to clinical treatment alone.

OraMax™ combines published researched-based probiotic strains, enzymes, herbs, and xylitol to promote healthy cytokine and oxidative stress responses, maintain normal plaque levels for long-term teeth and gum health, and maintain a healthy oral microbiome.

### Suggested Use

As a dietary supplement, dissolve 1 tablet in mouth and swallow. Use twice daily, ideally after brushing your teeth, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

ORAL HEALTH





Product No. RN176



# Circadian PM™

## Complete Sleep Management with Neurotransmitter, Cytokine, and Histamine Support\*

Achieving quality sleep is a challenge for many people. A multifaceted approach is needed to support healthy sleep. Circadian PM™ utilizes a blend of 10 ingredients with multiple mechanisms of action to nurture healthy sleep.

### Mechanisms of Action:

- Calms the central nervous system and promotes sleep initiation by:
  - Increasing GABA, the primary inhibitory central nervous system neurotransmitter\*
  - Decreasing breakdown of GABA and its binding capacity\*
  - Stimulating GABA receptors\*

### Supplement Facts

**Serving Size: 3 capsules**  
**Servings per Container: 30**

Amount Per Serving	%Daily Value**
<b>CalmNight™ Blend</b>	<b>2148 mg</b> †
Glycine, Valerian Extract ( <i>Valeriana officinalis</i> ) (root), CurcuWIN™ Turmeric Extract, Lemon Balm Extract ( <i>Melissa officinalis</i> ) (leaf), Magnolia Extract ( <i>Magnolia officinalis</i> ) (bark), 5 HTP (5-hydroxytryptophan), L-theanine, PharmaGABA® (Gamma-aminobutyric acid)	
<b>HistaCalm™</b>	<b>126 mg</b> †
Black Cumin Extract ( <i>Nigella sativa</i> ) (seed), Stinging Nettle Extract (leaf)	

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Vegetarian cellulose (capsule shell)

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

Each Capsule Includes:		
Features	Constituents/ Actions	Benefits*
<b>CalmNight Blend™</b>	Glycine, Valerian Extract, CurcuWIN™, Turmeric Extract, Lemon Balm Extract, Magnolia Extract, 5 HTP, L-theanine, PharmaGABA®	<ul style="list-style-type: none"> <li>• Supports NREM Stage 1 for sleep initiation*</li> <li>• Nurtures restfulness to help maintain length of time asleep*</li> <li>• Promotes the transition between NREM Stages (1-3), preparing the brain and body for deeper, restorative sleep*</li> <li>• Supports REM, the most important sleep state, allowing the body to repair and restore itself*</li> <li>• Anxiolytic and calming ingredients support GABA levels, as well as serotonin – a precursor to the natural production of melatonin, an essential hormone for quality sleep*</li> <li>• Promotes healthy mental and physical relaxation to reduce wakefulness and restlessness*</li> <li>• Supports normal cytokine function to relax the central nervous system and support physical discomfort*</li> </ul>
<b>HistaCalm™</b>	Black Cumin Extract, Stinging Nettle Extract	<ul style="list-style-type: none"> <li>• Promotes a healthy level of histamine to bind to its receptors by competitive inhibition*</li> <li>• Reduces wakefulness by supporting healthy histamine levels in the brain*</li> </ul>

- Promotes undisturbed sleep by supporting healthy serotonin levels, leading to increased REM sleep\*
- Reduces wakefulness by supporting healthy histamine levels in the brain\*
- Supports a healthy response to anxiety, promoting better sleep\*
- Promotes normal cytokine function to soothe physical discomfort and support neural cytokine levels\*

### Suggested Use

As a dietary supplement, take 3 capsules once daily before bed, or as directed by your healthcare professional.

### Cautions

Do not use while pregnant or nursing.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.





