



*An exclusive practitioner only
product range that you can trust.*



PRODUCT CATALOGUE



support@fxmed.co.nz | www.fxmed.co.nz



WE CARE ABOUT YOUR PATIENTS.

RN Labs deliver premium-grade practitioner-only supplements, formulated using minimal excipients for optimum patient outcomes. Our objective is to assist in providing the best possible care for patients, by delivering products of the highest purity, quality and efficacy.



01

UNPARALLELED PURITY STANDARDS

We only select ingredients from suppliers that can guarantee purity, proven by testing. Our quality standards are adhered to and continuously measured to maintain manufacturing excellence.



02

LOW-EXCIPIENT MANUFACTURING

There are allowable fillers in widespread use which facilitate easier manufacturing - these are not required to be listed on the label. Unnecessary fillers and excipients may have a detrimental effect on people who have a compromised health status.



03

CLINICAL VALIDATION

RN Labs will always select the most scientifically validated forms of nutrients for their intended purposes. Premium quality nutrients enhance biological activity and utility, and may reduce potential digestive or metabolic burdens.



04

UNCOMPROMISING INTEGRITY

RN Labs products are designed to individualise treatment needs. We believe in a holistic and targeted approach to healthcare, that supports the unique expression of health and vitality in each individual.

**AT RN LABS, WE DO NOT ASK FOR YOUR TRUST.
WE EARN YOUR TRUST, ONE BOTTLE AT A TIME.**

RN Labs is proud to be an exclusive clinician-only brand. As such, RN Labs label products are accessible to patients only through private, enclosed clinic consultations. This model not only enhances clinic success and fosters patient loyalty but also ensures each product is used safely and effectively.

RN Labs: Full Label Transparency

Why Care About Excipients?

Excipients can cause intolerance reactions in sensitive individuals, and can potentially also interact or interfere with the efficacy and function of some of the active ingredients in a product (as well as potentially diluting their overall potency).

It is therefore always desirable to minimise the number and amount of excipients used, as well as to select only the most benign and necessary excipients available.

Producing this type of formulation requires extensive development work to achieve, and yields products that often represent greater value, and are more effective and suitable for sensitive patients, so that they can be taken and prescribed with greater clinical confidence in all individuals.

Why worry if there's something in your prescribed supplements that's interfering with your patient's optimum wellness?

With RN Labs, there's one less thing to worry about - knowing that you are giving your patient a pure, hypoallergenic product that you and your patient can rely on. It's that simple.



RN Labs will always list the full form description for each ingredient (for maximum clarity of the form and potency being provided).

RN Labs will always offer capsules over tablets (except when necessary as in lozenges), as tablets by their very nature require binders and tableting aids.

Each Vegetarian Capsule Contains:

Thiamine Hydrochloride.....	56 mg
Equiv. to Thiamine.....	50 mg
Riboflavin-5-Phosphate sodium.....	25 mg
Equiv. to Riboflavin.....	20 mg
Nicotinamide (Niacinamide).....	150 mg
Calcium Pantothenate.....	218 mg
Equiv. to Pantothenic Acid.....	200 mg
Pyridoxal-5-Phosphate.....	29.2 mg
Equiv. to Pyridoxine.....	20 mg
Calcium Folate.....	540 mcg
Equiv. to Folic Acid.....	500 mcg
Hydroxycobalamin.....	500 mcg
Inositol.....	100 mg
Biotin.....	500 mcg

Excipients: Leucine, Colloidal Anhydrous Silica

RN Labs have always provided full label transparency – meaning everything in the bottle is listed on the label.

The few excipients that RN Labs select to use are either neutral, or even beneficial. Examples include:

- Hypromellose / Microcrystalline Cellulose (pure plant fibre)
- Leucine (primary amino acid in protein)
- Colloidal Silica (inert mineral)



Other companies may only list the simplified vitamin terminology and quantities.

Each Capsule Contains:

Vitamin B1.....	50 mg
Vitamin B2.....	20 mg
Vitamin B3.....	150 mg
Vitamin B5.....	200 mg
Vitamin B6.....	20 mg
Folate.....	500 mcg
Vitamin B12.....	500 mcg
Inositol.....	100 mg
Biotin.....	500 mcg

All capsule & tablet products (and powder, liquid formulas that aren't single ingredients) will have excipients. However, many products will not present them on the label.

Some commonly used excipients have higher potential for interfering interactions and reactions, such as: Stearates/Stearic Acid, Polyethylene Glycol (PEG or Macrogol), Carageenan, Sugars (Fructose, Lactose, etc.), Artificial Flavours, Artificial Vitamins (dl-alpha-tocopherol), etc.

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RN Labs Product Guide



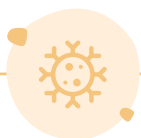
ADRENAL & ENERGY

- Adaptex
- Core Nutrients with Collagen
- Fe-Restore
- Iodine & Tyrosine
- Medi Metabolic
- Medi Restore
- Mito-Charge
- Niacinamide B3
- Nicotinamide Riboside (NR)
- Pantothenic B5
- Thyro Fortify
- Stress Forte



GUT & NERVOUS SYSTEM

- Active B6
- Bergasome +
- Cal:Mag 1:1
- Core Nutrients with Collagen
- GI Defence
- Magnesium Glycinate
- Medi Metabolic
- Medi Restore
- Micro Clear
- Mixed Mag Forte
- TraceMins Complex
- Tri-Factor



HORMONES & METABOLISM

- Active B6
- Berbersorb
- Bergasome +
- Cal:Mag 1:1
- Core Nutrients with Collagen
- Fe-Restore
- Iodine & Tyrosine
- Lipotropex
- Magnesium Citrate
- Medi Metabolic
- Medi Restore
- Mixed Mag Forte
- Pantothenic B5
- Thyro Fortify
- TraceMins Complex
- Tri-Factor
- Zinc Glycinate



IMMUNITY & INFLAMMATION

- Core Nutrients with Collagen
- Curcutex
- GI Defence
- InflamaSoothe
- Medi Metabolic
- Medi Restore
- Micronised PEA
- Quercesorb
- Selenium
- TraceMins Complex
- Tri-Factor
- Zinc Glycinate



METHYLATION

- Active B6
- BioActive B-Complex
- Folinic Acid
- L-5MTHF
- Methyl Fortify
- Niacinamide B3
- Nicotinamide Riboside (NR)
- Sublingual Hydroxy-B12



SKIN & HAIR

- Active B6
- Core Nutrients with Collagen
- Medi Restore
- Niacinamide B3
- Nicotinamide Riboside (NR)
- Pantothenic B5
- Thyro Fortify
- TraceMins Complex
- Tri-Factor
- Zinc Glycinate

Active B6



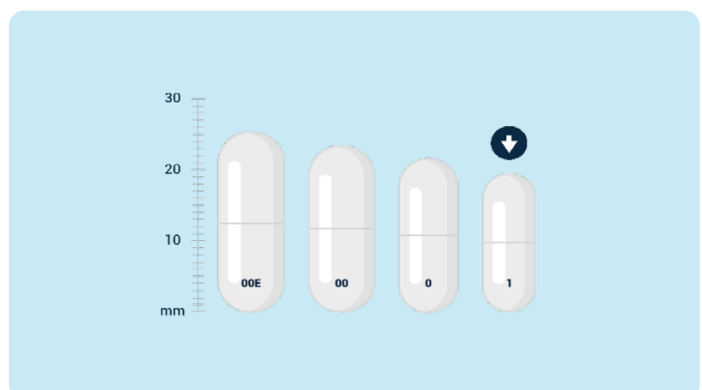
RN Labs Active B6 is a yeast-free, biologically active form of Vitamin B6.

Pyridoxal-5-Phosphate (P5P) is the metabolically active form of Vitamin B6 found in the body, and is known to be necessary for the transformation and utilisation of amino acids for many functions in the body, including energy production and neurotransmitter synthesis.

Activated B6 plays a crucial role in supporting Methylation and Transsulfuration pathways and is involved in the production of hemoglobin, Intrinsic Factor, and is a vital component in the formation of the Myelin sheath that surrounds nerve cells.

- ✓ The most 'activated' supplemental form of Vitamin B6
- ✓ Involved in the metabolism of nearly all amino acids, as a coenzyme for reactions such as transamination, decarboxylation and the production of non-essential amino acids
- ✓ An important coenzyme for neurotransmitter biosynthesis
- ✓ May assist in the maintenance of normal healthy nerve and brain function
- ✓ May assist in the management of pre-menstrual tension/syndrome
- ✓ May help reduce the severity of nausea and vomiting during pregnancy
- ✓ Required in haem biosynthesis (Porphyrin pathway) and the formation of haemoglobin
- ✓ Required for the conversion of Homocysteine to Cysteine in the Transsulfuration pathway
- ✓ Required for the conversion of Folates in the Methylation cycle

Active B6 60 capsules	
Each Vegetarian Capsule Contains:	
Pyridoxal-5-Phosphate	50 mg
Equivalent to Pyridoxine	34.2 mg
Excipients: Leucine, Microcrystalline Cellulose, Hypromellose (Capsule), Colloidal Anhydrous Silica. Suitable for vegans.	



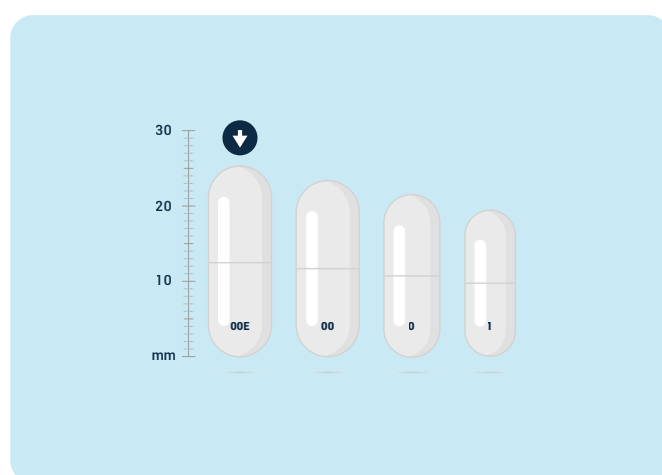
Adaptex



RN Labs Adaptex (Adaptogen Complex) delivers a synergistic blend of botanical adaptogens for supporting the maintenance of a healthy stress response.

Adaptex 60 Capsules	
Each Capsule Contains:	
<i>Withania somnifera</i> (Ashwagandha) Root Extract From <i>Withania somnifera</i> Dry Root	200mg 4 g
<i>Eleutherococcus senticosus</i> (Siberian Ginseng) Root Extract From <i>Eleutherococcus senticosus</i> Dry Root	150 mg 2.25 g
<i>Centella asiatica</i> (Gotu Kola) Whole Plant Extract From <i>Centella asiatica</i> Dry Whole Plant	100 mg 1 g
<i>Ocimum tenuiflorum</i> (Holy Basil) Leaf Extract From <i>Ocimum Tenuiflorum</i> Dry Leaf	100 mg 1 g
<i>Rhodiola rosea</i> Root Extract From <i>Rhodiola rosea</i> Dry Root	100 mg 800mg
Excipients: Leucine, Hypromellose (Capsule), Silicified Microcrystalline Cellulose, Maltodextrin (Corn), Colloidal Anhydrous Silica.	

- ✓ Supports healthy stress response in the body
- ✓ Regulates nervous system and immune system function
- ✓ Promotes adaptive resilience during times of physical and mental demand
- ✓ Promotes physical endurance capacity
- ✓ Promotes mental wellbeing
- ✓ Can be used in conjunction with laboratory hormone test results (eg. High Cortisol, and/or High Cortisol metabolites)



Berbersorb



RN Labs Berbersorb delivers metabolically active Berberine in a phytophospholipid complex for maximum absorption, specifically to assist in the maintenance of healthy blood sugar levels.

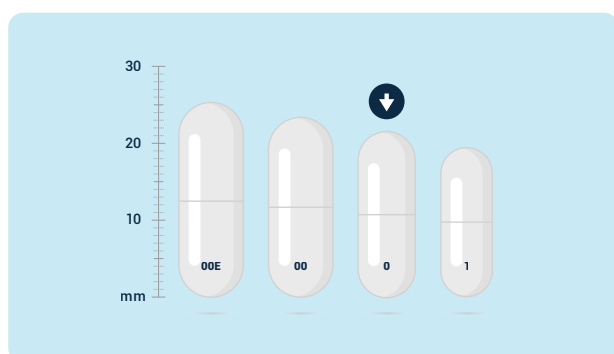
Berberine is recognised as a naturally derived bioactive alkaloid obtained from the berberis genus plants, proven to favourably modulate blood profiles such as plasma lipids and glucose levels, therefore contributing to metabolic wellbeing.

Finding a way to maintain metabolic balance is a key global health challenge, among the growing incidence of chronic metabolic health conditions such as Metabolic Syndrome, PCOS or Type-II Diabetes.

Using a patented phytosome technology, the absorption of berberine is optimised 10 times - utilising this form has shown in clinical trials to contribute to metabolic wellbeing by lowering blood glucose, and to have a positive effect on body composition, inducing redistribution of adipose tissue even without subjects being on a low-calorie diet.

- ✓ Phytosome® form (Phytophospholipid complex) ensures efficient absorption specifically for metabolic benefits of Berberine
- ✓ Supports healthy blood glucose management
- ✓ May help support insulin function within metabolic syndromes
- ✓ May help support management of ovarian cysts and fertility

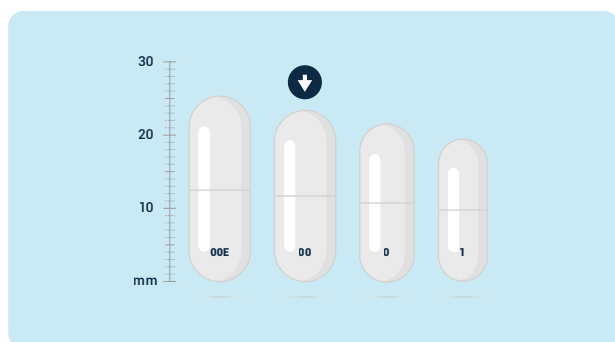
Berbersorb 60 capsules	
Each Vegetarian Capsule Contains:	
Berbevis® Berberine Phytosome®	250 mg
containing Berberis aristata root dry ext. concentrate 105 mg	
equivalent to dry Berberis aristata root	5.52 g
standardised to contain Berberine	75 mg
Excipients: Pea powder, Lecithin (Sunflower), Hypromellose (Capsule), Vitis vinifera (Grape) seed extract, Leucine, Microcrystalline Cellulose, Hyprolose, Colloidal Anhydrous Silica.	
Suitable for vegans.	



Bergasome +



- ✓ Scientifically proven formula
- ✓ Innovative approach to cholesterol management
- ✓ Calabrian sourced Bergamot juice extract (delivers unique polyphenol actives)
- ✓ Phytosome form ensures maximum absorption
- ✓ Synergistic blend provides optimised efficacy
- ✓ Works via natural body processes
- ✓ Helps maintain healthy blood lipids
- ✓ Supports cardiovascular system health



RN Labs Bergasome + is a highly absorbable Bergamot extract in Phytosome form.

This scientifically studied formula has been shown in clinical trials to reduce serum cholesterol and improve blood markers of lipid metabolism, while also supporting liver function.

Bergamot phyto-phospholipid is synergistically paired with Artichoke extract for maximum efficacy, to assist in the maintenance of healthy Cholesterol and support overall cardiovascular system health.

Bergasome + 60 capsules	
Each Vegetarian Capsule Contains:	
Vazguard Bergamot Phytosome	500 mg
containing Citrus limon (Bergamot)	
fruit juice extract dry concentrate	200 mg
from Citrus limon (Bergamot) fresh fruit juice	12 g
standardised to contain total Flavones	80 mg
Cynara scolymus dry leaf extract concentrate	100 mg
from dry Cynara scolymus (Globe Artichoke) leaf	1 g
Excipients: Leucine, Microcrystalline Cellulose, Hypromellose (Capsule), Lecithin (Sunflower), Medium Chain Triglycerides, Acacia, Maltodextrin (Corn), Liquid Glucose, Colloidal Anhydrous Silica. Suitable for vegans.	

Vazguard® and Phytosome® are
Trademarks of Indena S.p.A., Italy.



BioActive B-Complex



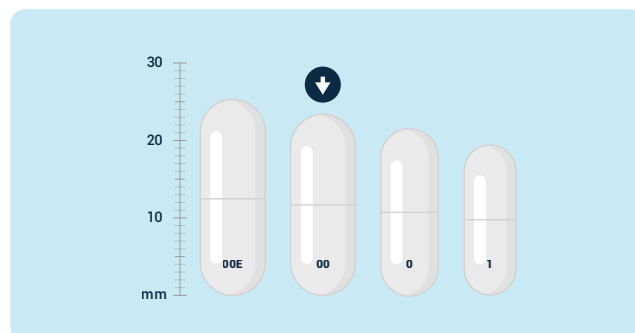
RN Labs BioActive B-Complex is a pure, balanced and hypoallergenic source of metabolically active forms of B complex vitamins, providing a highly versatile foundation to further supplementation (including the methylated vitamin forms).

The vitamins in BioActive B-Complex have been demonstrated to support a range of metabolic processes, including energy production, detoxification processes, neurological health, stress response and hormone balance.

The bioactive, yet unmethylated, forms are used to support optimal activity, without causing over-stimulation, particularly in sensitive patients.

- ✓ Well-balanced, broad-spectrum B vitamin support
- ✓ Pure and potent low-ingredient formula
- ✓ Provides highly bioactive forms without causing excess over-stimulation
- ✓ Folinic acid readily converts to methylfolate without delivering excess external methyl groups
- ✓ Hydroxy-B12 converts to methyl-B12 in the body, without introducing external methyl groups
- ✓ Provides a highly versatile foundation to further supplementation (including methyl forms)
- ✓ Provides a non-flushing form of vitamin B3
- ✓ Provides a form of vitamin B6 not associated with peripheral neuropathy

BioActive B Complex 60 capsules	
Each Capsule Contains:	
Thiamine Hydrochloride	56 mg
Equiv. to Thiamine	50 mg
Riboflavin Sodium Phosphate	25 mg
Equiv. to Riboflavin	20 mg
Nicotinamide (Niacinamide)	150 mg
Calcium Pantothenate	218 mg
Equiv. to Pantothenic Acid	200 mg
Pyridoxal-5-Phosphate	29.2 mg
Equiv. to Pyridoxine	20 mg
Calcium Folate	540 micrograms
Equiv. to Folinic Acid	500 micrograms
Hydroxocobalamin	500 micrograms
Inositol	100 mg
Biotin	500 micrograms
Excipients: Leucine, Hypermellose (Capsule), Colloidal Anhydrous Silica. Suitable for vegans.	



Cal:Mag 1:1



RN Labs Cal:Mag 1:1 contains a balanced combination of bioavailable Electrolytes, for synergistic and comprehensive metabolic support.

This formulation ensures that both Calcium and Magnesium are present in the required amounts to perform their interconnected physiological actions, such as maintaining optimum bone health.

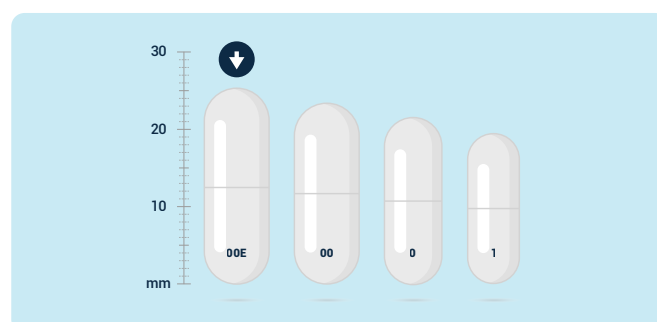
Magnesium is a necessary nutrient for the assimilation of Calcium into bones, as well as for activating Vitamin D in kidneys. Without the presence of adequate Magnesium, a high Calcium intake may increase the risk of arterial calcification (CVD) and Kidney Stones.

Calcium Citrate has shown significantly greater reduction in markers of bone resorption in comparison to Calcium Carbonate in post-menopausal women.

Calcium Citrate has shown beneficial changes in circulating lipids (increased HDL, decreased LDL).

- ✓ Responsibly Balanced Calcium Formula (with equal dose of supportive Magnesium)
- ✓ Pure and potent low-ingredient formula
- ✓ Minimises chances of excess Calcium imbalances from supplementation
- ✓ Provides highly bioavailable forms of Calcium and Magnesium
- ✓ Supports Calcium status in cases of restricted diets
- ✓ Provides synergistic support for bones and teeth
- ✓ Helps better protect Cardiovascular System during Calcium supplementation

Cal:Mag 1:1 60 capsules	
Each Capsule Contains:	
Magnesium Citrate	484 mg
Equiv. to elemental Magnesium	75 mg
Calcium Citrate Tetrahydrate	356 mg
Equiv. to elemental Calcium	75 mg
Excipients: Leucine, Hypromellose (Capsule), Colloidal Anhydrous Silica Suitable for vegans.	



Core Nutrients with Collagen



RN Labs Core Nutrients with Collagen is a comprehensive and synergistic blend of essential nutrients for preventing nutrient deficiencies, supporting collagen formation, connective tissue synthesis, and gastrointestinal membrane health, as well as calming inflammation, assisting liver detoxification, quenching free radicals, helping with energy production, managing a healthy stress response and nervous system function.

Core Nutrients with Collagen is designed to be suitable for even the most sensitive individuals, so that essential nourishment can be achieved within any clinical program, especially those requiring dietary restrictions and the elimination of foods due to intolerances.

Powerful therapeutic doses provide clinical benefits beyond dietary needs alone, and helps consolidate multiple supplement categories into a single easy-to-take formula, making a tasty and cost-effective solution for a wide variety of clinical situations.



**Detoxification
Support**



**Gastrointestinal
Wellbeing**



**Healthy
Inflammatory
Response**

- ✓ Great tasting natural vanilla flavour
- ✓ Provides clinical doses of essential nutrients
- ✓ Helps nourish depleted body systems
- ✓ Provides gentle detoxification support
- ✓ Formulated for sensitive patients
- ✓ Supports connective tissue including GIT mucosa
- ✓ Supports nervous system resilience and stress response
- ✓ Assists healthy blood glucose management



Supplement Panel

Core Nutrients with Collagen 448 grams	
Each 16g Dose (Approx. 1 Level Scoop) Contains:	
Hydrolysed Collagen (Bovine)	10 g
Glycine	1.5 g
Taurine	350 mg
Ascorbic Acid (Vitamin C)	250 mg
Choline Bitartrate	30 mg
Thiamine Hydrochloride	21.6 mg
equiv Thiamine	17 mg
Riboflavin Sodium Phosphate	6.58 mg
equiv Riboflavin	5 mg
Nicotinamide (Niacinamide)	50 mg
Calcium Pantothenate	54.6 mg
equiv Pantothenic Acid	50 mg
Pyridoxal-5-Phosphate Monohydrate	15.7 mg
equiv Pyridoxine	10 mg
Levomethionine	360 micrograms
equiv Levomethionine	200 micrograms
Hydroxocobalamin	200 micrograms
Biotin	50 micrograms
Colecalciferol	10 micrograms
equiv Vitamin D3	400 IU
Magnesium Citrate	330 mg
equiv elemental Magnesium	50 mg
Calcified Lithothamnion Species (Red Algae)	156 mg
equiv elemental Calcium	50 mg
Zinc Citrate Dihydrate	47 mg
equiv elemental Zinc	15 mg
Manganese Gluconate	8.1 mg
equiv elemental Manganese	1 mg
Selenomethionine	125 micrograms
equiv elemental Selenium	50 micrograms
Chromium Nicotinate	194 micrograms
equiv elemental Chromium	24 micrograms
Molybdenum Trioxide	75 micrograms
equiv elemental Molybdenum	50 micrograms
Potassium Iodide	66 micrograms
equiv elemental Iodine	50 micrograms
<i>Silybum marianum</i> (Milk Thistle) extract dry conc.	150 mg
stand to contain Silymarin	120 mg
equiv <i>Silybum marianum</i> dry fruit	10.5 g
<i>Zingiber officinale</i> (Ginger) rhizome extract dry conc.	50 mg
equiv <i>Zingiber officinale</i> dry rhizome	500 mg
Excipients: Medium Chain Triglycerides (MCTs), Glycine, <i>Siraitia grosvenorii</i> (Monk Fruit) extract, Natural Vanilla Flavour, Colloidal Anhydrous Silica, Vegetable Oil, dl-alpha-tocopherol (Vitamin E).	

Nutritional Panel Serving Size: 16 g (1 scoop)		
	Quantity per 16 g serve	Quantity per 100 g
Energy	237 kJ (57 Cal)	1481 kJ (354 Cal)
Protein	11.85 g	74.06 g
Fat, Total	1 g	6.25 g
- Saturated	1 g	6.25 g
Carbohydrate, Total	0.08 g	0.5 g
- Sugars	0 g	0 g
Fibre	0.05 g	0.31 g
- Soluble	0	0 g
- Insoluble	0.05 g	0.31 g
Note: Nutritional Panel is not printed on the Core Nutrients with Collagen label due to TGA product guidelines (as a natural medicine rather than a food)		



WHY DOES THE FORMULA CONTAIN VEGETABLE OIL?

Please note that the Total Fat content of the formula is predominantly delivered via healthy medium chain triglycerides (from coconut) that assist with energy production. Only a minute trace of vegetable oil (micrograms) is included as a necessary carrier of Vitamin D (and therefore does not notably contribute to the overall energy content or fatty acid balance of the formula).

Curcutex



RN Labs Curcutex delivers a highly absorbable form of Curcumin, using soy-free proprietary Curcumin phytosome technology, Meriva®.

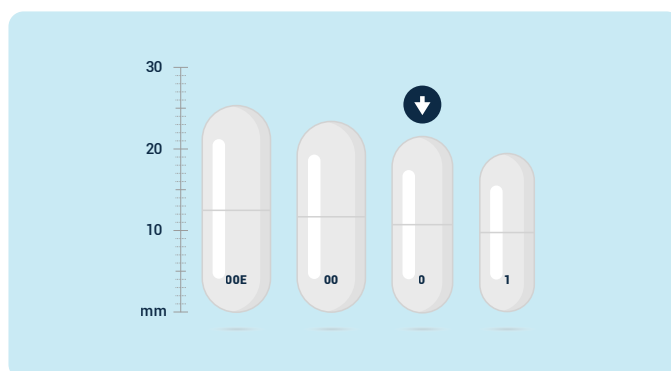
Curcumin has been shown to significantly reduce oxidation and inflammation, offering the potential to support a broad range of health conditions.

- Soy-Free Meriva® uses Sunflower Phospholipids instead of typical Soy-based Phytosome/Liposome technology.
- Curcuminoids include: Curcumin, Bisdemethoxycurcumin, Demethoxycurcumin.

Curcutex 60 capsules	
Each Capsule Contains:	
Curcumin	90 mg
From Meriva® Curcumin Phytosome®	500 mg
Stand. to contain Curcuminoids (Total)	100 mg
Equiv. Curcuma longa Fresh Rhizome	15 g
Excipients: Leucine, Hypromellose (Capsule), Lecithin (Sunflower), Microcrystalline Cellulose, Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	



- ✓ Soy-free
- ✓ Full Curcumin Complex
- ✓ Highly Absorbable Phytosome Technology
- ✓ Anti-inflammatory Properties (supporting gut, skin, brain, etc.)
- ✓ Antioxidant Properties (supporting vascular, mitochondria, etc.)
- ✓ Anti-spasmodic Properties
- ✓ May Assist Muscle Recovery
- ✓ May Reduce Joint Pain and Stiffness



Fe-Restore

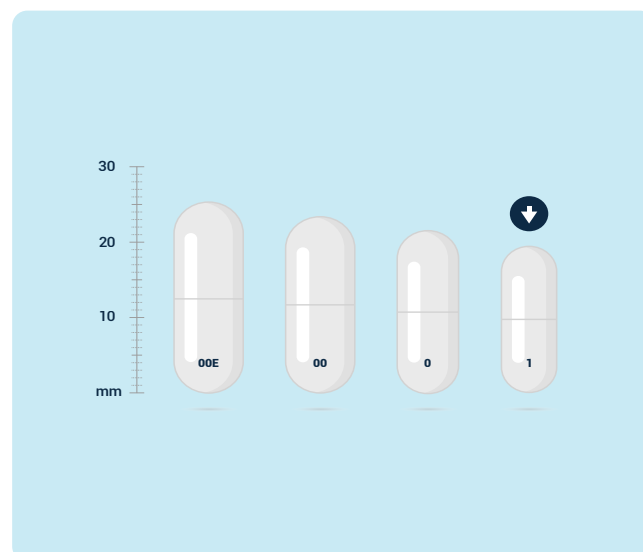


RN Labs Fe-Restore is a pure and hypoallergenic source of highly absorbable iron.

Unlike other forms of supplemental iron, iron bisglycinate does not cause common side effects, and therefore provides optimum bioavailability and ease of prescribing.

Fe-Restore 30 capsules	
Each Capsule Contains:	
Iron (II) Glycinate	129 mg
Equivalent to elemental Iron	24 mg
Excipients: Hypromellose (Capsule), Leucine, Microcrystalline Cellulose, Colloidal Anhydrous Silica.	
Suitable for vegans.	

- ✓ Highly absorbable/bioavailable form of iron
- ✓ Gentle on the digestive system
- ✓ Involved in healthy red blood cell and haemoglobin synthesis
- ✓ Involved in electron transport and the maintenance of energy levels
- ✓ Ideal for when iron requirements are increased, such as during pregnancy, early adolescents, female reproductive cycle, and vegetarian diets
- ✓ Supports healthy pregnancy



Folinic Acid

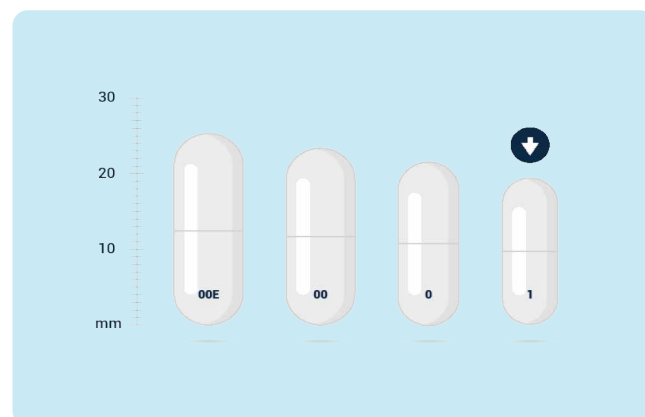
RN Labs Folinic Acid is a pure and hypoallergenic source of metabolically active, yet unmethylated and therefore less over-stimulating form of Folate.

Providing a gentle and invaluable basis to Folate supplementation for a broad range of clinical applications.

Folinic Acid 120 capsules	
Each Capsule Contains:	
Calcium Folate	543 micrograms
Equiv. to Folinic Acid	500 micrograms
Excipients: Microcrystalline Cellulose, Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica. Suitable for vegans.	



- ✓ Readily converts to Methyl-Folate
- ✓ Avoids delivering excess Methyl groups (as may be seen with pre-methylated forms)
- ✓ Supports healthy Methylation
- ✓ Demonstrates greater metabolic activity than Folic Acid, with reduced potential for side effects
- ✓ Supports normal foetal growth during pregnancy
- ✓ May support stress and cognitive function
- ✓ Supports healthy red blood cell formation
- ✓ Supports healthy vascular endothelial function



GI Defence



RN Labs GI Defence is a break-through gut support formula that is great tasting, multi-faceted, and clinically potent.

-  **Supports gut membrane integrity and healing**
-  **Promotes healthy flora**
-  **Supports detoxification processes**
-  **Helps regulate inflammatory/immune response**
-  **Calms mild digestive symptoms**
-  **Harnesses the power of Amla**

- ✓ Light and silky consistency for ease of administration and tolerance
- ✓ Mild, pleasant taste and appearance
- ✓ Clinical potencies of active ingredients
- ✓ Supports healthy gut membrane integrity
- ✓ Provides a source of prebiotic fibre for healthy intestinal flora
- ✓ Helps to support and regulate healthy immune function and inflammatory response
- ✓ Provides additional benefits for symptom relief

GI Defence 210 grams	
Each 6g Dose (Approx. 1 Scoop) Contains:	
Glutamine	2,500 mg
Larix (Larch) Arabinogalactan	1,500 mg
Phyllanthus emblica (Amla) fruit extract	1,000 mg
Equiv. to dry fruit	10,000 mg
Pectin (Apple)	250 mg
Ascorbic Acid (Vitamin C)	125 mg
Althaea officinalis (Marshmallow) root extract	200 mg
Equiv. to dry fruit	400 mg
Polaprezinc (Zinc Carnosine)	73.26 mg
Equiv. to elemental Zinc	15.75 mg
Excipients: Glycine, Siraitia grosvenorii (Monk Fruit) extract, Malic Acid, Natural Lemon Flavour, Colloidal Anhydrous Silica, Stevia rebaudiana leaf extract (Stevia). Sugar free - all-natural low-calorie sweeteners. No colours, preservatives or artificial flavours.	