Product No. RN174



# AnxiaEase™

Multifaceted stress and mood support\*

## Mechanisms of Action\*

- **Promotes a healthy stress response** Adaptogenic herbs and phosphatidylserine work to modulate cortisol levels and mediate the physiological response to stress.\*
- **Supports cognitive relaxation** Targeted herbs and nutrients to promote a positive mood and a relaxed state of mind.\*
- **Nurtures a healthy mental state via the gut-brain axis** - Unique blend of probiotic strains (psychobiotics) with research demonstrating support for improved mood as well as cortisol and serotonin modulation.\*

## Supplement Facts

Serving Size: 2 capsules  
Servings per Container: 60

Amount Per Serving	%Daily Value**	
<b>Vitamin B-6</b> (as pyridoxal 5-phosphate)	<b>25 mg</b>	<b>1471%</b>
<b>Magnesium</b> (as magnesium taurate)	<b>25 mg</b>	<b>6%</b>
<b>Healthy Stress Response</b>	<b>460 mg</b>	†
Holy Basil Extract ( <i>Ocimum sanctum</i> ) (leaf), Ashwagandha Extract ( <i>Withania somnifera</i> ) (whole plant), Sharp-PS® Green Phosphatidylserine (from sunflower)		
<b>Calming Complex</b>	<b>610 mg</b>	†
Lemon Balm Extract ( <i>Melissa officinalis</i> ) (aerial), English lavender Extract ( <i>Lavandula officinalis</i> ) (aerial), Passionflower Extract ( <i>Passiflora incarnata</i> ) (aerial)		
<b>Gut-Brain Soother</b>	<b>1.5 Billion CFU   60 mg</b>	†
<i>Lactobacillus helveticus</i> Rosell®-52, <i>Bifidobacterium longum</i> Rosell®-175		

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Hypromellose (veggie capsule), leucine.

**Contains:** Trace amounts of soy and milk used in the fermentation of the probiotic strains

Manufactured without eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

## Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>Healthy Stress Response</b>	Holy Basil Extract, Ashwagandha (full spectrum-whole plant), Sharp-PS® Green Phosphatidylserine	<ul style="list-style-type: none"> <li>• Modulates stress by normalizing cortisol</li> <li>• Adaptogens to promote healthy resistance toward stress and anxiety</li> <li>• Supports neuro-cellular health &amp; healthy norepinephrine and epinephrine levels, which help stabilize mood and support a healthy response to stress</li> </ul>
<b>Calming Complex</b>	Lemon Balm Extract, English Lavender Extract, Passionflower Extract	<ul style="list-style-type: none"> <li>• Promotes a healthy response to anxiety and depressive symptoms</li> <li>• Modulates GABA and promotes a healthy response to cytokine activity</li> <li>• Promotes a neuroprotective role and anxiety support through its antioxidant effects</li> <li>• Supports relaxation through a healthy level of GABA production</li> </ul>
<b>Gut-Brain Soother</b>	Cerebiome®: <ul style="list-style-type: none"> <li>• <i>Bifidobacterium longum</i> Rosell®-175</li> <li>• <i>Lactobacillus helveticus</i> Rosell®-52</li> </ul>	<ul style="list-style-type: none"> <li>• Utilizes psychobiotics (probiotics that are proven to utilize the bidirectional gut-brain communication pathway to positively impact the brain) to promote healthy anxiety and mood responses</li> <li>• Published research indicates significant health improvements in 30 days</li> </ul>
<b>B-6 (as P5P)</b>	Active form of B-6, Pyridoxal-5-Phosphate	<ul style="list-style-type: none"> <li>• Healthy B-6 levels are associated with improved mood via its role in building neurotransmitters such as serotonin</li> </ul>
<b>Magnesium (acetyl taurate)</b>	Contains the amino acid taurine	<ul style="list-style-type: none"> <li>• Has a calming, neuroprotective effect on the brain</li> <li>• Regulates GABA and cortisol levels</li> <li>• Magnesium acetyl taurate increased brain magnesium levels more than any other form of magnesium</li> <li>• Gentle on the GI tract, making it unlikely to cause loose stool and diarrhea</li> </ul>

## Features & Benefits\*

AnxiaEase™ promotes healthy stress and mood management, featuring adaptogenic and calming herbs such as ashwagandha, holy basil, lemon balm, lavender, and passionflower. Additionally, essential nutrients including Vitamin B-6 and magnesium as well as clinically-researched "psychobiotic" probiotics support mental wellness.

## Suggested Use

As a dietary supplement, take 2 capsules twice daily, with or without food, or as directed by your healthcare professional.

## Caution

Do not use while pregnant or nursing.

STRESS & MOOD





Product No. RN107



# Soothe & Relaxx™

## All-In-One Joint, Soft Tissue & Muscle Support\*

Soothe & Relaxx™ combines soft tissue, joint and muscle support with the proprietary Relaxx™ Complex to calm the mind.