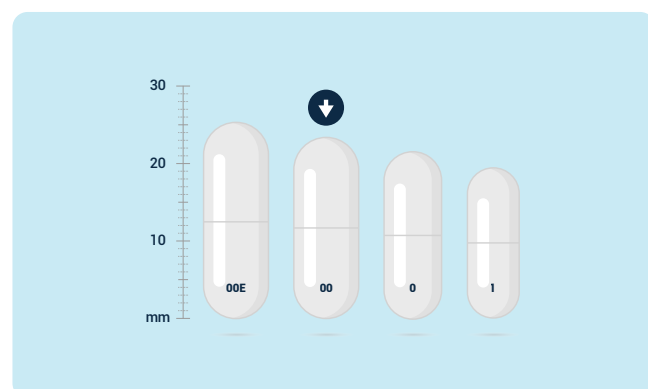
InflamaSoothe Trio



RN Labs InflamaSoothe Trio delivers a synergistic formulation that helps reduce oxidation, inflammation and pain, offering the potential to support a broad range of inflammatory health conditions.

InflamaSoothe Trio 60 capsules	
Each Vegetarian Capsule Contains:	
Palmidrol (PEA)	150 mg
Casperome® Boswellia Phytosome®	125 mg
Contains Boswellia serrata gum ext.	42 mg
Equiv. to Boswellia serrata dry gum	378 mg
Equiv. Boswellic Acids	31 mg
Meriva® Curcumin Phytosome®	125 mg
Meriva® Curcumin Phytosome®	25 mg
Equiv. to Curcuma longa dry rhizome	4.13g
Equiv. Curcuminoids	25 mg
Excipients: Leucine, Hypromellose (Capsule), Lecithin (Sunflower), Microcrystalline Cellulose, Calcium Hydrogen Phosphate Dihydrate, Colloidal Anhydrous Silica.	
Suitable for vegans.	

- ✓ Synergistic blend of potent anti-inflammatory compounds
- ✓ Micronised and phytosomal forms ensure maximum clinical efficacy at lower doses
- ✓ Capable of targeting numerous types of chronic pain
- ✓ May help relieve muscle aches and joint pain/stiffness
- ✓ May reduce severity of menstrual cramps



Iodine & Tyrosine



Iodine and Tyrosine are crucial to the formation of thyroid hormones as well as numerous other hormonal, neurological and physiological mechanisms.

Thyroid hormones regulate the metabolism of dietary proteins, fats, and carbohydrates, and influence how humans use these compounds to produce energy and the many cellular processes that require it, proving essential to the proper development and differentiation of all cells in the body and affecting numerous systems and aspects of body function.

Thus, a deficiency of either or both of these nutrients, can contribute to suboptimal levels of thyroid hormone, physiological health and wellbeing.

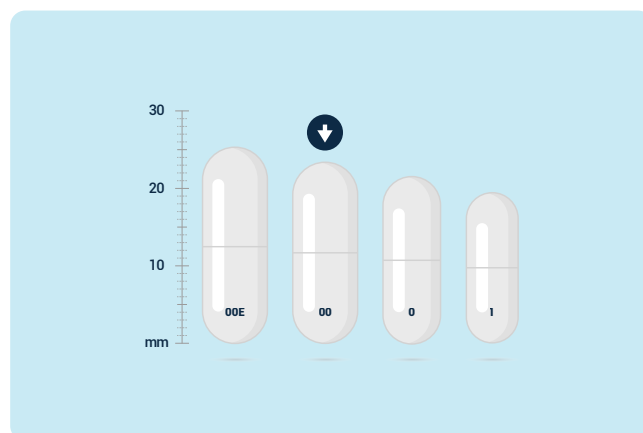
Iodine & Tyrosine
60 capsules

Each Capsule Contains:

L-Tyrosine	500 mg
Iodine (as Potassium Iodide)	225 micrograms

Excipients: Hypromellose (Capsule), Colloidal Anhydrous Silica.
Suitable for vegans.

- ✓ RN Labs Iodine and Tyrosine is produced without flowing agents that can inhibit bioavailability
- ✓ Consolidated elemental and amino acid support for overall maintenance of healthy thyroid function
- ✓ Combined support for the prevention of common nutritional deficiencies of Iodine and Tyrosine
- ✓ May assist in the maintenance of general wellbeing



L-5MTHF



RN Labs L-5MTHF is a pure and highly bioavailable form of Folate.

Directly facilitating methyl group donation in the body, L-5MTHF supports numerous metabolic processes for optimum healing, development, detoxification, mental health and wellbeing.

L-5MTHF 120 capsules

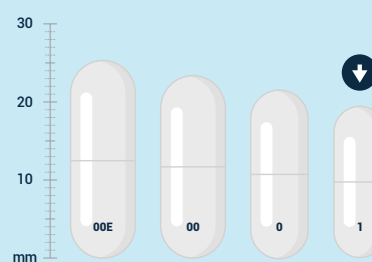
Each Capsule Contains:

Levomefolate Glucosamine	902 micrograms
Equiv. Levomefolic acid (L-5MTHF)	500 micrograms

Excipients: Microcrystalline Cellulose, Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.

Suitable for vegans.

- ✓ A methylated and bioactive form of Folate
- ✓ Supports healthy Methylation
- ✓ Bypasses biochemical steps normally required by other Folate forms
- ✓ Supports normal foetal growth during pregnancy
- ✓ May support stress and cognitive function
- ✓ Supports healthy red blood cell formation
- ✓ Supports healthy Homocysteine levels
- ✓ Supports healthy vascular endothelial function



Lipotropex



RN Labs Lipotropex is a foundational nutritional liver support formula.

-  **Supports optimal liver function**
-  **Synergistic blend of high quality ingredients**
-  **Great tasting**
-  **Clinically versatile**
-  **Minimal potential for interference with other aspects of clinical care**

- ✓ Foundational nutraceutical liver support
- ✓ Facilitates liver detoxification processes
- ✓ Assists metabolism of lipids throughout the body
- ✓ Maintain/support healthy bile production
- ✓ Pleasant taste & appearance for maximum compliance

Lipotropex 300 grams	
Each Level Scoop (3g) Contains:	
Taurine	500 mg
Glycine	450 mg
Inositol	350 mg
Acetyl Levocarnitine Hydrochloride	350 mg
Choline Bitartrate	250 mg
Silybum marianum (Milk Thistle) ext.	250 mg
From minimum dry fruit (seed)	17.5 g
Contains std. Silymarin	200 mg
Ascorbic Acid (Vitamin C)	125 mg
Selenomethionine	37 micrograms
Equiv. to Selenium	15 micrograms
Excipients: Glycine, Colloidal Anhydrous Silica, Natural Lemon Lime Flavour, Siraitia grosvenorii (Monk Fruit) extract, Stevia rebaudiana leaf extract (Stevia). Suitable for vegans.	



Longevity Factors



RN Labs Longevity Factors provides a rejuvenating blend of botanicals and nutrients, enhancing antioxidant and anti-inflammatory defences for better resistance against natural ageing processes.

Longevity Factors provides key nutrients for optimising cardiovascular function, cognition, vision, immune and skin health as well as promoting energy reserves long-term.

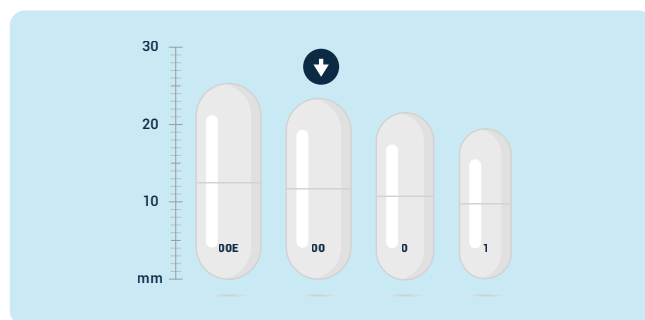
Longevity Factors 60 capsules

Each Vegetarian Capsule Contains:

<i>Reynoutria japonica</i> root extract dry concentrate	76.5 mg
From dry <i>Reynoutria japonica</i> root	22.95 g
Contains Resveratrol	75 mg
Nicotinamide Riboside Chloride	75 mg
Equiv Ribose	34.4 mg
<i>Vitis vinifera</i> seed extract dry concentrate	120 mg
From dry <i>Vitis vinifera</i> (Grape) seed	14.4 g
<i>Ganoderma lucidum</i> fruiting body extract dry conc	100 mg
From dry <i>Ganoderma lucidum</i> (Reishi) fruiting body	2 g
<i>Pinus radiata</i> (Pine) bark extract dry concentrate	50 mg
From dry <i>Pinus radiata</i> stem bark	5 g
<i>Rosmarinus officinalis</i> leaf extract dry concentrate	50 mg
From dry <i>Rosmarinus officinalis</i> (Rosemary) leaf	250 mg
<i>Vaccinium myrtillus</i> fruit extract dry concentrate	20 mg
From dry <i>Vaccinium myrtillus</i> (Bilberry) fruit	2 g
Pyridoxal 5-Phosphate Monohydrate	15.7 mg
Equiv Pyridoxine	10 mg
Riboflavin (from Riboflavin Sodium Phosphate)	7.6 mg
Thiamine (from Thiamine Hydrochloride)	10 mg
Folinic Acid (from Calcium Folate)	400 micrograms
Hydroxocobalamin	400 micrograms
Menaquinone 7 (Vitamin K2 MK7)	45 micrograms

Excipients: Hypromellose (Capsule), Calcium Hydrogen Phosphate Dihydrate, Colloidal Anhydrous Silica, Medium Chain Triglycerides, Ascorbyl Palmitate, Acacia, Maltodextrin (Corn).

- ✓ Supports long-term health and wellbeing
- ✓ Protects against free radical damage
- ✓ Reduces inflammation
- ✓ Supports cardiovascular health and function
- ✓ Maintains healthy cognitive and mental function
- ✓ Supports consistent energy production
- ✓ Supports a healthy immune response
- ✓ Supports skin and eye health
- ✓ Supports bone health



Magnesium Citrate



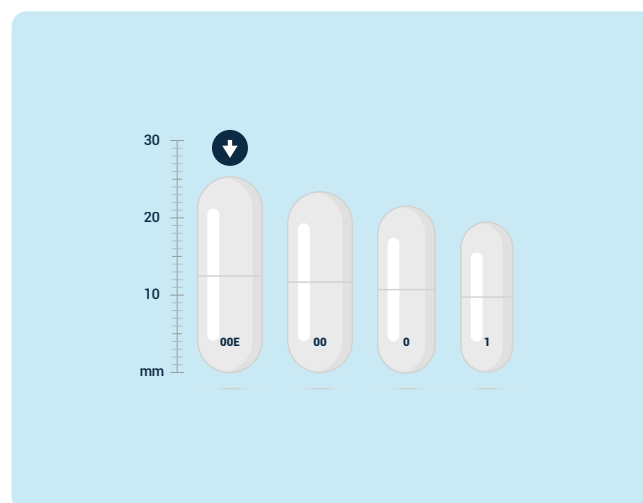
RN Labs Magnesium Citrate is a highly-absorbed citrate chelate form of magnesium.

Magnesium is present in all cells of the body and is involved in over 300 enzymatic processes, including energy production.

May assist with muscular cramps of the legs (during pregnancy, nocturnal). May assist in reducing migraine frequency.

Magnesium Citrate 90 caps 180 caps	
Each Vegetarian Capsule Contains:	
Magnesium citrate	970 mg
<i>Equiv to elemental Magnesium</i>	150 mg
Excipients: Colloidal Silica Anhydrous, Hypromellose (Vegetarian Capsule)	

- ✓ Magnesium citrate is a highly absorbed source of magnesium
- ✓ Magnesium may help the body to metabolise carbohydrates, fats and proteins
- ✓ Magnesium may help in the development and maintenance of teeth and bones
- ✓ Magnesium may help maintain muscle and vascular function (including heart and lungs)
- ✓ Magnesium may help reduce airway reactivity
- ✓ Magnesium may assist with muscular cramps of the legs (during pregnancy, nocturnal)
- ✓ Magnesium may assist in reducing migraine frequency



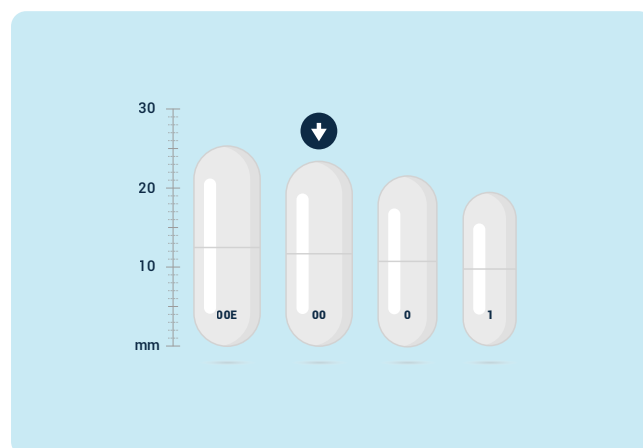
Magnesium Glycinate



RN Labs Magnesium Glycinate is a highly absorbed glycinate chelate form of magnesium, delivering magnesium for over 300 enzymatic processes in the body, including supporting brain and nervous system health.

Magnesium Glycinate 90 caps 180 caps	
Each Capsule Contains:	
Magnesium Glycinate	750 mg
Equiv. elemental Magnesium	150 mg
Excipients: Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.	

- ✓ Magnesium Glycinate is a highly absorbed source of magnesium
- ✓ Magnesium Glycinate may support brain and nervous system health
- ✓ Magnesium Glycinate may help support healthy muscle and cardiovascular function
- ✓ Magnesium may assist with muscle cramps



Medi Metabolic



RN Labs Medi Metabolic is a comprehensive metabolic support formula.

This concentrated nutritional formula provides support during clinical dietary programs to optimise metabolic health, and manage blood glucose and body composition.



BLOOD GLUCOSE MANAGEMENT



BODY COMPOSITION SUPPORT



NUTRITIONALLY COMPLETE

- ✓ Rich chocolate taste helps maintain compliance
- ✓ Smooth and filling formula supports satiety
- ✓ Assists with curbing of cravings
- ✓ Supports healthy body composition
- ✓ Therapeutic doses for optimal efficacy
- ✓ Holistically formulated meal replacement
- ✓ Supports healthy blood glucose management
- ✓ Provides a source of prebiotic fibre
- ✓ Supports healthy detoxification/liver function
- ✓ Helps lower inflammation
- ✓ Supports energy metabolism
- ✓ Approx. 20g protein per 41g serve





Medi Metabolic 574 grams	
Each 41g Serve (Approx. 2 Scoops) Contains:	
<i>Oryza sativa</i> (Rice) seed extract dry concentrate	15 g
from dry <i>Oryza sativa</i> dry seed	165 g
<i>Pisum sativum</i> (Pea) seed extract dry concentrate	5 g
from dry <i>Pisum sativum</i> seed	25 g
<i>Saccharum officinarum</i> stem extract dry conc. (Kfibre®)	2 g
from dry <i>Saccharum officinarum</i> stem	4 g
Glutamine	1.5 g
Glycine	2 g
Inositol (Myo-Inositol)	1.25 g
Taurine	500 mg
Choline Bitartrate	100 mg
Ascorbic Acid (Vitamin C)	250 mg
Acetyl Levocarnitine Hydrochloride	200 mg
Thiamine Hydrochloride	21.6 mg
equiv. Thiamine (Vitamin B1)	17 mg
Riboflavin Sodium Phosphate	6.6 mg
equiv. Riboflavin (Vitamin B2)	5 mg
Nicotinamide (Vitamin B3)	50 mg
Calcium Pantothenate	164 mg
equiv. Pantothenic Acid (Vitamin B5)	150 mg
Pyridoxal-5-Phosphate	15.7 mg
equiv. Pyridoxine	10 mg

Levomefolate Glucosamine	357 micrograms
equiv. Levomefolic acid (L-5MTHF)	200 micrograms
Hydroxocobalamin (Vitamin B12)	200 micrograms
Biotin	50 micrograms
Colecalciferol	10 micrograms
equiv. Vitamin D3	400 IU
Calcified Lithothamnion Species (Red Algae)	156 mg
equiv. Calcium	50 mg
Magnesium (from Magnesium Citrate)	50 mg
Zinc (from Zinc Citrate Dihydrate)	15 mg
Manganese (from Manganese Gluconate)	1 mg
Selenium (from Selenomethionine)	50 micrograms
Molybdenum (from Molybdenum Trioxide)	50 micrograms
Iodine (from Potassium Iodide)	50 micrograms
Chromium (from Chromium Nicotinate)	24 micrograms
<i>Cinnamomum cassia</i> stem bark extract dry conc.	300 mg
from dry <i>Cinnamomum cassia</i> stem bark	3 g
<i>Vaccinium myrtillus</i> fruit extract dry conc.	250 mg
from dry <i>Vaccinium myrtillus</i> (Bilberry) fruit	25 g
<i>Silybum marianum</i> fruit extract dry concentrate	150 mg
stand. to contain Silymarin	120 mg
from dry <i>Silybum marianum</i> (Milk Thistle) fruit	10.5 g
<i>Zingiber officinale</i> rhizome extract dry concentrate	135 mg
from dry <i>Zingiber officinale</i> (Ginger) rhizome	1.35 g
Excipients: Medium Chain Triglycerides (MCTs from Coconut), Cocoa Powder, Natural Chocolate Flavour, Vanillin, Xanthan Gum, Colloidal Anhydrous Silica, Thaumatin, Maltodextrin (Corn), Vegetable Oil, dl-Alpha-Tocopherol.	
Suitable for vegetarians.	