### Suggested Use

As a dietary supplement, take 3 capsules twice daily with or without meals or as directed by your healthcare professional.

### Cautions

5-HTP should not be taken with prescription antidepressants such as MAO inhibitors and SSRI's or with Parkinson's medications. White Willow Bark, the active ingredient in aspirin, should not be taken with blood thinning medications or potassium sparing diuretics. If pregnant or nursing, consult your healthcare professional before use.

### Supplement Facts

**Serving Size: 3 Capsules**      **Servings Per Container: 60**

Amount Per Serving	% Daily Value**	
<b>Magnesium</b> (as Magnesium Glycinate)	<b>150 mg</b>	<b>36%</b>
<b>Pro Joint Soothers™</b> Glucosamine Sulfate, MSM, Chondroitin Sulfate, Hyaluronic Acid	<b>1,375 mg</b>	<b>†</b>
<b>Muscle &amp; Leg Calmer™</b> Magnesium Glycinate, Malic Acid	<b>285 mg</b>	<b>†</b>
<b>Relaxx™ Complex</b> 5-HTP (as 5-hydroxy tryptophan), Valerian Extract ( <i>Valeriana officinalis</i> L.)(Root), Lemon Balm ( <i>Melissa officinalis</i> )(Aerial), Passion Flower ( <i>Passiflora incarnata</i> )(Aerial), Chamomile Extract ( <i>Matricaria chamomilla</i> )(Flower)	<b>275 mg</b>	<b>†</b>
<b>ExInflame™ Complex</b> White Willow Bark ( <i>Salix alba</i> )(Bark)(standardized to 15% salicylic acid), Boswellia ( <i>Boswellia serrata</i> )(Gum Exudates)(standardized to 65% boswellic acid), CurcuWIN™ Turmeric Extract, Holy Basil ( <i>Ocimum sanctum</i> )(Leaf)	<b>165 mg</b>	<b>†</b>

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Cellulose (capsule shell), silica.

**Contains:** Crustacean shellfish (crab, shrimp)

Manufactured without milk, eggs, fish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a certified facility that may process other ingredients containing these allergens.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
<b>Pro Joint Soothers™</b>	Proprietary blend of glucosamine sulfate, MSM, chondroitin sulfate, hyaluronic acid	<ul style="list-style-type: none"> <li>Supports connective tissue</li> <li>Lubricates joints</li> <li>Promotes joint resilience, elasticity and overall strength</li> </ul>
<b>ExInflame™ Complex</b>	Proprietary blend of White Willow Bark, Boswellin, Curcumin Extract, Holy Basil	<ul style="list-style-type: none"> <li>Promotes a healthy inflammation response</li> </ul>
<b>Muscle &amp; Leg Calmer™</b>	Proprietary blend of magnesium glycinate and malic acid	<ul style="list-style-type: none"> <li>Calms muscle contractions and relaxes the body's muscles</li> </ul>
<b>Relaxx™ Complex</b>	Proprietary blend of 5-HTP, Valerian, Lemon Balm, Passion Flower, German Chamomile	<ul style="list-style-type: none"> <li>Relaxes and calms the mind</li> <li>Promotes healthy sleep patterns</li> </ul>

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## Foundation Kit™ For Robust Health

Robust health is built upon a foundation of vigorous cellular energy production, a highly functioning immune system, healthy cytokine response, and strong detoxification. The Researched Nutritionals® Foundation Kit™ provides patients with four clinically researched supplements to support these key areas of health.

### ATP 360®

Clinically researched support to repair and nurture mitochondrial membranes to optimize energy production. ATP 360® was designed to offer complete mitochondrial support, including promoting normal mitochondrial growth and mitosis, supporting a healthy mitochondrial membrane, and supplying the necessary cofactors for optimal cellular energy production.

**This complete mitochondrial complex supports the following key areas of mitochondrial health:**

- **Healthy Membrane**
- **Healthy Antioxidant Levels**
- **Healthy Cytokine Activity**
- **Krebs Cycle & Electron Transport Chain Support**
- **Healthy Mitosis and Biogenesis**

All the necessary mitochondrial support in one convenient formula.

### Transfer Factor Multi-Immune™

Advanced, clinically researched, immune support formula with transfer factors, whole colostrum, and nutrients.