Nutritional Panel		Serving Size: 41 g (2 scoops)
	Quantity per 41 g serve	Quantity per 100 g
Energy	667 kJ (159 Cal)	1627 kJ (389 Cal)
Protein	20 g	48.8 g
Fat, Total	2.2 g	5.3 g
- Saturated	0.8 g	1.9 g
Carbohydrate, Total	3.6 g	8.9 g
- Sugars	0.1 g	0.2 g
Fibre	7.2 g	17.6 g
- Soluble	1 g	2.4 g
- Insoluble	6.2 g	15.1 g
Note: Nutritional Panel is not printed on the Medi Metabolic label due to TGA product guidelines (as a natural medicine rather than a food)		

? IS MEDI METABOLIC VEGAN?

While the rice & pea protein in Medi Metabolic is of a vegan source, the overall product is not strictly vegan due to the Vitamin D3, which is derived from lanolin (sheep's wool) in order to ensure the highest purity of the formula and minimum excipients. All other ingredients in Medi Metabolic are vegan.

? WHY DOES THE FORMULA CONTAIN VEGETABLE OIL?

Please note that the Total Fat content of the formula is predominantly delivered via healthy medium chain triglycerides (from coconut) that assist with energy production. Only a minute trace of vegetable oil (micrograms) is included as a necessary carrier of Vitamin D (and therefore does not notably contribute to the overall energy content or fatty acid balance of the formula).

? DOES MEDI METABOLIC CONTAIN CARBS/ SUGAR?

While the formula contains fibres derived from sugarcane (Kfibre®), protein derived from rice and traces of corn maltodextrin within certain botanical ingredients, the overall residual quantities of carbohydrates and sugars remain exceedingly low and are not expected to yield a glycaemic impact.

Medi Restore



RN Labs Medi Restore is a great tasting, highly concentrated nutritional support formula.

The formula is comprised of low allergen, synergistic ingredients to support numerous body processes and systems including digestion, detoxification, immune function, inflammatory balance, tissue repair and healthy weight management.



DETOXIFICATION SUPPORT



GASTROINTESTINAL WELLBEING



HEALTHY INFLAMMATORY RESPONSE

- ✓ Great taste to assist high compliance
- ✓ Smooth and easy digestion
- ✓ A complete source of protein
- ✓ Supports overall health and wellbeing
- ✓ Supports healthy digestive function and gut membrane integrity
- ✓ Provides a source of prebiotic fibre for healthy intestinal flora
- ✓ Supports healthy detoxification and liver function
- ✓ Provides anti-inflammatory support
- ✓ Helps to support healthy immune function
- ✓ Maintains healthy muscles
- ✓ FODMAP friendly
- ✓ Dairy/Whey and Soy Free
- ✓ Free from artificial colours, preservatives, and flavours
- ✓ 14 grams of protein per 22g serve (28g per double serve)





Medi Restore 616 grams	
Each 22g Dose (Approx. 3 Scoops) Contains:	
<i>Oryza sativa</i> (Rice) seed extract dry concentrate	10 g
equiv. <i>Oryza sativa</i> dry seed	110 g
<i>Pisum sativum</i> (Pea) seed extract dry concentrate	3.32 g
equiv. <i>Pisum sativum</i> dry seed	16.6 g
Glutamine	1.5 g
Glycine	1.5 g
Larix (Larch) Arabinogalactan	1 g
Taurine	350 mg
Ascorbic Acid (Vitamin C)	250 mg
Choline Bitartrate	30 mg
Thiamine Hydrochloride	21.6 mg
equiv. Thiamine	17 mg
Riboflavin Sodium Phosphate	6.58 mg
equiv. Riboflavin	5 mg
Nicotinamide (Niacinamide)	50 mg
Calcium Pantothenate	54.6 mg
equiv. Pantothenic Acid	50 mg
Pyridoxal-5-Phosphate Monohydrate	15.7 mg
equiv. Pyridoxine	10 mg
Levomefolate Glucosamine	360 micrograms
equiv. Levomefolic acid (L-5MTHF)	200 micrograms
Hydroxocobalamin	200 micrograms
Biotin	50 micrograms
Colecalciferol	10 micrograms
equiv. Vitamin D3	400 IU

Magnesium Citrate	330 mg
equiv. elemental Magnesium	50 mg
Calcified Lithothamnion Species (Red Algae)	156 mg
equiv. elemental Calcium	50 mg
Zinc Citrate Dihydrate	46.6 mg
equiv. elemental Zinc	15 mg
Manganese Gluconate	8.1 mg
equiv. elemental Manganese	1 mg
Selenomethionine	125.4 micrograms
equiv. elemental Selenium	50 micrograms
Chromium Nicotinate	193.6 micrograms
equiv. elemental Chromium	24 micrograms
Molybdenum Trioxide	77 micrograms
equiv. elemental Molybdenum	50 micrograms
Potassium Iodide	66 micrograms
equiv. elemental Iodine	50 micrograms
<i>Silybum marianum</i> (Milk Thistle) extract	150 mg
stand. to contain Silymarin	120 mg
equiv. <i>Silybum marianum</i> dry fruit	10.5 g
<i>Camellia sinesis</i> leaf (Matcha Green Tea) powder	250 mg
equiv. Caffeine	7.5 mg
<i>Zingiber officinale</i> (Ginger) rhizome extract dry concentrate	135 mg
equiv. <i>Zingiber officinale</i> dry rhizome	1.35 g
Excipients: Medium Chain Triglycerides (MCTs), Natural Vanilla Flavour, Xanthan Gum, Glycine, Colloidal Anhydrous Silica, <i>Siraitia grosvenorii</i> (Monk Fruit) extract, <i>Stevia rebaudiana</i> leaf extract (Stevia), Vegetable Oil, dl-alpha-tocopherol (Vitamin E).	
Suitable for vegetarians.	

? IS MEDI RESTORE VEGAN?

While the rice & pea protein in Medi Restore is of a vegan source, the overall product is not strictly vegan due to the vitamin D3, which is derived from lanolin (sheep's wool) in order to ensure the highest purity of the formula and minimum excipients. All other ingredients in Medi Restore are vegan.

? WHY DOES THE FORMULA CONTAIN VEGETABLE OIL?

Please note that the Total Fat content of the formula is predominantly delivered via healthy medium chain triglycerides (from coconut) that assist with energy production. Only a minute trace of vegetable oil (micrograms) is included as a necessary carrier of Vitamin D (and therefore does not notably contribute to the overall energy content or fatty acid balance of the formula).

? WILL THE CAFFEINE IN THIS PRODUCT BE A PROBLEM FOR ME?

The caffeine content of a standard 22g serve of Medi-Restore is only around 7mg. This is equivalent to around 10-23% of a cup of green tea. Therefore this formula should be well tolerated by those who can readily consume small portions of green tea.

Nutritional Panel		
Serving Size: 22 g (3 scoops)		
	Quantity per 22 g serve	Quantity per 100 g
Energy	335 kJ (80 Cal)	1523 kJ (363 Cal)
Protein	14 g	63.56 g
Fat, Total	1.83 g	8.3 g
- Saturated	1.1 g	4.99 g
Carbohydrate, Total	0.63 g	2.86 g
- Sugars	0 g	0 g
Fibre	2.71 g	12.3 g
- Soluble	0.41 g	1.86 g
- Insoluble	1.3 g	5.9 g
Note: Nutritional Panel is not printed on the Medi Restore label due to TGA product guidelines (as a natural medicine rather than a food)		

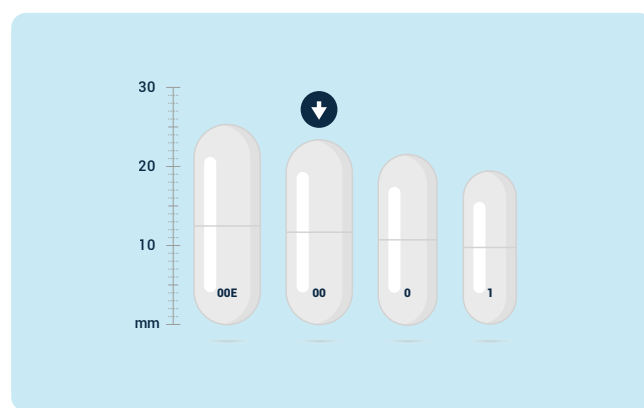
Methyl Fortify



RN Labs Methyl Fortify contains a balanced and synergistic blend of methylfolate (L-5MTHF), methyl-B12, and choline, each serving as an external source of methyl (CH₃) groups to the body.

Activated Vitamin B2 and B6 provide additional cofactor support for optimum metabolism.

Invaluable for delivering highly focused clinical methylation support, and the optimisation of cardiovascular, neurological and detoxification function.



- ✓ A balanced and synergistic blend of methylation-supportive B vitamins
- ✓ Provides the externally methylated forms of folate and Vitamin B12
- ✓ Activated forms of Vitamin B2 and B6 provide crucial co-factor support for the proper metabolism of Folate, B12 and methylation
- ✓ Provides a therapeutic dose of choline for support of the alternate BHMT homocysteine methylation pathway
- ✓ May help to support the maintenance of normal, healthy homocysteine levels via remethylation back to methionine
- ✓ Provides vitamin B6 for conversion of homocysteine to cysteine via the transulfation pathway
- ✓ Supports the synthesis of glutathione
- ✓ Vitamin B2 is a component of glutathione reductase and a crucial cofactor in the activity of MTHFR
- ✓ Choline may support normal lipid metabolism
- ✓ Choline assists in the synthesis of SAmE
- ✓ Choline serves as a valuable precursor for the synthesis of acetylcholine and phosphatidylcholine

Methyl Fortify 60 capsules

Each Capsule Contains:

Riboflavin Sodium Phosphate	34.2 mg
Equiv. to Riboflavin	25 mg
Pyridoxal-5-Phosphate	31.3 mg
Equiv. to Pyridoxine	20 mg
Levomefolate Calcium	542 mcg
Equiv. to Levomefolic acid (L-5MTHF)	500 mcg
Mecobalamin (Methylcobalamin)	1000 mcg
Choline Bitartrate	300 mg

Excipients: Microcrystalline Cellulose, Hypromellose (Capsule), Ascorbyl Palmitate, Colloidal Anhydrous Silica
Suitable for vegans.



Micro Clear



- ✓ Provides targeted yet comprehensive botanical actions against certain organisms
- ✓ (Revealed through live culture sensitivity testing)
- ✓ Inhibits Small Intestinal Bacterial Overgrowth (SIBO)
- ✓ Contains herbs that display antiparasitic activity
- ✓ Broad spectrum activity against gram positive and gram negative bacteria

RN Labs Micro Clear is a potent combination of botanicals to provide a targeted yet comprehensive anti-microbial effect.

It is ideal for individuals needing to address bowel flora imbalances revealed through clinical stool testing.

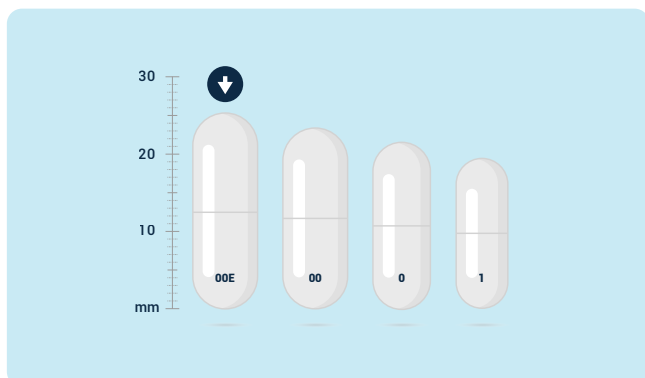


Inhibits intestinal bacterial overgrowth



Helps modulate flora populations

Micro Clear 60 capsules	
Each Capsule Contains:	
<i>Arctostaphylos uva-ursi</i> Leaf Extract	200 mg
Equiv. to min <i>Arctostaphylos uva-ursi</i> dry leaf	4.5 g
<i>Lythrum salicaria</i> Herb Extract	200 mg
Equiv. to min <i>Lythrum salicaria</i> dry herb	2 g
<i>Berberis vulgaris</i> Stem Bark Extract	100 mg
Equiv. to min <i>Berberis vulgaris</i> dry stem bark	1 g
<i>Olea europaea</i> (Olive) Leaf Extract	100 mg
Equiv. to min <i>Olea europaea</i> dry leaf	1 g
Stand. to contain Oleurepein	24 mg
<i>Punica granatum</i> Fruit Peel Extract	100 mg
Equiv. to min <i>Punica granatum</i> dry fruit peel	5 g
Excipients: Leucine, Hypromellose (Capsule), Maltodextrin (from Non-GM Corn), Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica, Ascorbyl Palmitate (Vitamin C). Suitable for vegans.	



Micronised PEA



RN Labs Micronised PEA provides a high purity, highly bioavailable source of micronised Palmitoylethanolamide for maximum clinical efficacy supporting pain and inflammation.

Micronised PEA 120 capsules

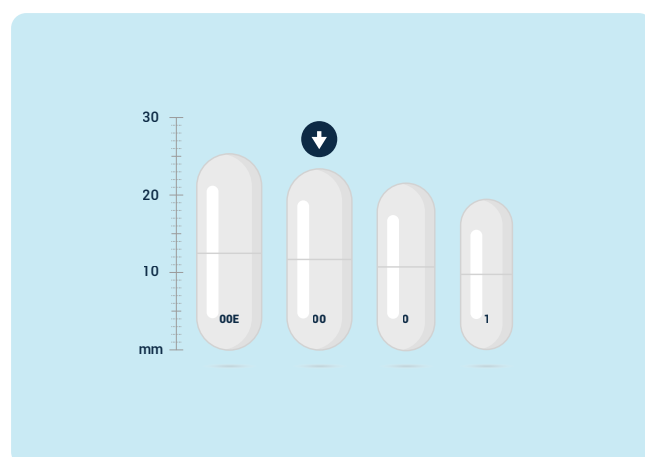
Each Capsule Contains:

Palmitrol (Palmitoylethanolamide) 300 mg

Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Calcium Hydrogen Phosphate Dihydrate, Colloidal Anhydrous Silica.

Suitable for vegans.

- ✓ Possesses potent anti-inflammatory properties
- ✓ May help provide relief in situations of chronic pain (e.g. neurogenic, digestive, inflammatory, pelvic, muscular, etc.)
- ✓ Clinically proven micronised form



Mito-Charge Powder



RN Labs Mito-Charge powder has been formulated to provide synergistic and bioavailable ingredients for supporting optimal mitochondrial performance and efficiency.

Mito-Charge is suitable for multiple clinical applications that seek to support core cellular functions.

- ✓ Supports cellular efficiency throughout the body
- ✓ Supports healthy mitochondrial energy production
- ✓ Assists optimal exercise performance
- ✓ Promotes muscular recovery and ATP levels post exercise
- ✓ Aids healthy cardiac function
- ✓ Supports sleep, energy and general wellbeing in those experiencing fatigue
- ✓ Uniquely balanced and synergistic formula
- ✓ Great tasting
- ✓ Provides convenient and flexible dosing

Mito-Charge Powder 210 grams	
Each Scoop 7.5g dose (approx 1 level scoop) Contains:	
Ribose	4.6 g
Acetyl Levocarnitine Hydrochloride	1 g
Nicotinamide Riboside Chloride	100 mg
Equiv. Ribose	52 mg
Calcium Pyruvate	666 mg
Equiv. Calcium	100 mg
Magnesium Citrate	647 mg
Equiv. Magnesium	100 mg
Calcium Pantothenate	65 mg
Equiv. Pantothenic Acid	60 mg
Taurine	50 mg
Biotin	1 mg
Excipients: Malic Acid, Glycine, Colloidal Anhydrous Silica. Suitable for vegans.	