Transfer Factor Multi-Immune™ provides an advanced comp-rehensive immune support formula, promoting healthy natural killer cells, macrophage, T-cells, and cell division. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

### CytoQuel®

Current research has focused on the impact of cytokine function on the inflammation process. During an infection, the body naturally produces pro-inflammatory cytokines as part of its defense mechanism. The healthy body balances pro-inflammatory cytokines with anti-inflammatory cytokines. However, if these pro-inflammatory cytokines (i.e. IL-1, IL-6, IL-8, IL-17, IL-23), Tumor Necrosis Factor-alpha (TNF-α), Nuclear Factor kappa B (NF-κB) continue in the "on position" and inflammation levels remain high, adverse health may be the result.

CytoQuel® has been developed to promote a healthy cytokine balance. Based on the latest published research, CytoQuel® offers you and your patients an effective tool in the quest for healthy cytokine function.

### Tri-Fortify®

Clinically-proven superior intracellular absorption, support for NK cell function, powerful antioxidant action, and detoxification.

- **Clinically-proven intracellular absorption**
- **Full potency after two years**
- **No refrigeration required**
- **Delicious taste and easy to take**



# Cognitive Performance Duo

*BDNF Essentials® & CogniCare™*



These formulas support cognition, cytokine activity, mood, cortisol and overall brain health with a multifaceted combination of nutrients, herbs and antioxidants.

## BDNF Essentials®

Clinically researched, and shown to enhance cognitive function and mood by nurturing the brain, promoting balanced cytokine activity, and supporting cortisol.

BDNF Essentials® is a clinically researched comprehensive supplement that supports neurological health and cognitive function. This multi-ingredient formula has been shown in research to boost healthy cognition, nurture functional memory and support healthy cytokine and cortisol levels in the brain.

### Mechanisms of Action\*

Promotes healthy:

- Cortisol
- Cognitive function
- Neuro cytokine activity
- Nrf2 (brain antioxidant) function
- Oxidative stress levels
- Cellular membranes & function
- Neuroplasticity function
- Neuronal repair
- BDNF function
- Neurogenesis (formation of new neurons)

### Suggested Use

As a dietary supplement, take 2 capsules twice daily, with or without meals, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

## CogniCare®

Essential for supporting cognitive functions such as neurotransmitter health, mental processing, mental acuity, memory, mood, and verbal functioning.

CogniCare® provides a comprehensive cognitive support formula with proprietary blends of the most researched nutrients for mental clarity and processing activities.

### Suggested Use

As a dietary supplement, take 2 capsules twice daily with meals or as directed by your healthcare professional.

### Cautions

If you have low blood pressure, have a history of heart problems, strokes or are using blood-thinning medications, AChE inhibitors, glaucoma or bipolar medications, consult your doctor before using this product. Not for use by women who are pregnant, may become pregnant, or are nursing.



# Enhanced Immunity Duo

*Transfer Factor Multi-Immune™ & Tri-Fortify®  
Liposomal Glutathione*



Enhance immune health by strengthening the frontline immune system, Natural Killer cell function, and bolstering detoxification with two clinically researched formulas.

## Transfer Factor Multi-Immune™

Advanced, clinically researched, immune support formula with transfer factors, whole colostrum, and nutrients.

Transfer Factor Multi-Immune™ provides an advanced comp-rehensive immune support formula, promoting healthy natural killer cells, macrophage, T-cells, and cell division. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

### Suggested Use

As a dietary supplement, take 3 capsules once daily, with or without food, or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

## Tri-Fortify®

Clinically-proven superior intracellular absorption, support for NK cell function, powerful antioxidant action, and detoxification.

- Clinically-proven intracellular absorption
- Full potency after two years
- No refrigeration required
- Delicious taste and easy to take

### Suggested Use

As a dietary supplement, gently squeeze the tube to fill 1 teaspoon (5 mL), or open a single serving packet. Hold under tongue for 30-60 seconds and then swallow, or use as directed by your healthcare professional. Additional doses may be taken.

**Shake tube well before use.**

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

PRODUCT KITS & DUOS



# Optimized Energy Duo

## ATP 360® & Energy Multi-Plex™



Increase healthy energy, vitality, and cognition at the cellular level. This non-stimulating system provides clean energy for daily use and can be taken regularly.