Mixed Mag Forte



A highly versatile nutrient, Magnesium supports over 300 biological reactions in the body, with certain forms of Magnesium being more readily utilised by some physiological processes over others.

RN Labs' great-tasting Mixed Mag Forte Powder contains highly absorbable forms of Magnesium for optimal utilisation by various physiological systems. The presence of multiple chelators enhances and diversifies the affinity of the delivered magnesium to numerous tissues in the body.

- ✓ 300mg of Elemental Mg per serve
- ✓ More convenient than capsules for high dosing
- ✓ Multiple Forms of Magnesium
- ✓ Facilitates diverse absorption mechanisms
- ✓ Supports multiple metabolic pathways
- ✓ Includes Orotate form for Cardiovascular Support
- ✓ Taurine provides additional cellular transport support
- ✓ Great tasting for high compliance
- ✓ Palatable 'not-too-sweet' sugar-free formula
- ✓ Easy to combine with other ingredients and formulas

Mixed Mag Forte 180 grams	
Each 3g Dose (Approx. 2 Scoops) Contains:	
Magnesium Citrate	1,295 mg
Equiv. to Magnesium	200 mg
Magnesium Glycinate Dihydrate	641 mg
Equiv. to Magnesium	75 mg
Magnesium Orotate Dihydrate	381 mg
Equiv. to Magnesium	25 mg
Taurine	250 mg
Glycine	150 mg
Excipients: Malic Acid, <i>Siraitia grosvenorii</i> (Monk) Fruit Extract, Natural Lemon Flavour, Colloidal Anhydrous Silica, <i>Stevia rebaudiana</i> leaf extract (Stevia).	
Suitable for vegans.	



Niacinamide B3



RN Labs Niacinamide B3 is a pure and hypoallergenic source of non-flushing Vitamin B3.

Niacinamide B3 has a host of potential clinical applications stemming from its universal role throughout human body metabolism, such as supporting cellular mitochondrial energy production and anti-ageing, detoxification, skin protection, and calming of neurological over-excitation (including from over-methylation).

Niacinamide B3 120 capsules

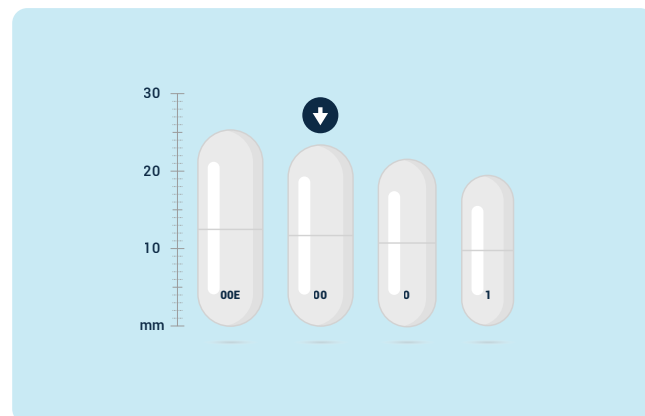
Each Capsule Contains:

Nicotinamide (Niacinamide) 250 mg

Excipients: Microcrystalline Cellulose, Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.

Suitable for vegans.

- ✓ Primary circulating form of Vitamin B3
- ✓ Non-flushing form
- ✓ Essential to the formation of NAD⁺ and NADH
- ✓ Involved in over 400 enzymatic reactions
- ✓ Optimises cellular metabolism
- ✓ Supports mitochondrial function and quality
- ✓ May support Glutathione and Alcohol metabolism
- ✓ May help protect against UV related skin damage
- ✓ May reduce symptoms of excess methylation from co-prescribed Methylated B-Vitamins
- ✓ 250mg capsule provides optimum dosing flexibility



Nicotinamide Riboside NR



RN Labs Nicotinamide Riboside delivers a highly bioavailable, well tolerated, non-flushing form of Vitamin B3, that serves as an active precursor to NAD⁺ in the body.

Nicotinamide Riboside has been shown to support numerous metabolic pathways including energy production, cognition, cardiovascular health, and more.

Nicotinamide Riboside NR 60 capsules

Each Vegetarian Capsule Contains:

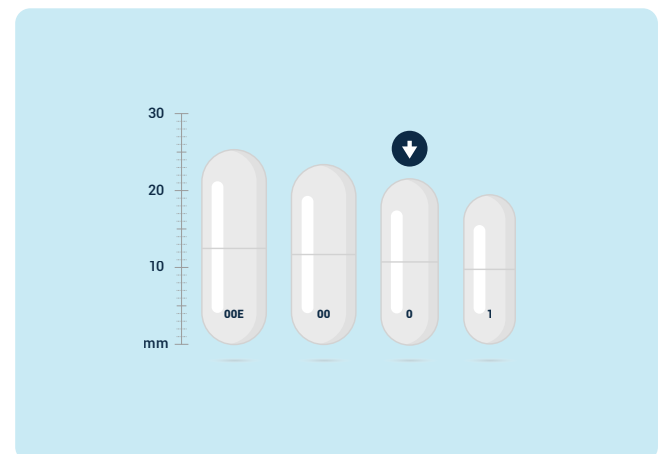
Nicotinamide Riboside Chloride 300 mg

Equiv. Ribose 155 mg

Excipients: Hypromellose (Capsule), Colloidal Anhydrous Silica.

Suitable for vegans.

- ✓ Supports systemic NAD⁺ metabolism
- ✓ Well tolerated at high doses
- ✓ Enhanced bioavailability
- ✓ Reduces inflammatory cytokines
- ✓ Encourages healthy cognitive and neuromuscular function
- ✓ Supports cardiovascular and arterial health
- ✓ May support healthy ageing
- ✓ May support energy production



Pantothenic B5



RN Labs Pantothenic B5 is a pure and hypoallergenic source of Vitamin B5.

It allows for flexible dosing within focused clinical applications, such as optimising skin integrity and healing, adrenal health and stress resilience, healthy hormone and energy metabolism.

Pantothenic B5 120 capsules

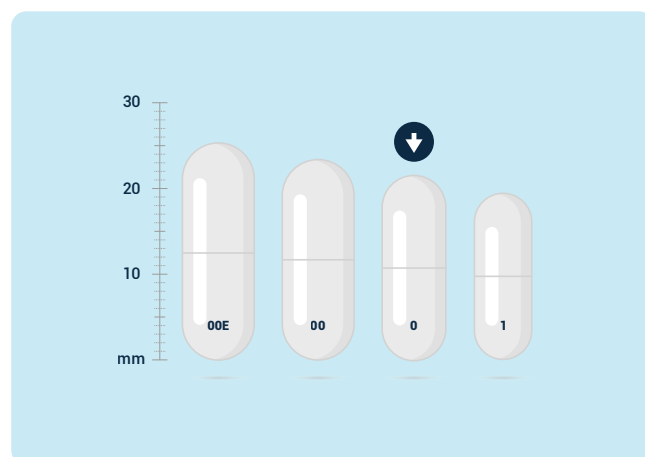
Each Capsule Contains:

Calcium Pantothenate	546 mg
Equiv. to Pantothenic Acid	500 mg

Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Colloidal Anhydrous Silica.

Suitable for vegans.

- ✓ Involved in over 100 cellular reactions
- ✓ Essential for the production of ATP/energy
- ✓ May assist in the healthy lipid metabolism (hormones, diet, sebum production, etc)
- ✓ May support healthy/clear skin
- ✓ May support healthy adrenal function (cortisol production) and stress response
- ✓ May support cognitive function
- ✓ (Acetylcholine production)
- ✓ May support healthy hair
- ✓ 500mg capsule provides optimum dosing flexibility



Quercesorb



RN Lab's Quercesorb delivers a highly absorbable and bioavailable form of Quercetin using patented phytosome technology.



Quercesorb offers greater clinically effective delivery of active ingredients. Scientific studies demonstrate that Phytosome formulations show better solubility, pharmacokinetic and efficacy characteristics than non-phytosome formulations.



Quercetin has been shown to significantly reduce oxidation, inflammation, pain, moderate histamine and support the immune system. It therefore has the potential to support a broad range of health conditions related to areas such as allergy, skin inflammation, anti-viral defense, cardiovascular health, weight management & metabolic function, as well as novel uses for exercise recovery in athletes.

- ✓ Patented Phytosome technology (using sunflower lecithin)
- ✓ Up to 20 times greater quercetin absorption
- ✓ Evidenced by clinical studies
- ✓ Mast cell stabilisation and histamine management
- ✓ Provides anti-inflammatory, antioxidant & analgesic support
- ✓ Supports natural anti-viral defences

Quercesorb 60 Capsules

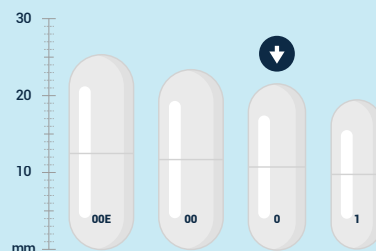
Each Capsule Contains:

Quercetin Dihydrate 85 mg

From Indena Quercetin (Phytosome) 250 mg

Excipients: Lecithin (Sunflower), Leucine, Hypromellose (Capsule), Maltodextrin (Potato), Microcrystalline Cellulose, Colloidal Anhydrous Silica.

Suitable for vegans.



Selenium



RN Labs Selenium capsules help to prevent dietary selenium deficiency, for the maintenance of healthy thyroid hormones, antioxidant support and the support of detoxification processes.

Selenium 60 capsules

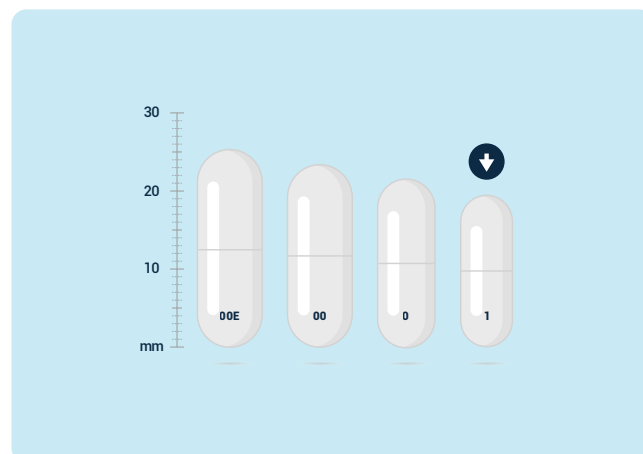
Each Vegetarian Capsule Contains:

Selenomethionine	373 micrograms
Equiv. to elemental Selenium	150 micrograms

Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Colloidal Anhydrous Silica.

Suitable for vegans.

- ✓ Selenomethionine is an easily absorbed and utilised form of Selenium
- ✓ Supports healthy thyroid hormone metabolism assists activation of Thyroxine (T4) to Triiodothyronine (T3)
- ✓ Supports production of Glutathione for natural liver detoxification processes
- ✓ Supports antioxidant functions in the body as a cofactor for glutathione peroxidase activity
- ✓ Supports immune system defences assists inhibition of viral and bacterial infections



Stress Forte

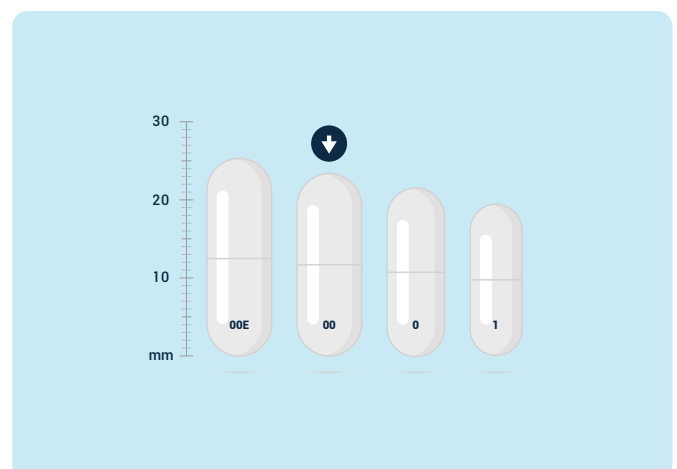


RN Labs Stress Forte delivers a synergistic botanical formulation that supports the maintenance of healthy Cortisol levels and Cortisol activity in the body, when deficient.

May assist in alleviating the symptoms of low mental and physical energy, low blood pressure, low adrenal output and stress capacity.

Stress Forte 60 Capsules	
Each Capsule Contains:	
<i>Panax ginseng</i> Root Extract From <i>Panax ginseng</i> Dry Root	200 mg 2 g
<i>Ginkgo biloba</i> Leaf Extract From <i>Ginkgo Biloba</i> Dry Leaf	100 mg 5 g
<i>Glycyrrhiza glabra</i> (Licorice) Root Extract From <i>Glycyrrhiza glabra</i> Dry Root	75 mg 600 mg
Sodium Ascorbate Equiv. Ascorbic Acid (Vitamin C)	113 mg 100 mg
Excipients: Leucine, Hypromellose (Capsule), Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

- ✓ Promotes adrenal output in under functioning states
- ✓ Supports mental and physical stress capacity
- ✓ Supports alert cognitive function
- ✓ Increases mental and physical stamina and endurance
- ✓ Can be used in conjunction with laboratory hormone test results (e.g. low Cortisol)



Sublingual Hydroxy-B12



RN Labs Sublingual Hydroxy-B12 is a pure and hypoallergenic form of Vitamin B12.

Delivered in a stable, great-tasting, and highly-absorbable tablets that won't over-stimulate even the most sensitive patients, when taken at appropriate doses, whilst effectively supporting clinically focused Vitamin B12 needs.

Sublingual Hydroxy-B12 120 Tablets (Lozenges)

Each Sublingual Tablet Contains:

Hydroxocobalamin	1,000 micrograms
------------------	------------------

Excipients: Xylitol, Hypromellose, Ascorbyl Palmitate, Colloidal Anhydrous Silica

Suitable for vegans.

- ✓ Stable and naturally-occurring form of Vitamin B12
- ✓ Readily absorbed, great-tasting and sugar-free
- ✓ Converts to Methyl B12 in the body (without introducing external methyl groups)
- ✓ Supports the Methylation cycle without over-stimulation
- ✓ Supports healthy Homocysteine levels
- ✓ Supports cardiovascular function
- ✓ Required for the synthesis of myelin
- ✓ Supports normal stress and cognitive function
- ✓ Supports healthy blood formation
- ✓ Supports energy production and reduces fatigue
- ✓ Ideal for those with specific Vitamin B12 needs (e.g. in digestive conditions, the elderly, and vegetarian diets)



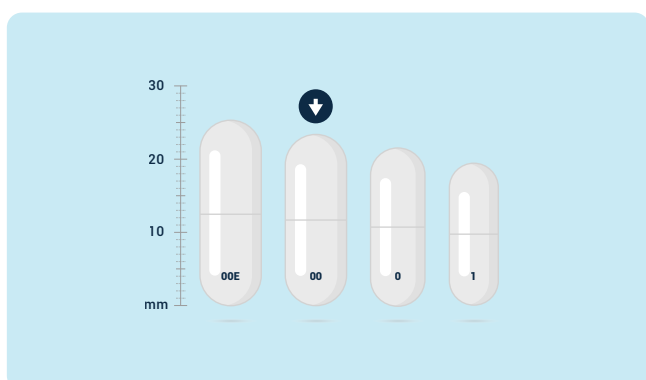
Thyro Fortify



RN Labs Thyro Fortify is a synergistic blend designed to support thyroid gland health and functioning, and healthy thyroid hormone synthesis, as well as supporting energy levels in the body.

Thyro Fortify 60 capsules	
Each Vegetarian Capsule Contains:	
Tyrosine	400 mg
Zinc Citrate Dihydrate	46.7 mg
Equiv. Zinc	15 mg
Pyridoxal-5-Phosphate Monohydrate	15 mg
Equiv. Pyridoxine	9.6 mg
Potassium Iodide	327 micrograms
Equiv. Iodine	250 micrograms
Hydroxocobalamin	250 micrograms
Selenomethionine	124 micrograms
Equiv. Selenium	50 micrograms
Menaquinone 7 (Vitamin K2)	45 micrograms
Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Colloidal Anhydrous Silica, Maltodextrin (Corn).	
Suitable for vegans.	