## ATP 360®

Clinically researched support to repair and nurture mitochondrial membranes to optimize energy production.

Mitochondrial health can be influenced by a multitude of health-related & environmental factors. To improve mitochondrial function, both the number of mitochondria and the function of mitochondria need to be supported. ATP 360® was designed to offer complete mitochondrial support, including promoting normal mitochondrial growth and mitosis, supporting a healthy mitochondrial membrane, and supplying the necessary cofactors for optimal cellular energy production.

This complete mitochondrial complex supports the following key areas of mitochondrial health:

- **Healthy Membrane**
- **Healthy Antioxidant Levels**
- **Healthy Cytokine Activity**
- **Krebs Cycle & Electron Transport Chain Support**
- **Healthy Mitosis and Biogenesis**

All the necessary mitochondrial support in one convenient formula.

### Suggested Use

As a dietary supplement, take 3 capsules once daily with or without food or as directed by your healthcare professional.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

## Energy Multi-Plex™

Comprehensive adrenal support for energy production without over-stimulation.

Energy Multi-Plex™ provides comprehensive adrenal support with a proprietary blend of 14 researched nutrients. This non-glandular, vegan formula supports energy production and adrenal function without the negatives that can come with glandular-based adrenal supplements such as over-stimulation.\*

### Suggested Use

As a dietary supplement, take 3 capsules per day (at one time or throughout the day) with or without meals or as directed by your healthcare professional.

### Cautions

Do not use if you are pregnant or nursing. Consult a healthcare professional for pediatric use.

# Revitalizing Detox Duo

Tri-Fortify® Liposomal Glutathione & ToxinPul®



This combination of a binder and detoxifying antioxidant supports the natural detox function of the body, binding to heavy metals and environmental toxins, while nurturing kidney and liver health.

## ToxinPul®

Systemic detox support that binds a wide range of toxins and heavy metals, including glyphosate, and nurtures detoxification organs.

ToxinPul™ is a multi-function binder and detox support formula developed to provide your patients with the most comprehensive support available. Utilizing multiple mechanisms of action, ToxinPul™ binds toxins and metals throughout the body while supporting the healthy function of the critical detoxification pathways and organs such as the liver and the kidneys.\*

### Suggested Use

As a dietary supplement, take 3 capsules once daily on an empty stomach (at least 2 hours after eating or 1 hour before eating) or as directed by your healthcare professional. It is recommended to take a multi-mineral such as Core Minerals™ at the opposite time of day while using ToxinPul™.

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

## Tri-Fortify®

The "master antioxidant and detoxifier" - Clinically-proven intracellular absorption, powerful antioxidant action, and detoxification.

- Clinically-proven intracellular absorption
- Full potency after two years
- No refrigeration required
- Delicious taste and easy to take

### Suggested Use

As a dietary supplement, gently squeeze the tube to fill 1 teaspoon (5 mL), or open a single serving packet. Hold under tongue for 30-60 seconds and then swallow, or use as directed by your healthcare professional. Additional doses may be taken.

**Shake tube well before use.**

### Cautions

If pregnant or nursing, consult your healthcare professional before use.

PRODUCT KITS & DUOS



# Our **Newest** Formulation!

**Gut Health Redefined,  
*Backed by Science,  
Designed for You***

## RenewGut™ Thrive

RenewGut Thrive™ builds off of the existing RenewGut™ formula, adding additional powerful ingredients such as *Akkermansia* and Tributyrin for even stronger, more robust results.

- Fortifies gut lining to promote a healthy mucosal barrier\*
- Promotes healthy cytokine activity\*
- Provides healthy histamine support in the gut\* (both histamine absorption & degranulation)
- Improves microbiome balance in the digestive tract\*
- Supports short-chain fatty acid (SCFA) levels, promoting microbial diversity and immune health\*
- Supports metabolic health, including insulin function, thermogenesis, and lipid metabolism\*

CoreBiome® Tributyrin is clinically shown to reach the colon—where it's needed most. Combine RenewGut Thrive™ with your favorite probiotic such as Multi-Biome™ or CoreBiotic®, to even further nourish the gastrointestinal tract.



**Learn More:**



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**Learn More:** [www.researchednutritionals.com/product/renewgut-thrive](http://www.researchednutritionals.com/product/renewgut-thrive)

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.