- ✓ Supports healthy thyroid gland function and thyroid hormones
- ✓ May be helpful during pregnancy to support healthy thyroid gland function
- ✓ Helps maintain functions influenced by thyroid health such as metabolism, hair and skin health, weight management, cognitive development and adrenal health



TraceMins Complex

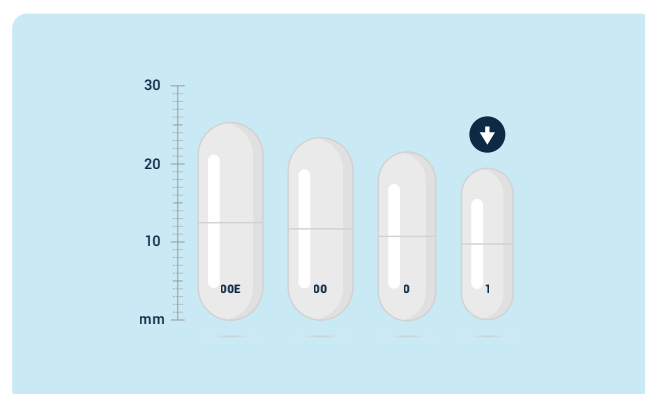


RN Labs TraceMins Complex is a uniquely balanced, synergistic and comprehensive formula, containing highly bioavailable forms of all primary trace elements, suitable for general nutritional support as well as multiple clinical applications.

Trace mineral supplementation may play an important role in hormone health, maintaining healthy blood glucose levels, energy production, antioxidant mechanisms, and immune health.

- ✓ All-in-one broad-spectrum trace minerals
- ✓ Appropriately-balanced formula
- ✓ Highly bioavailable forms
- ✓ Uses preferred Chromium Nicotinate form
- ✓ Zinc and Selenium for thyroid hormone support
- ✓ Supports fertility and steroid hormone production
- ✓ Chromium and Zinc to support blood sugar balance
- ✓ Supports healthy immunity and tissue healing
- ✓ Supports energy production
- ✓ Supports antioxidant status and detoxification
- ✓ Supports healthy neurotransmitter function

TraceMins Complex 90 Capsules	
Each Vegetarian Capsule Contains:	
Zinc Citrate Dihydrate	62 mg
Equiv. Zinc	20 mg
Manganese (II) Glycinate	12.5 mg
Equiv. Manganese	2 mg
Molybdenum Trioxide	90 micrograms
Equiv. Molybdenum	60 micrograms
Selenomethionine	124 micrograms
Equiv. Selenium	50 micrograms
Chromium Nicotinate	200 micrograms
Equiv. Chromium	25 micrograms
Excipients: Microcrystalline Cellulose, Calcium Hydrogen Phosphate Dihydrate, Hypromellose (Capsule), Medium Chain Triglycerides, Acacia, Colloidal Anhydrous Silica.	



Tri-Factor



RN Labs Tri-Factor (B6, Zn, Mg) 60s provides a synergistic blend of key nutrient cofactors (Zinc, Vitamin B6, Magnesium) in highly bioavailable forms.

These cofactors support numerous biological processes including neurotransmitter production, hormonal balancing, fatty acid metabolism, detoxification and energy production.

Tri-Factor (B6, Zn, Mg) 60s 60 Capsules

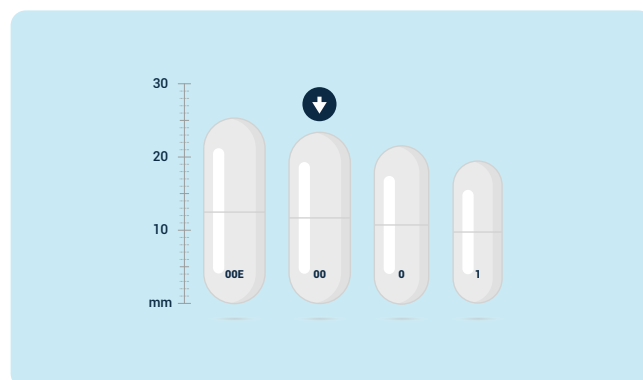
Each Vegetarian Capsule Contains:

Magnesium Citrate	645 mg
Equivalent to Magnesium	100 mg
Pyridoxal-5-Phosphate	21.9 mg
Equivalent to Pyridoxine	15 mg
Zinc Citrate (Dihydrate)	37.3 mg
Equivalent to Zinc	12 mg

Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Colloidal Anhydrous Silica.

Suitable for vegans.

- ✓ Synergistic combination of key nutrients
- ✓ Targets common co-factor deficiencies
- ✓ Highly bioavailable forms
- ✓ Optimally balanced formula for flexible dosing
- ✓ Supports neurotransmitter synthesis
- ✓ Promotes balanced hormonal metabolism
- ✓ Reduces symptoms of Premenstrual Syndrome
- ✓ Assists cellular Fatty Acid metabolism
- ✓ May reduce urinary Pyrroles and Porphyrins



Zinc Glycinate

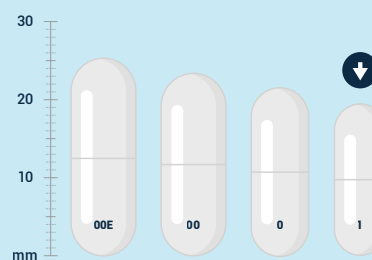


RN Labs Zinc Glycinate is a highly bioavailable Zinc capsule that can assist in replenishing nutritional Zinc deficiencies and improve immunity.

Zinc Glycinate has been shown to support neuroendocrine function and aid blood glucose metabolism.

- ✓ Enhanced bioavailability and tolerance
- ✓ Broad spectrum support
- ✓ Helps prevent dietary Zinc deficiency
- ✓ Improves immune system health and function
- ✓ Assists in the synthesis of neurotransmitters
- ✓ Supports neuroendocrine function
- ✓ Assists with blood glucose metabolism

Zinc Glycinate 120 capsules	
Each Vegetarian Capsule Contains:	
Zinc Glycinate	125 mg
Equiv. to elemental Zinc	25 mg
Excipients: Leucine, Glycine, Hypromellose (Capsule), Microcrystalline Cellulose, Citric Acid, Colloidal Anhydrous Silica.	
Suitable for vegans.	



rn labs

POWDERS



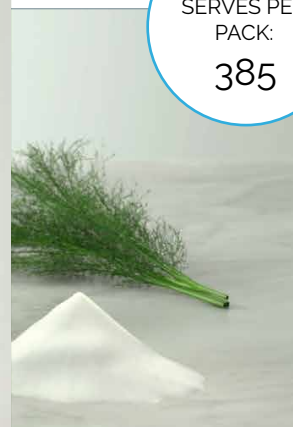
OFFER YOUR PATIENTS A CUSTOMISED
FORMULA THAT'S AS UNIQUE AS THEY ARE



5-HTP POWDER

PURE PHARMACEUTICAL-GRADE 5-HYDROXY TRYPTOPHAN (5-HTP)

5-HTP is an intermediate precursor to Serotonin in the body. It is used clinically to support balanced neurotransmitters, mood, sleep, appetite, peristalsis, among other uses.



APPROX.
SERVES PER
PACK:
385

PACK SIZE 25 g	SCOOP SIZE 0.15 ml	AMOUNT PER SCOOP 65 mg	DENSITY (g/ml)* 0.45	EXTEMPORANEOUS USE ONLY
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*Density values are subject to change. Always read the density value on the label when prescribing or visit tiny.cc/DEN for updated densities.



UNPARALLELED PURITY STANDARDS

RN Labs define the highest level of purity, quality and innovation.

These pure compounds are additive-free, so are suitable for even the most sensitive individuals.

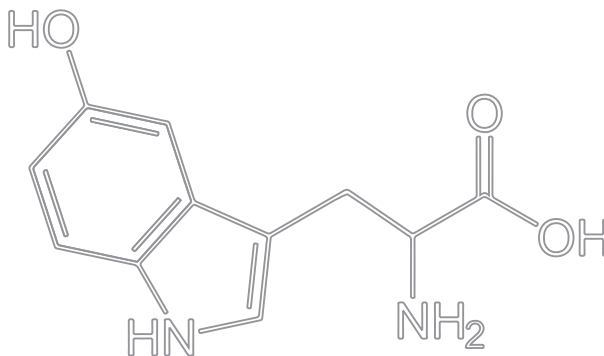
CLINICAL EFFICACY

Each bottle is clearly labelled with ingredient density, to facilitate ease of dosage calculations, and a scoop may be provided to assist with accurately determining patient doses according to your clinical judgement.

UNCOMPROMISING INTEGRITY

We are committed to improving the health of your clients. We always choose the most scientifically validated forms of nutrients available that are based on clinical research.

5 - HYDROXY TRYPTOPHAN (5 - HTP)



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 50MG - 300MG/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ 5-HTP as a converted form of Tryptophan is an intermediate precursor to Serotonin
- ✓ 5-HTP effectively crosses the Blood Brain Barrier (BBB)
- ✓ Unlike Tryptophan 5-HTP will not convert to neurotoxic Quinolinates or Kynurenates
- ✓ Sufficient Serotonin levels may be particularly important in conditions affecting the Neuroendocrine, Gastrointestinal, Musculoskeletal and Immune Systems
- ✓ 5-HTP may assist with managing carbohydrate cravings, satiety and digestive regularity

DOSING CONSIDERATIONS

Can be taken with or without food.

The conversion of 5-HTP relies on sufficient activated B6, making concomitant supplementation beneficial.

STATEMENTS AND WARNINGS

Due to the risk of reaching excessively elevated Serotonin levels, 5-HTP is contraindicated in those taking SSRI (or any other Serotonin modifying) medications. Diminish use in all other individuals who present with any symptoms of dizziness, agitation, tremor, tachycardia or diarrhoea following administration.

5-HTP has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

KEY ASSOCIATED CLINICAL TESTS

Organic Acid Test (OAT)
(e.g. 5-HIAA Serotonin metabolites)

NeuroBasic Profile
(formerly Neuro-Biogenic Amines Basic)

Comprehensive Neurotransmitter Profile
(formerly Neuro-Biogenic Amines Comprehensive)

CAL-D-GLUCARATE POWDER

PURE PHARMACEUTICAL-GRADE CALCIUM D-GLUCARATE

Calcium-D-Glucarate is sometimes used by healthcare practitioners to promote optimum liver function, detoxification and reduce excess hormone levels, among other uses.



PACK SIZE 50 g	SCOOP SIZE 1 ml	AMOUNT PER SCOOP 500 mg	DENSITY (g/ml)* 0.50	EXTEMPORANEOUS USE ONLY
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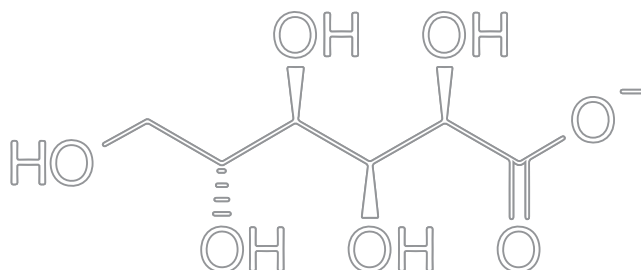
CLINICAL EFFICACY

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CALCIUM D-GLUCARATE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 300MG – 3G/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ Calcium-D-glucarate is the calcium salt of D-glucaric acid, a substance produced naturally in small amounts by mammals, including humans.
- ✓ Calcium-D-glucarate demonstrates detoxification properties, supporting the excretion of potentially toxic compounds.
- ✓ Phase II detoxification facilitates excretion of chemical carcinogens, steroid hormones, and other lipid-soluble toxins via conjugation with glucuronic acid in the liver (glucuronidation), allowing water soluble excretion into the intestinal lumen.
- ✓ Calcium-D-glucarate has been shown to inhibit beta-glucuronidase, an enzyme produced by colonic microflora, capable of deconjugating bound toxins, making it possible for them to be reabsorbed rather than excreted.
- ✓ Elevated beta-glucuronidase activity has been associated with an increased risk for various cancers, particularly hormone-dependent cancers such as breast, prostate, and colon cancers (potentially due to accumulation of excess hormones and toxins).
- ✓ Calcium-D-glucarate's inhibition of beta-glucuronidase activity allows the body to successfully excrete excess hormones (such as oestrogens) before they can be reabsorbed, reactivated and recirculated within the body.

STATEMENTS AND WARNINGS

Many drugs and hormones are metabolised in the liver via glucuronidation therefore, taking calcium-D-glucarate may increase elimination of these substances, possibly reducing their effectiveness.

Cal-D-Glucarate has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

KEY ASSOCIATED CLINICAL TESTS

Urine Steroid Hormone Assessment
Comprehensive Stool Analyses

CDP-CHOLINE POWDER

PURE PHARMACEUTICAL-GRADE CITICOLINE (CDP-CHOLINE)

Cytidine Diphosphate Choline (CDP-Choline or Citicoline) is a specialised nucleotide form of Choline found naturally in the body, where it provides enhanced cholinergic and neuroprotective activities. Supplemental CDP-Choline is a highly bioavailable form of Choline that is often used when nervous system supportive actions are required.



Pure Pharmaceutical-Grade CDP-Choline (99%) • Colloidal Anhydrous Silica (1%)

PACK SIZE	SCOOP SIZE	AMOUNT PER SCOOP	DENSITY (g/ml)*	EXTEMPORANEOUS USE ONLY
25 g	1 ml	570 mg	0.57	

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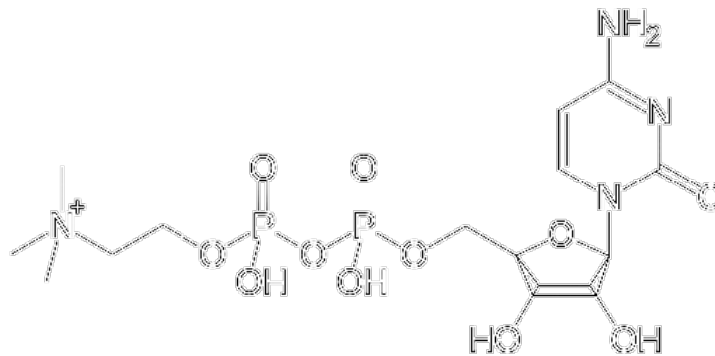
CLINICAL EFFICACY

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UNCOMPROMISING INTEGRITY

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CITICOLINE (CDP-CHOLINE)



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 500MG - 2000MG/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ High purity
- ✓ Highly bioavailable source of Choline
 - ✓ Supports structural integrity of neuronal membranes
 - ✓ Supports acetylcholine activity
- ✓ Supports phospholipid synthesis and preservation
 - ✓ Supports cognitive function

STATEMENTS AND WARNINGS

FOR PRACTITIONER DISPENSING ONLY.

CDP-Choline has not been extensively tested for its effects during pregnancy.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

KNOWN SIDE-EFFECTS

CDP-Choline is generally safe and well tolerated when administered orally. Digestive upset may occur when taking large doses.

GENERAL CONSIDERATIONS

CDP-Choline is rapidly absorbed, and highly bioavailable. It is metabolised in the gut wall and liver to choline and cytidine, and disperses throughout the body, passing through the blood brain barrier and into the central nervous system.

Continued administration has been shown to increase brain concentrations of the three major brain cell membrane phospholipids (phosphatidylcholine, phosphatidylethanolamine, and phosphatidylserine). Phospholipids play an essential role in synthesising neurotransmitters and regulating cell membranes proper functioning, which contributes to improved mental energy, increased acuity and promotes healthy brain function.

CDP-Choline can provide a sparing effect on systemic choline reserves, and inhibit the breakdown of these key membrane phospholipids.

CDP-Choline acts on multiple neurotransmitter levels, and in particular, may increase the activity of Dopamine and Noradrenaline, within its neurotransmission supportive activities.

Higher choline intake has been related to higher cognitive function. This includes reducing the cognitive deficit associated with ageing.

Increases in glutathione synthesis may also be involved within these neuro-supportive activities.

References available on request.

CITRULLINE POWDER

PURE PHARMACEUTICAL-GRADE L-CITRULLINE

Citrulline is an amino acid counterpart to Arginine and Ornithine in the Urea cycle, and can raise blood levels of all three, whilst being better absorbed and metabolised, thus commonly replacing the need to supplement with Arginine or Ornithine.

Citrulline is used clinically to support vascular perfusion and tissue blood flow, Nitric Oxide vasodilatation in associated cases that require support for cardiovascular and sexual functions, etc.



PACK SIZE 100 g	SCOOP SIZE 1 ml	AMOUNT PER SCOOP 550 mg	DENSITY (g/ml)* 0.55	EXTEMPORANEOUS USE ONLY
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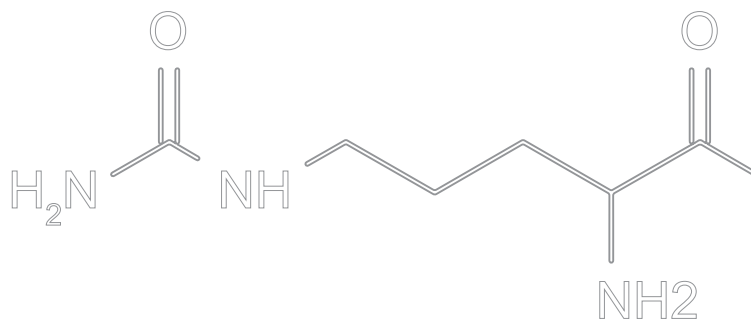
CLINICAL EFFICACY

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UNCOMPROMISING INTEGRITY

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L-CITRULLINE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 500MG - 3G/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ L-Citrulline is an amino acid supporting tissue blood flow and vascular perfusion
- ✓ May support Nitric Oxide synthesis superior to Arginine
- ✓ May support Ammonia recycling via increased metabolism to Urea

DOSING CONSIDERATIONS

Mild, sour taste and well tolerated.
Can be taken with or without food

STATEMENTS AND WARNINGS

Due to Citrulline's potential effect on blood pressure and vascular dilation, the doses of certain medications that also affect the vascular system and blood pressure may need to be adjusted.

Citrulline has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

KEY ASSOCIATED CLINICAL TESTS

Urine Amino Acids

Organic Acids Test (OAT)

Creatine Monohydrate Powder



Pure Pharmaceutical-Grade Creatine.

Creatine plays a critical role in cellular metabolism. Increasing tissue levels may enhance metabolic efficiency, blood glucose management, energy production, injury recovery, and general wellbeing.

Supplementation may therefore be employed by healthcare practitioners to support numerous metabolic conditions and markers of ageing.

Common dosage range: 3g – 20g/day

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

PACK SIZE
300 g

SCOOP SIZE
5 ml (tsp)

AMOUNT PER SCOOP
3 g

DENSITY (g/ml)*
0.600

EXTEMPORANEOUS
USE ONLY

*Density values are subject to change. Always read the density value on the label when prescribing or visit tiny.cc/DEN for updated densities.

Unparalleled Purity Standards

RN Labs define the highest level of purity, quality and innovation.

These pure compounds are additive-free, so are suitable for even the most sensitive individuals.

Clinical Efficacy

Each bottle is clearly labelled with ingredient density, to facilitate ease of dosage calculations, and a scoop may be provided to assist with accurately determining patient doses according to your clinical judgement.

Uncompromising Integrity

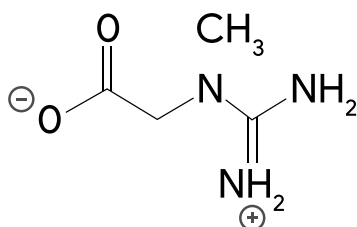
We are committed to improving the health of your clients. We always choose the most scientifically validated forms of nutrients available that are based on clinical research.



Key Features

- ✓ Supports cognitive function and mental fatigue
- ✓ Promotes improved sleep quality and mood
- ✓ Reduces severity and frequency of migraines
- ✓ Reduces post-viral fatigue
- ✓ Supports symptoms of Fibromyalgia
- ✓ Supports methylation through increased SAMe availability and reduced homocysteine
- ✓ Supports healthy blood glucose management, insulin sensitivity and HbA1C levels
- ✓ Supports muscular endurance and energy production
- ✓ Supports healthy cardiac muscle function
- ✓ Assists post-operative muscle recovery
- ✓ Supports Creatine levels where dietary intake may be reduced

Ingredient Notes



Creatine Monohydrate

This resource has been made for your convenience, however does not replace your own clinical research and judgement.

It remains the responsibility of health practitioners to uphold all professional obligations in the care and treatment of patients.

✓ DOSAGE CONSIDERATIONS

Optional loading doses are conventionally administered at 10-20g/day for up to 4 weeks, when short term effects are desired.

Maintenance doses typically involve 3-6g/day.

Dividing daily doses may assist uptake especially when taking high doses.

Usually well tolerated even at high doses.

+ KEY ASSOCIATED CLINICAL TESTS

- General Pathology (HbA1C, Fasting Glucose and Homocysteine)
- Organic Acid Test
- Methylation profile

! STATEMENTS AND WARNINGS

Higher doses may be associated with digestive discomfort. Dividing or titrating doses may assist in mitigating this effect.

Mild water retention may be observed in some instances. Reduced doses to alleviate if necessary.

D-MANNOSE POWDER

PURE PHARMACEUTICAL-GRADE D-MANNOSE

D-Mannose is a natural glyconutrient used by healthcare practitioners to inhibit urinary tract infections, and promote intestinal, metabolic and immune health, among other uses.



PACK SIZE 50 g	SCOOP SIZE 1 ml	AMOUNT PER SCOOP 500 mg	DENSITY (g/ml)* 0.5	EXTEMPORANEOUS USE ONLY
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*Density values are subject to change. Always read the density value on the label when prescribing or visit tiny.cc/DEN for updated densities.



UNPARALLELED PURITY STANDARDS

RN Labs define the highest level of purity, quality and innovation.

These pure compounds are additive-free, so are suitable for even the most sensitive individuals.

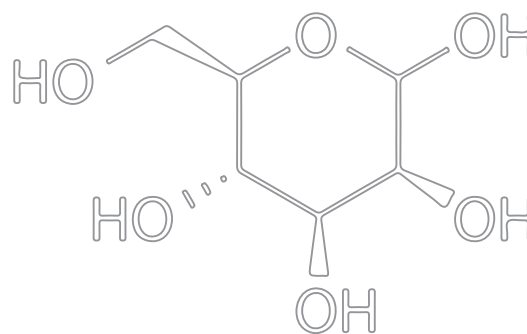
CLINICAL EFFICACY

Each bottle is clearly labelled with ingredient density, to facilitate ease of dosage calculations, and a scoop may be provided to assist with accurately determining patient doses according to your clinical judgement.

UNCOMPROMISING INTEGRITY

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D - M A N N O S E



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 500MG - 2G/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ D-Mannose is a naturally occurring saccharide
- ✓ D-Mannose can inhibit and assist resolution of urinary tract infections, as part of both treatment and prevention protocols.
- ✓ The mechanism of action for D-Mannose yielding this effect, relates to the inhibition of bacterial adherence (e.g. E. coli) to uroepithelial cells, facilitating the flushing out of bacteria during urination.

KEY ASSOCIATED CLINICAL TESTS

Comprehensive Microbial Stool Analysis

STATEMENTS AND WARNINGS

D-Mannose is generally very well tolerated

D-Mannose has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

GLUTAMINE POWDER

PURE PHARMACEUTICAL-GRADE L-GLUTAMINE

As the most abundant amino acid in circulation, Glutamine is conditionally essential, to support the synthesis of protein, muscle mass, neurotransmitters, energy, ammonia metabolism, GIT membrane integrity, along with numerous other clinical uses.



PACK SIZE 200 g	SCOOP SIZE 2.5 ml	AMOUNT PER SCOOP 1.5 g	DENSITY (g/ml)* 0.6	EXTEMPORANEOUS USE ONLY
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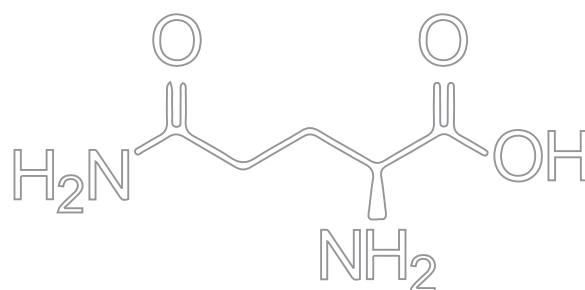
CLINICAL EFFICACY

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L - GLUTAMINE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 1G-10G/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ L-Glutamine is the most abundant amino acid in the body and is conditionally essential to support the synthesis of protein and muscle mass
- ✓ Glutamine provides fuel for a healthy intestinal membrane and lymphocyte function
 - ✓ Functions as a precursor for glutathione synthesis
- ✓ Supports neurotransmitter production
 - ✓ May support immune response (esp. during increased times of stress or intense training)
- ✓ May support balanced blood sugar management and metabolism

KEY ASSOCIATED CLINICAL TESTS

Organic Acids Test (OAT)
Comprehensive Stool Analysis
Intestinal Barrier Assessments

STATEMENTS AND WARNINGS

Excess supplementation may promote ammonia production in those with compromised liver function (titrate doses and provide ammonia metabolism support).

Glutamine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

DOSING CONSIDERATIONS

Bland and palatable taste profile
Can be taken with or without food
Synergistic co-prescriptions with zinc and B6 may be required for optimum nervous system response

GLYCINE POWDER

PURE PHARMACEUTICAL-GRADE GLYCINE

As the simplest amino acid, Glycine can provide a sweet taste to foods, drinks and formulas, without delivering any carbohydrate, whilst also supporting glucose regulation, detoxification, connective tissue synthesis, Serine metabolism, brain function, sleep quality, cardiac function, and numerous other clinical uses.



APPROX.
SERVES PER
PACK:
111

PACK SIZE 100 g	SCOOP SIZE 1 ml	AMOUNT PER SCOOP 900 mg	DENSITY (g/ml)* 0.9	EXTEMPORANEOUS USE ONLY
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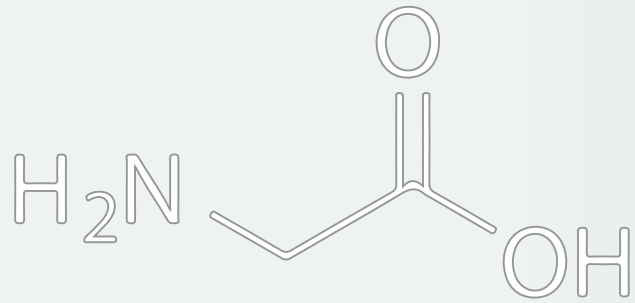
CLINICAL EFFICACY

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GLYCINE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 1G-15G / DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ Glycine is the simplest amino acid structure
- ✓ Serves as a carbohydrate-free sugar/sweetener replacement
- ✓ May assist with existing blood sugar balance and metabolism
- ✓ Key substrate for the detoxification of benzenes, phenols and salicylates
- ✓ May support the synthesis of healthy connective tissue
- ✓ Neuro-inhibitory to the CNS may provide anxiolytic properties
- ✓ Promotes deeper sleep patterns and greater growth hormone production

DOSING CONSIDERATIONS

Easily mixed into drinks and food (hot or cold).

Easily mixed into other supplement formulas for enhanced function.

STATEMENTS AND WARNINGS

Glycine has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

KEY ASSOCIATED CLINICAL TESTS

Chemical, Toxin and Hepatic function profiles

Neurological and Stress-related profiles

INOSITOL POWDER

PURE PHARMACEUTICAL-GRADE INOSITOL

Inositol (Myo-Inositol) is sometimes referred to as 'Vitamin B8' and used by healthcare practitioners to promote female fertility, insulin sensitivity & nervous system calmness, among other uses.



PACK SIZE 100 g	SCOOP SIZE 5 ml	AMOUNT PER SCOOP 3 g	DENSITY (g/ml)* 0.6	EXTEMPORANEOUS USE ONLY
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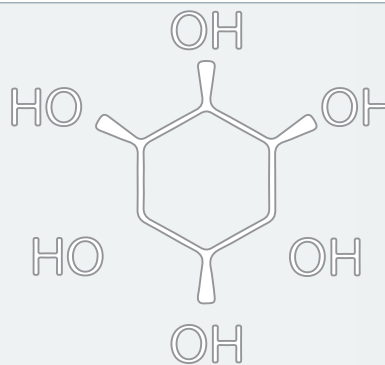
CLINICAL EFFICACY

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INOSITOL



INGREDIENT INFORMATION

COMMON DOSAGE RANGE

METABOLIC/PCOS: 2-4 G/DAY | NERVOUS SYSTEM: UP TO 16 G/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ Inositol has been referred to as 'vitamin B8' and identified as an important dietary and cellular constituent.
- ✓ A change in CNS availability of Inositol may produce altered brain signalling and eventually lead to the development of neurological disorders.
- ✓ Studies evaluating the effectiveness of Inositol indicate it may be effective in the treatment of depression, Alzheimer's disease, panic disorder, obsessive compulsive disorder, autism, post-traumatic stress disorder, and pain control.
- ✓ There are nine isomers of Inositol, of which Myo-Inositol is the most abundant isomer in the central nervous system of mammals.
- ✓ Notably Myo-Inositol at more moderate doses can also improve elevated triglycerides and glucose via favourable alterations to insulin function and metabolism, proving potentially invaluable in those with diabetes, PCOS, metabolic syndrome, cardiovascular disease etc.

STATEMENTS AND WARNINGS

Inositol is generally well tolerated
Inositol has not been extensively tested for its effects during pregnancy.

Because of its potential effect on metabolism, health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

KEY ASSOCIATED CLINICAL TESTS

Hormone Assessment

NeuroBasic Profile
(formerly Neuro-Biogenic Amines Basic)

Comprehensive Neurotransmitter Profile
(formerly Neuro-Biogenic Amines Comprehensive)

Serum insulin / HbA1C / Glucose
Measurements

DNA SNP analyses (metabolism,
hormones, insulin function etc.)

L-THEANINE POWDER

PURE PHARMACEUTICAL-GRADE L-THEANINE

L-Theanine is a non-dietary amino acid derived from tea that is used by healthcare practitioners to calm the nervous system without sedation, enhance focus, and regulate nitric oxide, among other uses.



PACK SIZE 50 g	SCOOP SIZE 0.15 ml	AMOUNT PER SCOOP 50 mg	DENSITY (g/ml)* 0.33	EXTEMPORANEOUS USE ONLY
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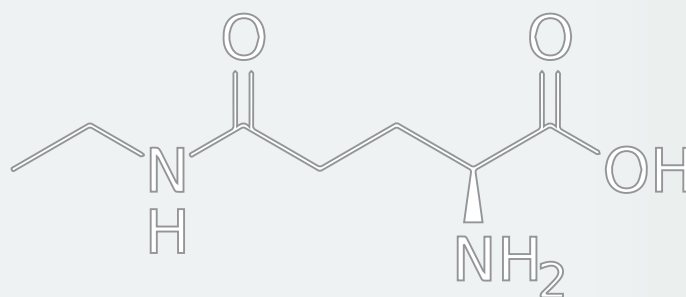
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L-THEANINE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 100MG-200MG / DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ L-Theanine is a unique amino acid present almost exclusively in the tea plant (*Camellia sinensis*).
- ✓ L-Theanine is a water-soluble compound and when ingested orally is absorbed in the small intestine.
- ✓ L-Theanine has demonstrated the ability to cross the blood-brain barrier and in animal studies has been observed when reaching the brain, to increase both serotonin and dopamine production.
- ✓ L-Theanine induces alpha-brain wave activity, which correlates with a perceived state of conscious relaxation.
- ✓ L-Theanine administration has demonstrated a dose-dependent calmed and relaxed, yet focused, state of mind without sedative effects.

STATEMENTS AND WARNINGS

L-Theanine is generally well tolerated.

L-Theanine increases the activity of doxorubicin, idarubicin, pirarubicin, cisplatin, and irinotecan in tumour cells.

L-Theanine has not been extensively tested for its effects during pregnancy.

Because of its potential effect on neurotransmitters, health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

KEY ASSOCIATED CLINICAL TESTS

Adrenal Hormone Assessment

NeuroBasic Profile
(formerly Neuro-Biogenic Amines Basic)

Comprehensive Neurotransmitter Profile
(formerly Neuro-Biogenic Amines Comprehensive)

LYSINE POWDER

PURE PHARMACEUTICAL-GRADE L-LYSINE

Lysine is a key essential amino acid required for collagen synthesis and muscle mass. It is used clinically to support wound healing, vascular protection and inhibit herpes virus replication, among other uses.



PACK SIZE 100 g	SCOOP SIZE 1 ml	AMOUNT PER SCOOP 620 mg	DENSITY (g/ml)* 0.62	EXTEMPORANEOUS USE ONLY
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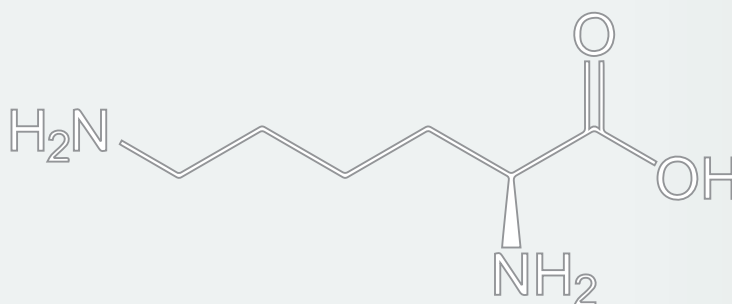
CLINICAL EFFICACY

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L-LYSINE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 500MG – 3G/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ L-Lysine has one of the highest amino acid requirements in the body
- ✓ Key amino acid in collagen and connective tissue synthesis
- ✓ May inhibit glycation and therefore preserve cellular lifespan
- ✓ Lysine supports wound healing and vascular protection
- ✓ May be useful in inhibiting herpes virus replication

STATEMENTS AND WARNINGS

Lysine has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

DOSING CONSIDERATIONS

Acceptable taste profile (with slight saltiness due to Hydrochloride form)

Can be taken with or without food

Makes ideal co-prescription with Vitamin C to amplify all its main uses

KEY ASSOCIATED CLINICAL TESTS

Homocysteine and other
Vascular-relevant tests

MAGNESIUM L-THREONATE POWDER

PURE PHARMACEUTICAL-GRADE MAGNESIUM THREONATE

An extremely bioavailable form of magnesium, Magnesium Threonate is the optimum form of magnesium for Nervous System delivery. Magnesium Threonate can readily cross the Blood Brain Barrier and serve as a neurological cofactor in cognitive, mood and stress related functions, whilst also supporting magnesium levels in the entire body.



APPROX.
SERVES PER
PACK:
32

PACK SIZE 50 g	SCOOP SIZE 2.5 ml	AMOUNT PER SCOOP 1.55 g (120mg Mg)	DENSITY (g/ml)* 0.6	EXTEMPORANEOUS USE ONLY
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UNPARALLELED PURITY STANDARDS

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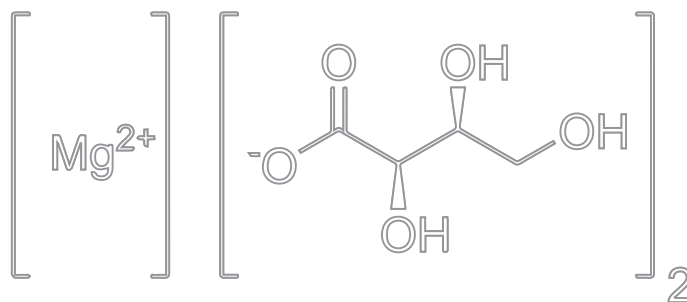
CLINICAL EFFICACY

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MAGNESIUM THREONATE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 1.25G - 4.8G / DAY
(100MG - 400MG ELEMENTAL MG)

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ Highly bioavailable form of Magnesium
- ✓ Particular ability to cross Blood Brain Barrier
- ✓ Provides specialised support for Neurological functions (mood, cognition, stress, sleep, etc.)
- ✓ Still serves as a highly effective source of Mg for all other clinical situations requiring Magnesium

STATEMENTS AND WARNINGS

Magnesium Threonate has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

DOSING CONSIDERATIONS

Excellent taste properties for a Magnesium salt.

Dissolves readily.

May require greater than typical volumes to achieve higher doses (due to naturally low Mg concentration)

KEY ASSOCIATED CLINICAL TESTS

FBC Mg

Organic Acid Test (OAT)

N-Acetyl-L-Tyrosine (NALT)



Formula by
MTHFR Support



APPROX.
SERVES PER
PACK:
100

Pure Pharmaceutical-Grade N-Acetyl-L-Tyrosine

L-Tyrosine is an important amino acid precursor to Dopamine/ Noradrenaline, thyroid hormone, Melanin, CoQ10, and is used clinically to support neurotransmitters, mood, energy, GIT function, among other uses.

N-Acetyl-L-Tyrosine (NALT) is an acetylated form of L-Tyrosine for optimum neurological uptake.

Ingredients:

N-Acetyl-L-Tyrosine (NALT) (84%)

Monk Fruit Extract (8%)

Forest Berry Flavour (8%)

Common dosage range: 400 mg – 2 g/day

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

PACK SIZE
50 g

SCOOP SIZE
1.25 ml

AMOUNT PER SCOOP
NALT 500 mg
Total 600 mg

DENSITY*
NALT 0.400 g/ml

EXTEMPORANEOUS
USE ONLY

*Density values are subject to change. Always read the density value on the label when prescribing or visit tiny.cc/DEN for updated densities.

Unparalleled Purity Standards

RN Labs seeks the highest level of purity and quality to provide formulations that are suitable for even the most sensitive individuals. This compound has been developed with flavour to assist with patient palatability and compliance.

Clinical Efficacy

Each bottle is clearly labelled with ingredient density, to facilitate ease of dosage calculations, and a scoop may be provided to assist with accurately determining patient doses according to your clinical judgement.

Uncompromising Integrity

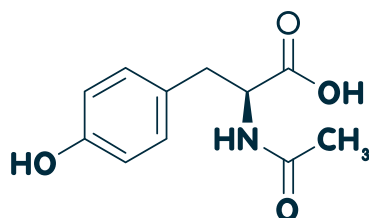
We are committed to improving the health of your clients. We always choose the most scientifically validated forms of nutrients available that are based on clinical research.



Key Features

- ✓ Precursor to Dopamine, Adrenaline, Noradrenaline
- ✓ Supports thyroid hormone formation
- ✓ Acetylated form assists nootropic effects
- ✓ Supports working memory and cognition
- ✓ Supports healthy mood
- ✓ May improve focus and attention
- ✓ Supports blood pressure management
- ✓ Supports physical response to stress
- ✓ Supports COMT SNP polymorphisms

Ingredient Notes



Tyrosine

This resource has been made for your convenience, however does not replace your own clinical research and judgement.

It remains the responsibility of health practitioners to uphold all professional obligations in the care and treatment of patients.

✓ DOSAGE CONSIDERATIONS

Dividing daily doses may assist balanced and sustained metabolism, especially when taking high doses.

For long-term dosing, it is advisable to remain at the lowest effective dose

+ KEY ASSOCIATED CLINICAL TESTS

- Organic Acid Test
- Basic Neurotransmitter Test
- Comprehensive Neurotransmitter Test
- HUMAP with Neurotransmitter Test (Basic or Comprehensive)
- DUTCH Complete
- DUTCH Plus

! STATEMENTS AND WARNINGS

Higher doses may be associated with gastrointestinal symptoms or migraine symptoms in some individuals.

Not recommended in individuals diagnosed with hyperthyroidism.

Contraindicated with concurrent use of MAO inhibitors.

NAC POWDER

PURE PHARMACEUTICAL-GRADE N-ACETYLCYSTEINE (NAC)

N-Acetyl-Cysteine (NAC) is a sulphur-bearing amino acid key to numerous metabolic processes, including the synthesis of Glutathione, antioxidant and detoxification functions, as well as the regulation of various neurological and inflammation/immune mechanisms.



PACK SIZE 100 g	SCOOP SIZE 1 ml	AMOUNT PER SCOOP 700 mg	DENSITY (g/ml)* 0.700	EXTEMPORANEOUS USE ONLY
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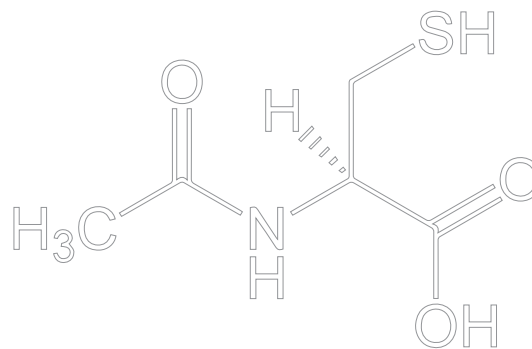
CLINICAL EFFICACY

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N-ACETYL-CYSTEINE (NAC)



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 700MG - 2800MG/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ Highest purity
- ✓ Improved palatability
- ✓ Consciously sourced
- ✓ Non animal origin
- ✓ Supports glutathione synthesis & detoxification
- ✓ Powerful mucolytic agent
- ✓ Scavenger of free radicals
- ✓ Supports antiviral defenses

STATEMENTS AND WARNINGS

If pregnant, consult your healthcare practitioner before using this product.

NAC is safe and well tolerated when administered orally, with mild gastrointestinal symptoms being reported at doses >3g per day.

Avoid use in those with active peptic ulcers. Appropriate dosing may be resumed when sufficient ulcer healing has been achieved.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

DOSING CONSIDERATIONS

Can be taken with or without food. Sufficient levels of Glycine, Glutamine, Zinc, Selenium and B-vitamins such as B3 & B5 (as well as recycling antioxidants such as vitamin C) are needed for optimum production and utilisation of Glutathione. (Consider combined supplementation if deficiency of any of these is suspected).

KEY ASSOCIATED CLINICAL TESTS

Organic Acids Test (OAT)
DUTCH Complete™ (Oxidative markers)
Hepatic Detoxification Profile

TAURINE POWDER

PURE PHARMACEUTICAL-GRADE TAURINE

Taurine is a key sulfur-bearing amino compound that supports bile conjugation, detoxification, mineral balance, glucose management, brain function, glutamate balance, cardiac function, blood flow, along with numerous other clinical uses.



APPROX.
SERVES PER
PACK:
71

PACK SIZE 50 g	SCOOP SIZE 1 ml	AMOUNT PER SCOOP 700 mg	DENSITY (g/ml)* 0.7	EXTEMPORANEOUS USE ONLY
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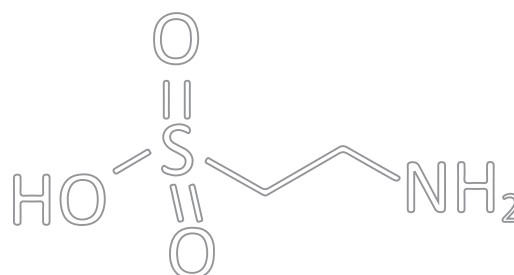
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TAURINE



INGREDIENT INFORMATION

COMMON DOSAGE RANGE: 500MG – 3G/DAY

(It is advisable to begin supplementation at the low end of the dose range, increasing if required).

KEY FEATURES

- ✓ Taurine is a conditionally essential sulfur-bearing amino acid
- ✓ Supports bile acid conjugation resulting in increased cholesterol solubility and excretion
- ✓ Assists in detoxification
- ✓ Taurine may support cardiac function and modulate cellular calcium flux
- ✓ Supports healthy digestive and gall bladder function
- ✓ May assist in balancing glutamate and neuro-excitation (having a calming effect)
- ✓ May assist in glucose management
- ✓ May assist in the transport of electrolyte balance between cells (esp. calcium and magnesium)

KEY ASSOCIATED CLINICAL TESTS

Organic Acids Test
Hepatic Detoxification Profile / LFT
NeuroBasic Profile
(formerly Neuro-Biogenic Amines Basic)
Comprehensive Neurotransmitter Profile
(formerly Neuro-Biogenic Amines Comprehensive)

STATEMENTS AND WARNINGS

Taurine may alter the metabolism of Lithium medications (adjust doses accordingly).

Taurine has not been extensively tested for its effects during pregnancy. Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients.

DOSING CONSIDERATIONS

Acceptable taste profile (one of most the palatable sulfur sources).

Can be taken with or without food.

Synergistic co-prescription with Calcium and Magnesium may provide enhanced results.

This resource has been made for your convenience, however does not replace your own clinical research and judgement. It remains the responsibility of health practitioners to uphold all professional obligations in the care and treatment of patients.

DOSAGE QUICK REFERENCE GUIDE

INGREDIENT	PACK SIZE	BASIC SCOOP SIZE	AMOUNT PER BASIC SCOOP	DENSITY (G/ML)*	NO. OF BASIC SCOOPS PER BOTTLE
5-HTP Powder	25g	0.15ml	65mg	0.45	385
Cal-D-Glucarate Powder	50g	1ml	500mg	0.5	100
CDP-Choline Powder	25g	1ml	570mg	0.57	43
Citrulline Powder	100g	1ml	550mg	0.55	181
Creatine Monohydrate Powder	300 g	5 ml	3g	0.60	100
D-Mannose Powder	50g	1ml	500mg	0.5	100
Glutamine Powder	200g	2.5ml	1.5g	0.6	133
Glycine Powder	100g	1ml	900mg	0.9	111
Inositol Powder	100g	5ml	3g	0.6	33
L-Theanine Powder	50g	0.15ml	50mg	0.33	1000
Lysine Powder	100g	1ml	620mg	0.62	161
Magnesium L-Threonate Powder	50g	2.5ml	1.55g	0.6	32
N-Acetyl-L-Tyrosine Powder	50g	1.25ml	500mg	0.4	100
NAC Powder	100g	1ml	700mg	0.7	142
Taurine Powder	50g	1ml	700mg	0.7	71


**NOTE: THESE ARE NOT RECOMMENDED DOSES.
PRACTITIONERS MUST USE THEIR OWN JUDGEMENT TO DECIDE ON MULTIPLES OF SCOOPS WHEN PRESCRIBING.**

ADDITIONAL RESOURCES

PRODUCT DATASHEETS

Product datasheets are available for all products found in this catalogue. Available on the FxMed Practitioner Hub: hub.fxmed.co.nz/resources

WE EARN YOUR TRUST, ONE BOTTLE AT A TIME

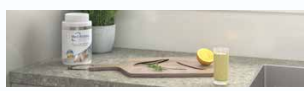


Medi Restore

Rn Labs Medi Restore is a great tasting, highly concentrated nutritional support formula.

The formula is comprised of low allergen, synergistic ingredients to support numerous body processes and systems including: Digestion, detoxification, immune function, inflammatory balance, tissue repair and healthy weight management.

- ✓ Great taste to avoid high compliance
- ✓ Smooth and easy digestion
- ✓ A complete source of protein
- ✓ Supports overall health and wellbeing
- ✓ Supports healthy digestive function and gut membrane integrity
- ✓ Provides a source of probiotic flora for healthy intestinal flora
- ✓ Supports healthy detoxification and liver function
- ✓ Provides anti-inflammatory support
- ✓ Helps to support healthy immune function
- ✓ Maintains healthy muscles
- ✓ FxMed friendly
- ✓ Dairy, WHEAT and Soy Free
- ✓ Free from artificial colours, preservatives, and Banned
- ✓ 14g per 100ml per 100ml per 100ml per 100ml



Ingredient	Amount	Amount
Medi Restore	100g	100g
...

WHY DOES THE FORMULA CONTAIN VEGETABLE OIL?

Please note that the Total Fat content of the formula is 100g. This is a very high level of fat, which is necessary to ensure the formula is palatable and easy to digest. The formula is designed to be a complete source of nutrition, and the vegetable oil is a key component of this.

WHY DOES THE FORMULA CONTAIN SUGAR?


Please note that the Total Sugar content of the formula is 100g. This is a very high level of sugar, which is necessary to ensure the formula is palatable and easy to digest. The formula is designed to be a complete source of nutrition, and the sugar is a key component of this.

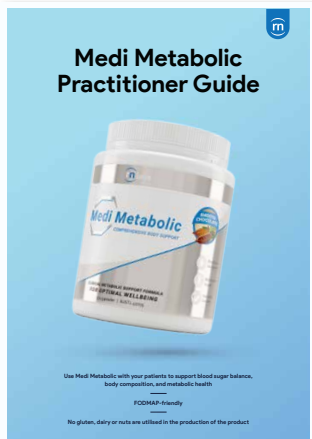
MEDI METABOLIC JUMP START PROGRAM

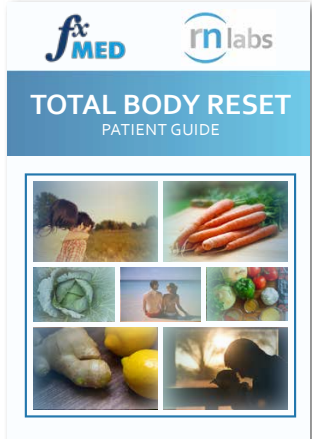
Medi Metabolic Jump Start Guides for Patient and Practitioner (included with datasheet) are both available from the FxMed Practitioner Hub: hub.fxmed.co.nz/resources


TOTAL BODY RESET GUIDE

Total Body Reset Guides for Patient and Practitioner (included with datasheet) are both available from the FxMed Practitioner Hub: hub.fxmed.co.nz/resources









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